



Robert L. Ehrlich, Jr.
Governor

Michael S. Steele
Lt. Governor

Jean W. Roesser
Secretary

Jacqueline L. Phillips
Deputy Secretary

2004 ANNUAL REPORT

MARYLAND
DEPARTMENT OF
Aging
JANUARY 2004

ROBERT L. EHRLICH, JR.
GOVERNOR

MICHAEL S. STEELE
LT. GOVERNOR

JEAN W. ROESSER
SECRETARY

JACQUELINE L. PHILLIPS
DEPUTY SECRETARY

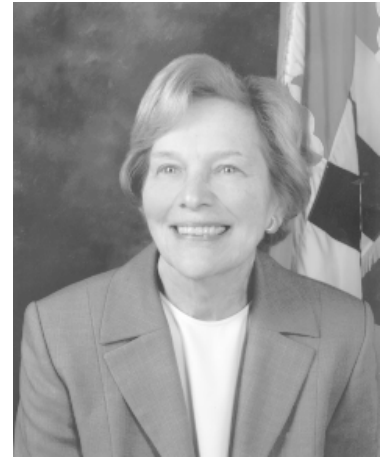
Cover Photo by Susan Casey

A Message from the Secretary

January 2004

We are pleased to present this Annual Report of the Maryland Department of Aging, which includes a proposed budget for Fiscal Year 2005.

Jacqueline Phillips and I are honored to serve in the administration of Governor Robert L. Ehrlich, Jr., as Deputy Secretary and Secretary of the Maryland Department of Aging (MDoA). The Ehrlich administration is built on five pillars: fiscal responsibility, education, health and the environment, public safety and safer neighborhoods, and commerce. All of these areas impact the lives of Maryland seniors.



The vision of the Department of Aging is for older Marylanders to live with choice, independence and dignity and to remain connected with their communities. To that end, we were grateful for the Governor's September 2003 open letter to seniors stating that the Ehrlich Administration is committed to providing uninterrupted quality programs and services to Maryland seniors, even in these tight budgetary times.

We were most pleased to have so many pillars of the community support our public endeavors this year: Governor Ehrlich, Lt. Governor Michael Steele, Comptroller William Donald Schaefer, Robert and Nancy Ehrlich, the governor's parents, State Senator Donald Munson and Minority Leader George Edwards presided over several milestone departmental events this past year. Our staff is most appreciative of the widespread support that we have received.

It has been a productive year, as we work to improve the quality of lives of our senior citizens. We are vigilant in protecting the frail older population, yet ever aware of an expanding aging population in Maryland. In fact, we consistently speak of the "tsunami" or tidal wave of baby boomers approaching senior citizenship. (See graph in Demographics section.) We are preparing to meet the new challenges that they will present.

We continue to build relationships among the State's 19 area agencies on aging that work at the county level to meet the needs of seniors and their families. Together, we form a valuable senior network in Maryland. And to this network, we are happy to announce Governor Ehrlich recently appointed a majority of the Commission on Aging, which serves as an advisory board to the Department. (See Appendices.)

I commend those who were called beyond their already difficult duties to help seniors in crisis as victims of Hurricane Isabel. There are many heartwarming stories and herein you will read about just a few.

In this Report we highlight the Department's accomplishments, including the federal grants that the Department has won. We are particularly pleased that Maryland is one of just twelve states to receive an \$800,000 Aging and Disability Resource Center Grant from the federal Administration on Aging and the Centers for Medicare & Medicaid Services. With this three-year grant we will work with the Maryland Department of Health and Mental Hygiene, the Department of Human Resources and the Governor's Office for Individuals with Disabilities to establish two pilot sites, or "one stop" centers in Howard and Worcester Counties. These centers will serve as models for the coordination and provision of information on long-term care for older individuals and those with disabilities.

It is with pride that we present this annual report to Governor Ehrlich and to the members of the Maryland General Assembly.

Jean W. Roesser

A handwritten signature in dark ink, appearing to read "Jean Roesser".

Secretary
Maryland Department of Aging

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ORGANIZATION

*"We ourselves feel that what we are doing is just a drop in the ocean.
But the ocean would be less because of that missing drop."*

St. Mother Teresa



Denise Adams
Scott Adams
Christine Arrington
Melissa Bartlett
Patricia Bayliss
Betty Bienert
Cassandra Brown
Michelle Brown
Karen Brownley
Janice Brzezinski
Dakota Burgess
Linda Burrell
Susan Casey
Cecilia Chesnik

Dorothy Conyers
Jennifer Drzik
Patricia Feldt
Karen Fields
Wiley Finch
Ivey Gilliam
Robert Gross
Jeannie Haw
Michelle Holzer
Opiribo Jack
Bertha Jones
Leonard Jones
Michael Lachance
Donna Lee
Jamel Lewis

Cheryl Lewis-Orr
Veronica Lloyd
Janice MacGregor
Rita Miles
Lisa Mullin
Jeffrey Myers
Allen Myers, Jr.
Esme Narain
Jacqueline Phillips
Toni Price
Susan Puciato
Judy Quamina
Chap Richardson
Jean Roesser
Ilene Rosenthal

Teresa Ross
Susan Russell
Lisa Segmiller
Fran Shellenberger
Barbara Simmons
Violet Sloat
Tamara Snell
Warren Sraver
Frances Stoner
Anne Sunderland
Geraldine Talley
Sue Vaeth
Teresa Voelker
Shirley Williams

Examples of constituent emails to
the Public Affairs Department,
in response to requests made
through the MDoA website at www.mdoa.state.md.us:

“Thank you so much for the information concerning how I can get in touch with the Prince George’s County Department of Aging. I am really excited about the prospect of helping people who need assistance with daily living needs. I will contact them immediately, and again, I thank you for your prompt attention and assistance.”

Ms. T

• • •

“In case you haven’t heard - the news has gotten better! My neighbor has been in Ruxton Nursing Home since a week ago Sunday. I have been to visit her several times. Her appearance and spirit seems to have been rekindled. She seems genuinely happy and is enjoying her physical therapy and time with others. Susan, I have had my spirit and my faith in the system rekindled. I have been reading about all of the “fuss” at your Agency and would love to attend the open house. Thanks to everyone for all of the behind the scenes help - Best wishes for a Happy Holiday Season!”

Mr. G.

ORGANIZATION

VISION

The Maryland Department of Aging envisions Maryland as a state where all people are able to age with choice, independence and dignity.

MISSION

The Maryland Aging Network, made up of the Maryland Department of Aging, in partnership with the Area Agencies on Aging, provides leadership and advocacy for older Marylanders, their families and caregivers through information, education, programs and services.

KEY GOALS

To ensure that older citizens are treated with dignity and respect, the Maryland Department of Aging, through leadership, advocacy and community partnerships, has established eight goals, which have become the basis for the Strategic Plan. Programs and services administered by the Department are the vehicles for achieving the goals, which allow for flexibility and change in the way programs can be structured for future generations of seniors. The goals are:

- Goal #1 To enable seniors who are served by the Aging Network to be maintained in the most appropriate living arrangements within the community for as long as possible.
- Goal #2 To ensure that vulnerable seniors served by the Maryland Aging Network are treated with dignity, and to the extent possible with the available resources, protected against abuse, exploitation and consumer fraud.
- Goal #3 To enhance the quality of nutrition, health education, physical fitness and socialization activities offered by the Maryland Aging Network.
- Goal #4 To improve access to services, resources and information for seniors and caregivers through interagency initiatives, enhanced technology and public/private partnerships.
- Goal #5 To promote the well being of seniors by providing a broad range of employment opportunities and by promoting volunteerism.
- Goal #6 To enhance the quality of the Maryland Aging Network services by improving data collection and analysis, research, policy development and training.
- Goal #7 To promote integrity and confidence in Continuing Care Retirement Communities (CCRCs) in Maryland and to monitor the viability of existing CCRCs and the feasibility of planned CCRCs.
- Goal #8 To develop innovative programs to meet the needs of baby boomers entering the ranks of seniors. These “youthful” seniors present a set of challenges to Maryland.

ORGANIZATION

STATUTORY BASE AND ORGANIZATION

The Maryland Department of Aging (the Department) receives State general funds as approved by the General Assembly and federal funds through the Older Americans Act and other sources to carry out its mission.

The Aging Network, the partnership between the Maryland Department of Aging and the 19 local Area Agencies on Aging (AAAs), provides programs and services for seniors statewide. AAAs are local government or non-profit organizations designated by the Department under federal statutory authority to provide for a range of services to meet the needs of the elderly. Each AAA is required to submit a plan for the delivery of services. Approval from the Department is based on AAAs having met State and federal statutory and regulatory requirements. State and federal funds are allocated to AAAs based on formulas developed by the Department in cooperation with the AAAs.

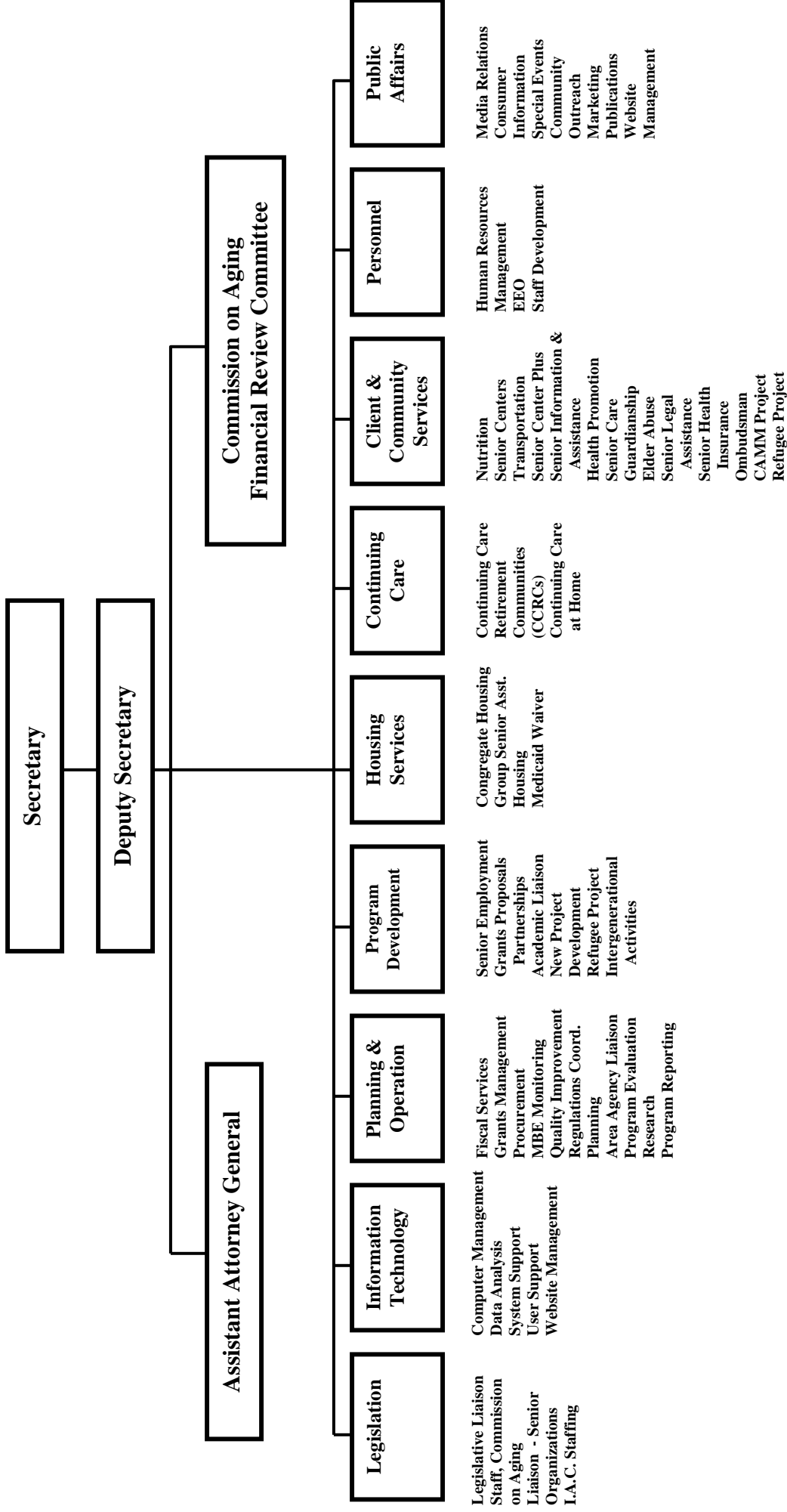
AAAs receive additional funds through county support and individual contributions. AAAs provide services to seniors either directly or through contracts with other public or private organizations. While the goal of the Department is to serve all seniors, the increase in the numbers of seniors and limited public funds necessitate that services be directed first to those seniors in greatest social and economic need and those who may be at risk of institutionalization.

STATUTES

Two statutes serve as the primary base for the Department's operations: Article 70B, Annotated Code of Maryland and the federal Older Americans Act of 1965, as amended. The major duties assigned to the Department under these statutes are to:

- Administer programs mandated by the federal government;
- Evaluate the service needs of the elderly in Maryland and determine whether or not programs meet these needs;
- Establish priorities for meeting the needs of the elderly;
- Represent the interests of the elderly by serving as an advocate at all levels of government; and
- Coordinate, assess and evaluate all State and local programs and services for the elderly and review and formulate policy recommendations to the Governor for programs that have an impact on the elderly.

Maryland Department of Aging Organizational Chart



ACCOMPLISHMENTS



Nancy Ehrlich, chair, Seniors in Motion and her husband, Robert lead MDoA's parade at Senior Olympics.

Governor Robert Ehrlich, Jr., and Secretary Audrey Scott (MDP - far left) join Jean and Jackie to present winners of the MDoA and Southwest Airlines 2003 Home for the Holidays contest.



Governor Ehrlich congratulates team of Olympians.

Thanks for the memories 2003...

Excerpt of letter to Secretary Roesser and Anne Sunderland:

“My sincerest appreciation for your thoughtfulness in driving an inordinately long distance to pick me up for the presentation. I am aware of the time and effort expended in accomplishing this act, hence I commend you for your intelligence, graciousness and care.”

Ms. G, Howard County,
A winner in the *Home for the Holidays* contest

• • •

Excerpt of MDoA News Release September 26, 2003 **Mrs. Nancy Ehrlich is *Seniors in Motion* Honorary Chair**

Towson, Maryland (September 26, 2003) - - Nancy Ehrlich, Honorary Chair of the ***Seniors in Motion*** program sponsored by The Maryland Department of Aging (MDoA), today was joined by her son, Governor Robert L. Ehrlich, Jr. and his father, Robert L. Ehrlich to kick-off a walking program designed to promote the walking habit among Maryland's senior citizens. Hundreds of seniors were officially welcomed by Maryland Department of Aging Secretary Jean W. Roesser and Deputy Secretary Jacqueline Phillips at the Opening Ceremony of the 24th Annual Senior Olympics. The Senior Olympics are hosted annually by Towson University where thousands of seniors compete in a variety of sports.

This was the first time in Maryland Senior Olympics history that a Governor attended. In his remarks, Governor Ehrlich said, “Exercise has always played an important part in my family's life. My mom still runs and walks almost every day. With proper nutrition and medical advice, I believe every Maryland senior can benefit from a exercise program tailored to his or her individual needs and abilities.”

ACCOMPLISHMENTS for the Year 2003

Emergency Activities

Disaster Relief

Following Tropical Storm Isabel, the Maryland Department of Aging (MDoA) worked with the Federal Emergency Management Administration (FEMA) and the Maryland Emergency Management Administration (MEMA) to connect senior disaster victims with their respective 19 local Area Agencies on Aging (AAAs). The **Senior Information and Assistance program** was designated as the point of contact to address the needs of seniors. Local agencies on aging rallied volunteers and faith communities to help with meal delivery, home repairs and debris removal. Emergency transportation for seniors in flooded areas was provided.

