

ANNUAL REPORT January - December 2007



BUDGET PRESENTATION Fiscal 2009



Martin O'Malley
Governor

Anthony G. Brown
Lt. Governor

Gloria Lawlah
Secretary

A Message from the Secretary

We are pleased to present this annual report of the Maryland Department of Aging (MDoA), which describes our accomplishments and services during 2007 and our budget presentation for fiscal 2009.

As you know, we face a major demographic challenge in the years ahead. In the year 2000, the number of seniors in Maryland was just over 800,000. Today there are about 900,000 and in five years there will be over one million seniors in Maryland. By 2030, the number is projected to increase to 1.7 million seniors. Just as we plan for schools and roads, we must plan for the impact that retirement of Maryland's baby boomers will bring. Fortunately, not all 1.7 million seniors will be looking to the State for assistance. Many will be healthy, independent and financially secure. However, as the population increases, so will the actual number of persons who will require assistance. That assistance may take the form of subsidies to help pay for community-based long-term care in order to avoid less desirable and more costly nursing home care; protection of people who are wards of the State through public guardianship appointments; assistance to people who reside in nursing homes; and the provision of programs and services that will keep people healthy and engaged in community life.



During my extensive legislative career, and most recently as Secretary, I have been privileged to meet thousands of seniors who have confirmed what I long suspected to be true: most seniors want to remain in their homes and remain active and connected to their communities. This requires continuing efforts to develop and implement long-term planning initiatives and community-based alternatives to institutional care. Not only is this what seniors want and need, it can save Maryland tens of millions of dollars in long-term institutional care. The bottom line is that many of our programs and services that help Maryland's seniors stay healthy and remain in their homes and communities are good for seniors and good for Maryland taxpayers.

These are just some of the challenges ahead. The Maryland Department of Aging and Governor O'Malley look forward to continuing our partnership with the aging network and the people of Maryland to provide solutions that will improve the overall quality of life for our older adults, their families, and for all citizens in Maryland.

Sincerely,

A handwritten signature in black ink, appearing to read 'Gloria Lawlah'.

Gloria Lawlah
Secretary

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Organization

History

- * In 1959, the Department originated as the ***State Coordinating Commission on the Problems of the Aging*** (Chapter 1, Acts of 1959).
- * It was renamed ***Commission on Aging*** in 1971 (Chapter 595, Acts of 1971).
- * The ***Governor's Coordinating Office on Problems of the Aging*** was established by the Governor in 1974.
- * In 1975, the ***Commission on the Aging*** and the ***Governor's Coordinating Office on Problems of the Aging*** merged to form the ***Office on Aging***, a cabinet-level agency (Chapter 261, Acts of 1975).
- * In July 1998, the Office was restructured as the ***Department of Aging***, a principal executive department (Chapter 573, Acts of 1998).

Statutory Base

Two statutes serve as the primary base for the Maryland Department of Aging's (MDOA) operations: Title 10, Human Services Title, Annotated Code of Maryland and the federal Older Americans Act of 1965, as amended. The major duties assigned to MDOA under these statutes are to:

- * Administer programs mandated by the federal government;
- * Establish priorities for meeting the needs of Maryland's senior citizens;
- * Evaluate the service needs of Maryland's senior citizens and determine whether or not programs meet these needs;
- * Serve as an advocate for seniors at all levels of government; and
- * Review and formulate policy recommendations to the Governor for programs that have an impact on senior citizens.

Organization

The Maryland Department of Aging receives State general funds, as approved by the General Assembly, and federal funds through the Older Americans Act and other sources to carry out its mission.

The partnership between the Maryland Department of Aging and the 19 local Area Agencies on Aging (AAAs) provides programs and services for seniors statewide. AAAs are local government or non-profit organizations designated by MDOA, under federal statutory authority, to provide for a range of services to meet the needs of older Marylanders. Each AAA is required to submit a plan for the delivery of services. Approval from MDOA is based on AAAs having met State and federal statutory and regulatory requirements. State and federal funds are allocated to AAAs based on formulas developed by MDOA in cooperation with the AAAs.

Organization (Continued)

AAAs receive additional funds through county and municipal support and public/private contributions. AAAs provide services to seniors either directly or through contracts with other public or private organizations. While programs such as information and assistance and nutrition are available to all seniors, the increase in the numbers of seniors and limited public funds necessitate that services be directed first to those seniors in greatest social and economic need and those who may be at risk of institutionalization.

Vision

The Maryland Department of Aging envisions Maryland as a State where all people are able to age with dignity, opportunity, choice and independence.

Mission

The Maryland Department of Aging, partnering with the Area Agencies on Aging and other organizations, provides leadership, advocacy and access to information and services for Maryland seniors, their families and caregivers.

Key Goals

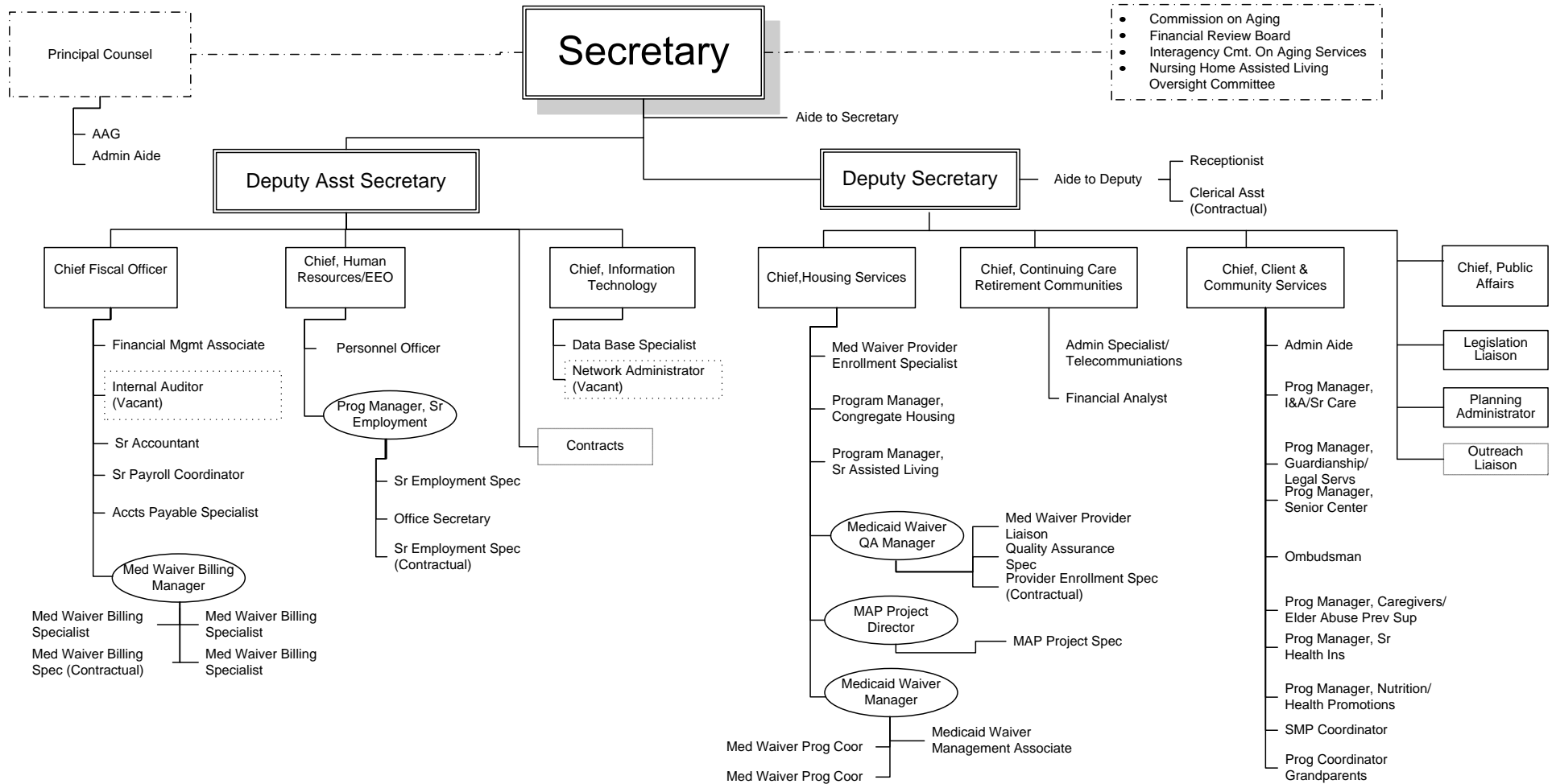
To ensure that older citizens are treated with dignity and respect, the Maryland Department of Aging, through leadership, advocacy and community partnerships, has established eight goals. Programs and services administered by MDOA are the vehicles for achieving the goals, which allow for flexibility and change in the way programs can be structured for future generations of seniors. The goals are:

- Goal #1: To enable seniors to live in the most appropriate residence within the community for as long as possible.
- Goal #2: To ensure that all seniors are treated with dignity; and to the extent possible, that resources are available to protect our most vulnerable seniors against abuse, exploitation and consumer fraud.
- Goal #3: To enhance the quality of nutrition, health education, physical fitness and socialization activities offered to Maryland seniors.
- Goal #4: To provide direct access to information on services for seniors and their caregivers.

Organization (Continued)

- Goal #5: To promote the continuous civic engagement of seniors by providing a broad range of employment training options and opportunities for volunteerism.
- Goal #6: To enhance the quality of programs and services by through data collection, analysis, research, policy development and training.
- Goal #7: To promote integrity and confidence in Maryland's Continuing Care Retirement Communities (CCRCs) and to monitor the viability of existing CCRCs and the feasibility of planned CCRCs.
- Goal #8: To develop innovative programs to meet the needs of baby boomers entering the ranks of seniors.

Maryland Department of Aging



Accomplishments

- ✓ Accessible Homes for Seniors
- ✓ Congregate Housing Services Program (CHSP)
- ✓ Continuing Care Retirement Communities (CCRCs) and Continuing Care at Home (CAAH)
- ✓ Emergency Preparedness
- ✓ Evidence Based Health Initiatives
- ✓ Long Term Care Awareness Campaign
- ✓ Maryland Access Point (MAP)
- ✓ Maryland Senior Mediation Project
- ✓ Medicaid Waiver for Older Adults
- ✓ Medicare Part D Rollout
- ✓ Naturally Occurring Retirement Communities (NORCs)
- ✓ Nursing Home Diversion Grant
- ✓ Senior Assisted Living Group Home Subsidy Program (SALGHS)
- ✓ Senior Care Program
- ✓ Senior Centers
- ✓ Senior Center Plus
- ✓ Senior Information and Assistance Program (I&A)
- ✓ Senior Employment Program
- ✓ Senior Farmers' Market Nutrition Program
- ✓ Senior Nutrition
- ✓ Special Older Americans Month Events

ACCOMPLISHMENTS *for 2007*

Accessible Homes for Seniors

This initiative, funded by the Department of Housing and Community Development and jointly sponsored by the Maryland Department of Aging (MDoA), offers zero-interest loans to income eligible households (maximum income of \$42,504-\$51,240) to be used for home modifications to enable seniors to "age in place." Installation of grab bars, lever handles on doors, wider doorways and first-floor bathrooms are examples of such modifications.

In 2007, 40 persons made accessibility-related improvements to their homes at a cost of \$676,211, an average of \$16,905 per homeowner. For many seniors, these improvements are critical to allowing them to stay in their home and maintain their independence.

Congregate Housing Services Program (CHSP)

In 2007, almost 800 frail, low-income seniors received services through the Congregate Housing Services Program. A combination of participants' co-payments, \$1,604,257 in State funds, \$792,615 in federal funds and \$645,395 in local contributions allowed these seniors to remain in their apartments with in-home services.

Continuing Care Retirement Communities (CCRCs)

In 2007, MDoA issued initial certificates of registration that allowed for expansion of two existing CCRCs, Broadmead in Baltimore County and Brooke Grove Retirement Community in Montgomery County. In addition, the Maryland Department of Aging approved a new CCRC in Montgomery County called Ingleside at King Farm and is evaluating feasibility studies for a new facility in Howard County, an expansion of Asbury Methodist Village in Montgomery County, and a newly registered continuing care facility in Montgomery County.

Emergency Preparedness

As part of the 2006 amendments, the Older Americans Act included an Emergency Preparedness requirement, i.e., Sec. 306(17), which asks local Area Agencies on Aging (AAAs) to describe how they will coordinate activities and develop long-range emergency preparedness plans with local and State emergency response agencies, relief organizations, local and State governments and other institutions that have responsibility for disaster relief service delivery. In response, MDoA worked closely with each AAA by focusing on four key areas, i.e., educating seniors about the value and importance of emergency preparedness; outreach initiatives to identify unknown vulnerable seniors; use of senior centers as "secondary shelter locations;" and personnel training on emergency management procedures.

Evidence Based Health Initiatives

In an effort to reduce rates of disability, improve mental and cognitive function, and lower health care costs, the Maryland Department of Aging is leading an effort to promote healthy behaviors in older adults. Research has shown that older adults, who increase physical activity, adopt healthy eating habits, and take steps to minimize the risk

ACCOMPLISHMENTS *for 2007*

of falling, can live longer and healthier lives. Funded by a three-year, \$750,000 grant from the U.S. Administration on Aging, the Maryland Department of Aging, in partnership with six Area Agencies on Aging (AAAs), service providers, and local health departments are working to implement the Chronic Disease Self Management Program developed at Stanford University. The program, known in Maryland as “Living Well – Take Charge of Your Health,” features a series of six-week classes around the state that is training people to manage chronic diseases. To date, 392 individuals have participated in classes to assist them in managing their chronic conditions.

Maryland Access Point (MAP)

In October 2003, Maryland was one of the first 12 states to be awarded an \$800,000 federal grant to pilot Aging and Disability Resource Centers (ADRC). The program provides states with an opportunity to effectively integrate their long-term support resources for consumers into a single coordinated system. To date, 43 states have been awarded ADRC grants. In Maryland, the ADRC Grant Program is known as Maryland Access Point, or MAP.

The MAP program invited proposals from local governments and non-profit agencies to develop new MAP operational sites. The competitive process resulted in planning grants to two new MAP sites, the Area Agencies on Aging in Washington and Anne Arundel counties. The new sites plan to be operational early in 2008.

Maryland Senior Mediation Project

With a grant from the Maryland Mediation and Conflict Resolution Office, the Maryland Department of Aging is working to enhance the availability of mediation centers to provide senior mediation services. Senior mediation services can assist seniors and their families with making decisions and resolving conflicts without going through the court system. Senior mediation is helpful when families are grappling with issues related to an elder's financial responsibilities, capacity to make important decisions or arrangements regarding daily living and assistance needs.

Medicaid Waiver for Older Adults

The Waiver for Older Adults (WOA) provides services and other long-term supports to low-income individuals aged 50 and older, who would otherwise reside in nursing homes. In 2007, the waiver served over 3,500 individuals. Accomplishments for the year include:

- Implementation of new policy and procedures for Waiver provider billing in response to amended regulations designed to eliminate the duplication of Medicaid payments for participants in assisted living facilities that also attend adult medical day care.
- Established a Quality Assurance Unit that resulted in an improved provider application process and increased the oversight and technical assistance to enrolled Waiver providers.

ACCOMPLISHMENTS *for 2007*

- Improved the Reportable Event (RE) data collection system that enhanced the ability to analyze, track and trend incidents impacting Waiver participants' health, welfare or safety. This resulted in recommendations for systemic changes to the program service delivery.
- Effective November 2007, an electronic plan of care (ePOC) was incorporated into the Waiver Tracking System for the development and storage of the client's most up-to-date Plan of Care information.

Medicare Part D Rollout

The 19 Area Agencies on Aging and the staff of the Maryland Department of Aging played a key role in helping Maryland Medicare beneficiaries to understand and enroll in the Medicare Prescription Drug program. The Centers for Medicare and Medicaid Services (CMS) reported that about 80% of Maryland's Medicare beneficiaries have enrolled in some type of plan with drug coverage, exceeding their target of 70%.

Naturally Occurring Retirement Communities (NORCs)

In 2007, the Maryland Department of Aging provided continuation grants to two NORCs. One community, Senior Friendly Neighborhoods, is in Northwest Baltimore and the other, Community Partners, is in Rockville, Maryland. The NORCs bring together a coalition of community partner agencies to provide services to older adults living in their own homes in a community that has a high concentration of people aging in place. Services include a range of social and health supports including transportation, case management, personal care, social activities, volunteer opportunities, education, preventive health services, building community, and many other activities that are identified by the constituent populations. The goal of the NORC is to deliver a range of services to people 60 years of age and older that enables them to stay in their home while enjoying a safe and secure lifestyle enhanced by wellness, social, recreational, and social work services. Other sources of funding include the federal government, local government, and foundations.

Nursing Home Diversion Grant

In September 2007, Maryland was one of 12 states to receive an 18-month, \$500,000 Nursing Home Diversion Grant Program. The grant is funded by the U.S. Administration on Aging and provides an opportunity for the Maryland Department of Aging, in partnership with five Area Agencies on Aging and other long-term care stakeholders, to help individuals who are not yet eligible for Medicaid to avoid nursing home placement. The project will create a protocol to identify and target older adults who are at risk of long-term nursing home placement and Medicaid spend down and offer those individuals a self-directed spending benefit to purchase services that will assist them to remain in the community.

ACCOMPLISHMENTS *for 2007*

Senior Assisted Living Group Home Subsidy Program (SALGHS)

More than 600 seniors received subsidized assisted living placements through the statewide SALGHS program. A combination of residents' personal income and \$3.4 million in State general funds allowed frail elders no longer able to live on their own to live in a supervised residence where their daily needs are met. Without subsidy assistance, many of these seniors might be placed in nursing homes, which could cost over \$62,000 a year. The State spends an average of \$4,400 annually per participant. In 2007, the maximum program benefit was increased from \$550 to \$650 per month.

Senior Care Program

The Maryland Department of Aging, through the 19 Area Agencies on Aging, was able to serve more than 3,800 seniors with Gapfilling funds. Additional funds of \$750,000 in the FY07 budget allowed AAAs to enhance case management services, cover increased service costs and serve about 200 additional people from the waiting list. The program provides coordinated, in-home services to seniors who need help with daily tasks so that they can remain in the community.

Senior Centers

Through the Senior Citizens Activities Centers Capital Improvement Grants Program, the State has provided in excess of \$29,326,000 in capital improvement grants to local governments for senior center development since the program's inception in 1979. The Maryland Department of Aging awarded \$500,000 in operating funds to twenty-five senior centers in seven jurisdictions for innovative program development during FY07. Many of the new programs are evidence based health promotion projects aimed at helping participants reduce health risks and increase their ability to manage chronic conditions.

Senior Center Plus

Senior Center Plus is a supervised social day care program held in a non-residential setting and is designed to promote socialization, improve mental and physical functioning and address the nutritional needs of frail seniors. Currently, there are 48 sites operating in 19 of the 24 jurisdictions in Maryland. Additional sites are anticipated in 2008.

Senior Information and Assistance (I&A) Program

Annually, the I&A program provides one-on-one assistance to over 45,000 seniors who require aging services, including affordable housing, prescriptions and health care, utility assistance, income management, and more. In 2007, the Senior I&A workers located in the 19 Area Agencies on Aging received state-wide mediation training under the Maryland Senior Mediation Project, a partnership with the AAAs and Community Mediation Maryland. Through this effort, I&A staff were instructed on the mediation process and how to identify and refer seniors who are experiencing issues that are appropriate for mediation.

ACCOMPLISHMENTS *for 2007*

Senior Employment Program

For 2007, the U.S. Department of Labor awarded a \$1,190,913 grant to MDoA to support the Senior Community Service and Employment Program (SCSEP). This program trains 166 participants through community service in government and non-profit agencies.

This year, the Customer Service Surveys sent to participants, host agencies and employers yielded an 87% approval rating on the federal American Customer Satisfaction Index (ACSI).

Senior Farmers' Market Nutrition Program

MDoA, working with the Maryland Department of Agriculture and the AAAs, provided 8,700 vouchers to low-income seniors for the purchase of fresh fruits and vegetables at Maryland farmers' markets. The U.S. Department of Agriculture provided a grant for this program. Seniors received nutrition education materials and information on the importance of consuming at least five servings of fruits and vegetables each day.

Senior Nutrition

The Maryland Department of Aging, through the 19 Area Agencies on Aging, served more than 1.48 million meals at senior centers and other nutrition sites. Senior Centers with large ethnic populations served special ethnic meals to accommodate participants. The socialization that occurs is as important as the nutritional value of the meals for seniors who might otherwise be isolated.

An additional 1,296,000 meals were delivered to the homes of frail seniors. Trends show that persons receiving meals use the meal services for a longer period of time because they are able to stay in their own homes as they age. These Marylanders are "aging-in-place."

Special Older Americans Month Events

The Maryland Department of Aging joined the Maryland Centenarians Committee, Inc. in hosting the 15th Annual Maryland Centenarians Recognition Luncheon on May 10, 2007 at Martin's West in Baltimore County. This Older Americans Month celebration pays tribute to Maryland citizens who have reached or surpassed the landmark age of 100. Fifty-six centenarians, ranging in age from 99 to 109, were guests of honor at the luncheon, attended by over 900 relatives, friends, caregivers, volunteers and exhibitors. The Maryland Department of Aging has co-sponsored this event since 1993. Currently, there are more than 1,000 centenarians in Maryland.

Grants for 2007

The Maryland Department of Aging received grants in 2007 from the following funding sources:

- Administration on Aging, U. S. Department of Health and Human Services
- Centers for Medicare and Medicaid Services (CMS), Administration on Aging
- Maryland Mediation and Conflict Resolution Office (MACRO)
- Office of Refugee Resettlement, U. S. Department of Health and Human Services through the Maryland Office for New Americans, Department of Human Resources
- U. S. Department of Agriculture
- U. S. Department of Labor

GRANTS for 2007

Senior Health Insurance Assistance Program

The Maryland Department of Aging's Senior Health Insurance Assistance Program (SHIP), has been in operation since 1987, and has been designated by the Governor as the agency to receive funds under the Health Insurance Information, Counseling, and Assistance Grants Program (Section 4360 of the Omnibus Reconciliation Act of 1990, P.L.101-508).

The mission of Maryland SHIP is to offer locally-based assistance and counseling with respect to the many problems Medicare beneficiaries encounter regarding health insurance. In fulfilling the mission, SHIP provides services, using trained volunteer counselors, in five general areas: (1) health insurance claims assistance and problem resolution to Medicare beneficiaries and/or their caregivers regarding Medicare, Medicare Part D Prescription Drug Plans, Medicare supplements, Medicaid programs, managed care plans, and long term care insurance; (2) information and assistance to Medicare beneficiaries and/or their caregivers in selecting appropriate health insurance products; (3) public education activities, printed materials, and media coverage on health insurance issues; (4) referrals and assistance to other appropriate community services and to governmental organizations; and (5) assistance with health insurance claims, reconsiderations, grievances and appeals.

SHIP funds are granted to all 19 Area Agencies on Aging (AAAs) to operate the program at the local level. The Maryland SHIP is a volunteer-based program, using approximately 120 trained volunteers as counselors or in support positions.

Funding Source: Centers for Medicare and Medicaid Services (CMS)

Project Period: April 1, 2007-March 31, 2008 - Renewed annually

Amount: \$484,120 (State cost match is \$52,814)

Senior Medicare Patrol (SMP)

In June 1997, the Maryland Department of Aging received a federal grant from the Administration on Aging to develop a project to respond to Medicare and Medicaid fraud, waste, error, and abuse. This grant is part of a nationwide initiative called Senior Medicare Patrol (SMP).

The purpose of the SMP project is to reduce the amount of federal and State funds lost due to health insurance fraud by increasing the public's ability to detect and report possible fraud, waste and abuse. SMP has been successful in recruiting and training retiree volunteers to act as health insurance educators. One hundred and five volunteers have been involved in SMP activities this past year. Activities included public speaking engagements and instructing Medicare beneficiaries in monitoring health care expenditures and identifying potential discrepancies.

GRANTS for 2007

MDoA collaborates with partners at the local Area Agencies on Aging, the Rural Maryland Council, Maryland Insurance Administration, Maryland Attorney General's Office, AARP, and other state and private agencies to identify, recruit and train SMP volunteers who, having a variety of skills, education and experiences, will work together to educate the hard to reach populations of Maryland in fraud prevention, detection and reporting. Currently, there are 13 AAAs selected to operate the SMP projects (Anne Arundel, Baltimore, Carroll, Harford, Howard, Montgomery, Prince George's, Kent, Caroline and Talbot, Frederick, St. Mary's, Dorchester, Somerset, Wicomico, Worcester. Queen Anne's counties, and Baltimore City.

Funding Source: Administration on Aging (AoA)

Project Period: July 1, 2006-June 30, 2007

Amount: \$180,000 Renewed annually

Empowering Older People To Take More Control of their Health Through Evidence-Based Prevention Programs

The Maryland Department of Aging received a three-year Evidence Based Prevention Programs grant from the Administration on Aging. We are implementing the Chronic Disease Self Management Program (CDSMP), which is known in Maryland as Living Well – Take Charge of Your Health. The CDSMP was developed at Stanford University and is an accountability program that empowers people with chronic disease to take control of their own health.

Six AAA/community provider partnerships are participating, covering eight counties. These include Baltimore, Howard, Caroline, Kent, Talbot, Montgomery, Prince George, and Worcester Counties. Montgomery County is providing an additional evidence based program called Active for Life, which focuses on helping people age 55 and over to stay active.

Each local partnership includes a community service provider (including two community colleges, a hospital, a commission on aging, and two in-home service providers), the area agency on aging, local health department, and a variety of additional partners including churches, insurance companies, low-income housing providers, and health care providers.

Two local participants (MAC and Howard County) have implemented the CDSMP in previous years, and are using their expertise to continue and expand the project. Howard County staff provides mentoring to all participants. Towson University Center for Progressive Aging is the evaluator for the grant. The National Council on Aging provides additional technical assistance. Maryland is developing a capacity to expand the program beyond the current participants and the three years of the grant.

Funding Source: Administration on Aging

Project Period:

Year 1-September 30, 2006-July 31, 2007

GRANTS for 2007

Year 2-August 1, 2007-July 31, 2008

Year 3-August 1, 2008-July 31, 2009

Amount: \$250,000 each year

Legal Services Grant

The Maryland Department of Aging is partnering with the Legal Aid Bureau, Inc. to implement a grant whose overarching goal is to strengthen the coordination among various aging programs, Area Agencies on Aging and legal services providers to increase their knowledge of each other's services and substantive expertise, and support and expand the innovative Senior Legal Helpline operated by the Legal Aid Bureau. This collaboration will result in a better-coordinated legal services system targeting underserved seniors in two critical legal areas – advance directives and assisted living. The specific objectives are: 1) to improve information and services to elders concerning advance directives for English, non-English speaking and limited English proficiency seniors by partnering with Asian American and Spanish advocacy groups, healthcare, and faith-based entities; 2) provide elder residents with legal advice and brief services, as well as placement of their cases with appropriate IIIB providers; 3) create an Online Resource Center on Assisted Living targeted to operators of small residences (1-4 beds) and families of residents; and 4) provide callers at all intake/access points with accurate, legal information and guidance on assisted living and advance directives; and 5) to conduct a legal services needs assessment.

Funding Source: Administration on Aging

Project Period: September 30, 2006-May 31, 2009

Amount: \$100,000

Alzheimer's Demonstration Grant

Maryland was awarded a three-year grant for the ROSE (Respite, Outreach, Support, and Education) Project. The ROSE Project works within the National Family Caregiver Support Program (NFCSP) to identify and provide services to caregivers and families that are affected by dementia. The goal of the project is to improve the ability of rural and Latino/Hispanic family caregivers to be better prepared to care for individuals with Alzheimer's disease by improving access and availability of supportive services, including caregiver training, and to empower caregivers to develop natural support networks for themselves using public and private resources through a coordinated effort of partnering agencies. Volunteers from faith-based organizations are being trained to provide in-home respite care.

Three AAAs are the grantees: USA, Inc., Washington County, and Baltimore City. Baltimore City recently expanded its outreach to minority populations other than Latino/Hispanic, (African American and Russian) because federal immigration raids have lowered the numbers of Latinos willing to ask for assistance from government

Funding Source: Administration on Aging

GRANTS for 2007

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| Project Period: July 1, 2005-June 30, 2008 |
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|-----------------------------|
| Amount: \$290,000 each year |
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The Maryland Senior Mediation Project

The Maryland Senior Mediation Project is a program of the Maryland Department of Aging, in collaboration with Community Mediation Maryland, Maryland Association of Area Agencies on Aging, and The Center for Social Gerontology, and in cooperation with private and court-based mediators, the elder law bar, Legal Aid Bureau, the judiciary, AARP, and other organizations. The Project was initiated in February 2005 with funding from the Maryland Mediation and Conflict Resolution Office (MACRO), an office of the Maryland Judiciary that helps fund and coordinate the development of mediation in courts, communities, schools, business, and government in Maryland. The Project has received two MACRO grants to date, as well as training support from AARP Foundation, and intends to apply for a third MACRO grant in June 2007.

The purpose of the project is to determine the status of mediation and related ADR services that were being directed to seniors or in issues particularly affecting seniors in Maryland and around the country; increase stakeholder and public understanding of the possible role of senior mediation; increase the availability of senior mediation in Maryland. Topics for the grant include decision-making and conflict resolution approaches by older persons and their families in caregiver, housing, estate planning, health care, employment, community, and other issues

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| Funding Source: Maryland Mediation and Conflict Resolution Office (MACRO) |
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| Project Period: |
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| Year 1 – February 2005-September 2006 |
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| Year 2 – August 2006-October 2007 |
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| Amount: |
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| Year 1 - \$49,000 |
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| Year 2 - \$40,000 |
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Farmers Market Nutrition Program

The Senior Farmers' Market Nutrition Program (SFMNP) is a program established by Congress and operated by the United States Department of Agriculture, Food and Nutrition Service. The purposes of the SFMNP are to:

- 1) Provide resources in the form of fresh, nutritious, unprepared, locally grown fruits, vegetables and herbs from farmers' markets, roadside stands, and community supported agriculture (CSA) programs to low-income seniors. Increase the domestic consumption of agricultural communities by expanding or aiding in the expansion of domestic farmers' markets, roadside stands, and CSAs; and
- 2) Develop or aid in the development of new and additional farmers' markets, roadside stands, and CSAs.

GRANTS for 2007

Maryland has participated in the program since its inception in 2001. The SFMNP is administered by the Maryland Department of Agriculture (MDA). The Maryland Department of Agriculture applies for the grant, and handles financial management, market management and the printing of checks, market maps and instructional pamphlets for participants. The Maryland Department of Aging (MDoA) recommends check allotment amounts per jurisdiction, provides technical support such as updates, progress, timelines, and other needed information for each AAA Farmers Market contact, and conducts reviews for compliance with program regulations. Area agencies on aging educate and authorize qualified seniors, issue checks and ancillary materials, and provide nutritional education.

To participate in the SFMNP, applicants must provide proof of age (60 or above), Maryland residency, and valid documentation of participation in a means-tested qualifying program. Eligible seniors receive a book of 5-\$3 SFMNP checks (total benefit level is \$15) to purchase locally grown produce from authorized farmers at authorized farmers markets.

Funding Source: USDA

Project Period: Annually, June 1 - October 31

Amount: 2007 - \$104,276

Aging and Disability Resource Center Grant

In October 2003, Maryland was one of the first 12 states to be awarded a federal grant to pilot Aging and Disability Resource Centers in two counties (Howard and Worcester). Recently ADRC grants have been awarded to Anne Arundel and Washington counties.

ADRC programs are intended to provide individualized “one-stop shop” information and referral services as well as entry into long term care systems, programs and related benefits. ADRCs will provide support to individuals of advanced age and persons with disabilities, their family caregivers, and those planning for health and long term support needs. ADRCs are a resource for both public and private-pay individuals by helping families plan for future LTC needs, coordinate private LTC insurance with other benefits, access publicly funded LTC services, and link to important related programs. They also serve as a resource for health and long term support professionals and others who provide services to the elderly and to people with disabilities.