8,600 shelf-stable meals were delivered to senior disaster victims. Approximately 4,300 seniors received disaster assistance. While seniors account for 13% of the State's population, they represented 30% of the FEMA disaster victim applicants.

The **MDoA received an emergency disaster grant** from the U.S. Administration on Aging, which was distributed to the seven counties on the Eastern Shore.

Assistance to Bethlehem Steel Retirees and Dependents

Following Bethlehem Steel's announcement of lost benefits, **MDoA's Senior Health Insurance Assistance Program (SHIP)** received approximately 18,000 requests for information and assistance. Most of the affected population live in Baltimore County, however, large numbers also live in Baltimore City, Anne Arundel and Harford Counties. Thousands of people attended SHIP's informational and educational sessions as well as sessions sponsored by the United Steel Worker's Association (USWA) at which MDoA's SHIP staff were presenters and counselors. USWA and MDoA sponsored several all-day sessions where persons could come for individual and small group counseling by SHIP staff and volunteers. The SHIP continues to work with the Bethlehem Steel retirees as changes in coverage options arise.

Services

Nutrition Services

The **MDoA, through the 19 Area Agencies on Aging served more than 1,800,000 meals** at senior centers and other nutrition sites. Approximately 35,700 seniors were served. Senior Centers with large ethnic populations served special ethnic meals to attract participants. The socializing that occurs is as important as the nutritious meals for seniors who might otherwise be isolated and suffer from depression.

Nearly **1,400,000 meals were delivered to the homes of approximately 7,000 frail seniors**. Trends show that persons receiving meals use the meal services for a longer period of time because they are able to stay in their own homes as they age. They are "aging-in-place."

ACCOMPLISHMENTS for the Year 2003

Senior Farmers' Market Nutrition Program

The MDoA, working with the Maryland Department of Agriculture and the AAAs, provided coupons to more than 12,000 low-income seniors for the purchase of fresh fruits and vegetables at Maryland farmer's markets. The US Department of Agriculture provided a grant for this program. Seniors received education materials and information through a partnership with the "5 A Day Program" at the Maryland Department of Health and Mental Hygiene.

Senior Care Services

More than 3,600 seniors received case management and in-home services through the statewide Senior Care program. The cost of these services to the State was approximately \$7,000,000, approximately \$25,000 to \$30,000 per person. This program enables very frail seniors to live at home with needed services at great cost savings to the State. Otherwise, these seniors would be placed in nursing homes, which could cost as high as \$60,000 a year per senior.

Medicaid Waiver for Older Adults (OAW)

The Older Adults Waiver (OAW) provides health care and personal services to low-income older adults who otherwise would reside in nursing homes. OAW has reached its enrollment cap of 3,135 participants. The cap was established by the Department of Health and Mental Hygiene.

The MDoA has streamlined the processing of OAW provider claims. As a result, processing time has decreased from eight business days to two. The staff is now able to return phone calls to providers regarding denied claims and proposed solutions within two business days as opposed to two weeks.

The MDoA and DHMH are developing a tracking system and client database that will be used to track applications for services under the Older Adult Waiver. The database tracking will improve dramatically the State's and local government's ability to manage waiver client information.

Congregate Housing Services Program (CHSP)

The statewide-individualized personnel service model enables additional congregate housing providers more flexibility in designing services tailored to resident needs.

Long Term Care Ombudsman Program

The State Long Term Care Ombudsman Program protects and enhances the health, safety, well-being and rights of residents in nursing homes and assisted living facilities by investigating possible violations or abuses, which may adversely affect their quality of life. Ombudsman staff and 115 volunteers received approximately 5,500 complaints; of all of these investigated, more than 1,700 were abuse complaints.

ACCOMPLISHMENTS for the Year 2003

Service Accessibility for Elderly Public Housing Residents (SAEPH)

The MDoA completed work on a **\$50,000 federal grant to study the service needs of seniors** in one Housing Authority senior housing complex in Baltimore City. Interviews provided a detailed picture of resident needs and a model for improving service delivery in public housing.

Grants

Aging and Disability Resource Center Grant

The MDoA was one of twelve states to receive a **three-year \$800,000 grant**, jointly awarded by the U.S. Administration on Aging and the Center for Medicare and Medicaid Services. This grant will create two “model” single-points of entry in Howard and Worcester Counties. The long-term goal is for people throughout Maryland to have easy access to information about long term care resources.

Maryland Office for New Americans (MONA) Grant

The MDoA received **\$137,488 fourth year funding** from Maryland Office for New Americans (MONA) to support the “Building Self-Sufficiency for Older Refugees Project.” The project enables Vietnamese and Russian-speaking workers to educate refugees about the benefits of citizenship. The grant also links them with English language and citizenship classes in their respective localities.

In addition, a brochure for Spanish speaking seniors was developed this year.

Health and Aging Grant

With a **\$10,000 grant from the Chronic Disease Control and the National Association of State Units on Aging**, the MDoA and the Department of Health and Mental Hygiene held a one-day workshop highlighting model physical activities for older adults. The MDoA awarded ten micro-grants to local jurisdictions to develop these physical activities.

Senior Employment Program

The **U.S. Department of Labor awarded a \$1,220,917 to MDoA** to support the ongoing Senior Community Service and Employment Program. This program trains 171 Senior Aides who are placed in public and non-profit agencies.

For the first time, the MDoA received a **\$34,375 training grant** from the U.S. Department of Labor. The grant provides specialized training to place eligible seniors with retail employers.

MDoA instituted a **Senior Employment Initiative** to help seniors find paid employment. For the first time, counselors are available to register and direct older people seeking employment at the One-Stop Career Center located at the Maryland Department of Labor, Licensing and Regulation.

ACCOMPLISHMENTS for the Year 2003

Employee of the Year Awards

At two separate events, the **MDoA honored employers** who are remarkable in their employment of seniors. Delegate George Edwards, House Minority Leader, and State Senator Donald Munson spoke at the awards event in Washington County; Comptroller William Donald Schaefer was the keynote speaker at the ceremony in Baltimore City.

Naturally Occurring Retirement Community (NORC) Grant

The **MDoA received a grant to develop an “Elder Friendly Community Tool Kit”** to provide practical information targeted to community organizations. The Tool Kit will help community organizations to plan and implement volunteer service projects tailored to the organization’s interests and volunteer resources. The Tool Kit is expected to be available in the spring of 2004.

Innovations in Aging Services Grant Program

The MDoA, through its **Innovations in Aging Service Program**, awarded **\$60,000** for two projects (see page 43 for details):

- University of Maryland, School of Nursing for Maryland Homecare Workforce Initiative – Peer Training Demonstration
- The Partnership for a Healthier Carroll County, Inc for Seniors Keep in Touch – S.K.I.T.

Senior Center Operating Funds

The **MDoA awarded 14 competitive grants totaling \$420,000 to 21 senior centers**. The grants will enhance current programming and develop new programs. Jurisdictions receiving the funds were Allegany, Caroline, Carroll, Charles, Dorchester, Garrett, Queen Anne’s Counties and Baltimore City.

Special Events and Resource Materials

Seniors in Motion

MDoA initiated ***Seniors in Motion***, an eight-week program that encourages seniors to keep fit by walking. This program was launched at the opening of the Maryland Senior Olympic games at Towson University in September. Hundreds of seniors welcomed **Governor Robert L. Ehrlich, Jr.**, the first governor to attend a Maryland Senior Olympics. The Governor’s mother, **Mrs. Nancy Ehrlich, was *Seniors in Motion* Honorary Chair**. She was joined by her husband, Robert, in leading the MDoA parade at the Olympics opening ceremony. More than 500 seniors throughout the State committed themselves to walk for fitness through this program.

Centenarians Celebrate

The MDoA co-sponsored the **tenth annual Maryland Centenarians Celebration** in May - Older Americans Month. More than 500 guests honored the thirty-nine centenarians. Currently there are about 600 centenarians in Maryland.

ACCOMPLISHMENTS for the Year 2003

Home for the Holidays

The MDoA, in partnership with **Southwest Airlines** sponsored a contest for 15 seniors to win free holiday air travel. **Governor Ehrlich, Lt. Governor Steele and Secretary Audrey Scott (Department of Planning)** participated in the November awards ceremony hosted by Secretary Roesser and Deputy Secretary Phillips at the State House in Annapolis.

Information Technology

Family Caregiving Message Board

The MDoA launched its new **Caregiver Message Board**, an on-line forum for family caregivers to read helpful tips from other caregivers and to post their own tips. The site can be accessed at www.state.md.us/Caregiving/messageboard_intro.cfm.

IT and the Ombudsman Program

The MDoA's **Information Technology** Unit, together with staff of the Ombudsman Program, implemented a new Ombudsman data management system with the local AAAs. AAAs received training, follow-up training and technical assistance. Full implementation of the software is expected to occur in October 2004.

Performance Outcome Measures Project (POMP)

The MDoA participated in an AoA sponsored **Performance Outcome Measures Project** for a third year, with Montgomery, Frederick and Calvert Counties participating. The project will yield a research-grounded, cost-effective process for measuring aging services performance. This process can be replicated throughout the Aging Network. MDoA distributed 2,242 satisfaction surveys for several different programs, including congregate and home delivered meals, home care services and transportation. More than five hundred surveys were completed. Survey results will be used to guide the MDoA toward improving procedures for delivery of services.

Education

Respite Awareness Day

The MDoA was a sponsor of the **6th Annual Respite Awareness Day**, an event to educate the public about the role of respite in supporting families caring for dependent loved ones of all ages. One hundred fifty caregivers and professionals attended the conference at the Maritime Institute. Agenda topics included taxes and estate planning, cultural awareness, communicating with health care providers, elder abuse and dealing with challenging behaviors.

Ombudsman Town Meetings

The **State Ombudsman program staff, in conjunction with the Office of Attorney General**, participated in a series of Town Hall Meetings on Elder Abuse. These sessions were designed to educate the public about recognizing, reporting and preventing abuse of Maryland's elderly.

ACCOMPLISHMENTS for the Year 2003

“Resources for Grandparents: A Guide for Relatives Raising Children”

According to the 2000 Census nearly 51,000 grandparents in Maryland are raising their grandchildren. This creates a real demand for the publication **“Resources for Grandparents: A Guide for Relatives Raising Children,”** which MDoA produced in partnership with the Maryland Department of Human Resources and other organizations. The publication contains practical information about health, education, legal and childcare issues, as well as helpful telephone numbers. The Guide is available on MDoA’s Web site www.mdoa.state.md.us

Continuing Care Retirement Communities (CCRCs) and Continuing Care at Home (CCAH)

CCRCs are a special type of retirement housing, which offer a range of independent living, assisted living and health services. MDoA certifies CCRCs based on a review of organizational, financial, and contractual documents. The CCRC industry grew in 2003 from 13,411 units to 14,059.

Asbury Methodist Village – Montgomery County

On May 12, 2003, the MDoA approved Asbury Methodist Village’s (AMV) expansion /renovation for the addition of 65 independent living units and a 66-unit covered parking garage. Upon completion of the expansion, AMV will consist of 815 independent living units, 164 assisted living units and 285 comprehensive care beds. Currently, AMV has 750 independent living units, 164 assisted living units and 285 comprehensive care beds.

BayWoods of Annapolis, Anne Arundel County

BayWoods of Annapolis opened its 147 independent living units in March 2003. This is the second cooperative CCRC in Maryland. The 45-bed Health Care Center is near completion.

Brooke Grove Retirement Community, Montgomery County

On July 28, 2003, the MDoA approved the feasibility study for the development of Brooke Grove Retirement Community, a proposed community, which will consist of 40 independent living units, 5 assisted living units, and 5 comprehensive care beds.

Mercy Ridge, Inc. Baltimore County

On June 19, 2003, the MDoA issued Mercy Ridge an Initial Certificate of Registration for its Phase Two Expansion. Included are 149 independent living units, 17 assisted living units, an auditorium, pool, activities areas, parking and additional dining facilities. Upon completion of the expansion, Mercy Ridge will consist of 408 independent living units and 47 assisted living units.

Continuing Care At Home

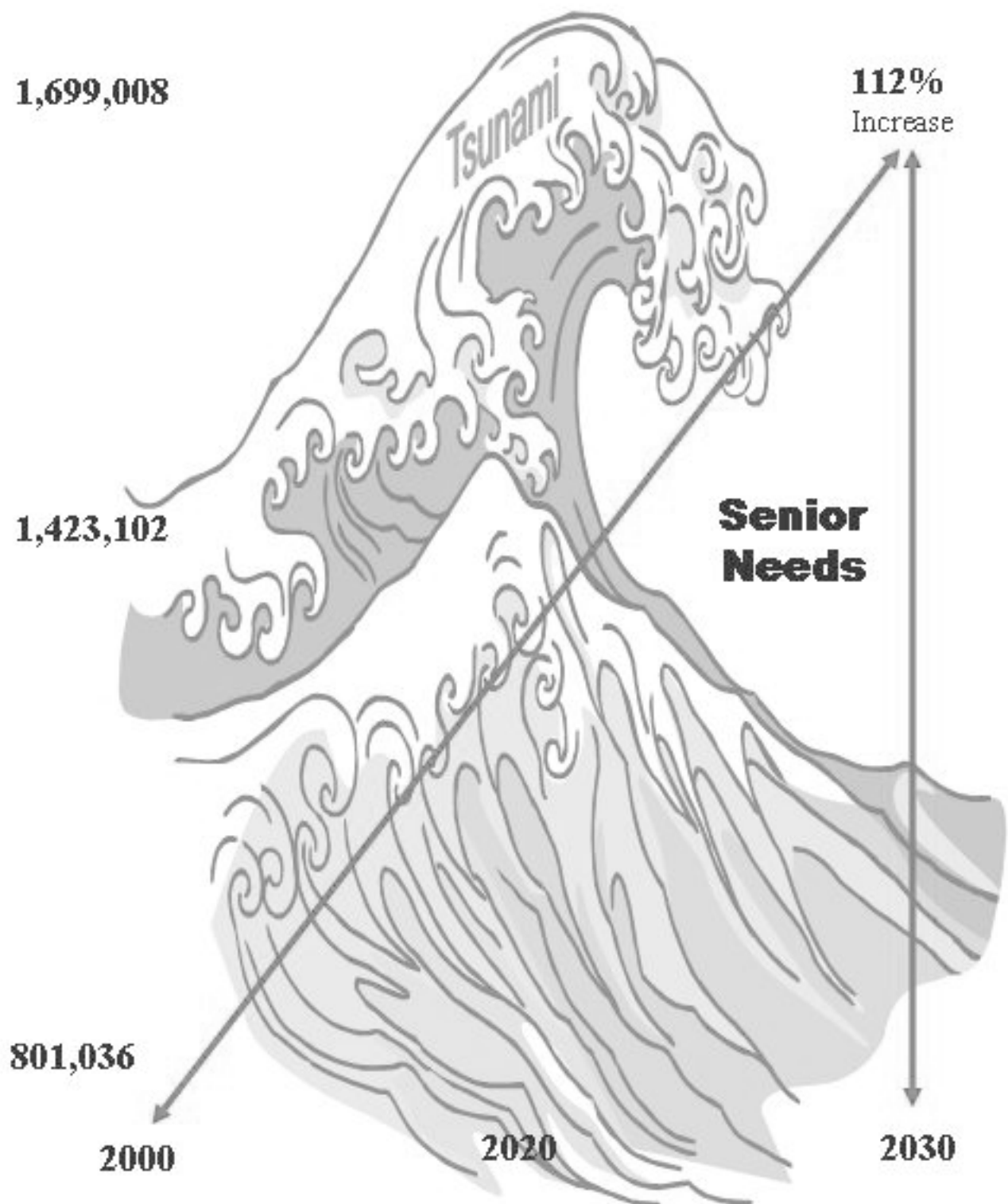
In January 2003, **Friends Life Care at Home Midatlantic, Inc.**, the first provider of CCAH, began offering continuing care at home services.