The ADRC in Maryland is known as the Maryland Access Point Program (MAP). The Maryland Department of Aging, in collaboration with its partners, the Department of Disabilities, the Department of Human Resources and the Department of Health and Mental Hygiene, works to:

- a) Address relevant systems change information and strategies
- b) Share relevant information about programs and plans to accelerate consumer access

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| |
|---|
| to eligibility determination and services |
| c) Identify and support the financial resources for statewide implementation. |
| Funding Source: Administration on Aging/CMS |
| Project Period: |
| Period 1 - October 2003-June 2006 |
| Period 2 - September 2006-June 2008 |
| Amount: |
| Period 1 - \$800, 000 |
| Period 2 - \$400,000 |

Senior Community Service Employment Program (SCSEP)

SCSEP provides training and employment assistance to eligible older workers through participating 501(c)(3) non-profit agencies or government entities (Host Agencies) that provide a community service to the general or senior populations. While in the Program, qualified older workers update and enhance their skills through opportunities for training provided by their Host Agencies. A federal grant from the U.S. Department of Labor (DOL) and authorized under Title V of the Older Americans Act pays for participants to work 20 hours per week in positions that will provide workers with the experience and skills to find unsubsidized employment. The goal of the program is to enhance employment opportunities for older workers and to promote older workers as a solution for businesses seeking a trained, qualified, and reliable workforce.

Funding Source: U.S. Department of Labor (DOL), as authorized under Title V of the Older Americans Act

Project Period: Annually

Amount: \$1,190,913

Targeted Outreach and Linkage to Older Refugees

The purpose of the three year grant to MDoA was to improve access of refugees age 60 and over to financial, health-related, and other social services and benefits. The project was implemented in Montgomery County. The primary sub-grantee was Catholic Charities-Montgomery County Center. The Montgomery County Area Agency on Aging also received funding.

Vietnamese- and Amharic-speaking outreach specialists, hired by Catholic Charities, identified refugees from Vietnam and 11 other countries by visiting ethnic places of worship, grocery stores, and mutual aid organizations, as well as low-income senior apartment buildings, health clinics, senior centers and other places older refugees congregate. At those venues, the outreach specialists met with staff, interacted with individual refugee seniors, and gave presentations to groups of seniors. Once refugees with service needs were identified, Catholic Charities assisted in linking those persons with the AAA and other service providers. Since U.S. citizenship is a prerequisite to receiving or maintaining certain vital public services and benefits, Catholic Charities presentations to

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refugee seniors raised consciousness about the need to learn English and to apply for citizenship.

In Year 2 of the project, with input from MDoA, MD Office for New Americans, and Catholic Charities, the Montgomery County AAA produced a brochure entitled "Citizenship for Older and Disabled Immigrants," containing information on the benefits of citizenship and how to find classes for learning English and citizenship preparation in Montgomery County. In Year 3, the brochure was translated and printed in 6 refugee languages (Amharic, Farsi, French, Russian, Spanish, and Vietnamese) and circulated widely to refugees and service providers by both grantees.

Funding Source: Office of Refugee Resettlement, U.S. DHHS through MD Office for New Americans, DHR

Project Period: October 1, 2004 - September 30, 2007

Amount: \$65,000

Nursing Home Diversion Grant

In September 2007, Maryland was one of 12 states to receive an 18-month, \$500,000 Nursing Home Diversion Grant Program. The grant is funded by the Administration on Aging and provides an opportunity for the Maryland Department of Aging, in partnership with five Area Agencies on Aging (AAA) and other long-term care stakeholders, to help individuals who are not yet eligible for Medicaid to avoid nursing home placement while using a consumer directed model of service delivery. This opportunity is designed specifically to help the Aging Services Network to transform the way it uses existing State and Federal funds to reflect the latest research and best practices in the field.

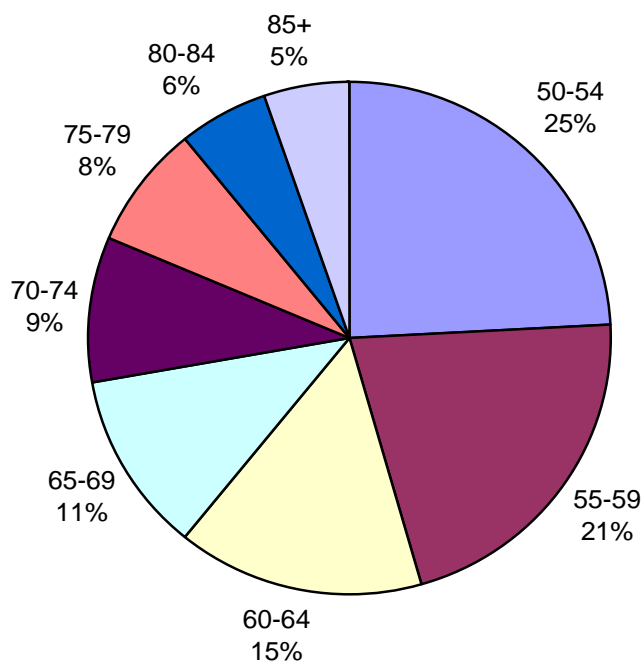
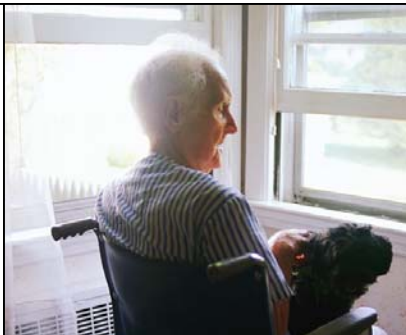
The Project will create a protocol to identify and target older adults who are at risk of long-term nursing home placement and Medicaid spend down and offer those individuals a self-directed spending benefit to purchase services that will assist them to remain in the community.

Funding Source: Administration on Aging

Project Period: September 30 2007 – March 31, 2008

Amount: \$500,000

Demographics



Age Distribution in Maryland
50+ Population, 2006



DEMOGRAPHICS

Facts and Figures

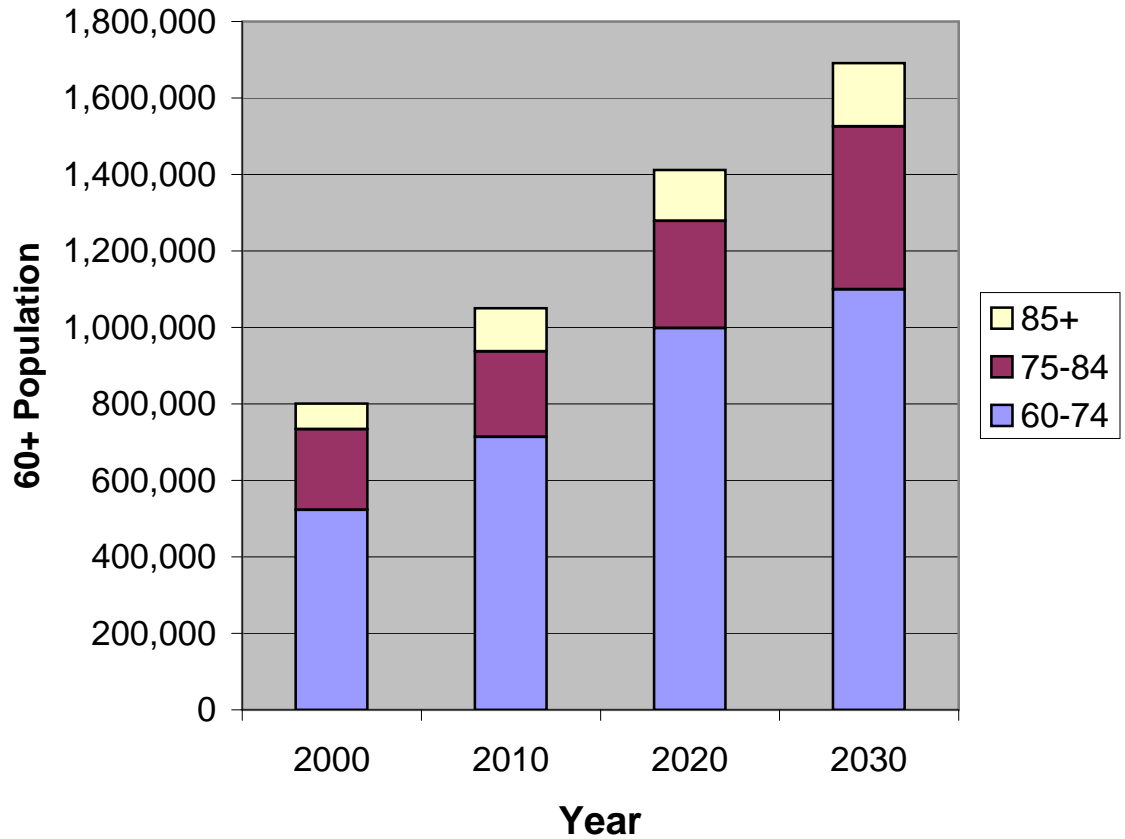
In the State of Maryland, several demographic trends shape the Maryland Department of Aging's goals and priorities for service to seniors.

- **Individuals over the age of 85 are the fastest growing segment of the population.** This cohort will grow in number, statewide, from 66,902 in 2000 to 165,293 by the year 2030. A graphic representation of this increase is provided on page 18.
- **The number of older Marylanders is increasing.** Of the nearly 5.3 million people in Maryland in 2000, 15% (801,036) were over the age of 60. The percentage is expected to increase to 25.1% of Maryland's projected population of 6.7 million by the year 2030. The tables on pages 19 and 21 provide further information on the growth of the 60+ population.
- **The geographic distribution of Maryland's senior population will change as the overall population distribution changes over the next 30 years.** In 2000, 67.4% of Maryland's seniors resided in Baltimore City and Anne Arundel, Baltimore, Montgomery and Prince George's counties. In 2030, these remain the top jurisdictions for individuals over 60, however, Calvert, Charles and St. Mary's counties are each projected to increase their 60+ populations by over 230%. In addition, Howard, Frederick, Carroll, Cecil and Queen Anne's counties over 60 populations are projected to increase by more than 150%. The graph on page 20 illustrates the projected increases by jurisdiction.
- **The greatest number of the State's minority seniors live in Baltimore City.** In 2000, 32.3% of 60+ minority individuals lived in Baltimore City. The two counties with the next highest percentage of minorities are Prince George's County with 24.4% and Montgomery County with 15.7%. Of the population of older minority Marylanders who were 85+, 35% lived in Baltimore City, 19% in Prince George's County and 14% in Montgomery County in 2000. See table on page 23.
- **Low-income older individuals are concentrated in the Baltimore Metropolitan area.** A smaller number of poorer individuals aged 60 and over reside in Western Maryland and on the Eastern Shore. In 2000, 63,978 older Marylanders lived in poverty as defined by the federal poverty guidelines. See table on page 24.

Sources: U. S. Census, 2000; MD Department of Planning Population Projections, Revised August, 2007.

DEMOGRAPHICS

**Elderly Population in Maryland by Age Group, Age 60+,
Years 2000-2030**



| | 2000 | 2010 | 2020 | 2030 |
|--------------|----------------|------------------|------------------|------------------|
| 60-74 | 523,014 | 713,873 | 998,658 | 1,099,935 |
| 75-84 | 211,120 | 223,743 | 279,967 | 425,993 |
| 85+ | 66,902 | 112,392 | 133,180 | 165,293 |
| Total | 801,036 | 1,050,008 | 1,411,805 | 1,691,221 |

Source: U.S. Census 2000; Maryland Department of Planning Projections, August 2007

DEMOGRAPHICS

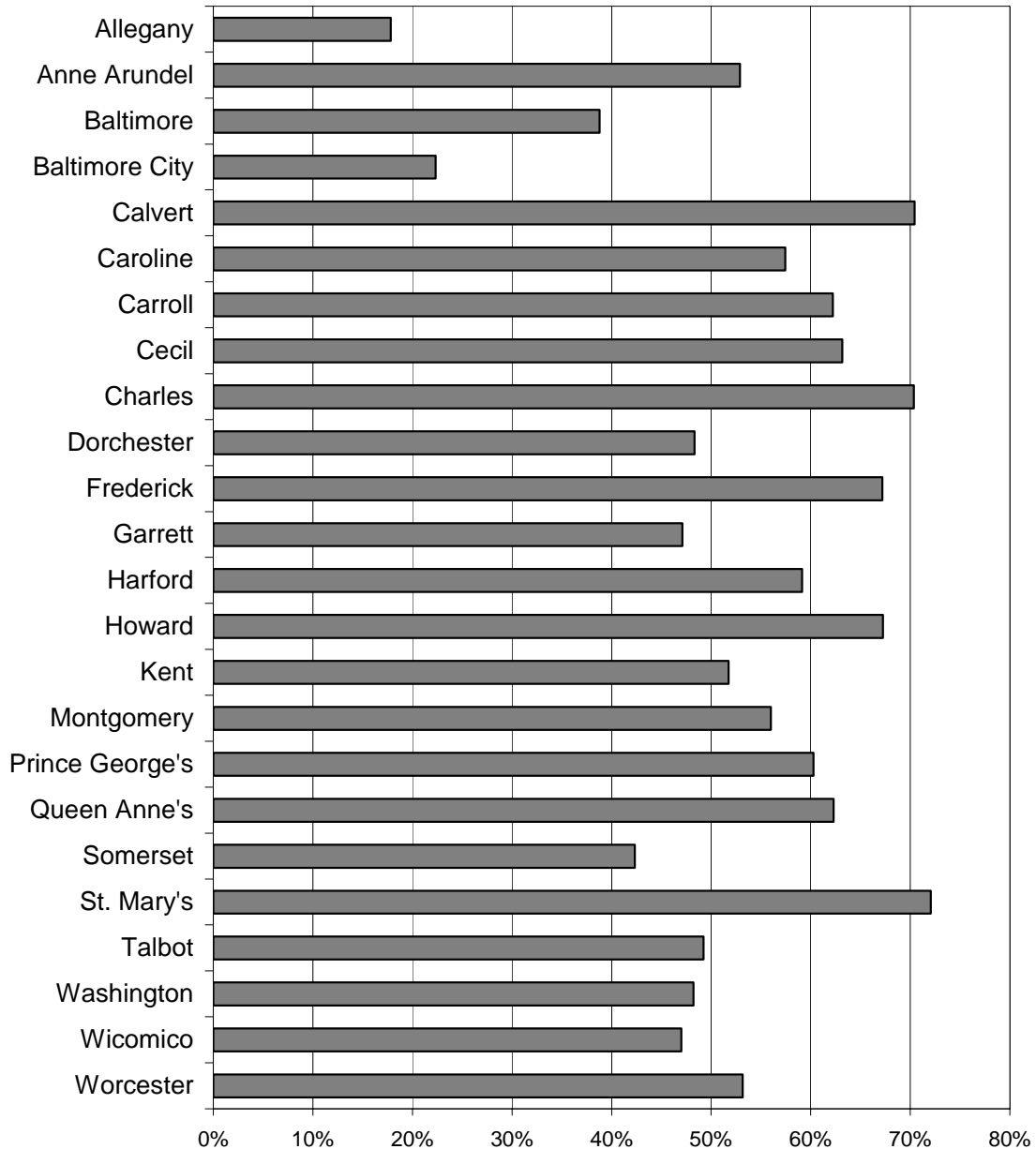
Maryland's 60+ Population Projections by Jurisdiction, 2000 - 2030

| Jurisdiction | 2000 | 2005 | 2010 | 2020 | 2030 | % Change 2000-2030 |
|---------------------|---------|---------|-----------|-----------|-----------|-----------------------|
| Allegany Co. | 17,105 | 17,065 | 17,689 | 19,861 | 20,817 | 21.7% |
| Anne Arundel Co. | 67,510 | 77,881 | 92,578 | 119,419 | 143,339 | 112.3% |
| Baltimore City | 110,961 | 108,493 | 114,955 | 135,601 | 142,867 | 28.8% |
| Baltimore Co. | 140,313 | 145,833 | 164,126 | 205,629 | 229,227 | 63.4% |
| Calvert Co. | 9,149 | 11,701 | 14,755 | 22,850 | 30,935 | 238.1% |
| Caroline Co. | 5,264 | 5,775 | 6,740 | 9,649 | 12,373 | 135.0% |
| Carroll Co. | 21,770 | 25,953 | 31,860 | 44,758 | 57,630 | 164.7% |
| Cecil Co. | 12,254 | 14,445 | 17,643 | 25,610 | 33,273 | 171.5% |
| Charles Co. | 13,547 | 16,943 | 20,953 | 31,929 | 45,710 | 237.4% |
| Dorchester Co. | 7,008 | 7,553 | 8,631 | 11,672 | 13,564 | 93.6% |
| Frederick Co. | 25,355 | 30,118 | 37,815 | 57,051 | 77,284 | 204.8% |
| Garrett Co. | 5,962 | 6,586 | 7,419 | 9,756 | 11,271 | 89.0% |
| Harford Co. | 30,352 | 36,213 | 44,460 | 61,319 | 74,294 | 144.8% |
| Howard Co. | 26,606 | 33,991 | 44,371 | 65,183 | 81,251 | 205.4% |
| Kent Co. | 4,677 | 5,293 | 6,145 | 8,142 | 9,696 | 107.3% |
| Montgomery Co. | 130,647 | 149,686 | 179,062 | 247,729 | 296,889 | 127.2% |
| Prince George's Co. | 90,558 | 107,884 | 132,595 | 186,304 | 228,001 | 151.8% |
| Queen Anne's Co. | 7,105 | 8,603 | 10,356 | 14,836 | 18,850 | 165.3% |
| St. Mary's Co. | 10,876 | 13,746 | 17,420 | 28,126 | 38,952 | 258.1% |
| Somerset Co. | 4,563 | 4,897 | 5,519 | 7,244 | 7,915 | 73.5% |
| Talbot Co. | 8,832 | 9,914 | 11,414 | 14,913 | 17,397 | 97.0% |
| Washington Co. | 24,225 | 26,099 | 29,514 | 38,987 | 46,797 | 93.2% |
| Wicomico Co. | 14,018 | 15,377 | 17,530 | 23,053 | 26,452 | 88.7% |
| Worcester Co. | 12,379 | 14,046 | 16,458 | 22,184 | 26,437 | 113.6% |
| State of Maryland | 801,036 | 894,095 | 1,050,008 | 1,411,805 | 1,691,221 | 111.1% |

Source: U.S. Census, Maryland Department of Planning, August 2007

DEMOGRAPHICS

**Projected Growth of 60+ Population by
Jurisdiction, 2000-2030**



Source: U. S. Census 2000; Maryland Department of Planning, August 2007

DEMOGRAPHICS

Maryland Population Projections by Age and Gender 2000-2030

| | Age | Male | Female | Total | % of Total State Population |
|------|--------------|---------|---------|-----------|--------------------------------|
| 2000 | 60-64 | 96,399 | 105,330 | 201,729 | 3.8% |
| | 65-69 | 77,449 | 90,793 | 168,242 | 3.2% |
| | 70-74 | 66,542 | 86,501 | 153,043 | 2.9% |
| | 75-79 | 51,439 | 77,052 | 128,491 | 2.4% |
| | 80-84 | 30,253 | 52,376 | 82,629 | 1.6% |
| | 85+ | 18,710 | 48,192 | 66,902 | 1.3% |
| | Total | 340,792 | 460,244 | 801,036 | 15.1% |
| 2005 | 60-64 | 118,335 | 132,030 | 250,365 | 4.5% |
| | 65-69 | 84,583 | 98,080 | 182,663 | 3.3% |
| | 70-74 | 65,092 | 81,901 | 146,993 | 2.6% |
| | 75-79 | 52,891 | 75,763 | 128,654 | 2.3% |
| | 80-84 | 36,221 | 61,186 | 97,407 | 1.7% |
| | 85+ | 26,920 | 61,093 | 88,013 | 1.6% |
| | Total | 384,042 | 510,053 | 894,095 | 16.0% |
| 2010 | 60-64 | 149,857 | 172,173 | 322,030 | 5.5% |
| | 65-69 | 105,660 | 123,996 | 229,656 | 3.9% |
| | 70-74 | 72,542 | 89,645 | 162,187 | 2.8% |
| | 75-79 | 52,420 | 72,113 | 124,533 | 2.1% |
| | 80-84 | 37,969 | 61,241 | 99,210 | 1.7% |
| | 85+ | 36,158 | 76,234 | 112,392 | 1.9% |
| | Total | 454,606 | 595,402 | 1,050,008 | 17.8% |
| 2020 | 60-64 | 188,300 | 215,888 | 404,188 | 6.3% |
| | 65-69 | 149,442 | 181,579 | 331,021 | 5.2% |
| | 70-74 | 116,080 | 147,369 | 263,449 | 4.1% |
| | 75-79 | 74,431 | 99,421 | 173,852 | 2.7% |
| | 80-84 | 42,850 | 63,265 | 106,115 | 1.7% |
| | 85+ | 44,647 | 88,533 | 133,180 | 2.1% |
| | Total | 615,750 | 796,055 | 1,411,805 | 22.1% |
| 2030 | 60-64 | 175,078 | 203,749 | 378,827 | 5.6% |
| | 65-69 | 177,834 | 211,296 | 389,130 | 5.8% |
| | 70-74 | 147,408 | 184,570 | 331,978 | 4.9% |
| | 75-79 | 106,613 | 145,660 | 252,273 | 3.7% |
| | 80-84 | 69,629 | 104,091 | 173,720 | 2.6% |
| | 85+ | 57,883 | 107,410 | 165,293 | 2.5% |
| | Total | 734,445 | 956,776 | 1,691,221 | 25.1% |

Source: Maryland Department of Planning, August 2007

DEMOGRAPHICS

Maryland's 2000 Population by Jurisdiction and Age

| | % of Total | | | | |
|---------------------|----------------|----------------|----------------|----------------|---------------|
| | 60+ | 60+ | 65+ | 75+ | 85+ |
| Allegany Co. | 2.14% | 17,105 | 13,429 | 6,669 | 1,667 |
| Anne Arundel Co. | 8.43% | 67,510 | 48,820 | 20,985 | 4,440 |
| Baltimore City | 13.85% | 110,961 | 85,921 | 41,205 | 9,956 |
| Baltimore Co. | 17.52% | 140,313 | 110,335 | 54,762 | 12,757 |
| Calvert Co. | 1.14% | 9,149 | 6,627 | 2,948 | 664 |
| Caroline Co. | 0.66% | 5,264 | 4,031 | 1,915 | 492 |
| Carroll Co. | 2.72% | 21,770 | 16,267 | 7,728 | 2,011 |
| Cecil Co. | 1.53% | 12,254 | 8,995 | 3,859 | 807 |
| Charles Co. | 1.69% | 13,547 | 9,402 | 3,974 | 902 |
| Dorchester Co. | 0.87% | 7,008 | 5,423 | 2,551 | 629 |
| Frederick Co. | 3.17% | 25,355 | 18,836 | 8,752 | 2,088 |
| Garrett Co. | 0.74% | 5,962 | 4,461 | 2,072 | 558 |
| Harford Co. | 3.79% | 30,352 | 22,160 | 9,254 | 1,888 |
| Howard Co. | 3.32% | 26,606 | 18,468 | 8,098 | 2,143 |
| Kent Co. | 0.58% | 4,677 | 3,708 | 1,804 | 466 |
| Montgomery Co. | 16.31% | 130,647 | 98,157 | 48,054 | 12,983 |
| Prince George's Co. | 11.31% | 90,558 | 61,951 | 25,138 | 5,686 |
| Queen Anne's Co. | 0.89% | 7,105 | 5,227 | 2,232 | 517 |
| St. Mary's Co. | 1.36% | 10,876 | 7,825 | 3,489 | 775 |
| Somerset Co. | 0.57% | 4,563 | 3,503 | 1,571 | 388 |
| Talbot Co. | 1.10% | 8,832 | 6,897 | 3,347 | 821 |
| Washington Co. | 3.02% | 24,225 | 18,690 | 8,887 | 2,246 |
| Wicomico Co. | 1.75% | 14,018 | 10,823 | 4,931 | 1,189 |
| Worcester Co. | 1.55% | 12,379 | 9,351 | 3,797 | 829 |
| Total | 100.00% | 801,036 | 599,307 | 278,022 | 66,902 |

Source: U.S. Census 2000; MD Department of Planning. Rounding may affect totals

DEMOGRAPHICS

Estimates of Maryland's 2000 Minority Population 60+ By Jurisdiction and Age

| | % of Total Minority 60+ | 60+ | 65+ | 75+ | 85+ |
|-----------------|----------------------------|----------------|----------------|---------------|---------------|
| Allegany | 0.19% | 366 | 260 | 125 | 87 |
| Anne Arundel | 4.35% | 8,613 | 5,894 | 2,280 | 526 |
| Baltimore | 8.51% | 16,836 | 11,315 | 4,378 | 1,109 |
| Calvert | 0.73% | 1,454 | 1,037 | 447 | 112 |
| Caroline | 0.42% | 835 | 639 | 306 | 72 |
| Carroll | 0.38% | 761 | 510 | 215 | 46 |
| Cecil | 0.33% | 648 | 457 | 167 | 33 |
| Charles | 1.54% | 3,037 | 2,044 | 776 | 165 |
| Dorchester | 0.77% | 1,522 | 1,173 | 540 | 128 |
| Frederick | 0.87% | 1,728 | 1,175 | 487 | 123 |
| Garrett | 0.03% | 61 | 46 | 14 | 5 |
| Harford | 1.33% | 2,625 | 1,837 | 651 | 160 |
| Howard | 2.68% | 5,292 | 3,432 | 1,245 | 301 |
| Kent | 0.38% | 750 | 553 | 243 | 70 |
| Montgomery | 15.67% | 31,005 | 20,685 | 7,802 | 1,860 |
| Prince George's | 24.37% | 48,218 | 30,045 | 10,360 | 2,404 |
| Queen Anne's | 0.45% | 893 | 688 | 318 | 94 |
| St. Mary's | 0.91% | 1,809 | 1,328 | 568 | 134 |
| Somerset | 0.58% | 1,143 | 858 | 384 | 102 |
| Talbot | 0.56% | 1,111 | 850 | 400 | 127 |
| Washington | 0.38% | 744 | 527 | 217 | 56 |
| Wicomico | 1.44% | 2,851 | 2,122 | 927 | 232 |
| Worcester | 0.81% | 1,603 | 1,193 | 544 | 153 |
| Baltimore City | 32.31% | 63,922 | 47,560 | 20,049 | 4,465 |
| Total | 100.00% | 197,827 | 136,228 | 53,443 | 12,504 |

Source: U.S. Census 2000, Summary File #1, prepared by the MD Department of Planning 11/03. Note: Minority status is determined to be all persons who are Hispanic or some race other than white alone. Rounding may affect totals.

DEMOGRAPHICS

Maryland's Population in Poverty By Jurisdiction, Total Poor and Minority Poor 2000

| County | Total Poor 60+ | % Total Poor | Minority Poor 60+ | % Minority Poor |
|---------------------|-------------------|-----------------|----------------------|--------------------|
| Allegany | 1,593 | 2.49% | 69 | 0.24% |
| Anne Arundel | 3,550 | 5.55% | 1,109 | 3.93% |
| Baltimore County | 8,535 | 13.34% | 1,572 | 5.57% |
| Calvert County | 480 | 0.75% | 182 | 0.65% |
| Caroline County | 634 | 0.99% | 221 | 0.78% |
| Carroll County | 1,011 | 1.58% | 94 | 0.33% |
| Cecil County | 838 | 1.31% | 51 | 0.18% |
| Charles County | 964 | 1.51% | 494 | 1.75% |
| Dorchester County | 920 | 1.44% | 351 | 1.24% |
| Frederick County | 1,331 | 2.08% | 134 | 0.48% |
| Garrett County | 777 | 1.21% | 7 | 0.02% |
| Harford County | 1,729 | 2.70% | 327 | 1.16% |
| Howard County | 1,470 | 2.30% | 491 | 1.74% |
| Kent County | 381 | 0.60% | 139 | 0.49% |
| Montgomery County | 6,746 | 10.54% | 3,188 | 11.30% |
| Prince George's Co. | 5,897 | 9.22% | 4,019 | 14.25% |
| Queen Anne's County | 539 | 0.84% | 175 | 0.62% |
| St. Mary's County | 794 | 1.24% | 272 | 0.96% |
| Somerset County | 768 | 1.20% | 397 | 1.54% |
| Talbot County | 868 | 1.32% | 234 | 0.83% |
| Washington County | 2,247 | 3.51% | 111 | 0.39% |
| Wicomico County | 1,192 | 1.86% | 443 | 1.57% |
| Worcester County | 767 | 1.20% | 273 | 0.97% |
| Baltimore City | 20,182 | 31.55% | 13,990 | 49.60% |
| Totals | 63,978 | 100.00% | 28,203 | 100.00% |

Source: U. S. Census 2000 Sample Data. Minority Poor 60+ Estimates Prepared by
Maryland Department of Planning, Planning Data Services 8/2000

DEMOGRAPHICS

Maryland Total Population – Rural Status – 60+ (2000)

| County | Total Rural | % Rural | 60+ Rural | % 60+ & Rural |
|------------------------|----------------|--------------|----------------|---------------|
| Allegany | 19,390 | 25.9% | 4,301 | 25.1% |
| Anne Arundel | 27,564 | 5.6% | 4,638 | 6.9% |
| Baltimore County | 46,978 | 6.2% | 8,437 | 6.0% |
| Calvert County | 34,134 | 45.8% | 4,509 | 49.3% |
| Caroline County | 23,325 | 78.3% | 3,811 | 72.4% |
| Carroll County | 64,842 | 43.0% | 9,764 | 44.9% |
| Cecil County | 45,045 | 52.4% | 6,750 | 55.1% |
| Charles County | 40,672 | 33.7% | 6,200 | 45.8% |
| Dorchester County | 18,124 | 59.1% | 4,023 | 57.4% |
| Frederick County | 55,815 | 28.6% | 8,329 | 32.8% |
| Garrett County | 24,798 | 83.1% | 4,692 | 78.7% |
| Harford County | 48,726 | 22.3% | 8,183 | 27.0% |
| Howard County | 31,291 | 12.6% | 4,336 | 16.3% |
| Kent County | 14,195 | 73.9% | 3,269 | 69.9% |
| Montgomery County | 24,589 | 2.8% | 3,931 | 3.0% |
| Prince George's County | 20,652 | 2.6% | 3,421 | 3.8% |
| Queen Anne's County | 24,428 | 60.2% | 4,689 | 66.0% |
| St. Mary's County | 53,614 | 62.2% | 7,887 | 72.5% |
| Somerset County | 12,778 | 51.6% | 2,995 | 65.6% |
| Talbot County | 21,308 | 63.0% | 5,959 | 67.5% |
| Washington County | 41,879 | 31.7% | 6,989 | 28.9% |
| Wicomico County | 26,658 | 41.5% | 4,420 | 31.5% |
| Worcester County | 17,012 | 36.6% | 3,633 | 29.3% |
| Baltimore City | 0 | 0.0% | 0 | 0.0% |
| Maryland | 737,818 | 13.9% | 125,166 | 15.6% |

Source: U.S. Census 2000, Prepared by Maryland Department of Planning, Planning Data Services
11/20/03.

Client & Community Services



Promoting overall health, physical fitness and mental acuity for seniors is the goal of the Client and Community Services Health Promotion and Disease Prevention Program.

The Home-Delivered Meals Program depends on more than 3,000 volunteers who provide daily meals to homebound seniors. In 2007, 5,279 persons received meals through the Program.



Senior Centers serve as focal points for education, recreation, socialization, nutrition and health screening to improve the quality of life for Maryland's senior population, and points of contact for seniors and their families to obtain information.



The Senior Information and Assistance Program (I&A), operated by the Maryland Department of Aging, provides "one-stop" centers at the local level where older adults and their caregivers can access information about programs, services, and benefits.



CLIENT AND COMMUNITY SERVICES

Health Promotion and Disease Prevention

Program Description: Health Promotion and Disease Prevention programs are aimed at increasing independence for seniors by providing education and essential services to promote overall health, physical fitness and mental acuity. The Area Agencies on Aging (AAAs) provide educational sessions on current health topics as well as fitness activities that include dance, exercise and fitness centers. Medication management programs target the needs of homebound seniors who would otherwise not have access to nurses or pharmacists. This program helps to ensure that medications are being taken and stored properly and safely.

Ms. D, a woman in her early 60s, had been attending a seated exercise class at a local senior center where participants have the option of sitting or standing for many of the exercises. Ms. D dropped out of class for five weeks because she was packing and moving to a larger apartment. When she returned, she reported that "all the exercise I got from packing and moving didn't make me feel as good as this class does, but I would never have been able to do anything myself if it weren't for this class."