DEMOGRAPHICS



Three generations of the O'Brien family, Anne Arundel County.

Projected Growth of Elderly Population Age 60+ in Maryland



Source: U.S. Census 2000; Maryland Department of Planning, Population Projections – Revised 8/26/03

DEMOGRAPHICS

Facts and Figures

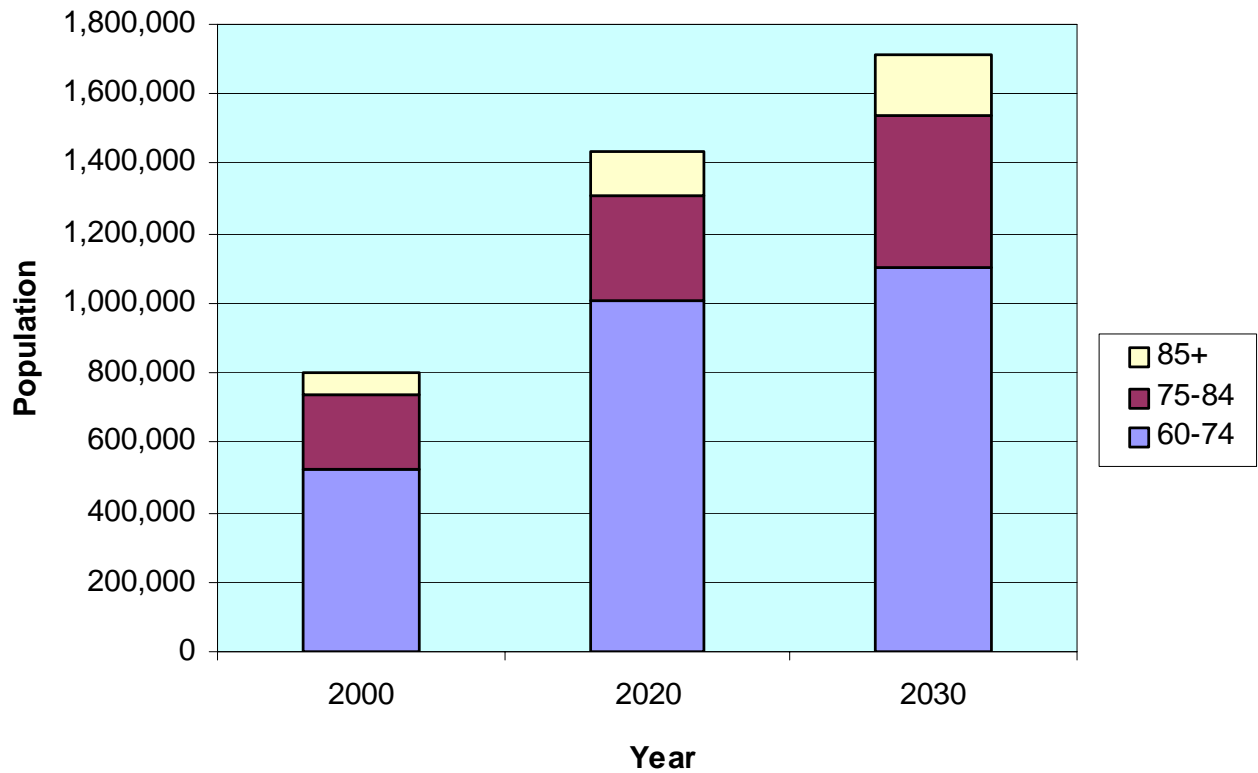
In the State of Maryland, several demographic trends shape the Department of Aging's goals and priorities for service to the elderly.

- **The number of older Marylanders is increasing.** Of the nearly 5.3 million people in Maryland in 2000, 15% (801,036) were over the age of 60. The percentage is expected to increase to 23% of Maryland's projected population of six million by the year 2030. The tables on pages 13 and 14 provide further information on the growth of the 60+ population.
- **Individuals over the age of 85 are the fastest growing segment of the population.** This cohort will grow in number, statewide, from 66,902 in 2000 to 168,522 by the year 2030. A graphic representation of this increase is provided on page 12.
- **The geographic distribution of Maryland's senior population will remain unchanged.** The 60+ population is projected to remain substantially the same for the next 25 years with 60% of the elderly residing in Anne Arundel, Baltimore, Montgomery, and Prince George's Counties, and Baltimore City.
- **Older Marylanders with disabilities tend to live longer in their communities.** In 2000, Seniors aged 65 and over who lived in their communities accounted for 237,004, which was over 19% of the total number of elderly Marylanders. The table on page 18 reflects this statistic.
- **Low-income older individuals are concentrated in the Baltimore Metropolitan area.** A smaller number of poorer individuals aged 60 and over are residing in western Maryland and on the Eastern Shore. In 2000, 63,978 older Marylanders lived in poverty as defined by the federal poverty guidelines.
- **The greatest numbers of the State's minority seniors live in Baltimore City.** In 2000, 32.3% of 60+ minority individuals lived in Baltimore City. The two counties with the next highest percentage of minorities are Prince George's County with 24.4% and Montgomery County with 15.7%. Of the population of older minority Marylanders who were 85+, 35% lived in Baltimore City, 19% in Prince George's County and 14% in Montgomery County in 2000. See page 15 for all counties.

Sources: U. S. Census, 2000; MD Department of Planning, population projections – revised 11/2003.

DEMOGRAPHICS

Elderly Population in Maryland By Age Group, Age 60+ Years 2000-2030



	2000	2020	2030
60-74	523,014	1,010,821	1,098,345
75-84	211,120	294,245	443,054
85+	66,902	131,121	168,522
TOTALS	801,036	1,436,187	1,709,921

Sources: U.S. Census 2000; MD Department of Planning, Population Projections-Prepared 11/2003

DEMOGRAPHICS

Maryland's 60+ Population Projections By Jurisdiction 2000-2030

	2000	2005	2010	2020	2030	% Change 2000-2030
Allegany	17,105	17,124	17,656	19,514	20,156	17.8%
Anne Arundel	67,510	81,988	101,232	139,345	172,264	155.2%
Baltimore Co	140,313	148,177	164,612	205,548	231,106	64.7%
Calvert	9,149	12,031	15,397	24,011	32,791	258.4%
Caroline	5,264	5,704	6,447	8,302	9,745	85.1%
Carroll	21,770	26,981	32,980	43,954	54,704	151.3%
Cecil	12,254	14,270	17,146	23,587	29,229	138.5%
Charles	13,547	18,149	23,723	38,416	51,446	279.8%
Dorchester	7,008	7,551	8,259	10,299	11,565	65.0%
Frederick	25,355	30,369	38,360	57,976	77,656	206.3%
Garrett	5,962	6,571	6,571	9,800	11,458	92.2%
Harford	30,352	37,393	37,393	64,944	80,172	164.1%
Howard	26,606	34,896	34,896	65,628	80,674	203.2%
Kent	4,677	5,325	5,325	7,380	8,317	77.8%
Montgomery	130,647	154,539	154,539	252,078	294,528	125.4%
Prince George's	90,558	109,398	109,398	184,138	227,362	151.1%
Queen Anne's	7,105	8,577	8,577	15,003	18,594	161.7%
St. Mary's	10,876	13,690	13,690	25,931	34,861	220.5%
Somerset	4,563	4,800	4,800	6,526	7,016	53.8%
Talbot	8,832	9,727	9,727	13,845	15,950	80.5%
Washington	24,225	26,178	26,178	36,220	42,075	73.7%
Wicomico	14,018	15,316	15,316	22,396	25,142	79.4%
Worcester	12,379	14,815	14,815	21,261	23,870	92.8%
Baltimore City	110,961	109,432	109,432	140,085	149,251	34.5%
Total	801,036	913,001	1,074,050	1,436,167	1,709,921	113.5%

Source: U.S. Census 2000; MD Department of Planning, Population Projections – Prepared 11/2003.
Rounding may affect totals.

DEMOGRAPHICS

Maryland Population Projections by Age and Gender – 2000-2030

	Age	Male	Female	Total	% of Total Population
2000	60-64	96,399	105,330	201,729	3.81%
	65-69	77,449	90,793	168,242	3.18%
	70-74	66,542	86,501	153,043	2.89%
	75-79	51,439	77,052	128,491	2.43%
	80-84	30,253	52,376	82,629	1.56%
	85+	18,710	48,192	66,902	<u>1.26%</u>
	Total	340,792	460,244	801,036	15.12%
2005	60-64	121,540	135,443	256,983	4.60%
	65-69	86,830	100,689	187,519	3.36%
	70-74	66,246	83,248	149,494	2.68%
	75-79	53,560	77,422	130,982	2.35%
	80-84	36,391	62,955	99,346	1.78%
	85+	27,111	61,566	88,677	<u>1.59%</u>
	Total	391,678	521,323	913,001	16.35%
2010	60-64	152,499	175,800	328,299	5.64%
	65-69	109,363	129,551	238,914	4.10%
	70-74	74,689	92,081	166,770	2.86%
	75-79	53,719	74,181	127,900	2.20%
	80-84	38,186	63,305	101,491	1.74%
	85+	34,578	76,098	110,676	<u>1.90%</u>
	Total	463,034	611,016	1,074,050	18.44%
2020	60-64	185,846	216,448	402,294	6.50%
	65-69	150,386	185,800	336,186	5.43%
	70-74	119,383	152,958	272,341	4.40%
	75-79	78,034	105,401	183,435	2.96%
	80-84	44,303	66,507	110,810	1.79%
	85+	42,229	88,892	131,121	<u>2.12%</u>
	Total	620,181	816,006	1,436,187	23.20%
2025	60-64	193,440	225,653	419,093	6.64%
	65-69	168,160	204,775	372,935	5.91%
	70-74	130,876	169,854	300,730	4.77%
	75-79	98,342	135,913	234,255	3.71%
	80-84	56,790	85,932	142,722	2.26%
	85+	46,992	95,230	142,222	<u>2.25%</u>
	Total	694,600	917,357	1,611,957	25.54%
2030	60-64	170,657	202,513	373,170	5.82%
	65-69	176,062	214,159	390,221	6.09%
	70-74	146,941	188,013	334,954	5.22%
	75-79	108,225	151,416	259,641	4.05%
	80-84	71,852	111,561	183,413	2.86%
	85+	56,866	111,656	168,522	<u>2.63%</u>
	Total	730,603	979,318	1,709,921	26.67%

Source: U. S. Census 2000; MD Dept of Planning, Population Projections-Revised 11/2003. Rounding may affect totals.

DEMOGRAPHICS

Maryland's 2000 Population by Jurisdiction and Age

	% of Total				
	60+	60+	65+	75+	85+
Allegany	2.14%	17,105	13,429	6,669	1,667
Anne Arundel	8.43%	67,510	48,820	20,985	4,440
Baltimore	17.52%	140,313	110,335	54,762	12,757
Calvert	1.14%	9,149	6,627	2,948	664
Caroline	0.66%	5,264	4,031	1,915	492
Carroll	2.72%	21,770	16,267	7,728	2,011
Cecil	1.53%	12,254	8,995	3,859	807
Charles	1.69%	13,547	9,402	3,974	902
Dorchester	0.87%	7,008	5,423	2,551	629
Frederick	3.17%	25,355	18,836	8,752	2,088
Garrett	0.74%	5,962	4,461	2,072	558
Harford	3.79%	30,352	22,160	9,254	1,888
Howard	3.32%	26,606	18,468	8,098	2,143
Kent	0.58%	4,677	3,708	1,804	466
Montgomery	16.31%	130,647	98,157	48,054	12,983
Prince George's	11.31%	90,558	61,951	25,138	5,686
Queen Anne's	0.89%	7,105	5,227	2,232	517
St. Mary's	1.36%	10,876	7,825	3,489	775
Somerset	0.57%	4,563	3,503	1,571	388
Talbot	1.10%	8,832	6,897	3,347	821
Washington	3.02%	24,225	18,690	8,887	2,246
Wicomico	1.75%	14,018	10,823	4,931	1,189
Worcester	1.55%	12,379	9,351	3,797	829
Baltimore City	13.85%	110,961	85,921	41,205	9,956
Total	100.00%	801,036	599,307	278,022	66,902

Source: U.S. Census 2000; MD Department of Planning, Population - Prepared 11/20/03.
Rounding may affect totals.

DEMOGRAPHICS

Maryland's 2000 Minority Population 60+ Projections by Jurisdiction and Age

	% of Total Minority 60+	60+	65+	75+	85+
Allegany	0.19%	366	260	125	87
Anne Arundel	4.35%	8,613	5,894	2,280	526
Baltimore	8.51%	16,836	11,315	4,378	1,109
Calvert	0.73%	1,454	1,037	447	112
Caroline	0.42%	835	639	306	72
Carroll	0.38%	761	510	215	46
Cecil	0.33%	648	457	167	33
Charles	1.54%	3,037	2,044	776	165
Dorchester	0.77%	1,522	1,173	540	128
Frederick	0.87%	1,728	1,175	487	123
Garrett	0.03%	61	46	14	5
Harford	1.33%	2,625	1,837	651	160
Howard	2.68%	5,292	3,432	1,245	301
Kent	0.38%	750	553	243	70
Montgomery	15.67%	31,005	20,685	7,802	1,860
Prince George's	24.37%	48,218	30,045	10,360	2,404
Queen Anne's	0.45%	893	688	318	94
St. Mary's	0.91%	1,809	1,328	568	134
Somerset	0.58%	1,143	858	384	102
Talbot	0.56%	1,111	850	400	127
Washington	0.38%	744	527	217	56
Wicomico	1.44%	2,851	2,122	927	232
Worcester	0.81%	1,603	1,193	544	153
Baltimore City	32.31%	63,922	47,560	20,049	4,465
Total	100.00%	197,827	136,228	53,443	12,504

Source: U.S. Census 2000, Summary File #1, Prepared by the MD Department of Planning, 11/03
 Note: Minority status is determined to be all persons who are Hispanic and some race other than white alone. Rounding may affect totals.