Program Eligibility Criteria: Eligible individuals are those who are age 60 and over. In accordance with the Older Americans Act, there are no income or asset restrictions but preference is given to serving older individuals with the greatest social and economic need.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: There are many types of classes for people of all abilities, including those with arthritis and other physical and medical problems. |
|----------------------|---------------------|-------------------|---|
| Individual Couple | None | None | |

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|--|------------------|------------------|------------------|
| Health Screening Sessions | 47,281 | 48,227 | 49,191 |
| Health Education Sessions | 26,357 | 26,884 | 27,422 |
| Physical Fitness and Exercise Sessions | 127,372 | 129,919 | 132,518 |
| Number of Participants | 59,196 | 60,380 | 61,588 |
| Program Funding: | | | |
| Federal | \$366,268 | \$366,898 | \$366,310 |
| State | 0 | 0 | 0 |
| Local Contributions/Program Income | 134,170 | 134,170 | 134,170 |
| Total | \$500,438 | \$501,068 | \$500,480 |

CONTACT PERSON: Joseph Gennusa, Program Manager, 410-767-1090,
jvg@oa.state.md.us

CLIENT AND COMMUNITY SERVICES

Long-Term Care Ombudsman Program

Program Description: Long-term care ombudsmen are advocates for residents of long-term care facilities (nursing homes and assisted living facilities). Paid and volunteer ombudsmen work in every jurisdiction to advocate on behalf of individuals and groups of residents, and provide information to residents and their families about the long-term care system. They provide an on-going presence in long-term care facilities, monitoring care and conditions and providing a voice for those who are unable to speak for themselves.

Ms. C., in her 70s, has resided in a nursing home for more than ten years. Because of health issues, she spends most of her time in bed. She loves to read. Ms. C. began to have problems with her vision and was told by the facility's physician that she probably had cataracts and would need surgery. Ms. C. refused to accept this diagnosis without a thorough examination by a specialist. The Ombudsman was contacted and worked with Ms. C. to find a specialist, secure transportation, and arrange for a special wheelchair to facilitate the exam. She had the surgery and enjoys reading once again.

Program Eligibility Criteria: Eligible individuals are residents of any age who reside in long-term care facilities.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: |
|----------------------|---------------------|-------------------|--------|
| Individual Couple | None | None | |

| Program Data: | FFY06 (Actual) | FFY07 (Estimate)* | FFY08 (Estimate) | FFY09 (Estimate) |
|-----------------------|--------------------|----------------------|---------------------|---------------------|
| Number of Complaints | 4,492 | 4,017 | 3,615 | 3,977 |
| Number of Abuse Cases | 637 | 637 | 637 | 669 |
| Number of Volunteers | 108 | 108 | 108 | 127 |
| | | | | |
| Program Funding: | | (Actual)** | | |
| Federal | \$784,602 | \$596,243 | \$436,544 | \$436,544 |
| State | 1,850,018 | 1,782,511 | 1,785,365 | 1,785,365 |
| Local Contributions | 346,145 | 277,988 | 277,988 | 277,988 |
| Total | \$2,980,765 | \$2,656,742 | \$2,500,008 | \$2,500,008 |

*Federal Fiscal Year 2007 final data is not available until January.

**As of September 30, 2007

CONTACT PERSON: Patricia Bayliss, State Ombudsman, 410-767-1091, plb@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

National Family Caregiver Support Program

Program Description: The National Family Caregiver Support Program (NFCSP) provides services to family and other non-paid caregivers in recognition of the tremendous work that they do in caring for their loved ones. The NFCSP provides five categories of services: Information about available services; assistance to access these services, including case management; education, training and support services including individualized counseling; respite care to enable temporary relief from caregiving responsibilities; and supplemental services that include other services not identified above.

Mr. and Mrs. E signed up for NFCSP services with the local area agency on aging. Mr. E. had dementia and Mrs. E, his caregiver, had cancer. Education was a priority for the family. Mr. and Mrs. E. were enrolled in the Safe Return program managed by the Alzheimer's Association. Although their children live out of state, they met with a legal representative to complete advanced directives and other legal documents. With the guidance of NFCSP staff, the family asked their pastor for help. The church now provides supports in the form of rides, friendly visitation, and respite care, with 12 church members participating in "Sharing the Caring". The NFCSP and family shared the cost of adapting the home to suit their new needs, and Mrs. E attended support groups recommended by the NFCSP staff.

Program Eligibility Criteria: There are two categories of caregivers who benefit from these services: Caregivers caring for someone 60 years of age or older, including persons not related by blood or marriage; and grandparents and other relative caregivers over the age of 60 as the primary caregiver for a child or children age 18 or younger. In accordance with the Older Americans Act, there are no income or asset restrictions but preference is given to serve older individuals with the greatest social and economic need.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: Respite and supplemental services may be provided to caregivers who are caring for someone with physical and mental disabilities that restrict their ability to perform normal daily tasks. | | | | |
|--|---------------------|-------------------|--|-------------|---------|-------------|---------|
| Individual Couple | None | None | | | | | |
| Program Data: | | FY07 (Actual) | | FY08 (Est.) | | FY09 (Est.) | |
| Number of Caregivers Served/Units of Service | | People | Units | People | Units | People | Units |
| Education, Training or Support | | 3,977 | 4,681 | 4,375 | 5,149 | 4,812 | 5,664 |
| Respite | | 1,861 | 93,250 | 2,047 | 102,575 | 2,252 | 112,833 |
| Supplemental Services | | 1,227 | 67,554 | 1,350 | 74,309 | 1,485 | 81,740 |
| Access Assistance | | 19,675 | 30,993 | 21,643 | 34,092 | 23,807 | 37,502 |
| Information | | 55,801 | 53,659 | 61,381 | 59,025 | 67,519 | 64,927 |

The data collection method for Access Assistance and Information services changed in 2007, resulting in fewer reported people served.

Waiting List: There were 71 caregivers awaiting respite services, and 188 who were waiting for supplemental services on September 30, 2007.

Program Funding:

| | | | |
|---------------------|--------------------|--------------------|--------------------|
| Federal | \$2,448,996 | \$2,445,998 | \$2,445,998 |
| State | 12,50 | 12,650 | 12,650 |
| Local Contributions | 411,083 | 411,083 | 411,083 |
| Total | \$2,872,729 | \$2,869,731 | \$2,869,731 |

CONTACT PERSON: Felicia French, Program Manager, 410-767-0705, fvf@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

Public Guardianship

Program Description: The Public Guardianship program serves adults 65 years and older who have been deemed by a court of law to lack the capacity to make or communicate responsible decisions concerning their daily living needs. The law requires that the Secretary of the State Department of Aging or a director of a local Area Agency on Aging (AAA) be appointed by the court as a "guardian of person" when there is no other person or organization willing and appropriate to be named. When the local director of the AAA is named as guardian of person, the local guardianship coordinators manage the guardianship responsibilities and duties. The goal of the program is to provide protection and advocacy on behalf of the disabled older adult.

Ms. A was a hospital patient who was mentally ill and homeless. The hospital petitioned for public guardianship so she could be placed in a nursing home. A local AAA was appointed guardian, and insisted on medical testing to determine why Ms. A had suddenly become unable to walk. The attending physician commented that she was happy and there was no need to pursue the matter further. Testing revealed that Ms. A required immediate surgery in order to avoid permanent paralysis. The public guardian obtained court approval for the procedure and Ms. A is doing very well. Without the intervention of a medically savvy guardianship case manager and patient advocate, Ms. A would no doubt be paralyzed and confined to a nursing home for the rest of her life. Once the guardian is able to place her in an appropriate community setting, guardianship may be terminated

Program Eligibility Criteria: The program serves seniors who are 65 years and older who have been deemed by a court of law to lack the capacity to make or communicate responsible decisions concerning their daily living needs.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: |
|------------------|---------------------|-------------------|--------|
| Age 65 and older | None | None | |

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|--|---------------|-------------|-------------|
| Total Number of Guardianship Wards | 749 | 764 | 774 |
| Number of New Cases | 187 | 187 | 187 |
| Group Education Sessions Provided | 76 | 76 | 76 |
| Individual Consultations (post-guardianship) | 14,344 | 14,344 | 14,344 |
| Number of Public Guardianships Avoided | 350 | 362 | 375 |
| Program Funding: | | | |
| Federal | 0 | 0 | 0 |
| State | \$693,823 | \$642,692 | \$642,692 |
| Local Contributions | 0 | 0 | 0 |
| Total | \$693,823 | \$642,692 | \$642,692 |

CONTACT PERSON: Sue Vaeth, 410-767-1108, sjv@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

Senior Care

Program Description: The Senior Care Program provides coordinated, community-based, in-home services to seniors with disabilities. Senior Care provides “Gapfilling” funds for services for seniors who may be at risk of nursing home placement. Senior Care clients are provided with case managed access to existing publicly and privately financed services. When needed services are not available through other means, Senior Care will provide Gapfilling services that may include personal care, chore service, adult day care, financial assistance for medications, medical supplies, respite care, home delivered meals, emergency response systems, medical transportation and other services.

Ms. W is an 80-year-old woman who has mental retardation, Glaucoma and cerebral palsy. She requires continuous care, which her niece provides. The record notes that Ms. W's niece is devoted to her care. Ms. W receives SSI, and is eligible for Medical Assistance. She receives Medical Assistance Personal Care each weekday morning, and Senior Care provides a personal care aide for an additional 6 hours per week. She is on the waiting list for In-Home Aide Service. Ms. W's niece receives 14 hours per month of respite from the Maryland Respite Program. In addition, she receives assistance from the MD Energy Assistance Program and home delivered meals.

Program Eligibility Criteria: Eligible individuals are Maryland residents who: are age 65 or older; need assistance with bathing, dressing, chores, etc.; have a medical condition or disability that places him or her at risk of having to enter a nursing home; and have an income not greater than 60% of the State median income.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: Functional/Medical eligibility is determined as having a moderate or severe rating on the State assessment tool. |
|-------------|---------------------|-------------------|---|
| Individual | \$2,287 | \$11,000 | |
| Couple | \$2,991 | \$14,000 | |

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|--|---------------|-------------|-------------|
| Number of Clients Served with Gapfilling Services | 3,868 | 3,805 | 3,743 |
| Number of Clients Waiting for Services at end of Fiscal Year | 2,259 | 2,229 | 2,229 |
| Number of Waiting List Clients who Enter Nursing Facilities | 234 | 257 | 283 |

Waiting List: The Senior Care waiting list decreased this year partially due to additional funding. In FY07, 10% of people on the waiting list were placed in nursing homes.

Program Funding:

| | | | |
|---------------------|--------------------|--------------------|--------------------|
| Federal | \$1,283,500 | \$1,283,599 | \$1,283,500 |
| State | 7,268,130 | 7,266,384 | 7,169,770 |
| Local Contributions | 449,184 | 449,184 | 449,184 |
| Total | \$9,005,814 | \$8,999,068 | \$8,902,454 |

CONTACT PERSON: Dakota Burgess, Program Manager, 410-767-1101, drb@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

Senior Centers

Program Description: Senior Centers serve as focal points for education, recreation, socialization, nutrition and health screening to improve the quality of life for Maryland's senior population. They also are points of contact for seniors and their families to obtain information. Capital improvement funds are available to local governments to supplement the costs of new construction, conversions, renovations, acquisitions, and capital equipment needed to develop senior centers. Limited operating funds are also available to senior centers on a competitive basis to encourage innovative programming.

The Harford County Government received \$600,000 in Senior Citizens Activities Centers Capital Improvement Grant Funds in FY 2005 for the construction of the Havre de Grace Activity Center. The new facility opened in 2007 and is designated as a Senior/Youth Center. It serves as a focal point for senior services in the third highest concentration of elderly persons in Harford County. The facility is adjacent to shopping and medical services, and is located on a public transportation route.

Program Eligibility Criteria

Senior Center Capital Improvement

Funds: Title 10, Subtitle 5 of the MD Human Services Article limits each grant to a maximum of \$600,000. State funds must be matched by non-State funds on a dollar-for-dollar basis (in-kind matches are not permitted).

Senior Center Operating Funds:

State grants must be matched 100% by the grant recipient. In-kind matches are permitted. Operating fund grants are provided for innovative programming, and are given for a period not to exceed three years. The senior center grantees must identify alternate funding sources to maintain programming.

Program Data:

| | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|---|--------------------|--------------------|---------------------|
| <i>Capital Improvement Program</i> | | | |
| Total Senior Centers | 117 | 118 | 119 |
| New Construction | 2 | 2 | 2 |
| Renovation | 1 | 1 | 1 |
| <i>Operating Fund Program</i> | | | |
| Seniors Benefiting from Operating Funds | 1846 | 2050 | 2050 |
| Capital Funds | | | |
| State | \$1,393,000 | \$1,320,000 | \$1,500,000 |
| Local | 7,167,970 | 7,519,473 | 9,750,000 |
| Total | \$8,560,970 | \$8,839,473 | \$11,250,000 |
| Operating Funds | | | |
| State | \$500,000 | \$500,000 | \$500,000 |
| Local | 760,739 | 760,739 | 760,739 |
| Total | \$910,739 | \$910,739 | \$910,739 |

CONTACT PERSON: Wiley G. Finch, Jr., Program Manager, 410-767-1115,
wgf@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

Senior Center Plus

Program Description: Senior Center Plus is a supervised social day care program held in a non-residential setting that meets Department of Aging requirements. The program is designed to promote socialization, improve mental and physical functioning and address the nutritional needs of frail seniors.

Senior Center Plus attempts to address some of the needs of seniors too frail to participate in regular senior center activities, yet not frail enough to need adult day care services. Senior Center Plus provides at least four hours of organized activities, crafts, music and movement, reality orientation and at least one meal containing one-third of the recommended dietary allowances. An important component of Senior Center Plus is to provide respite for family caregivers.

The Maryland Department of Aging certified two new Senior Center Plus Sites, the Golden Doves Adult Day Health Center in Baltimore City and the Glenwood Senior Center Plus in Howard County. The Golden Doves Adult Day Health Center is a new adult day care facility partially supported with a State grant from the Maryland Department of Health and Mental Hygiene. The Glenwood Senior Center Plus Program is located in the new Glenwood Senior Center, and was partially supported with capital improvement funds from the Maryland Department of Aging.

Program Eligibility Criteria: Eligible individuals are those individuals age 50 and older who are unable to perform two or more instrumental activities of daily living without substantial assistance or supervision

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: N/A |
|----------------------|----------------------------|--------------------------|-------------------|
| Individual Couple | None None | None None | |

Program Data:

| | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|---------------------|----------------------|--------------------|--------------------|
| Persons Enrolled | 372 | 401 | 433 |
| Number of Sites | 48 | 49 | 49 |
| | | | |
| Federal | N/A | N/A | N/A |
| State | N/A | N/A | N/A |
| Local Contributions | N/A | N/A | N/A |

CONTACT PERSON: Wiley G. Finch, Jr., Program Manager, 410-767-1115,
wgf@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

Senior Health Insurance Assistance Program (SHIP)

Program Description: The Senior Health Insurance Assistance Program provides seniors and adults of any age who have disabilities with information and assistance on health insurance issues, including Medicare and Medigap, Medicare Part D Prescription Drug plans, preparing and filing health insurance claims, Medicare Advantage Plans, programs for low-income beneficiaries and long-term care insurance policies. State and local SHIP staff and volunteers provide one-to-one assistance, and conduct educational sessions throughout the State on a variety of health insurance related topics, most notably, the new Medicare prescription plans.

Special attention in the last year has been focused on outreach to Medicare beneficiaries who are limited-English proficient. As a result of these efforts and partnering with several ethnic organizations, SHIP staff and volunteers assisted at least fifty Korean-American seniors who had signed up for Medicare Advantage managed care plans without understanding how the plans worked. With the help of community volunteers as translators, SHIP was able to explain and counsel the Korean-American seniors, and helped many of them disenroll from the plans and select Medicare Part D prescription drug plans that better suited their needs.

Program Eligibility Criteria: Eligible individuals are those who reside in Maryland and have Medicare Part A and/ or Part B.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: There are no age requirements to receive assistance from SHIP. |
|----------------------|---------------------|-------------------|---|
| Individual Couple | None | None | |

| Program Data: | FY07 (Actual) April 06-Mar 07 | FY08 (Est.) | FY09 (Est.) |
|---|----------------------------------|------------------|------------------|
| Number of Contacts for Medicare | 3,323 | 3,489 | 3,665 |
| Medicaid | 5,794 | 6,084 | 6,388 |
| Prescription Assistance | 31,631 | 33,213 | 34,873 |
| Long Term Care | 805 | 845 | 888 |
| Number of Clients Served | 23,560 | 24,738 | 25,975 |
| Number Attending Events | 13,767 | 10,000 | 12,000 |
| Number of Volunteers | 125 | 130 | 135 |
| Number of Volunteer Hours | 14,570 | 15,153 | 15,736 |
| Waiting List: There are 150 staff and volunteers available to counsel 623,000 Medicare beneficiaries. The main challenge for the SHIPs is keeping up with training requests, scheduled presentations and enrollment events while still providing health insurance information and assistance to Medicare beneficiaries, and outreach to homebound seniors and persons with disabilities. | | | |
| Program Funding: | | | |
| Federal | \$379,177 | \$399,730 | \$399,730 |
| State | 1,595,364 | 52,814 | 52,814 |
| Local Contributions | 95,440 | 95,440 | 95,440 |
| Total | \$2,069,981 | \$547,984 | \$547,984 |

CONTACT PERSON: Michelle Holzer, Program Manager, 410-767-1109,
mph@oa.state.md.us

CLIENT AND COMMUNITY SERVICES

Senior Information and Assistance Program (I&A)

Program Description: The Senior Information and Assistance Program provides a single point of entry into the aging network system to obtain information concerning benefits and programs for older Marylanders, their families and caregivers. Through the program, seniors receive information to make informed choices about services, referrals to appropriate agencies, assistance in obtaining services and benefits, and follow-up. The program promotes awareness of services for the elderly through outreach and public education, and provides information about health care, Medicare/health insurance, in-home services, transportation, housing, legal services, senior centers, retirement communities, prescriptions drugs and more. There are approximately 120 Senior I&A sites located across the State.

Mr. and Mrs. B are a couple in their 80s living on a fixed income and residing in their own home. Mr. B is a WWII veteran. They are trying to pay off a second mortgage, but due to illness and hospitalizations, they are experiencing physical and financial hardships. The I&A worker contacted the Veterans Administration, the Health Department and the Aging Department and found several services to help the couple. Obtaining these services has freed up funds, enabling them to pay their mortgage. Additionally, they are now on the waiting list for Senior Care-In home services, and have been screened for several federal and state programs.

Program Eligibility Criteria: Eligible clients must be 60 years and older. Persons can access the program through telephone and walk-in service, appointments, written correspondence and home visits.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: Persons needing more in depth assistance will be assessed to determine his/her specific need for services, programs and benefits. |
|----------------------|----------------------------|--------------------------|---|
| Individual Couple | None | None | |

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|------------------------------|----------------------|--------------------|--------------------|
| Information Units of Service | 567,734 | 567,734 | 567,734 |
| Number of Referrals | 103,636 | 103,636 | 103,636 |
| Follow-up Units of Service | 50,339 | 50,339 | 50,339 |
| Assistance Units of Service | 102,056 | 102,056 | 102,056 |
| Number of Assistance Clients | 47,887 | 47,887 | 47,887 |
| Program Funding: | | | |
| Federal | \$1,266,106 | \$1,266,106 | \$1,266,106 |
| State | 810,071 | 810,072 | 810,072 |
| Local Contributions | 551,676 | 551,676 | 551,676 |
| Total | \$2,627,853 | \$2,627,854 | \$2,627,854 |

CONTACT PERSON: Dakota Burgess, Program Manager, 410-767-1101, drb@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

Senior Legal Assistance Program

Program Description: The Senior Legal Assistance Program provides access to legal advice, counseling and representation to older Marylanders as well as legal support to local Ombudsmen, Health Insurance Counselors and Public Guardianship managers. Area Agencies on Aging contract with local attorneys and law centers to provide services. Priority is given to issues involving income maintenance, disability benefits, health care, protective services, abuse, institutionalization, guardianship and housing. In FY06, the Maryland Department of Aging received a three-year grant from the Administration on Aging to provide additional services for people seeking information on advanced directives and for assisted living residents.

A Southern Maryland office staff attorney helped a Mr. V, a frail, elderly man living in an assisted living facility, obtain access to his retirement benefits. His sister, who had been serving as his representative payee, had a stroke and was no longer able to handle his affairs. Mr. V's retirement checks continued to be deposited into her account and he was unable to access them to pay for medications and his assisted living bills. Mr. V's nieces did not have access to his account and petitioned for guardianship in order to handle their mother's affairs. The Legal Aid attorney persuaded all of the interested parties in the guardianship case, including the bank, to release the client's funds so that the court could approve the release of over \$10,000 to a new representative payee. The new payee was then able to pay Mr. V's delinquent bills, which allowed him to remain in the assisted living facility.

Program Eligibility Criteria: Eligible residents are those who are 60 years of age or a caregiver of such person. There is no cost for legal assistance with priority issues as related to income, health-care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect and age discrimination. Preference is given to older persons with the greatest economic or social need.

| Eligibility | Annual Income Test | Annual Asset Test | Notes: |
|--------------------|---------------------------|--------------------------|--|
| Individual | \$19,000 | \$20,000 | Personal property is not counted as assets |
| Couple | \$25,000 | \$40,000 | |

| Program Data: | FY2007(Actual) | FY2008 (Est.) | FY2009 (Est.) |
|---------------------------|-----------------------|----------------------|----------------------|
| Hours of Service Provided | 12,670 | 13,304 | 13,969 |
| Number of Persons Served | 3,635 | 3,817 | 4,008 |
| Program Funding: | | | |
| Federal | \$370,971 | \$370,971 | \$370,971 |
| State | 0 | 0 | 0 |
| Local Contributions | 283,694 | 283,694 | 283,694 |
| Total | \$654,665 | \$654,665 | \$654,665 |

CONTACT PERSON: Susan London Russell, Legal Services Developer, 410-767-6032, slr@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

Senior Nutrition – Congregate Meals

Program Description: The Congregate Meals Program works to improve the quality of life for older persons by providing wholesome meals, nutrition education and counseling and increased social interaction. Meals are served in a variety of congregate settings, including senior centers and senior housing sites. There are 259 meal sites, 183 in low-income areas. Types of meals include traditional and non-traditional meals such as box lunches, salad bars, soup and sandwiches and culturally diverse meals. A very important benefit of congregate meals is the socialization that it encourages, particularly for seniors who do not have much interaction with family or their communities. There are 2,129 volunteers who assist with this program.

Ms. J has been attending the Senior School of the Korean-American Senior Citizen's Association of Maryland for four years. At 80 years old she has been enjoying the conversation, as she continuously strives to improve her English speaking capability. She practices and hones her skills over the heart-healthy meal that is served at her local senior center. She enjoys the meals and the good fellowship with old and new friends. "I wish the Nutrition Program would be known to more people in our community so that they might also have a better life rather than having tedious lives at home in their old age. I have become happier and healthier because of this program!"

Program Eligibility Criteria: Eligible individuals are those who are age 60 or older. In accordance with the Older Americans Act, there are no income or asset restrictions, but preference is given to serving older individuals with the greatest social and economic need.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: Spouses and disabled dependents of any age are able to have meals when they accompany an eligible individual. |
|----------------------|---------------------|-------------------|--|
| Individual Couple | None | None | |

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|--|---------------------|---------------------|---------------------|
| Number of Meals | 1,475,246 | 1,445,741 | 1,416,826 |
| Number of People Receiving Meals | 29,597 | 29,005 | 28,425 |
| Number Attending Nutrition Education | 15,695 | 15,381 | 15,074 |
| Waiting List: There are 512 current participants who would benefit from an additional meal. | | | |
| Program Funding: | | | |
| Federal | \$5,806,723 | \$5,771,275 | \$5,771,275 |
| State | 1,251,267 | 1,251,267 | 1,251,267 |
| Local Contributions | 3,147,799 | 3,147,799 | 3,147,799 |
| Total | \$10,205,789 | \$10,170,341 | \$10,170,341 |

CONTACT PERSON: Joseph Gennusa, Program Manager, 410-767-1090, jvg@ooa.state.md.us

CLIENT AND COMMUNITY SERVICES

Senior Nutrition – Home-Delivered Meals

Program Description: The mission of the Home-Delivered Meals Program is to provide meals, nutrition assessments, and coordination of nutrition services and referrals for additional services when needed, to homebound elderly with the intent of maintaining them in their communities. The program depends on more than 3,000 volunteers who provide vital services by delivering the meals, and who are responsible for saving lives as they can identify and report on isolated seniors facing potentially dangerous situations. The program could not exist without the services of the volunteers.

Mr. S. has been receiving home delivered meals for almost a year. He lives alone in a small house with his dog to keep him company. Although Mr. S. has family in the area, he prefers to live alone and remain independent. On October 24th, Mr. S. celebrated his 100th birthday! Cecil County's meal caterer (Union Hospital) prepared his favorite meal for him; prime rib, red potatoes and green beans, and delivered it via his regular volunteer driver. Cecil County's director, volunteer coordinator, community services supervisor, the Food Services manager from Union Hospital, a family member and reporters were on hand to sing happy birthday to Mr. S. and share his special day. Mr. S. was surprised and overwhelmed by the attention, but reaffirmed that without his home delivered meals, he would be unable to live on his own.

Program Eligibility Criteria: Eligible individuals are homebound seniors who are age 60 or older. In accordance with the Older Americans Act, there are no income or asset restrictions but preference is given to serve older individuals with the greatest social and economic need.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: Spouses and disabled dependents of any age are able to have meals if they reside with an eligible individual. |
|----------------------|---------------------|-------------------|--|
| Individual Couple | None | None | |

Program Data:

| | FY2007 (Actual) | FY2008 (Est.) | FY2009 (Est.) |
|----------------------------------|-----------------|---------------|---------------|
| Number of Meals | 1,296,126 | 1,283,165 | 1,270,333 |
| Number of People Receiving Meals | 5,279 | 5,227 | 5,175 |
| Number of Volunteers | 3,082 | 3,021 | 2,960 |

Waiting List: There are an estimated 684 homebound elderly who are on a waiting list to receive meals.

Program Funding:

| | | | |
|---------------------|--------------------|--------------------|--------------------|
| Federal | \$3,016,879 | \$3,091,319 | \$3,091,319 |
| State | 601,521 | 601,521 | 601,521 |
| Local Contributions | 1,473,992 | 1,473,992 | 1,473,992 |
| Total | \$5,092,392 | \$5,166,832 | \$5,166,832 |

CONTACT PERSON: Joseph Gennusa, Program Manager, 410-767-1090,
jvg@ooa.state.md.us

Housing Services

Housing Services for Maryland's senior population include:

- Aging and Disability Resource Center/ Maryland Access Point (MAP)
- Continuing Care Retirement Communities (CCRCs)
- Congregate Housing Services Programs
- Medicaid Home and Community Based Waiver for Older Adults
- Senior Assisted Living Group Home Subsidy Program



HOUSING SERVICES

Aging and Disability Resource Centers/Maryland Access Point (MAP)

Program Description:

In October 2003, Maryland was one of the first 12 states to be awarded an \$800,000 federal grant to pilot Aging and Disability Resource Centers. The program provides states with an opportunity to effectively integrate their long-term support resources for consumers into a single coordinated system. To date, 43 states have been awarded ADRC grants.

In Maryland, the ADRC Grant Program is known as Maryland Access Point, or MAP. It is a partnership between the Maryland Department of Aging, and the Departments of Health and Mental Hygiene, Human Resources, and Disabilities, as well as advocates for senior consumers and persons with disabilities. A goal of the program is to provide the public with more efficient access to information and quicker access to services for seniors, persons with disabilities, their caregivers, and the professionals who manage their care. Pilot sites are now operating in Howard and Worcester Counties and new sites will open in Anne Arundel and Washington counties in 2008.

Mr. S was in immediate need of housing services, so a friend of his called the MAP office for assistance. The Intake Coordinator spoke to the client's friend about shelters, but Mr. S had cancer and was going to start chemotherapy, which made a referral to a shelter inappropriate. After calling some resources on the housing list, the coordinator found an opening at a local subsidized apartment complex. The coordinator also secured approval from the Department of Social Services for rent assistance for the 1st month in addition to his disability income.

Program Eligibility Criteria: Older adults and persons over the age of eighteen with disabilities are eligible for the program.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: |
|--------------------|----------------------------|--------------------------|---------------|
| N/A | N/A | N/A | N/A |

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|----------------------|----------------------|--------------------|--------------------|
| Number of contacts | | | |
| Howard County | 18,329 | 18,603 | 18,882 |
| Worcester | 1,142 | 1,256 | 1,381 |

| Program Funding: | | | |
|-------------------------|--------------------|--------------------|--------------------|
| Federal | \$200,000 | \$200,000 | 0 |
| State | 250,000 | 250,000 | 250,000 |
| Local Contributions | 755,327 | 755,327 | 755,327 |
| Total | \$1,205,327 | \$1,205,327 | \$1,005,327 |

CONTACT PERSON: Donna Smith, Director, 410-767-1271, dms@ooa.state.md.us

HOUSING SERVICES

Continuing Care Retirement Communities (CCRCs)

Program Description: The Continuing Care Contract Act authorizes the Maryland Department of Aging to regulate Continuing Care Retirement Communities (CCRCs) and Continuing Care at Home (CCAH). MDoA also issues certificates of registration based on a review of organizational, financial and contractual documents and provides information to the public.

CCRCs are specific types of retirement housing which offer a combination of housing and services. The services include access to medical and nursing services or other health related benefits to individuals who have paid entrance fees and signed contracts for more than one year and usually for life. Health-related benefits may include full coverage of nursing care in an on-site nursing center at no additional fee, or may be limited to priority admission to a nursing home, with additional fee-for-service charges. The scope of services varies among CCRCs. Fees and service packages are specified in continuing care agreements.

CCAH offers a variety of services to individuals who remain in their own homes. Services include care coordination, home inspections by an occupational therapist, assistance with activities of daily living, skilled nursing services, routine assisted living services, routine comprehensive care services and assistance with home maintenance. These services are offered under a written agreement that requires payment of an entrance fee and monthly fees.

Mrs. W. is an 82 year old woman with some physical and mobility problems but no cognitive issues whose husband (her primary caregiver) passed away suddenly. She was unable to manage the family home on her own, and because she needed assistance with housekeeping, meals and transportation, chose to move to an independent living apartment in a CCRC in Baltimore County. After about a year in her apartment, she and her doctor felt she needed to be closer to the dining areas and receive more assistance with her multiple medications. As a result, she transferred to the assisted living unit. Mrs. W. is happy with her decision to move to the CCRC because she feels secure knowing that as her circumstances change, options are available right at hand.