DEMOGRAPHICS

Maryland's Population in Poverty By Jurisdiction, Total Poor and Minority Poor 2000

County	Total Poor 60+	% Total Poor	Minority Poor 60+	% Minority Poor
Allegany	1,593	2.49%	69	0.24%
Anne Arundel	3,550	5.55%	1,109	3.93%
Baltimore County	8,535	13.34%	1,572	5.57%
Calvert County	480	0.75%	182	0.65%
Caroline County	634	0.99%	221	0.78%
Carroll County	1,011	1.58%	94	0.33%
Cecil County	838	1.31%	51	0.18%
Charles County	964	1.51%	494	1.75%
Dorchester County	920	1.44%	351	1.24%
Frederick County	1,331	2.08%	134	0.48%
Garrett County	777	1.21%	7	0.02%
Harford County	1,729	2.70%	327	1.16%
Howard County	1,470	2.30%	491	1.74%
Kent County	381	0.60%	139	0.49%
Montgomery County	6,746	10.54%	3,188	11.30%
Prince George's Co.	5,897	9.22%	4,019	14.25%
Queen Anne's County	539	0.84%	175	0.62%
St. Mary's County	794	1.24%	272	0.96%
Somerset County	768	1.20%	397	1.54%
Talbot County	868	1.32%	234	0.83%
Washington County	2,247	3.51%	111	0.39%
Wicomico County	1,192	1.86%	443	1.57%
Worcester County	767	1.20%	273	0.97%
Baltimore City	20,182	31.55%	13,990	49.60%
Totals	63,978	100.00%	28,203	100.00%

Source: U. S. Census 2000 Sample Data. Minority Poor 60+ Estimates
Prepared by Maryland Department of Planning, Planning Data Services 8/2000

DEMOGRAPHICS

Maryland's Seniors with Disabilities - Aged 65+ FY2000 Projections by Jurisdictions

	Total 65+Population	65+ With Disabilities	% of 65+Population	% of State's 65+With Disabilities
Allegany	13,429	5,370	42.3%	2.4%
Anne Arundel	48,820	17,914	38.0%	7.9%
Baltimore Co.	110,335	40,666	38.1%	17.8%
Calvert County	6,627	2,281	36.1%	1.00%
Caroline County	4,031	1,644	43.1%	.7%
Carroll County	16,267	6,089	39.7%	2.7%
Cecil County	8,995	3,306	39.1%	1.4%
Charles County	9,402	3,833	42.5%	1.7%
Dorchester County	5,423	2,158	41.0%	0.9%
Frederick County	18,836	6,531	37.1%	2.9%
Garrett County	4,461	1,836	44.5%	.8%
Harford County	22,160	8,544	39.6%	3.7%
Howard County	18,468	6,521	37.3%	2.9%
Kent County	3,709	1,316	38.2%	.6%
Montgomery County	98,157	30,541	32.7%	13.4%
Prince George's Co.	61,951	23,846	40.0%	10.5%
Queen Anne's County	5,227	1,679	33.5%	.7%
St. Mary's County	7,825	2,716	37.5%	1.2%
Somerset County	3,503	1,562	47.2%	.7%
Talbot County	6,897	2,358	35.7%	1.0%
Washington County	18,690	7,562	43.1%	3.3%
Wicomico County	10,823	4,093	40.5%	1.8%
Worcester County	9,351	3,373	37.2%	1.5%
Baltimore City	85,921	42,156	51.2%	18.5%
Total	599,307	237,904	19.2%	100.0%

Source: U.S. Census 2000; Prepared by Maryland Department of Planning. Percentages of 65+ population are based on the non-institutionalized universe. Rounding may affect totals.

DEMOGRAPHICS

Maryland Total Population – Rural Status – 60+

County	Total Rural	% Rural	60+ Rural	% 60+ Rural
Allegany	19,390	25.9%	4,301	25.1%
Anne Arundel	27,564	5.6%	4,638	6.9%
Baltimore County	46,978	6.2%	8,437	6.0%
Calvert County	34,134	45.8%	4,509	49.3%
Caroline County	23,325	78.3%	3,811	72.4%
Carroll County	64,842	43.0%	9,764	44.9%
Cecil County	45,045	52.4%	6,750	55.1%
Charles County	40,672	33.7%	6,200	45.8%
Dorchester County	18,124	59.1%	4,023	57.4%
Frederick County	55,815	28.6%	8,329	32.8%
Garrett County	24,798	83.1%	4,692	78.7%
Harford County	48,726	22.3%	8,183	27.0%
Howard County	31,291	12.6%	4,336	16.3%
Kent County	14,195	732.9%	3,269	69.9%
Montgomery County	24,589	2.8%	3,931	3.0%
Prince George's County	20,652	2.6%	3,421	3.8%
Queen Anne's County	24,428	60.2%	4,689	66.0%
St. Mary's County	53,614	62.2%	7,887	72.5%
Somerset County	12,778	51.6%	2,995	65.6%
Talbot County	21,308	63.0%	5,959	67.5%
Washington County	41,879	31.7%	6,989	28.9%
Wicomico County	26,658	41.5%	4,420	31.5%
Worcester County	17,012	36.6%	3,633	29.3%
Baltimore City	0	0.0%	0	0.0%
Maryland	737,818	13.9%	125,166	15.6%

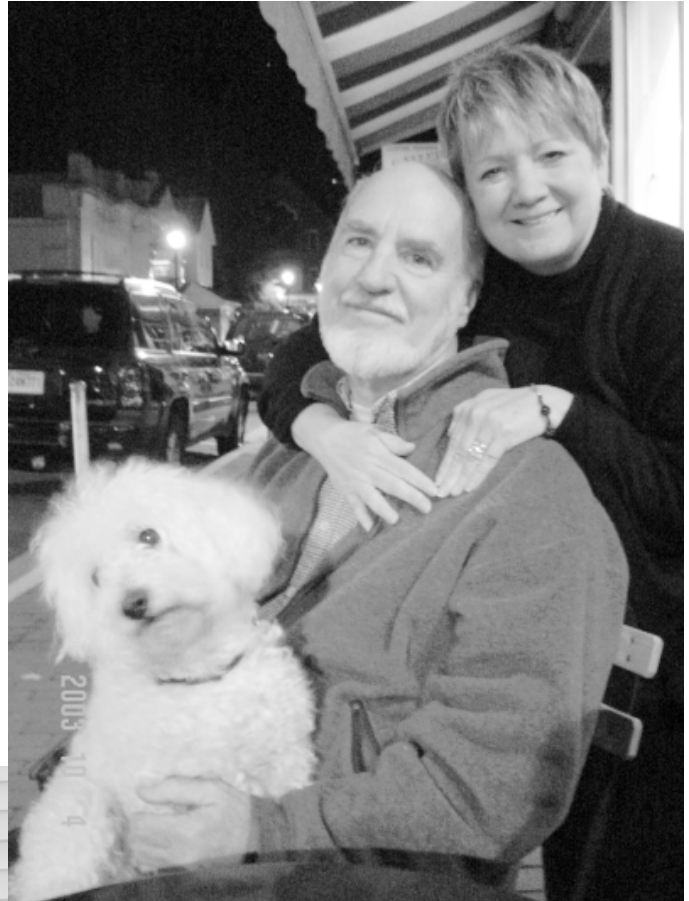
Source: U.S. Census 2000, Prepared by Maryland Department of Planning,
Planning Data Services 11/2003.

CLIENT & COMMUNITY SERVICES

Maryland's Aging network relies heavily upon volunteers.



Secretary Roesser and Deputy Secretary Phillips pose with MAC, Inc., hosts during Smith Island tour.



Easton artists Ann Sharp and Joe Mayer with Normie.



Secretary Roesser visits with Ms. Senior Maryland contestants.

SENIORS RECEIVED HELP DURING HURRICANE ISABEL:

Baltimore City Commission on Aging and Retirement Education (CARE) reported the following:

CARE coordinated food to be transported to about 400 seniors in two locales - these were senior apartment buildings that had no electricity...elsewhere CARE staff delivered water, bagged snacks, ice, portable radios, flashlights, helped with oxygen delivery, contacted vendors to provide in-home health aid and contacted 40 nursing homes. The above vignettes reflect emergency assistance to 637 persons during Hurricane Isabel.

• • •

Here is an excerpt of a story from November 10, 2003 entitled "Baltimore County Aging Department Provides Storm Relief," by David Anderson, *Baltimore Sun*:

When Dorothy Balling walked into the Disaster Recovery Center five days after Tropical Storm Isabel flooded her Middle River neighborhood, she got a lot more help than she expected.

Balling, 81, approached Baltimore County Department of Aging's table seeking information on rebuilding her demolished pier. She got answers and a \$250.00 check.

"It was an encouragement just to receive it," she said. "To have them give you monetary help right away was very encouraging."

Balling is one of more than 200 senior citizens the Department helped. Officials provided about \$56,000 in aid, using proceeds from the department's October Senior Expo and "respite funds" that seniors with caregivers were eligible for under the Older Americans Act, said the Department Director Arnold Eppel.

CLIENT & COMMUNITY SERVICES

Health Promotion and Disease Prevention

MISSION: To increase independence for seniors by providing education and essential services to promote overall health, physical fitness, and mental acuity.

ACCOMPLISHMENTS: Area Agencies on Aging (AAAs) provide programs on current health topics that address the acute needs of seniors. AAAs have medication management programs that target the needs of homebound clients who would otherwise not have access to nurses or pharmacists. The programs help to ensure that medications are being taken and stored properly and safely. AAAs are holding classes during evening hours, particularly in the area of physical activity, to provide health opportunities to older adults who are still working.

An increase in partnerships between the AAAs and local health departments resulted in a rise in the number of health promotion activities.

FUTURE DIRECTION: Health Promotion activities are some of the most important programs in senior centers. As the demand for health activities increases, additional programs are expected to be provided. These programs will especially target men and older adults who are still employed. The Aging Network will continue to develop partnerships with public and private sponsors to provide information and programs to meet the needs of seniors.

PROGRAM DATA					
	FY'03 (Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data by Sessions					
Health Screening and Health Education	57,473	57,473	57,473	57,473	57,473
Physical Fitness and Exercise	102,648	102,648	102,648	102,648	102,648
Total Sessions	160,121	160,121	160,121	160,121	160,121
Financial Data					
Federal	\$365,469	\$362,897	\$362,897	\$362,897	\$362,897
Local	\$18,856	\$12,475	\$12,475	\$12,475	\$12,475
Contributions	\$8,633	\$7,100	\$7,100	\$7,100	\$7,100
Totals	\$392,598	\$382,472	\$382,472	\$382,472	\$382,472

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CLIENT & COMMUNITY SERVICES

Long Term Care Ombudsman/Elder Abuse Prevention

MISSION: To protect and enhance the health, safety, well-being and rights of residents in Long Term Care (nursing homes and assisted living facilities) by investigating possible violations or abuses which may adversely affect residents' health, safety, care and/or quality of life.

ACCOMPLISHMENTS: The statewide Ombudsman Program worked in conjunction with the University of Maryland, Baltimore County, to select a uniform data collection system. The final product, Synergy OmbudsManager was selected and implementation of the system began immediately.

The State Ombudsman Program staff participated in a series of four Town Hall Meetings on Elder Abuse, in conjunction with the Office of the Attorney General. These sessions were designed to educate the public on the recognition, reporting and prevention of abuse of Maryland's elderly.

FUTURE DIRECTION: The LTC Ombudsman plans to fully implement the new data system to enable the staff to better maintain their systems, identify patterns and trends of issues received and to better manage program activities for accountability.

The State Ombudsman plans to develop program management tools, such as a Volunteer Management Manual and a certification program for all staff.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Number of Complaints	5,510	5,820	5,820	5,820	5,820
Number of Abuse Complaints	1,718	1,978	1,978	1,978	1,978
Number of Volunteers	115	125	125	125	125
Financial Data					
Federal	\$552,071	\$655,411	\$655,411	\$655,411	\$655,411
State	\$1,460,756	\$1,281,330	\$1,281,330	\$1,281,330	\$1,281,330
Local	\$153,730	\$276,279	\$276,279	\$276,279	\$276,279
Totals	\$2,166,557	\$2,213,020	\$2,213,020	\$2,213,020	\$2,213,020

CONTACT PERSON:	Patricia Bayliss	Frances Stoner
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CLIENT & COMMUNITY SERVICES

National Family Caregiver Support Program (NFCSP)

MISSION: To provide services, information, assistance, counseling, training, respite care and other supplemental services to family caregivers of older adults and relative caregivers of children aged 18 and under.

ACCOMPLISHMENTS: The NFCSP provided information, resources and services to thousands of Maryland caregivers. Caregivers include children, spouses and other family members, neighbors and friends of adults aged 60 and over. Grandparents and other relatives of children aged 18 and under are also considered caregivers.

Services included: general information about caregiving; individual assistance to access public or private services; education and support that included workshops and conferences, hands-on training on providing care, and support groups; respite care – a break from caregiving responsibilities; and supplemental services.

FUTURE DIRECTION: Future plans include expanding the provision of services using a consumer directed care model, which gives people more choices about the services they receive and educating employers about caregiver burdens and what can be done to assist employees who are caregivers.

PROGRAM DATA					
	FY'03(Actual)	FY'04 (Est.)	FY'05 (Est.)	FY'06 (Est.)	FY'07 (Est.)
Performance Data - Number of people served in each category					
Information	29,493	29,493	29,493	29,493	29,493
Assistance	4,908	4,908	4,908	4,908	4,908
Education and Support	5,149	5,149	5,149	5,149	5,149
Respite	2,707	2,707	2,707	2,707	2,707
Supplemental Services	715	715	715	715	715
Unmet Need for Respite Services					
Waiting List	107	107	107	107	107
Financial Data					
Federal	\$2,172,337	\$2,157,056	\$2,157,056	\$2,157,056	\$2,157,056
Local (projected)	\$62,702	\$62,702	\$62,702	\$62,702	\$62,702
Totals	\$2,235,039	\$2,219,758	\$2,219,758	\$2,219,758	\$2,219,758

CONTACT PERSON: Fran Stoner
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CLIENT & COMMUNITY SERVICES

Public Guardianship

MISSION: To act as public guardian “of the person” for individuals aged 65 and over who have been declared by the Courts to be incapable of making their own decisions and for whom no other suitable persons are available to act as guardians. Guardians may be required to determine appropriate living arrangements, oversee the provision of services and/or consent to medical treatment for persons under their guardianship.

ACCOMPLISHMENTS: Public guardianship staff worked with professionals, relatives, and other appropriate persons to explore ways to provide less restrictive strategies of providing protective services to older Marylanders who have cognitive or psychiatric disabilities in order to avoid appointments of public guardians. Some AAAs schedule routine and regular in-service training programs in hospitals and nursing homes to familiarize facility staff with the guardianship process and alternatives to public guardianship.

Medical consultation has always been a service provided to the local guardianship staff. This year, psychiatric consultation was added as an additional service.

FUTURE DIRECTION: The Department will continue to encourage local Public Guardianship staff to bill selected public guardianship clients for case management services rendered if the estate of the client is sufficiently large enough to warrant such action.

PROGRAM DATA					
	FY'03(Actual)	FY'04 (Est.)	FY'05 (Est.)	FY'06 (Est.)	FY'07 (Est.)
Performance Data					
Department of Aging Clients	1	1	0	0	0
AAA Clients	718	715	715	715	715
Total Clients	719	716	715	715	715
Financial Data					
Federal	\$85,705	\$85,705	\$85,705	\$85,705	\$85,705
State	\$709,206	\$642,692	\$642,692	\$642,692	\$642,692
Local	\$143,197	\$228,805	\$228,805	\$228,805	\$228,805
Program Income	\$23,070	\$31,070	\$31,070	\$31,070	\$31,070
Totals	\$961,178	\$988,272	\$988,272	\$988,272	\$988,272

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CLIENT & COMMUNITY SERVICES

Senior Care

MISSION: To provide coordinated, in-home services to seniors who are unable to care for themselves with many daily tasks. The Senior Care System provides case management and funds for services for frail seniors who may be at risk of nursing home placement.

ACCOMPLISHMENTS: Senior Care provided case management and in-home services and support to 3,669 people statewide, allowing them the dignity and comfort of remaining in their own homes at a fraction of the cost of institutional care. Services included personal care, chore service, medications, medical supplies, adult day care, respite care, home delivered meals, transportation and emergency response systems. Case managers assisted clients to obtain services from other local public and private sources before spending Senior Care dollars.

FUTURE DIRECTION: The Senior Care program will continue to provide the most medically needy and vulnerable seniors with services that help them remain in their own homes, to avoid nursing home care.

PROGRAM DATA					
	FY'03(Actual)	FY'04 (Est.)	FY'05 (Est.)	FY'06 (Est.)	FY'07 (Est.)
Performance Data					
Case Management with In-Home Services	3,669	3,669	3,669	3,669	3,669
Unmet Need					
Average Waiting List for In-Home Services*	1,028	1,059	1,090	1,123	1,157
* Waiting list number is 70% of the total waiting list for Senior Care services.					
Financial Data					
State	\$6,851,161	\$6,516,354	\$6,516,354	\$6,516,354	\$6,516,354
Local **	\$552,756	\$443,528	\$443,528	\$443,528	\$443,528
Totals	\$7,403,917	\$6,595,882	\$6,595,882	\$6,595,882	\$6,595,882
** Local contributions were projected for administrative and case management only, not direct services.					

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CLIENT & COMMUNITY SERVICES

Senior Center Plus

MISSION: To encourage the development of supervised day programs for frail elderly people and to monitor the quality of these programs. Senior Center Plus is designed to promote socialization, improve mental and physical functioning and address the nutritional needs of the frail senior. Senior Center Plus also provides much-needed respite for family members.

ACCOMPLISHMENTS: Four new sites were opened in 2003, bringing the total number of sites to forty-six. New sites were located in Baltimore City, Dorchester County and Prince George's County. Currently, twenty of the twenty-four jurisdictions have Senior Center Plus Sites.

FUTURE DIRECTION: The challenge for the Department is to establish a network of private providers who will have the resources to support the Senior Center Plus program. Medicaid waiver reimbursement for older adults allows Senior Center Plus sites to be developed around the State. All programs should include caregiver education and ways to market this service to family caregivers.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Persons Enrolled	320	345	345	345	345
Number of Sites	42	46	46	46	46

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CLIENT & COMMUNITY SERVICES

Senior Centers

MISSION: Senior Centers serve as focal points for education, recreation, socialization, nutrition and health screening to improve the quality of life for Maryland's senior population. They also are points of contact for seniors and their families to obtain information. Capital improvement funds are available to local governments to supplement the costs of new construction, conversions, renovations, acquisitions, and capital equipment needed to develop senior centers. Operating funds are also available to senior centers on a competitive basis to encourage innovation in senior center programming.

ACCOMPLISHMENTS: The Department awarded Senior Center Operating Fund grants totaling \$426,000 to twenty senior centers, thus maintaining those facilities at level funding. Through the Senior Citizens Activities Centers Capital Improvement Grants Program, the State has contributed in excess of \$23,790,000 in capital improvement grants to local governments since the program began.

FUTURE DIRECTION: Successful programs will be evaluated and replicated as possible by the Maryland Department of Aging. The Department will work with other agencies to enhance home safety for Maryland's seniors.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data (Capital Improvement Program)					
Total Senior Centers	115	116	116	116	116
New Construction	2	2	1	1	1
Renovations	1	0	2	2	2
Performance Data (Senior Center Operations)					
Seniors Benefiting from Operating Funds.	1,828	1,828	1,846	1,846	1,846
Capital Funds					
State	\$2,912,000	\$1,086,000	\$1,500,000	\$1,500,000	\$1,500,000
Local	\$5,824,000	\$1,262,000	\$4,000,000	\$4,000,000	\$4,000,000
Totals	\$8,736,000	\$2,348,294	\$5,500,000	\$5,500,000	\$5,500,000
Operation Funds					
State	\$426,000	\$426,000	\$500,000	\$500,000	\$500,000
Local	\$500,000	\$500,000	\$500,000	\$500,000	\$500,000
Totals	\$926,000	\$926,000	\$1,000,000	\$1,000,000	\$1,000,000

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CLIENT & COMMUNITY SERVICES

Senior Health Insurance Assistance Program (SHIP)

MISSION: To provide seniors with information and assistance to prepare and file health insurance claims. SHIP helps with Medicare and Medigap, HMOs, programs for low-income beneficiaries, and long term care insurance policies.

ACCOMPLISHMENTS: Assistance to Bethlehem Steel retirees: The Senior Health Insurance Assistance Program partnered with county and state agencies and employee organizations, to counsel thousands of individuals affected by the Bethlehem Steel bankruptcy.
Prescription Drug Issues: SHIP has continued to actively promote and assist eligible beneficiaries enroll in the Maryland Pharmacy Discount Program, the Maryland Pharmacy Assistance Program, the Senior Prescription Drug Program (CareFirst), MedBank of Maryland, and other discounts from pharmaceutical companies.

FUTURE DIRECTION: SHIP staff will conduct community-based outreach and education related to Medicare services, Maryland State programs and other health-related issues. Staff will target populations with communication barriers, i.e., language, location, literacy, culture. Special attention will focus on African-American, Hispanic, and Asian seniors and seniors who are isolated due to rural and other physical and social factors that create barriers to providing information and assistance.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Contacts by Topic					
Medicare	8,821	8,821	8,821	8,821	8,821
Medigap	7,543	7,543	7,543	7,543	7,543
Medicaid	11,554	11,554	11,554	11,554	11,554
Managed Care	3,018	3,018	3,018	3,018	3,018
Long Term Care	1,257	1,257	1,257	1,257	1,257
Prescription Issues	11,366	11,366	11,366	11,366	11,366
No. of Clients	22,176	22,176	22,176	22,176	22,176
No. Attending Events	44,974	44,974	44,974	44,974	44,974
No. of Volunteers	123	123	123	123	123
Volunteer Hours	13,886	13,886	13,886	13,886	13,886
Financial Data					
Federal	\$179,860	\$179,860	\$179,860	\$179,860	\$179,860
State	\$164,634	\$168,918	\$168,918	\$168,918	\$168,918
Local	\$308,550	\$270,619	\$270,619	\$270,619	\$270,619
Totals	\$653,044	\$619,397	\$619,397	\$619,397	\$619,397

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CLIENT & COMMUNITY SERVICES

Senior Information and Assistance (I&A)

MISSION: To provide a single point of entry to information and referrals for older Marylanders, family members and caregivers that will enable Maryland's seniors to make informed choices about services and assistance in obtaining services and benefits.

ACCOMPLISHMENTS: The Department collaborated with the Federal and Maryland Emergency Management Administration (FEMA), to assist seniors who had damages to their homes or property caused by Hurricane Isabel. The Senior Information and Assistance program was designated as the point of contact to assist seniors with services, referrals and facilitation of the FEMA application process. A "Special Needs Team" was organized to provide continued long-term care disaster relief. The Department obtained \$8,500 in Older Americans Act emergency funds to assist elderly disaster victims who reside on the Eastern Shore. Two grants were dispersed to the Area Agencies on Aging in that area, for help with emergency home repairs and appliance replacements.

FUTURE DIRECTION: For FY 2004, the statistical reporting tool for the Senior Information and Assistance program was revised to upgrade statewide data collection. The Department will continue to provide information and assistance through outreach and follow-up. The Department will focus on providing services to seniors of culturally diverse backgrounds.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data (Contacts made)					
Information	578,355	581,246	581,246	581,246	581,246
Referrals	163,400	164,217	164,217	164,217	164,217
Follow-Up	66,790	66,700	66,700	66,700	66,700
Financial Data					
Federal	\$1,396,796	\$1,206,436	\$1,206,436	\$1,206,436	\$1,206,436
State	\$946,101	\$899,647	\$899,647	\$899,647	\$899,647
Local	\$1,040,383	\$1,094,557	\$1,094,557	\$1,094,557	\$1,094,557
Totals	\$3,383,280	\$3,200,640	\$3,200,640	\$3,200,640	\$3,200,640

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CLIENT & COMMUNITY SERVICES

Senior Legal Assistance Program

MISSION: To provide legal advice, counseling and representation to older Marylanders.

ACCOMPLISHMENTS: The Department, with the National Legal Training Project, sponsored a "Train-the Trainer" workshop for local Area Agencies on Aging staff. Staff from these agencies conducted training in their local jurisdictions for older persons on various topics including Advance Directives, Resident Rights, Medicare and Medicaid issues and Long Term Care Insurance. Key staff from Long Term Care Ombudsmen, Senior Health Insurance Assistance, Senior Information and Assistance and Senior Transportation and Nutrition Programs were among those who participated in the training.

FUTURE DIRECTION: The Department, along with local legal services programs and other national legal entities, will review existing guidelines for the provision of legal services in Maryland and identify ways to strengthen the Senior Legal Assistance Program.

Consumer issues, estate planning and housing problems continue to be the most frequently identified legal issues confronting older Marylanders requesting legal assistance.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Hours of Service	20,805	20,805	20,805	20,805	20,805
Financial Data					
Federal	\$431,076	\$431,076	\$431,076	\$431,076	\$431,076
Local	\$247,218	\$247,218	\$247,218	\$247,218	\$247,218
Totals	\$678,294	\$678,294	\$678,294	\$678,294	\$678,294

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CLIENT & COMMUNITY SERVICES

Senior Nutrition Program – Congregate Meals

MISSION: To improve the quality of life for older persons by providing wholesome meals, nutrition education and counseling and increased social interaction.

ACCOMPLISHMENTS: Area Agencies on Aging (AAAs) hosted special events, expanded hours and offered special programming to increase participation and the number of meals served. AAAs are increasing the number and variety of non-traditional meals served, such as box lunches, salad bars and soup and sandwiches. In addition, some jurisdictions are serving culturally diverse meals.

Several jurisdictions provided extra services at sites other than the customary nutrition sites in order to provide seniors in need with food during the blizzard and hurricane that occurred in 2003. 8,600 shelf-stable meals were delivered to senior disaster victims living in apartment buildings without electricity or water. In some cases, hot meals were delivered to seniors who otherwise would have had no food.

FUTURE DIRECTION: The AAAs continue to explore innovative methods of delivering services to seniors.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Number of Meals	1,804,194	1,750,068	1,678,000	1,678,000	1,678,000
Number of Persons Receiving Meals	35,720	36,500	36,900	36,900	36,900
Number of Persons Attending Nutrition Education Sessions	23,079	25,000	25,000	25,000	25,000
Unmet Need					
Persons Needing Weekend Meals	3,378	3,400	3,400	3,400	3,400
Financial Data					
Federal	\$6,121,744	\$6,248,306	\$6,248,306	\$6,248,306	\$6,248,306
State	\$650,740	\$667,428	\$667,428	\$667,428	\$667,428
Local	\$1,759,615	\$2,070,876	\$2,070,876	\$2,070,876	\$2,070,876
Contributions	\$1,567,377	\$1,425,528	\$1,425,528	\$1,425,528	\$1,425,528
Totals	\$10,099,476	\$10,412,138	\$10,412,138	\$10,412,138	\$10,412,138

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CLIENT & COMMUNITY SERVICES

Senior Nutrition Program – Home Delivered Meals

MISSION:

To provide meals, nutrition assessments and coordination of nutrition services as well as referrals for additional services when needed, to the homebound elderly with the intent of maintaining them in their communities.

ACCOMPLISHMENTS:

The program depends on nearly 5,000 volunteers who provide vital services by delivering meals to homebound seniors. Not only would the program not exist without the services of the volunteers, these volunteers are responsible for saving lives by identifying dangerous situations that isolated seniors may be facing. Area Agencies on Aging (AAAs) are notified help is given to the “at-risk” seniors.

AAAs worked tirelessly through the two natural disasters that affected Maryland this year to ensure that seniors who needed meals received them. Extra non-perishable meals were distributed prior to the events, and meal delivery resumed as soon as possible.

FUTURE DIRECTION:

Trends indicate that seniors receiving meals are using meal services for a longer period of time because they are able to remain in their homes. This is important for the persons staying on the program; however, it limits the number of persons who can be added to the program due to limited resources.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Number of Meals	1,396,504	1,410,000	1,420,000	1,420,000	1,420,000
Number of Persons Receiving Meals	6,769	6,800	6,800	6,800	6,800
Unmet Need					
Persons Needing Weekend Meals	1,884	1,900	2,000	2,000	2,000
Financial Data					
Federal	\$2,851,111	\$2,843,051	\$2,843,051	\$2,843,051	\$2,843,051
State	\$682,188	\$800,577	\$800,577	\$800,577	\$800,577
Local	\$908,969	\$910,565	\$910,565	\$910,565	\$910,565
Contributions	\$382,016	\$400,096	\$400,096	\$400,096	\$400,096
Totals	\$4,824,284	\$4,954,289	\$4,954,289	\$4,954,289	\$4,954,289

CONTACT PERSON: Jennifer H. Drzik

Program Manager

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HOUSING



Neighbors chat on a beautiful Spring day in Essex, Baltimore County.



The fabulous Ridge Boys performing in Timonium, Baltimore County.

Congregate Housing Services Program (CHSP) - - a few success stories:

Mr. B., a 91-year-old childless widower, was living in an assisted living facility when his niece applied for congregare housing for him. She thought that a less monitored setting such as congregare housing would be more appropriate for him. The congregare Housing program provides him with case management, daily meal service, weekly laundry and housekeeping services and personal assistance if needed. Mr. S., a life-long loner, has established a rapport with the CHSP staff and other CHSP residents, and eagerly looks forward to our game day, residential and seasonal parties.

CHSP embraces a de-isolation component, in that it strives for socialization among its staff and members. Everyone benefits from the bond that exists between CHSP staff, volunteers and residents. We are considered to be his new "family."

Sherry L. Volkmar, MA,
CHSP Program, Pinewood Village

• • •

Ms. S moved into our building on October 4, 2000. She became a CHS participant on July 1, 2001 and receives HS subsidy.

Ms. S is a delightful person with many great stories to tell. She has two wonderful friends, her pastor and his wife, who take her grocery shopping, to the doctor, beauty parlor and occasionally out to lunch. Ms. S's family lives out of state. The CHS staff has become her extended "family." We were all fortunate to be able to celebrate Ms. S' 90th birthday with her and her family this year. We had a wonderful celebration that also included the other CHS participants.

Ms. S. has been able to continue living independently only with the help of the CHS program. She benefits from the two daily meals because she no longer cooks. Staff does her housekeeping and the majority of her laundry. She is sociable and enjoys the company of the other CHS participants. Ms. S addresses envelopes for me monthly as she is a former secretary and has beautiful handwriting. The staff help her maintain her windowsill garden, planting and transplanting plants for her. We all enjoy her!

Sylvana Tucker, CHS Supervisor,
Catholic Charities Friendship Station, Odenton

HOUSING SERVICES

Continuing Care Retirement Communities (CCRCs)

MISSION:

The Continuing Care Contract Act authorizes the Department to regulate Continuing Care Retirement Communities (CCRCs) and Continuing Care at Home (CCAH). The Department also issues certificates of registration based on a review of organizational, financial and contractual documents and provides information to the public.

CCRCs are specific types of retirement housing which offer a combination of housing and services. The services include access to medical and nursing services or other health related benefits to individuals who have paid entrance fees and signed contracts for more than one year and usually for life. Health-related benefits may include full coverage of nursing care in an on-site nursing center at no additional fee, or may be limited to priority admission to a nursing home, with additional fee-for-service charges. The scope of services varies among CCRCs. Fees and service packages are specified in continuing care agreements.

CCAH offers a variety of services to individuals who remain in their own homes. Services include care coordination, home inspections by an occupational therapist, assistance with activities of daily living, skilled nursing services, routine assisted living services, routine comprehensive care services and assistance with home maintenance. These services are offered under a written agreement that requires payment of an entrance fee and monthly fees.

ACCOMPLISHMENTS:

Maryland's CCRC industry grew during 2003 with the filing and subsequent approval of feasibility studies for the development of two new communities in Montgomery and Washington Counties and the expansion of two communities in Baltimore and Carroll Counties. During 2003, the first provider of Continuing Care at Home began offering its services.