Program Data:

| | FY '07 (Actual) | FY '08 (Est.) | FY '09 (Est.) |
|---------------|------------------------|----------------------|----------------------|
| Facilities | 34 | 34 | 34 |
| Units | 15,770 | 16,068 | 16,068 |
| Special Funds | \$342,617 | \$324,001 | \$401,391 |

CONTACT PERSON: Debra A. Roane, Chief, Continuing Care, 410-767-1267,
dar@ooa.state.md.us
Elaine McCubbin, Continuing Care Analyst, 410-767-1067,
emm@ooa.state.md.us

Continuing Care Communities Inventory

| <i>Continuing Care Communities (Operating)</i> | | <i>Total</i> | <i>ILU</i> | <i>AL**</i> | <i>Comp***</i> |
|--|------------------------|---------------|---------------|--------------|----------------|
| Bay Woods of Annapolis | Anne Arundel County | 192 | 147 | 39 | 6 |
| Ginger Cove | Anne Arundel County | 349 | 243 | 51 | 55 |
| Roland Park Place | Baltimore City | 284 | 172 | 41 | 71 |
| The Wesley, Inc. | Baltimore City | 151 | 0 | 151 | 0 |
| Augsburg Lutheran Home | Baltimore County | 187 | 0 | 64 | 123 |
| Augsburg Lutheran Village | Baltimore County | 138 | 138 | 0 | 0 |
| Blakehurst | Baltimore County | 345 | 277 | 24 | 44 |
| Broadmead | Baltimore County | 373 | 278 | 16 | 79 |
| Charlestown | Baltimore County | 1,992 | 1,584 | 164 | 244 |
| Edenwald | Baltimore County | 417 | 289 | 56 | 72 |
| Glen Meadows | Baltimore County | 275 | 210 | 34 | 31 |
| Maryland Masonic Homes | Baltimore County | 233 | 35 | 110 | 88 |
| Mercy Ridge | Baltimore County | 457 | 408 | 49 | 0 |
| North Oaks | Baltimore County | 232 | 182 | 13 | 37 |
| Oak Crest Village | Baltimore County | 1911 | 1528 | 143 | 240 |
| Pickersgill, Inc. | Baltimore County | 177 | 0 | 136 | 41 |
| Presbyterian Home | Baltimore County | 100 | 0 | 78 | 22 |
| Asbury~Solomons Island | Calvert County | 378 | 300 | 30 | 48 |
| Carroll Lutheran Village | Carroll County | 398 | 398 | 0 | 0 |
| Fairhaven | Carroll County | 429 | 315 | 35 | 79 |
| Buckingham's Choice | Frederick County | 303 | 217 | 45 | 41 |
| Frederick Home | Frederick County | 29 | 0 | 29 | 0 |
| Goodwill Retirement Village | Garrett County | 56 | 30 | 21 | 5 |
| Vantage House | Howard County | 294 | 224 | 26 | 44 |
| Heron Point of Chestertown | Kent County | 275 | 192 | 45 | 38 |
| Asbury Methodist Village | Montgomery County | 1,264 | 815 | 164 | 285 |
| Bedford Court | Montgomery County | 355 | 219 | 76 | 60 |
| Brooke Grove | Montgomery County | 50 | 40 | 5 | 5 |
| Maplewood Park Place | Montgomery County | 260 | 207 | 22 | 31 |
| National Lutheran Home | Montgomery County | 444 | 144 | 0 | 300 |
| Collington | Prince George's County | 474 | 365 | 65 | 44 |
| Riderwood Village, Inc. | Prince George's County | 2,358 | 1,966 | 174 | 218 |
| William Hill Manor | Talbot County | 281 | 121 | 44 | 116 |
| Fahrney-Keedy | Washington County | 113 | 61 | 32 | 20 |
| Homewood | Washington County | 196 | 196 | 0 | 0 |
| Total Units | | 15,770 | 11,301 | 1,982 | 2,487 |

Continuing Care Retirement Communities (Planned)

Expansions

| | | | | | |
|--------------------------|-------------------|-----|-----|---|---|
| Broadmead | Baltimore County | 9 | 9 | 0 | 0 |
| Asbury Methodist Village | Montgomery County | 103 | 103 | 0 | 0 |
| National Lutheran Home | Montgomery County | 15 | 15 | 0 | 0 |
| William Hill Manor | Talbot County | 1 | 1 | 0 | 0 |

New

| | | | | | |
|--|-------------------|--------------|------------|------------|------------|
| The Lutheran Village at Miller's Grant | Howard County | 321 | 261 | 60 | 0 |
| Homewood at Frederick, MD | Frederick County | 341 | 165 | 56 | 120 |
| Brooke Grove | Montgomery County | 18 | 18 | 0 | 0 |
| Friends House Retirement Community | Montgomery County | 45 | 33 | 4 | 8 |
| King Farm | Montgomery County | 322 | 242 | 35 | 45 |
| Ravenwood /Robinwood | Washington County | 304 | 106 | 110 | 88 |
| Total Units | | 1,479 | 953 | 265 | 261 |

*ILU=Independent Living Units **AL=Assisted Living Beds ***Comp=Comprehensive Care Beds

HOUSING SERVICES

Congregate Housing Services Program (CHSP)

Program Description: The Congregate Housing Services Program is a level of housing between independent living and institutionalization, which combines shelter with daily meals, weekly housekeeping and/or laundry, personal assistance as needed and service management. It provides assistance with activities of daily living to frail older persons who require help in performing personal and household functions. The Congregate Housing Services Program is offered in senior citizen apartment buildings, which serve low and moderate-income residents and may be operated by local housing authorities, non-profit organizations or housing management companies

Ms. L is an 85-year-old African-American single female with uncontrolled hypertension, bi-lateral venous insufficiency and leg edema. She also suffers from mild dementia. Since July 2001 Ms. L. has been a resident of Good Samaritan Senior Housing at Belvedere Green in Baltimore City. However in 2006, Ms. L. had multiple hospitalizations. Her chronic medical conditions made it very difficult to perform basic household and personal care functions. In addition, she has no family and no support network. Despite this situation, Ms. L. was resistant to accepting help. In response, the CHSP Coordinator provided counseling to help her accept the supportive services needed to remain living at Belvedere Green. The coordinator also arranged for a psychiatric evaluation for Ms. L. and worked closely with her primary physician. Once Ms. L was medically stable, she accepted CHSP services, i.e., daily meals, weekly housekeeping and laundry, and personal assistance. Since Ms. L has been receiving CHSP services, she does not need a higher level of care. She is managing well and is able to maintain her independent lifestyle.

Program Eligibility Criteria: Eligible residents are those who: are at least 62 years of age; physically or mentally impaired; need assistance with one or more of the essential activities of daily living; need one or more congregate housing services available in the facility; and be able to function in the facility if provided with those services. In addition, the spouse of a participant may also receive services, provided the spouse is at least 55 years old and meets program eligibility criteria.

| Eligibility | Monthly Income Test | Annual Asset Test | Notes: Provides financial assistance for Congregate Housing residents in selected sites for individuals 62 and older whose net monthly income is insufficient to pay the full monthly fee for Congregate Housing Services. Next expected change: 7/1/08 |
|-------------|---------------------|-------------------|---|
| Individual | \$ 2,330 | \$ 27,375 | |
| Couple | \$ 3,047 | \$ 35,587 | |

Unmet Need: 193 seniors are on the waiting list for State subsidies. 28 facilities have notified MDoA in writing that they are interested in starting a CHS program.

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|--|---------------|-------------|-------------|
| Number of Residents Receiving Services | 754 | 716 | 716 |
| Number of Buildings Receiving Services | 28 | 28 | 28 |
| Program Funding: | | | |
| Federal | \$792,615 | \$784,568 | \$784,568 |
| State | 1,604,257 | 1,677,077 | 1,677,077 |
| Local Contributions | 645,395 | 872,683 | 872,683 |
| Total | \$3,042,267 | \$3,334,328 | \$3,334,328 |

CONTACT PERSON: Janice L. MacGregor, CHSP Manager, 410-767-1087, jlmac@ooa.state.md.us

HOUSING SERVICES

Medicaid Waiver for Older Adults

Program Description: The Home and Community-Based Waiver for Older Adults enables older adults to remain in a community setting even though their age or disability would warrant placement in a long-term care facility. The Waiver allows services, which are typically covered by Medicaid only in a nursing facility, to be provided to eligible persons in their own homes or in assisted living facilities. These services include personal care, home-delivered meals, environmental assessments and accessibility adaptations, assistive devices, respite care, behavioral consultation, family and consumer training, dietitian/nutritionist services, personal emergency response systems and Senior Center Plus. Each program participant is assigned to a case manager who works with him or her to develop a plan of care that best meets his or her needs. Services and qualified providers are identified in the plan of care, and then monitored to assure the participant's needs are being adequately and continuously addressed.

Jane is 59 and married to Earl who is 70 and mildly retarded. Jane has a permanent tracheostomy and is on continuous oxygen. Her diagnoses include hypertension, morbid obesity, cardiomyopathy, seizure disorder, and chronic obstructive pulmonary disorder. She was referred to the Waiver for Older Adults (WOA) by the medical adult day center she attends because of staff concerns about her living conditions at home. Jane was taking her medication incorrectly, leading to frequent hospitalizations, while old bi-lateral ankle fractures along with her morbid obesity caused numerous falls. Because of her husband's mental health issues, he was not capable of helping her. The couple had very poor nutrition and survived on TV dinners. Additionally, Jane was frightened by her two adult dysfunctional children and gave them money out of fear, continuously depleting her funds. Jane was approved for the WOA and has shared a room with her husband in an assisted living facility for the last year. She has had no hospitalizations or falls and has lost 30 pounds. She said she feels good about herself now. In addition, the couples' check book and cash are locked up at the facility and Jane no longer lives in fear.

Program Eligibility Criteria: Eligible individuals are those who are age 50 and older, meet Medicaid's long-term care admission criteria (nursing home level of care), and meet financial and technical requirements.

| | | | |
|---|---|--|--------------------|
| Financial Eligibility Individual | Monthly Income Test \$1869 as of 1/1/07 (300% of SSI maximum) or higher if medically needy and spending down through allowable expenditures for medical and remedial services to the medically needy income limit of \$350/month. | Annual Asset Test \$2000-\$2500, depending on eligibility category | |
| Program Data: | FY07 Actual | FY08 (Est.) | FY09 (Est.) |
| Number of Providers | 4392 | 4450 | 4450 |
| Number of Participants – Unduplicated Count | 3582 | 3750 | 3750 |
| Waiting List: The Waiver for Older Adults maintains a registry of individuals interested in applying for this program. This registry is required because the program is funded to support a maximum of 3,000 participants at any one point in time and is currently 2,915. There are over 10,000 names on the registry. Generally 60% of those who apply for this waiver are determined eligible. If this holds true for those currently on the registry, more than 3,400 people in need of long-term support services may have no alternative to placement in a nursing home. | | | |
| Program Funding: | | | |
| Federal (Administration and Case Management) | \$2,498,902 | \$3,100,000 | \$3,100,000 |
| State (Administration and Case Management) | 1,950,465 | 1,981,054 | 1,981,054 |
| Total | \$4,449,367 | \$5,081,054 | \$5,081,054 |

CONTACT PERSON: F. Warren Sraver - Waiver Manager, (410) 767-1065
fws@ooa.state.md.us

HOUSING SERVICES

Senior Assisted Living Group Home Subsidy Program (SALGHS)

Program Description: The Senior Assisted Living Group Home Subsidy (SALGHS) program provides low and moderate-income seniors with access to assisted living services in 4 to 16 bed group homes licensed by the Department of Health and Mental Hygiene as Assisted Living Programs. The Maryland Department of Aging provides subsidies to eligible residents who might otherwise be in nursing facilities to cover the difference between the participant's monthly income (less a \$60/month personal allowance) and the approved monthly assisted living fee. The maximum subsidy, paid directly to the provider, is \$650/month. Subsidies are paid from State general funds.

Mrs. X is a 78 year-old woman who has received a SALGHS subsidy since moving to a Baltimore County assisted living facility in 2000. Prior to moving into the assisted living facility, she resided in a Florida assisted living facility. She has a history of glaucoma, hypertension and stroke. She uses a walker to assist with her ambulation. Her personal care needs are such that she requires total assistance from the assisted living staff. Mrs. X has no known biological family to turn to for help. Instead, she considers the facility staff and residents her family.

Program Eligibility Criteria: Eligible residents are low to moderate income persons residing in, or accepted for admission to, an assisted living facility, who are at least 62 years of age, physically or cognitively impaired, require assistance with one or more activities of daily and/or instrumental activities of living, and require 24 hour supervision.

| Subsidy Eligibility | Monthly Income Test | Annual Asset Test | Notes: Provides financial assistance for a limited number of eligible Assisted Living Group Home residents 62 and older whose net monthly income is insufficient to pay the full monthly cost of a quality assisted living placement. Next expected change: 7/1/08 |
|---------------------|---------------------|-------------------|--|
| Individual | \$2,330 | \$11,000 | |
| Couple | \$3,047 | \$14,000 | |

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|--|--------------------|--------------------|--------------------|
| Number of Residents Receiving Subsidies | 661 | 661 | 661 |
| Waiting List: There are currently 258 persons on a waiting list for a subsidy. A MetLife Market Survey of Assisted Living Costs in 2007 estimated the national average monthly cost for assisted living was \$2,968, with an average cost of \$3,334 in Baltimore. According to a needs assessment conducted by UMBC, there are more than 87,000 individuals aged 60+ in Maryland with disabilities who have less than \$25,000 in annual income and who may be eligible for community-based, long-term support services including assisted living. A significant number of those who would choose assisted living are unable to meet the high cost without financial assistance. | | | |
| Program Funding: | | | |
| Federal | 0 | 0 | 0 |
| State | \$3,285,240 | \$3,454,929 | \$3,454,929 |
| Local Contributions | 440,731 | 440,731 | 440,731 |
| Total | \$3,725,971 | \$3,895,660 | \$3,895,660 |

CONTACT PERSON: Denise Adams, Program Manager, (410) 767-1269,
dea@oaa.state.md.us

Senior Employment



The Senior Employment Program matches unemployed eligible older workers, ages 55 and older, with local community-service assignments for on-the-job training. Participants are paid minimum wage under a federal grant for 20-hours per week of training while the community service agencies receive the benefit of the work they perform.

Computer, job search skills, and other training are also available to complement training assignments. The ultimate goal is for participants to move into jobs at market wages.

Some older workers have entered the job market as receptionists, administrative assistants, nutrition workers, retail clerks, senior center managers, cooks, and other positions.

SENIOR EMPLOYMENT

Senior Community Service Employment Program (SCSEP)

Program Description: SCSEP provides training and employment assistance to eligible older workers through participating 501(c)(3) non-profit agencies or government entities (Host Agencies) that provide a community service to the general or senior populations. While in the Program, qualified older workers update and enhance their skills through opportunities for training provided by their Host Agencies. Participants receive minimum wage (\$6.15/hr.) for 20 hours of work per week that is paid for by a federal grant from the U.S. Department of Labor (DOL) and authorized under Title V of the Older Americans Act. In return for furnishing supervision, instruction and training to the participants, Host Agencies also reap the benefits of the work they perform. Ultimately, participants are placed in permanent employment at the prevailing wage either with their Host Agencies or with non-profit, government or private sector employers.

A Senior Employment participant was hired as a resident assistant for 30 hours per week at \$8.13 per hour by the Housing Authority of Allegany County in March, 2007 after training at that site for ten months.

Eligibility:

Program Eligibility Criteria: Eligible participants are those who are unemployed income eligible persons 55 years of age or older and in need of employment and training assistance.

| Family Size | Annual Income Test | Annual Asset Test | Notes: Add \$4,350.00 for each additional family member. Annual Income Test represents 125% of the Federal Poverty Guideline. Next expected change: 3/1/08 |
|--------------------|---------------------------|--------------------------|---|
| 1 | \$12,763.00 | N/A | |
| 2 | \$17,113.00 | | |
| 3 | \$21,463.00 | | |

| Program Data: | FY07 (Actual) | FY08 (Est.) | FY09 (Est.) |
|--------------------------------|----------------------|--------------------|--------------------|
| Number of Training Positions | 166 | 166 | 166 |
| Number of Participants Trained | 202 | 257 | 257 |
| Program Funding: | | | |
| Federal | \$1,190,913 | \$1,323,442 | \$1,323,442 |
| State | 296,396 | 271,965 | 271,965 |
| Total | \$1,487,309 | \$1,595,407 | \$1,595,407 |

CONTACT PERSON: Karen C. Fields, Program Manager, 410-767-1276,
kcf@ooa.state.md.us

Special Projects



Governor Martin O'Malley and Charles Kauffman, Mid-Atlantic Director of the National Aging in Place Council. Governor O'Malley issued a proclamation designating October 1-7, 2007 as National Aging in Place Week in Maryland.

The Maryland Department of Aging, along with a consortium of community partners, co-sponsored free seminars to educate seniors about services and options available to help them make well-considered decisions about staying in their homes or moving. According to an AARP survey, 9 out of 10 persons, age 65 and over, say they would like to remain in their homes for as long as possible.



Aging Service officials from the Department of Civil Affairs, Beijing City Government, met with staff of the Maryland Department of Aging to learn about the Department's mission and organizational structure, the state's senior population, the aging services provided by Maryland government and its funding management and allocation.

SPECIAL PROJECTS

Maryland Senior Medicare Patrol Project (Maryland SMP)

Historical Background:

In June 1997, the Maryland Department of Aging received a federal grant from the Administration on Aging to develop a project to respond to Medicare and Medicaid fraud, waste and abuse. The Maryland Department of Aging used the grant to create the formerly named "Curb Abuse in Medicare and Medicaid Project" (CAMP), which is part of a nationwide initiative called "Senior Medicare Patrol Project" or SMP.

Purpose and Process:

The purpose of the SMP project is to reduce the amount of federal and State funds lost due to health insurance fraud by increasing the public's ability to detect and report possible fraud, waste and abuse. SMP has been successful in recruiting and training retiree volunteers to act as health insurance educators. Ninety-three volunteers have been involved in SMP activities this past year. Activities included public speaking engagements and instructing Medicare beneficiaries in monitoring health care expenditures, identifying potential discrepancies, and identifying issues having the potential for fraud concerning the selection of Medicare Prescription Drug Plans and Medicare Advantage plans.

Originally nine Area Agencies on Aging (Anne Arundel, Baltimore, Carroll, Harford, Howard, Montgomery, Prince George's Counties, Baltimore City and MAC, Inc. [Dorchester, Somerset, Wicomico and Worcester counties]) received funds to operate local SMP projects. Currently, there are 13 AAAs selected to operate the SMP projects. The latest counties awarded SMP grants are Kent, Caroline and Talbot counties (which constitute the Upper Shore Area Agency on Aging), and Frederick, St. Mary's and Queen Anne's counties.