FINANCIAL DATA					
	FY'03(Actual)	FY'04(Est.)*	FY'05(Est.)*	FY'06(Est.)*	FY'07(Est.)*
Certification Fees Paid by Providers					
Application Fees	\$24,150	\$27,500	\$20,000	\$30,000	\$30,000
Renewal Fees	\$224,600	\$259,200	\$281,400	\$288,800	\$293,800
Totals	\$248,750	\$286,700	\$301,400	\$318,800	\$323,800

** Fees are projected based on proposed fee increases.*

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Cheryl Lewis-Orr
Financial Analyst
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Continuing Care Communities Inventory

Continuing Care Communities (Operation)		Total	ILU*	AL**	Comp***
BayWoods of Annapolis	Anne Arundel County	192	147	16	29
Ginger Cove	Anne Arundel County	349	243	51	55
Roland Park Place	Baltimore City	303	195	37	71
Wesley Home	Baltimore City	226	0	151	75
Augsburg Lutheran Home	Baltimore County	187	0	64	123
Augsburg Lutheran Village	Baltimore County	96	96	0	0
Blakehurst	Baltimore County	345	277	24	44
Broadmead	Baltimore County	364	269	16	79
Charlestown	Baltimore County	2,037	1,603	164	270
Edenwald	Baltimore County	347	231	44	72
Glen Meadows	Baltimore County	278	213	34	31
Maryland Masonic Homes	Baltimore County	233	35	110	88
Mercy Ridge	Baltimore County	289	259	30	0
North Oaks	Baltimore County	232	182	13	37
Oak Crest Village	Baltimore County	1,911	1,528	143	240
Pickersgill, Inc.	Baltimore County	169	0	109	60
Presbyterian Home	Baltimore County	100	0	78	22
Asbury-Solomon Island	Calvert County	372	300	30	42
Carroll Lutheran Home	Carroll County	256	256	0	0
Fairhaven	Carroll County	387	273	35	79
Buckingham's Choice, Inc.	Frederick County	303	217	45	41
Frederick Home	Frederick County	29	0	29	0
Vantage House	Howard County	300	230	26	44
Heron Point of Chestertown	Kent County	244	192	16	36
Asbury Methodist Village	Montgomery County	1,264	815	164	285
Bedford Court	Montgomery County	353	217	76	60
Maplewood Park Place	Montgomery County	257	207	21	29
National Lutheran Home	Montgomery County	429	129	0	300
Collington	Prince George's County	467	367	56	44
Riderwood Village	Prince George's County	1,313	1,153	82	78
William Hill Manor	Talbot County	144	120	0	24
Fahrney-Keedy	Washington County	113	61	32	20
Homewood	Washington County	235	235	0	0
Total Units		14,124	10,050	1,696	2,378

Continuing Care Retirement Communities (Planned)

Expansions

Mercy Ridge	Baltimore County	165	149	16	0
Fairhaven	Carroll County	29	-37	66	0
Carroll Lutheran Village	Carroll County	142	142	0	0
Riderwood Village	Prince George's County	1,206	862	142	202

New:

Brooke Grove	Montgomery County	50	40	5	5
Goodwill Retirement Village	Garrett County	56	30	21	5
Ravenwood	Washington County	94	46	48	0
Robinwood	Washington County	160	70	90	0
Harbor Pointe	Wicomico County	89	29	60	0
Total Units		1,991	1,331	448	212

*ILU=Independent Living Units **AL=Assisted Living Beds ***Comp=Comprehensive Care Beds

HOUSING SERVICES

Congregate Housing Services Program

MISSION: To provide support services to qualifying residents of low and moderate-income senior housing who, due to advanced age or chronic health conditions, need daily help with activities such as meals, housekeeping and personal assistance.

ACCOMPLISHMENTS: The Department's Congregate Housing Services Program (CHSP) Unbundling Pilot has resulted in the development of the "individualized" CHSP model that gives providers and participants flexibility and choices in services.

One site operated by the Housing Authority of Baltimore City was the subject of a research project conducted by the Department under a \$50,000 planning grant awarded by the U.S. Department of Health and Human Services. Under the "Service Accessibility for the Elderly in Public Housing" (SAEPH) initiative, detailed interviews were conducted with more than 100 residents of the site in order to learn more about available resources and gaps in services. The goal of the initiative was to develop a model for improving the delivery of services that are delivered to elderly residents of public housing with the goal of reducing hospitalizations and evictions.

FUTURE DIRECTION: The Department is exploring funding opportunities that will enable the service delivery model developed under the SAEPH grant to be implemented in public housing facilities serving a high percentage of elderly residents.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Number of Residents Receiving Services	1006	799	799	799	799
Number of Buildings Receiving Services	34	32	32	32	32
Financial Data					
Federal	\$763,794	\$746,875	\$746,875	\$746,875	\$746,875
State	\$1,688,077	\$1,679,500	\$1,679,500	\$1,679,500	\$1,679,500
Provider Contributions	\$1,049,200	\$1,125,913	\$1,125,913	\$1,125,913	\$1,125,913
Totals	\$3,501,071	\$3,552,288	\$3,552,288	\$3,552,288	\$3,552,288

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HOUSING SERVICES

Medicaid Home and Community-Based Waiver for Older Adults

MISSION: To enable older adults to remain in a community setting even though their advanced age or disability would warrant placement in a long term care facility. The Waiver allows services, which are typically covered by Medicaid only in a nursing facility, to be provided to eligible persons in their own homes or in assisted living facilities. These services include personal care, home-delivered meals, environmental assessments and accessibility adaptations, assistive devices, respite care, behavioral consultation, family and consumer training, dietitian/nutritionist services, personal emergency response systems and Senior Center Plus (adult day care services.)

ACCOMPLISHMENTS: Due in part to timelier processing of applications, the Waiver is now at its enrollment capacity, serving 3,135 older adults aged 50 and over. The Department also has been involved in a Department of Health and Mental Hygiene (DHMH) initiative that allows nursing home residents whose services are paid for by Medical Assistance for more than thirty days, to apply for Waiver services despite the current enrollment cap. The Department has expanded the number of Area Agencies on Aging that process Waiver provider claims, allowing for better internal control and more timely payments. Additionally, the Department has conducted six regional trainings for service providers focusing on regulations and the Medicaid payment system.

FUTURE DIRECTION: The Department will continue to work closely with DHMH to expedite participant enrollment. MDOA has contracted with the University of Maryland to expand the Waiver Application Tracking System to include components that will facilitate ongoing case management. MDoA will also work on specialized outreach initiatives to address provider shortages for specific services in regions where unmet needs have been identified. It will expand its quality assurance projects.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Number of Providers	2,000	2,500	3,000	3,500	3500
Number of Participants	3,135	3,135	3,135	3,135	3135
Financial Data					
State	\$1,972,406	\$2,026,816	\$2,026,816	\$2,026,816	\$2,026,816
Federal	\$1,972,466	\$2,026,816	\$2,026,816	\$2,026,816	\$2,026,816
Totals	\$3,944,932	\$4,053,632	\$4,053,632	\$4,053,632	\$4,053,632

CONTACT PERSON: Warren Sraver
Program Manager
410-767-1065

HOUSING SERVICES

Senior Assisted Living Group Home Subsidy Program

MISSION: To provide low and moderate-income seniors with access to quality assisted living in small group homes with 4 to 16 residents. Services include meals, personal care, and 24-hour supervision for seniors unable to live independently. The Department awards small grants to eligible residents who might otherwise be moved to nursing facilities.

ACCOMPLISHMENTS: The Department continues to work closely with the Department of Health and Mental Hygiene, (DHMH) Office of Health Care Quality (OHCQ), and Area Agencies on Aging (AAAs). The AAAs continue to play a vital role in monitoring and investigating complaints involving small facilities. The Department works closely with OHCQ to expedite the issuance of licenses to assisted living programs that have applied to participate in the Medicaid Waiver Program. In addition, the Department staff participated in work groups convened by DHMH to review licensing requirements and Medicaid Waiver reimbursement policies.

FUTURE DIRECTION: The Department will continue to work with AAAs, OHCQ, providers and advocates on initiatives to improve the availability of quality assisted living services.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Data					
Number of Residents Receiving Subsidies	641	571	571	571	571
Financial Data					
State	\$2,755,528	\$2,354,928	\$2,354,928	\$2,354,928	\$2,354,928
Local	\$516,112	\$381,483	\$381,483	\$381,483	\$381,483
Totals	\$3,271,640	\$2,736,411	\$2,736,411	\$2,736,411	\$2,736,411

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SENIOR EMPLOYMENT PROGRAM



MDoA staff greet Comptroller William Donald Schaefer, keynote speaker at Employer of the Year awards in Baltimore.



Senior workers provide experience and reliability to Maryland's workforce.



Senator Donald Munson, House Minority Leader George Edwards and Area Agency on Aging Director Dr. Fred Otto join Deputy Secretary Jackie Phillips to present Employer of the Year Awards in Hagerstown, Washington County.

SENIOR EMPLOYMENT

Senior Aides Program

MISSION: To provide an opportunity for eligible persons aged 55 and older to update or develop new skills through part-time community service assignments. The objective of the program is to enhance participants' opportunities to obtain unsubsidized employment.

ACCOMPLISHMENTS: The Senior Aides Program exceeded the 25% goal for placing older workers in permanent, unsubsidized positions with a 27% placement rate and served 389 eligible seniors throughout the year.

The Maryland Department of Aging held its 2003 Employer of the Year events in Baltimore City and Washington County during Older Worker Employment Week. Five employers were honored for their efforts in seeking, hiring and training mature workers. At each event, two new Job Clubs were announced by the Deputy Secretary. The Job Clubs assist older workers with writing resumes, interview techniques and job search skills. Additionally, a specialized training project with retail employers from the Lower Shore was developed via from the U.S. Department of Labor. It is being administered locally by MAC, Inc., the Area Agency on Aging for the Lower Shore.

FUTURE DIRECTION: Maryland Department of Aging will continue to work with local Workforce Investment Boards to exchange expertise and resources to serve mature workers within a seamless employment and training network. In addition, the Senior Employment Program will launch new private-sector initiatives with employers to train and hire mature workers.

PROGRAM DATA					
	FY'03(Actual)	FY'04(Est.)	FY'05(Est.)	FY'06(Est.)	FY'07(Est.)
Performance Date					
Number of Training Positions	229	242	230	230	230
Total Number of Participants Trained	389	345	345	345	345
Financial Data					
Federal	\$1,574,096	\$1,613,569	\$1,579,194	\$1,579,194	\$1,579,194
State	\$166,008	\$171,242	\$168,667	\$168,667	\$168,667
Totals	\$1,740,104	\$1,784,811	\$1,747,861	\$1,747,861	\$1,747,861

CONTACT PERSON: Karen C. Fields
Project Director
410-767-1276
kcf@ooa.state.md.us

SPECIAL GRANTS PROJECTS

Lt. Governor Michael S. Steele congratulates an honoree at the 2003 Centenarian banquet.



Farmers' Market Senior Nutrition Program



U.S. Administrator on Aging Josefina Carbonell, Keynote Speaker at the Centenarian luncheon.

MDoA collaborates with Alzheimer's Association and other partners on special projects like Maryland Public Television's "The Forgetting," January 21, 2004.



MDoA celebrates Maryland's rich cultural heritage.

SPECIAL GRANTS PROJECTS

Alzheimer's Disease Demonstration Project

HISTORICAL BACKGROUND:

The Alzheimer's Disease Demonstration Project is administered by the Administration on Aging to assist states in creating a system of care for persons with Alzheimer's disease and their families. Under the Project, states develop demonstration projects for planning, establishing, and operating programs to create models of assistance for persons with Alzheimer's disease and their families. The project also includes programs to improve the existing home and community-based care systems for Alzheimer's patients (and those with and related disorders) and their families. Maryland was awarded a continuation of the three-year federal grant.

The amount of the grant was \$214,699 and will expire in June 2004. (This is the final year of the grant.) The funding allowed for training for caregivers, and for services to be discontinued through attrition or transferred to other State or federally funded programs.

PURPOSE AND PROCESS:

The Maryland Alzheimer's Disease Demonstration Project has two purposes. The first is to expand the number of rural providers of dementia-competent care through developing micro-enterprises, or small businesses, owned by low-income entrepreneurs. The second is to implement a consumer-directed respite care model to improve the responsiveness, efficiency and quality of care for people with dementia and their families.

Charles County Office on Aging and St. Mary's County Office on Aging are administering the project in their counties, and MAC, Inc. is administering the project in Dorchester, Somerset, Worcester and Wicomico Counties.

OUTCOMES:

- Each of the micro-enterprise partners has developed a curriculum to train interested persons in starting caregiving businesses.
- One hundred and nine potential new providers have received training in the business of caregiving. At least fifteen new micro-enterprises are expected to be developed by the end of this year.
- Three hundred and six family members, existing providers, and potential providers have attended training about caring for people with dementia.
- Three pilot projects are using a consumer-directed respite care model. Consumer directed services allow families to choose services that work best for them. One hundred and forty families have received respite services in the first two years.
- Two manuals will be produced: implementing a consumer directed respite program and implementing micro-enterprise development.

CONTACT PERSON: Sue Vaeth
Project Coordinator
410-767-1108
svj@mail.oaa.state.md.us

SPECIAL GRANTS PROJECTS

Building Elderly Refugees' Self-Sufficiency

HISTORICAL BACKGROUND:

Since FY 2000, the Office of Refugee Resettlement, U.S. Department of Health and Human Services, has granted funds to the Maryland Office for New Americans (MONA) to serve older refugees. In turn, MONA has granted funds to The Maryland Department of Aging.

PURPOSE AND PROCESS:

The purpose of the project is to improve older refugees' access to services. Area Agencies on Aging (AAAs) network with local refugee service providers to learn about refugee needs and provide information about programs and services of the aging network. Activities take place where the greatest numbers of Maryland's refugees live – in Baltimore City, Baltimore County and Montgomery County. AAAs in the Baltimore Metropolitan area have hired outreach workers who speak Russian. Examples of activities conducted in FY'03 were as follows:

1. In Baltimore City highly successful outreach strategies included advertising in Russian-language media to publicize services of the aging network and offering cultural events that appealed to senior refugees. The outreach worker provided translation and interpretation services for informational programs on Medicare, home care/hospice, blood pressure, and disaster preparedness. Over 200 Russian seniors applied for the Medicaid Waiver for Home and Community-Based Services for Older Adults; 90 were approved for the program.
2. Baltimore County's outreach worker established contact with management staff of apartment buildings where high numbers of refugee seniors resided in order to identify refugee seniors needing services. The AAA sponsored a "Promoting Wellness" Health Fair at the Reisterstown Senior Center and publicized the fair at apartment buildings and other venues frequented by Russian-speaking seniors. The project helped to process a large number of refugee seniors' applications for the Medicaid Waiver.
3. The Montgomery County AAA continued its cooperative relationship with Boat People SOS to reach out to Vietnamese seniors. The Outreach worker presented information at the Long Branch Senior Center to coincide with the Vietnamese Senior Association's meetings at the Center. An updated Vietnamese-language Senior Resource Guide for Montgomery County was printed and distributed.

OUTCOMES:

- 620 refugee seniors were served individually in FY 2003.
- Project funds helped refugee seniors obtain hearing aids, dentures and eyeglasses, none of which are covered by Medicare or Medicaid.
- Refugees in all three localities were linked to English and citizenship classes.

CONTACT PERSON: Susan London Russell
Project Coordinator
410-767-6032
slr@mail.ooa.state.md.us

SPECIAL PROJECTS

Innovations in Aging Services Grant Program

HISTORICAL BACKGROUND:

The Innovations in Aging Services Grant Program became part of the Article 70B §36 Maryland Annotated Code, during the 2001 Legislative Session. The law defines the purpose of the program: “to provide competitive funding grants to design and test innovative ideas in programs and services for older individuals, publicly disseminate the results of the tests and help to meet the need for trained personnel providing services for Maryland’s senior population.”

PURPOSE AND PROCESS:

The Innovations in Aging Services Grant Program supports efforts to test new approaches that may improve the way organizations deliver services to older people. The Secretary of the Maryland Department of Aging, in consultation with the Innovations in Aging Services Advisory Council, established the following grant funding priority areas for Fiscal Year 2003: 1) Develop and train staff who provide direct care to older people; 2) Promote healthy aging and disease prevention.

OUTCOMES

The Maryland Department of Aging awarded two grants for the following projects:

Maryland Homecare Workforce Initiative – A Peer Training Demonstration, University of Maryland, Baltimore, School of Nursing - \$40,000.

This project identifies training needs of home care workers using focus groups. Following a needs assessment phase, the grantee will develop and test a “train-the-trainer” curriculum. The curriculum modules are based on the self-identified needs of the home care workers. Pairs of peer-trainers will then demonstrate their skills by conducting workshops for new or novice home care providers with supervision and support from the University of Maryland project staff. This training for home care workers is aimed at demonstrating the feasibility of 1) developing a need-based curriculum for basic home care skills, 2) producing a cadre of home care trainers, 3) compensating both trainers and workshop attendees, and 4) proving a basis for creating a career ladder in home care work.

Seniors Keep in Touch (S.K.I.T.), The Partnership for a Healthier Carroll County - \$20,000.

This project provides seniors with safety and assurance through daily telephone contacts from the Carroll County Bureau of Aging and the Carroll County Health Department, thus allowing seniors to “age in place.” The project also provides training to other jurisdictions to help them implement the program in their own communities by offering two statewide regional training sessions and providing post-training program support. All S.K.I.T. program protocols and forms will be made available in digital and hard copy format and organized in a resource binder. Active seniors will be recruited, trained and engaged as either paid or volunteer staff. S.K.I.T.’s role as an “aging in place” model will be designed and tested with faculty from McDaniel College and S.K.I.T. clients.

CONTACT PERSON: Lisa A. Mullin
Chief of Program Development
410-767-1064
lam@mail.ooa.state.md.us

SPECIAL GRANTS PROJECTS

Project CAMM – (Curb Abuse in Medicare and Medicaid)

HISTORICAL BACKGROUND:

In June 1997, the Maryland Department of Aging received a federal grant from the Administration on Aging to develop a project to respond to Medicare and Medicaid fraud, waste, and abuse. The Department used the grant to create the Curb Abuse in Medicare and Medicaid Project (CAMM), which is part of a nationwide initiative, “Senior Medicare Patrol Projects.”

PURPOSE AND PROCESS:

The purpose of the CAMM project is to reduce the amount of federal and State funds lost due to health insurance fraud by increasing the public’s ability to detect and report possible fraud, waste and abuse. CAMM has been successful in recruiting and training retiree volunteers to act as health insurance educators. One hundred and five volunteers have been involved in CAMM activities this past year. Activities included public speaking engagements, instructing Medicare beneficiaries in monitoring health care expenditures and how to take identify potential discrepancies.

Originally nine Area Agencies on Aging (Anne Arundel, Baltimore, Carroll, Harford, Howard, Montgomery, Prince George’s Counties, Baltimore City and MAC, Inc. – Dorchester, Somerset, Wicomico, and Worcester Counties) received funds to operate local CAMM projects. Currently, there are 13 AAA’s selected to operate the CAMM projects. The latest counties awarded CAMM grants are Frederick, Kent, Caroline, Talbot, St. Mary’s, and Queen Anne’s counties.

ACCOMPLISHMENTS:

The CAMM grant to the Department was originally for a three-year period. The Department has applied for and received additional competitive grants, the most recent extending until June 2006. In FY 2003, MDoA applied for and received an additional grant that was awarded to translate and publish CAMM brochures and media print materials into five primary languages including Spanish, Russian, Korean, Mandarin Chinese and Vietnamese. The additional funding also has made it possible for MDoA to expand the CAMM project to focus on reaching hard-to-reach individuals, including rural as well as non- English speaking seniors. These populations have been identified as being isolated from the exchange of information due to language, literacy, location and culture (LLLC).

OUTCOMES:

In FY 2003, The CAMM project provided 274 public educational sessions, reaching 9,042 individuals. 3,383 one-on-one counseling sessions were conducted. The CAMM staff processed 322 inquiries and/or complaints. Also, in FY 2003, 155 training sessions were sponsored by the CAMM project for volunteers and aging network staff.

CONTACT PERSON: Michelle P. Holzer
Project CAMM Coordinator
410-767-1109
mph@mail.ooa.state.md.us

APPENDICES



State Commission on Aging
(See list page 58)



Area Agencies on Aging Directors
(See list page 45)

AREA AGENCIES ON AGING

County	Contact Person	Address	Telephone
Allegany	Dan H. Lewellen Director	Area Agency on Aging Allegany Co. Human Resources Development Commission, Inc. 19 Frederick Street Cumberland, MD 21502	301-777-5970 ext.107 301-722-0937 - FAX Email: dlewellen@allconet.org
Anne Arundel County	Virginia Thomas Director	Anne Arundel County AAA 2666 Riva Road - Suite 400 Annapolis, MD 21401	410-222-4464 410-222-4360 - FAX Email: agvith78@mail.aacounty.org
Baltimore City	John P. Stewart, Executive Director	Commission on Aging and Retirement Education (CARE) Area Agency on Aging 10 North Calvert Street, Suite 300 Baltimore, MD 21202	410-396-4932 410-545-1539 - FAX Email: john.stewart@baltimorecity.gov
Baltimore County	Arnold J. Eppel Director	Baltimore County Dept. of Aging Area Agency on Aging 611 Central Avenue Towson, MD 21204	410-887-2109 410-887-2159 - FAX Email: aeppel@co.ba.md.us
Calvert County	Bettina Dubas Division Chief	Calvert County Office on Aging Area Agency on Aging 450 West Dares Beach Road Prince Frederick, MD 20678	410-535-4606 301-855-1170 D.C. Line 410-535-1903 - FAX Email: dubasbc@co.cal.md.us
Caroline Kent Talbot Counties	Carl E. Burke Executive Director	Upper Shore Aging, Inc Area Agency on Aging 100 Schaubert Road Chestertown, MD 21620	410-778-6000 410-758-6500 410-778-3562 - FAX Email: usaging@intercom.net
Carroll County	Janet B. Flora Chief	Carroll County Bureau of Aging 125 Stoner Avenue Westminster, MD 21157	410-876-3363 410-848-4049, 410-840-0436 - FAX Email: jflora@ccg.carr.org
Cecil County	Susan E. Twigg Director	Cecil County Dept. of Aging Area Agency on Aging 214 North Street Elkton, MD 21921	410-996-5228 410-996-5295 410-620-9483 FAX Email: stwigg@ccgov.org
Charles County	Karen Lea Lehman Chief of Aging	Charles Co. Dept. of Community Services – Area Agency on Aging 8190 Port Tobacco Road Port Tobacco, MD 20677	301-934-0109 301-934-5624 - FAX Email: LehmanK@govt.co.charles.md.us
Dorchester Somerset Wicomico Worcester Counties	Margaret Bradford Executive Director	MAC, Inc. Area Agency on Aging 1504 Riverside Drive Salisbury, MD 21801	410-742-0505 410-742-0525 - FAX Email: mab@macinc.org

AREA AGENCIES ON AGING

County	Contact Person	Address	Telephone
Frederick County	Carolyn True Director	Frederick County Department of Aging Area Agency on Aging 1440 Taney Avenue Frederick, MD 21702	301-694-1605 301-631-3554 - FAX Email: Ctrue@fredco-md.net
Garrett County	Adina Brode Director	Garrett Co. Area Agency on Aging 104 E. Centre Street Oakland, MD 21550	301-334-9431 ext. 138 301-334-8555 - FAX Email: abrode@garrettcac.org
Harford County	Carol Lienhard Director	Harford Co. Office on Aging Area Agency on Aging 145 N. Hickory Avenue Bel Air, MD 21014	410-638-3025 410-879-2000 ext. 3331 410-893-2371 - FAX Email: calienhard@co.ha.md.us
Howard County	Phyllis Madachy Director	Howard Co. Office on Aging Area Agency on Aging 6751 Columbia Gateway Dr 2nd Floor Columbia, MD 21046	410-313-6410 410-313-6540 - FAX Email: pmadachy@co.ho.md.us
Montgomery County	Elizabeth Boehner Director	Montgomery County Area Agency on Aging Division of Aging and Disability Services 401 Hungerford Drive, 4 th Fl. Rockville, Maryland 20850	240-777-3000 240-777-1436 - FAX Email: Elizabeth.Boehner@co.mo.md.us
Prince George's County	Theresa Grant Director	Prince George's County Department of Family Services Area Agency on Aging 5012 Rhode Island Avenue Hyattsville, MD 20781	301-699-2731 301-699-2845 - FAX Email: tgrant@co.pg.md.us
Queen Anne's County	Sue Leager Director	Queen Anne's County Department of Aging Area Agency on Aging 104 Powell Street Centreville, MD 21617	410-758-0848 410-758-4489 - FAX Email: sleager@qac.org
St. Mary's County	Gene Carter Director	St. Mary's Co. Office on Aging Area Agency on Aging 41780 Baldrige Street P.O. Box 653 Leonardtown, MD 20650	301-475-4200 Ext. 1070 301-475-4503 - FAX Email: gene.carter@co.saint-marys.md.us
Washington County	Frederick F. Otto Executive Director	Washington County Commission on Aging Area Agency on Aging 9 Public Square Hagerstown, MD 21740	301-790-0275 301-739-4957 - FAX Email: lbonebrake@commissiononaging.com

SENIOR CENTERS

Allegany County

Cumberland Senior Center
19 Frederick Street
Cumberland, MD 21502
301-724-8626

Frostburg Senior Center
27 S. Water Street
Frostburg, MD 21532
301-689-5510

George's Creek Senior Center
7 Hanekamp Street
Lonaconing, MD 21539
301-463-6215

Westernport Community Center
33 Main Street
Westernport, MD 21562
301-359-9930

Anne Arundel County

Annapolis Senior Center
1027 Bay Ridge Avenue
Annapolis, MD 21403
410-222-1818

Arnold Senior Center
44 Church Road
Arnold, MD 21012
410-222-1922

Brooklyn Park Senior Center
202 Hammonds Lane
Brooklyn Park, MD 21225
410-222-6847

Catherine L. O'Malley Senior Center
1275 Odenton Road
Odenton, MD 21113
410-222-6227

Pasadena Senior Center
4103 Mountain Road
Pasadena, MD 21122
410-222-0030

Robert A. Pascal Senior Center
125 Dorsey Road
Glen Burnie, MD 21061
410-222-6680

South County Senior Center
27 Stepneys Lane
Edgewater, MD 21037
410-222-1927

Baltimore City

Action In Maturity
3501 St. Paul Street, L-2
Baltimore, MD 21218
410-889-7915

Allen Center
Grace United Church of Christ
1404 South Charles Street
Baltimore, MD 21230
410-685-6224

Greenmount Senior Center
425 E. Federal Street
Baltimore, MD 21202
410-396-3552

Harford Senior Center
4920 Harford Road
Baltimore, MD 21214
410-426-4009

SENIOR CENTERS

Baltimore City

Forest Park Senior Center
4801 Liberty Heights Avenue
Baltimore, MD 21207
410-466-2124

John Booth Senior Center
229 ½ S. Eaton Street
Baltimore, MD 21224
410-396-9202

Joseph Center for Senior Citizens
430 South Broadway
Baltimore, MD 21231
410-732-5000

Mount Street Senior Center
1114 N. Mount Street
Baltimore, MD 21217
410-396-7724

Edward A. Myerberg Northwest Senior Center
3101 Fallstaff Road
Baltimore, MD 21209
410-358-6856

Cherry Hill Senior Life Center
606 Cherry Hill Road, Suite 201
Baltimore, MD 21225
410-354-5101

Hatton Senior Center
2825 Fait Avenue
Baltimore, MD 21224
410-396-9025

Oliver Senior Center
1701 N. Gay Street
Baltimore, MD 21213
410-396-3861, 3862, 3863

Senior Network of North Baltimore
5828 York Road
Baltimore, MD 21212
410-323-7131

Southwest Senior Center
100 South Calhoun Street
Baltimore, MD 21223
410-566-1311

Waxter Center for Senior Citizens
1000 Cathedral Street
Baltimore, MD 21201
410-396-1324

Baltimore County

Ateaze Senior Center
7401 Holabird Avenue
Dundalk, MD 21222
410-887-7233

Bykota Senior Center
611 Central Avenue
Towson, MD 21204
410-887-3094

Catonsville Senior Center
501 N. Rolling Road
Baltimore, MD 21228
410-887-0900

Jacksonville Senior Center
3101 Paper Mill Road
Phoenix, MD 21131
410-887-1841

Edgemere Senior Center
6600 North Point Road
Baltimore, MD 21219
410-887-7530

Essex Senior Center
600 Dorsey Avenue
Baltimore, MD 21221
410-887-0267

Fleming Senior Center
641 Main Street
Baltimore, MD 21222
410-887-7225

Reisterstown Senior Center
12035 Reisterstown Road
Reisterstown, MD 21136
410-887-1143

SENIOR CENTERS

Landsdowne/Baltimore Highlands
Senior Center
424 Third Avenue
Baltimore MD 21227
410-887-1443

Liberty Senior Center
3525 Resource Drive
Randallstown, MD 21133
410-887-0780

Mt. Carmel Senior Center
17038 Prettyboy Dam Road
Parkton, MD 21120
410-887-1923

Overlea/Fullerton Senior Center
4314 Fullerton Avenue
Baltimore, MD 21236-4613
410-887-5220

Rosedale Senior Center
1208 Neighbors Avenue
Baltimore, MD 21237
410-887-0233

Seven Oaks Senior Center
9210 Seven Court Dr.
Perry Hall, MD 21236
410-887-5192

Victory Villa Senior Center
403 Compass Road
Baltimore, MD 21220
410-887-0235

Parkville Senior Center
8601 Harford Road
Baltimore, MD 21234
410-887-5338

Calvert County

Calvert Pines Senior Center
450 W. Dares Beach Road
Prince Frederick, MD 20678
410-535-4606, 301-855-1170

Southern Pines Senior Center
20 Appeal Lane
Lusby, MD 20657
410-586-2748

North Beach Senior Center
9010 Chesapeake Avenue
North Beach, MD 20714
410-257-2549

Caroline County

Caroline Senior Center
403 S. 7th Street
Suite 127
Denton, MD 21629
410-479-2535

Federalsburg Senior Center
118 N. Main Street
Federalsburg, MD 21632
410-754-9754

Carroll County

Mt. Airy Senior Center
703 Ridge Avenue
Mt Airy, MD 21771
410-795-1017
401-875-3342
301-829-2407

Taneytown Senior Center
220 Roberts Mill Road
Taneytown, MD 21787
410-756-4557
410-751-1656

SENIOR CENTERS

North Carroll Senior Center
2255 Hanover Pike
Greenmount, MD 21074
410-239-6400

Westminster Senior Center
125 Stoner Avenue
Westminster, MD 21157
410-848-4049
410-876-3363-Baltimore Line
410-875-3342-Mt. Airy Line

South Carroll Senior Center
5745 Bartholow Road
Sykesville, MD 21784
410-795-6591
410-857-4825

Cecil County

Buckworth Senior Center
214 North Street
Elkton, MD 21921
410-996-5295

Perryville Senior Center
300 Cherry Street
Perryville, MD 21903
410-996-5295

Charles County

Richard R. Clark Senior Center
1210 E. Charles Street
LaPlata, MD 20646
301-934-5423

Waldorf Senior Center
3090 Crain Highway
Waldorf, MD 20604
301-638-4420

Indian Head Community Center
100 Cornwallis Square
Indian Head, MD 20640
301-743-2125

Nanjemoy Senior Center
Senior Center Programs
4375 Port Tobacco Road
Nanjemoy, MD 20662
301-246-9612

Dorchester County

MAC Senior Center
2450 Cambridge Beltway
Cambridge, MD 21613
410-221-1920

North Dorchester MAC Senior Center
6210 Shiloh Church and Hurlock Road
Hurlock, MD 21643
410-943-1106

Frederick County

Brunswick Senior Center
12 East A Street
Brunswick, MD 21716
301-834-8115

Frederick Senior Center
1440 Taney Avenue
Frederick, MD 21702
301-631-3525 (Activities)
301-694-1048 (Meal Reservations)

SENIOR CENTERS

Emmitsburg Senior Center
300 South Seton Avenue
Emmitsburg, MD 21727
301-447-6253

Thurmont Senior Center
806 East Main Street
Thurmont, MD 21788
301-271-7911

Garrett County

Mary Browning Senior Center
104 East Center Street
Oakland, MD 21550
301-334-9431, 1-888-877-8403, ext. 134

Grantsville Senior Center
125 Durst Court
Grantsville, MD 21536
301-895-5818

Flowery Vale Senior Center
204 South Street
Accident, MD 21520
301-746-8824

Harford County

Aberdeen Senior Center
7 West Franklin Street
Aberdeen, MD 21001
410-273-5666

Edgewood Senior Activities Center
1000 Gateway Road
Edgewood, MD 21040
410-612-1622

McFaul Activities Center
525 West MacPhail Road
Bel Air, MD 21014
410-638-4040

Highland Senior Center
708 Highland Road
Street, MD 21154
410-638-3605

Howard County

Florence Bain Senior Center
5470 Ruth Keeton Way
Columbia, MD 21044
410-313-7213

Elkridge Senior Center
6540 Washington Blvd.
Elkridge, MD 21075
410-313-5192

East Columbia Senior Center
6600 Cradlerock Way
Columbia, MD 21045
410-313-7680

Savage Senior Center
9525 Durness Lane
Laurel, MD 20723
410-880-5915

Ellicott City Senior Center
9401 Frederick Road
Ellicott City, MD 21042
410-313-1400

Western Howard County Senior Center
2398 Route 97
Cooksville, MD 21723
410-313-5440

Kent County

Amy Lynn Ferris Adult Activities Center
100 Schaubert Road
Chestertown, MD 21620
410-778-2564

SENIOR CENTERS

Montgomery County

Damascus Senior Center
9701 Main Street
Damascus, MD 20872
301-235-1801

Long Branch Senior Center
8700 Piney Branch Road
Silver Spring, MD 20903
301-431-5708

Gaithersburg/Upcounty Senior Center
80-A Bureau Drive
Gaithersburg, MD 20878
301-258-6380

Rockville Senior Center
1150 Carnation Drive
Rockville, MD 20850
301-309-3025

Holiday Park Senior Center
3950 Ferrara Drive
Wheaton, MD 20906
301-468-4448

Margaret Schweinhaut Senior Center
1000 Forest Glen Road
Silver Spring, MD 20901
301-681-1255

Prince George's County

Berwyn Heights Senior Center
8603 57th Avenue
Berwyn Heights, MD 20740
301-474-0018

Greenbelt Senior Center
15 Crescent Road
Greenbelt, MD 20770
301-397-2208

Bowie Senior Center
14900 Health Center Drive
Bowie, MD 20716
301-809-2300

Langley Park Senior Center
1500 Merrimac Drive
Hyattsville, Maryland 20783
301-434-4343

Brandywine Senior Center
8000 Duson Road
Brandywine MD 20613
301-372-0436

Oasis Senior Center
3500 East West Highway
Hyattsville, MD 20782
301-559-6575

Camp Springs Senior Center
6420 Allentown Road
Camp Springs, MD 20746
301-449-0490

Laurel Phelps Senior Center
701 Montgomery Street
Laurel, MD 20707
301-776-6168

Evelyn Cole Senior Center
5702 Addison Road
Seat Pleasant, MD 20743
301-386-5525

Cora B. Woods Senior Center
3601 Taylor Street
Brentwood, MD 20722
301-699-1238

SENIOR CENTERS

Queen Anne's County

Crumpton Senior Center
2200 Dudley Corner Road
P. O. Box 58
Crumpton, MD 21628
410-778-5444

Kramer Senior Center
104 Powell Street
Centreville, MD 21617
410-758-3900

Grasonville Senior Center
4802 Main Street
P. O. Box 147
Grasonville, MD 21638
410-827-6010

Kent Island Senior Center
891 Love Point Road
Stevensville, MD 21666
410-604-3801

St. Mary's County

Garvey Senior Center
41780 Baldrige Street
P.O. Box 653
Leonardtown, Maryland 20650
301-475-4200 Ext.1050

Northern Senior Center (Interim)
All Faith Episcopal Church
38885 New Market Turner Road
Charlotte Hall, MD 20622
301-481-2061

Loffler Senior Center
21905 Chancellor's Run Road
Great Mills, MD 20634
301-737-5670

Somerset County

Crisfield MAC Senior Center
P.O. Box 705
110 Lorrie Quinn Drive
Crisfield, MD 21817
410-968-2065

Princess Anne Senior Center
11916 Somerset Avenue
Princess Anne, MD 21853
410-651-3517

Talbot County

Talbot Senior Center
400 Brookletts Avenue
Easton, MD 21601
410-822-2869

SENIOR CENTERS

Washington County

Alexander House Senior Center
9 Public Square
Hagerstown, MD 21740
301-790-0275

Southeastern Senior Center
P. O. Box 116
Keedysville, MD 21756
301-432-5624

Hancock Senior Center
126-128 High Street
Hancock, MD 21750
301-678-7163

Wicomico County

Pine Bluff MAC Multi-Purpose Senior Center
1508 Riverside Drive
Salisbury, MD 21801
410-742-8569

Willards MAC Senior Center
Hearn and Canal Streets
Willards, MD 21874
410-835-3475

Worcester County

Berlin Senior Center
107 Williams Street
Berlin, MD 21811
410-641-0515

Ocean City Senior Center
104 41st Street
P.O. Box 504
Ocean City, MD 21842
410-289-0824

Pocomoke Senior Center
400-B Walnut Street
P. O. Box 434
Pocomoke, MD 21851
410-957-0391

Snow Hill Senior Center
107 East Market Street
P.O. Box 159
Snow Hill, MD 21863
410-632-1277

SENIOR INFORMATION & ASSISTANCE OFFICES

County	Contact Person	Address	Telephone
Allegany County	Robbin Easton	Human Resources Development Commission, Inc. Area Agency on Aging 19 Frederick Street Cumberland, Maryland 21502	301-777-5970 ext.110 FAX: 301-722-0937 reason@allconet.org
Anne Arundel County	Sandy Berkeley	Anne Arundel Co. Dept. of Aging 2666 Riva Road Annapolis, Maryland 21401	410-222-4464 1-800-492-2499 FAX: 410-222-4346 agsabe81@mail.aacounty.org
Baltimore City	Marcy Gouge Thelma Winn	Baltimore City Commission on Aging & Retirement Education 10 North Calvert Street Suite 300 Baltimore, Maryland 21202	410-396-4932 FAX: 410-385-0381 marcy.gouge@baltimorecity.gov thelma.winn@baltimorecity.gov
Baltimore County	Betty Evans	Baltimore County Dept. of Aging 611 Central Avenue Towson, Maryland 21204	410-887-2594 TTY: 410-887-3787 FAX: 410-887-5789 bevans@co.ba.md.us
Calvert County	Carolyn Mohler	Calvert Co. Area Agency on Aging 450 West Dares Beach Road Prince Frederick, Maryland 20678	410-535-4606 301-855-1170 Metro D.C. FAX: 410-535-1903 ooa@co.cal.md.us
Caroline County	Irene Garrettson	Upper Shore Aging, Inc. Caroline Senior Center 403 S. 7 th Street, Suite 127 Denton, Maryland 21629	410-479-2093 410-479-2535 FAX: 410-479-1879 irenegar@intercom.net
Carroll County	Ann Allen	Carroll County Bureau on Aging 125 Stoner Avenue Westminster, Maryland 21157	410-848-4049 410-876-3363 410-875-3342 TTY: 410-848-3555 FAX: 410-840-0436 aallen@ccg.carr.org
Cecil County	Mary Kahoe	Cecil County Department of Aging Buckworth Senior Center 214 North Street Elkton, Maryland 21921	410-996-5295 FAX: 410-620-9483 mkahoe@ccgov.org

SENIOR INFORMATION & ASSISTANCE OFFICES

County	Contact Person	Address	Telephone
Charles County	Theresa Mason	Charles County AAA Department of Community Services 8190 Port Tobacco Road Port Tobacco, Maryland 20677	301-934-0118 or 301-870-3388 x5118 FAX: 301-934-5624 masont@govt.co.charles.md.us
Dorchester County	Saura Lake	Senior Information & Assistance Delmarva Community Services, Inc. P. O. Box 637 Cambridge, Maryland 21613	410-221-1930 FAX: 410-221-1917 dcsi@dmv.com
Frederick County	Melanie Byron	Senior Information & Assistance Frederick Co. Department of Aging 1440 Taney Avenue Frederick, Maryland 21702	301-694-1604 TTY: 301-694-1672 FAX: 301-631-3554 mbyan@fredco-md.net
Garrett County	Lynda Weeks	Senior Information & Assistance Garrett County Area Agency on Aging 104 E. Centre Street Oakland, Maryland 21550	301-334-9431 Ext. 140 FAX: 301-334-8555 lweeks@garrettcac.org
Harford County	Mark Carroll	Senior Information & Assistance Harford Co. Area Agency on Aging 145 N. Hickory Avenue Bel Air, Maryland 21014	410-638-3025 - Harford 410-879-2000 ext: 3331 or 3380 - Baltimore FAX: 410-893-2371 mmcarroll@co.ha.md.us
Howard County	Pam Bilal	Senior Information & Assistance Howard Co. Area Agency on Aging 6751 Columbia Gateway Drive, 2 nd Floor Columbia, Maryland 21046	410-313-7212 FAX: 410-313-7465 pbilal@co.ho.md.us
Kent County	Amy Lynn	Senior Information & Assistance Ferris Adult Activity Center 200 Schaubert Road Chestertown, Maryland 21620	410-778-2564 FAX: 410-758-9994 kporter@intercom.net
Montgomery County	Paula Friedman	Senior Information & Assistance Montgomery County Division Aging and Disability Services 401 Hungerford Drive, 3 rd Floor Rockville, Maryland 20850	240-777-3000 TTY: 240-777-4575 FAX: 240-777-1495 Paula.Friedman@montgomerycounty.gov

SENIOR INFORMATION & ASSISTANCE OFFICES

County	Contact Person	Address	Telephone
Prince George's County	Deborah McBroom	Senior Information & Assistance Prince George's County Area Agency on Aging 5012 Rhode Island Avenue, Rm 228 Hyattsville, Maryland 20781	301-699-2696 TTY: 301-277-0076 FAX: 301-699-2857 dmcbroom@co.pg.md.us
Queen Anne's County	Cathy Willis	Senior Information & Assistance Queen Anne's County Area Agency on Aging 104 Powell Street Centreville, Maryland 21617	410-758-0848 TTY: 410-758-2126 FAX: 410-758-4489 cwillis@qac.org
Somerset County	Jean Harrison	Senior Information & Assistance Commission on Aging-MAC, Inc. 11916 North Somerset Avenue Princess Anne, Maryland 21853	410-651-0020 FAX: 410-651-3350 No Email
St. Mary's County	Debbie Barker	Senior Information & Assistance St. Mary's County Area Agency on Aging Garvey Senior Center P. O. Box 653 Leonardtown, Maryland 20650	301-475-4200 Ext. 1064 FAX: 301-475-4503 debbie.barker@co.saint-marys.md.us
Talbot County	Christina Wingate	Senior Information & Assistance Talbot County Senior Center 400 Brooklets Avenue Easton, Maryland 21601	410-822-2869 FAX: 410-820-9563 tsc2@goeaston.net
Washington County	Margaret Fishack	Senior Information & Assistance Washington County Commission on Aging, Inc./AAA 9 Public Square Hagerstown, Maryland 21740	301-790-0275 FAX: 301-739-4957 jburke@commissiononaging.com
Wicomico County	Teri Davidson	Senior Information & Assistance Pine Bluff – MAC, Inc. 1504 Riverside Drive Salisbury, Maryland 21801	410-543-0388 FAX: 410-742-0525 tld@macinc.org
Worcester County	Artilda Purnell	Senior Information & Assistance Worcester County Commission on Aging MAC, Inc.- Snow Hill Senior Center 107 East Market St., P. O. Box 159 Snow Hill, Maryland 21863	410-632-1289 FAX: 410-632-2613 No Email

STATE COMMISSION ON AGING

History of the Commission on Aging:

The origin of the Commission on Aging dates back to 1959, when the General Assembly created the State Coordinating Commission on the Problems of the Aging in response to the rapidly increasing population of older persons. In 1971 the Coordinating Commission was re-designated the Commission on Aging, becoming an independent agency within the State Department of Employment and Social Services. In May 1973, the Commission was transferred to the Executive Department and charged as the State agency responsible for carrying out planning, coordination, and evaluation activities under the federal Older Americans Act. Legislation in 1975 merged the Commission on Aging into the Office on Aging to serve in both an advisory and policy making role. In 1989, legislation clarified the role of the Commission on Aging as the advisory body to the Office on Aging. Today, the Commission on Aging is the advisory body to the Maryland Department of Aging.

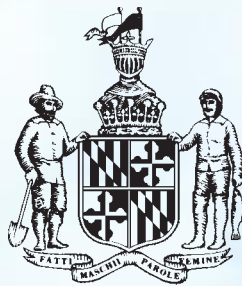
The Role of the Commission:

The Commission is charged with the responsibility to review and make recommendations to the Secretary of the Department with respect to ongoing statewide programs and activities.

Current Membership

The Commission consists of 13 members appointed by the Governor. The mandated membership of the Commission includes: 1 member of the Maryland Senate; 1 member of the Maryland House of Delegates; and 11 members (reflecting geographic representation) who are interested in the problems of older individuals. At least 7 members must be 55 years of age or older.

Membership	Term	County of Residence
Ms. Louise Gulyas- Chair	July 1, 2003-June 30, 2007	Worcester County
Mr. John B. Burcham, Jr.	July 1, 2002-June 30, 2006	Worcester County
Ms. Amy Castleberry	July 1, 2001-June 30, 2004	Anne Arundel County
Mr. Scott Conwell, Esq.	July 1, 2001-June 30, 2005	Anne Arundel County
Mr. W. Lee Hammond	July 1, 2001-June 30, 2004	Wicomico County
Ms. Lynn J. Holt	July 1, 2003-June 30, 2007	Prince George's County
Mr. Stuart P. Rosenthal	July 1, 2003-June 30, 2007	Montgomery County
Ms. Carolyn Shaw	July 1, 2002-June 30, 2006	Washington County
Rev. David W. Simpson	July 1, 2002-June 30, 2006	Montgomery County
Dr. Matthew Tayback	July 1, 2002-June 30, 2006	Baltimore City
Delegate Barbara Frush	July 1, 1995	Prince George's County
Senator Gloria Lawlah	July 1, 1999	Prince George's County



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