Accomplishments:

The SMP grant to the Maryland Department of Aging was originally for a three-year period. MDoA has applied for and received additional competitive grants, the most recent extending until June 2008. In FY2007, MDoA continued to partner with local Area Agencies on Aging in reaching other ethnic populations, including Spanish, Russian, Korean, Mandarin Chinese and Vietnamese.

Outcomes:

In FY07, The SMP project provided 348 public educational sessions reaching 9,955 individuals, and conducting 5,073 one-on-one counseling sessions. The SMP staff processed 294 inquiries and/or complaints. Also, in FY07, 95 training sessions were sponsored by the SMP project for the 1,047 volunteers and aging network staff.

CONTACT PERSON: A. Cassaundra Brown, Health Insurance Specialist
410-767-1278, acb@ooaa.state.md.us

SPECIAL PROJECTS

Alzheimer's Disease Demonstration Project

Historical Background:

The Alzheimer's Disease Demonstration Project is administered by the Administration on Aging to assist states in developing demonstration projects for planning, establishing and operating programs for persons with Alzheimer's disease and their families. Maryland was awarded a three-year federal grant for the ROSE (Respite, Outreach, Support, and Education) Project. This project seeks to improve the ability of rural, Hispanic, and urban African American caregivers to care for individuals with Alzheimer's disease or related disorders and to assist them in developing a natural support network through a coordinated effort of partnering agencies. The grant amount is \$290,000 and will expire June 2008.

Purpose and Process:

The ROSE Project works within the National Family Caregiver Support Program (NFCSP) to identify and provide services to caregivers and families that are affected by dementia. The goal of the project is to improve the ability of rural, Latino/Hispanic and urban African American family caregivers to be better prepared to care for individuals with Alzheimer's disease by improving access and availability of supportive services, including caregiver training, and to empower caregivers to develop natural support networks for themselves using public and private resources through a coordinated effort of partnering agencies. Volunteers from faith-based organizations are being trained to provide in-home respite care.

Expected Outcomes:

- 379 family caregivers have been taught how to develop natural supports within their own families and communities.
- 2,861 family caregivers were trained in the care of people with Alzheimer's disease at all stages of the illness and educated about accessing formal and informal supports in the community.
- A caregiver self-assessment tool has been developed to assist caregivers to identify needs and supports. One hundred ninety-five assessments have been completed.
- 236 families have been provided with respite and supplemental services while learning to use a natural support network made up of family, friends and community partners.
- A support group has been established for Hispanic caregivers with a bilingual facilitator.

Contact Person: Felicia French, Project Director, 410-767-0705 fwf@ooa.state.md.us

Appendices

Appendix A: Area Agencies on Aging

The Maryland Department of Aging, in partnership with the 19 Area Agencies on Aging, (AAAs) provides leadership and advocacy for older Marylanders and their families through information, education, programs and services that promote and enhance choice, independence and dignity. The Department and AAAs support equal opportunity and treatment for all persons regardless of age, race, color, national origin, sex or disability.

Appendix B: Commission on Aging

The advisory body to the Maryland Department of Aging charged with the responsibility to review and make recommendations to the Secretary with respect to ongoing Statewide programs and activities that affect Maryland seniors.

Appendix C: Eligibility Levels for:

1. Food Stamp Program and Maryland MEDBANK Program, and
2. Supplemental Security Income (SSI) and Medicaid Waiver for Older Adults.

Appendix D: Senior Centers

Appendix E: Senior Information & Assistance Offices

AREA AGENCIES ON AGING

Appendix A

| Jurisdiction | Contact Person | Address | Telephone/Fax/Email/Web |
|----------------------------|---------------------------------------|---|--|
| Allegany | Tammy Lawson Director | Allegany County Human Resources Development Commission, Inc. 19 Frederick Street Cumberland, MD 21502 | 301-777-5970 ext.143 301-722-0937 - FAX tlawson@allconet.org |
| Anne Arundel | Sheryl Banks Director | Anne Arundel County Department of Aging and Disabilities 2666 Riva Road - Suite 400 Annapolis, MD 21401 | 410-222-4464 410-222-4360 - FAX agbank00@aacounty.org |
| Baltimore City | John P. Stewart Executive Director | Commission on Aging and Retirement Education (CARE) 10 North Calvert Street, Suite 300 Baltimore, MD 21202 | 410-396-4932 410-545-1539 - FAX john.stewart@baltimorecity.gov |
| Baltimore | Arnold J. Eppel Director | Baltimore County Department of Aging 611 Central Avenue Towson, MD 21204 | 410-887-2109 410-887-2159 - FAX aeppel@baltimorecountymd.gov www.takingcareofmomanddad.net |
| Calvert | Bettina C. Dubas Division Chief | Calvert County Office on Aging 450 West Dares Beach Road Prince Frederick, MD 20678 | 410-535-4606 301-855-1170 D.C. Line 410-535-1903 - FAX dubasbc@co.cal.md.us |
| Caroline Kent Talbot | Carl E. Burke Executive Director | Upper Shore Aging, Inc 100 Schaubert Road Chestertown, MD 21620 | 410-778-6000 410-758-6500 1-800-721-6651 (toll free) 410-778-3562 - FAX cburke@uppershoreaging.org |
| Carroll | Richard Steinberg Chief | Carroll County Bureau of Aging 125 Stoner Avenue Westminster, MD 21157 | 410-386-3800 1-888-302-8978 (toll free) 410-840-0436 - FAX rsteinberg@cgc.carr.org |

AREA AGENCIES ON AGING

Appendix A

| Jurisdiction | Contact Person | Address | Telephone/Fax/Email/Web |
|---|---|---|---|
| Cecil | Susan E. Twigg Director | Senior Services and Community Transit of Cecil County 200 Chesapeake Blvd., Suite 2550 Elkton, MD 21921 | 410-996-5295 410-620-9483 FAX stwigg@ccgov.org |
| Charles | Karen Cieplak Chief of Aging | Charles County Aging and Community Services Division8190 Port Tobacco Road Port Tobacco, MD 20677 | 301-934-0109 301-934-5624 - FAX lehman@charlescounty.org |
| Dorchester Somerset Wicomico Worcester | Margaret Bradford Executive Director | MAC, Inc. 1504 Riverside Drive Salisbury, MD 21801 | 410-742-0505 410-742-0525 - FAX mab@macinc.org |
| Frederick | Carolyn True Director | Frederick County Department of Aging 1440 Taney Avenue Frederick, MD 21702 | 301-600-1605 301-600-3554 - FAX TTY Dial 711 in MD or 1-800-201-7165 ctrue@fredco-md.net |
| Garrett | Adina Brode Director | Garrett County Area Agency on Aging 104 E. Centre Street Oakland, MD 21550-1328 | 301-334-9431 ext. 143 301-334-8555 - FAX abrode@garrett.cac.org |
| Harford | Karen Winkowski Director | Harford County Office on Aging Area Agency on Aging 145 N. Hickory Avenue Bel Air, MD 21014 | 410-638-3025 410-879-2000 ext. 3331 410-893-2371 - FAX kawinkowski@harfordcountymd.gov |
| Howard | Administrator | Howard Co. Office on Aging 6751 Columbia Gateway Dr 2nd Floor Columbia, MD 21046 | 410-313-6410 410-313-6540 - FAX |
| Montgomery | Elizabeth Boehner Director | Montgomery County Area Agency on Aging Aging and Disability Services 401 Hungerford Drive, 4 th Fl. Rockville, Maryland 20850 | 240-777-1131 240-777-1436 - FAX elizabeth.boehner@montgomery countymd.gov |

AREA AGENCIES ON AGING

Appendix A

| Jurisdiction | Contact Person | Address | Telephone/Fax/Email/Web |
|---------------------|---------------------------------------|--|---|
| Prince George's | Theresa Grant Director | Prince George's County Department of Family Services Administration on Aging 6420 Allentown Road Camp Springs, MD 20748 | 301-265-8450 301-248-5358- FAX tmgrant@co.pg.md.us |
| Queen Anne's | Catherine Willis Director | Queen Anne's County Department of Aging 104 Powell Street Centreville, MD 21617 | 410-758-0848 410-758-4489 - FAX cwillis@qac.org |
| St. Mary's | Lori Jennings- Harris Director | St. Mary's County Department of Aging 41780 Baldrige Street P.O. Box 653 Leonardtown, MD 20650 | 301-475-4200 ext.1070 301-475-4503 - FAX lori.harris@co.saint-marys.md.us |
| Washington | Susan MacDonald Executive Director | Washington County Commission on Aging 140 West Franklin Street, 4 th Floor Hagerstown, MD 21740 | 301-790-0275 1-866-802-1212 (toll free) 301-739-4957 - FAX sjm@wccoaging.org |

COMMISSION ON AGING

History of the Commission on Aging:

The origin of the Commission on Aging dates back to 1959, when the General Assembly created the State Coordinating Commission on the Problems of the Aging in response to the rapidly increasing population of older persons. In 1971 the Coordinating Commission was re-designated the Commission on Aging, becoming an independent agency within the State Department of Employment and Social Services. In May 1973, the Commission was transferred to the Executive Department and charged as the State agency responsible for carrying out planning, coordination, and evaluation activities under the federal Older Americans Act. Legislation in 1975 merged the Commission on Aging into the Office on Aging to serve in both an advisory and policy making role. In 1989, legislation clarified the role of the Commission on Aging as the advisory body to the Office on Aging. Today, the Commission on Aging is the advisory body to the Maryland Department of Aging.

The Role of the Commission:

The Commission is charged with the responsibility to review and make recommendations to the Secretary of the Maryland Department of Aging with respect to ongoing statewide programs and activities.

Current Membership

The Commission consists of 13 members appointed by the Governor. The mandated membership of the Commission includes: 1 member of the Maryland Senate; 1 member of the Maryland House of Delegates; and 11 members (reflecting geographic representation) who are interested in the problems of older individuals. At least 7 members must be 55 years of age or older.

| Membership | Term | County of Residence |
|--------------------------|-------------------------------|----------------------------|
| Mr. Stuart P. Rosenthal | July 1, 2007 - June 30, 2011* | Montgomery County |
| Ms. Jane M. Brewer | July 1, 2005 - June 30, 2009 | Baltimore County |
| Dr. Young Dae Cha | July 1, 2006 – June 30, 2010* | Montgomery County |
| Mr. Richmond T. P. Davis | July 1, 2006 - June 30, 2010* | Montgomery County |
| Ms. Queen L. Gladden | July 1, 2007 – June 30, 2011 | Charles County |
| Mr. W. Lee Hammond | July 1, 2005 - June 30, 2009* | Wicomico County |
| Ms. Maria V. Jimenez | July 1, 2005 – June 30, 2009 | Montgomery County |
| Ms. Louise Lynch | July 1, 2006 – June 30, 2010 | Frederick County |
| Ms. Paula Martin | July 1, 2007 – June 30, 2011 | Prince George's County |
| Ms. Irene B. Reid | July 1, 2007 – June 30, 2011 | Baltimore City |
| Rev. David W. Simpson | July 1, 2006 - June 30, 2010* | Howard County |
| Delegate Barbara Frush | July 1, 1995 | Prince George's County |

* Reappointed

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

| Federal/State Program | Monthly (or Annual) Income Test | Annual Asset Test | Notes |
|---|---|--|---|
| Federal Poverty Guidelines Individual Couple | \$ 851 (\$10,210 per year) \$1,141 (\$13,690 per year) | | Next expected change: 2/1/08 |
| Qualified Medicare Beneficiary Program (QMB) Individual Couple | (Apply \$20 income disregard – see note below) \$ 851 \$1,141 | \$4,000 \$6,000 | Pays Medicare Part A and B premiums, co-payments, and deductibles. Next expected change: 3/1/08 |
| Special Low-Income Medicare Beneficiary Program (SLMB) I Individual Couple II Individual Couple | (Apply \$20 income disregard – see note below) \$ 852 – \$1,021 \$1,142 – \$1,369 \$1,022 – \$1,149 \$1,370 – \$1,541 | \$4,000 \$6,000 \$4,000 \$6,000 | Similar to QMB but pays only the Part B premium. Next expected change: 3/1/08 |
| Primary Adult Care Program (PAC) Individual Couple | (After applying exclusions and disregards) \$ 987 \$1,141 | \$4,000 \$6,000 | Provides MD residents, ages 19 and over, <i>who do not qualify for Medicare or Medical Assistance</i> , with free primary care doctor visits, free mental health visits (psychiatric or counseling), and low-cost or free prescription drugs. <i>Does not cover hospital stays, ER visits, or specialty care.</i> Call 1-800-226-2142 (toll-free) for application & information. Next expected change: 3/1/08 |

Note: \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the number listed on the chart, then the individual or couple probably qualifies for the benefit. Grey highlight indicates changes effective in 2008.

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

| | | | |
|---|--|----------------|--|
| Supplemental Security Income (SSI) | (Apply \$20 income disregard – see note on previous page) | | Effective: 1/1/08 |
| Individual | \$637 | \$2,000 | |
| Couple | \$956 | \$3,000 | |
| EXTRA HELP with Medicare D Prescription Drug Program | | | This financial assistance is only for Medicare beneficiaries who have a Medicare D prescription drug plan. Benefits vary depending on income level; assistance may help with cost of premiums, deductibles, co-pays. |
| Individual | Below \$851 | Under \$4,000 | |
| Couple | Below \$1,141 | Under \$6,000 | |
| (100% poverty & below) | (Are “dual eligible” – have <i>both</i> Medicare and Medical Assistance) | | Apply through Social Security Administration (1-800-772-1213 or www.ssa.gov) or Local Department of Social Services |
| Individual | Below \$1,149 | Below \$7,620 | |
| Couple | Below \$1,540 | Below \$12,190 | No need to apply for Extra Help if you have Medical Assistance, QMB, SLMB, QI-1, or SSI |
| (up to 135% poverty) | | | |
| Individual | Below \$1,276 | Below \$11,710 | Next expected change: 3/1/08 |
| Couple | Below \$1,711 | Below \$23,410 | |
| (up to 150% poverty) | | | |
| State of Maryland Senior Prescription Drug Assistance Program (SPDAP) | | | For persons enrolled in a Medicare Rx or Medicare Advantage Prescription Drug plan, SPDAP pays up to \$25 per month toward the cost of the premium for their chosen plan <i>except</i> for persons eligible for full federal EXTRA HELP (see the “dual eligible” group above) as determined by the Social Security Administration AND have a household income at or below 300% of federal poverty standards. Applications for SPDAP are available through the Maryland Health Insurance Plan |
| Individual | \$2,552.50/mo. (\$30,630/yr.) | No test | |
| Couple | \$3,422.50/mo. (\$41,070/yr.) | No test | |

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

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|---|--|--------------------|---|
| | | | at 1-800-551-5995 or at www.marylandspdap.com . Effective: 1/1/08 |
| Maryland Energy Assistance Program (MEAP) Individual Couple | \$1,488.96 \$1,996.46 (represents 175% of poverty level; previous year's limit was 200%) | No test No test | Provides eligible low-income Marylanders assistance with home heating bills; EUSP assists with electric bills. Only one application is required for both MEAP and EUSP. Both programs administered by Office of Home Energy Programs (OHEP), DHR. |
| Electric Universal Service Program (EUSP) Individual Couple | \$1,488.96 \$1,996.46 (represents 175% of poverty level; previous year's limit was 200%) | No test No test | Next expected change: 7/1/08 |
| Food Stamp Program Individual Couple | \$851 \$1,141 (net income) | \$3,000 \$3,000 | A household's first \$134 per month is not counted in determining eligibility; household vehicles are not counted; there are also medical and housing deductions. Persons 60 and over (and their spouses) who are unable to purchase and prepare their own meals due to a disability, and who live and eat with others in a household whose combined income does not exceed 165% of the poverty level, <i>may</i> be considered a separate household. Effective: 1/1/08 |

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

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|---|---|---|---|
| Medical Assistance (Medicaid) | | | Requires documentation of disability; individuals can “spend down” to this income level to be eligible. |
| Individual | \$350 | \$2,500 | |
| Couple | \$392 | \$3,000 | |
| Medicaid Waiver for Older Adults | \$1,869 or higher if medically needy spending down through allowable expenditures for medical and remedial services to the medically needy income limit of \$350 per month. | \$2,000 - \$2,500, depending on eligibility category. | Assisted living and in-home services for individuals age 50 and older who meet Medicaid institutional eligibility rules; additional medical, financial, and technical eligibility requirements apply. Next expected change: 1/1/08 |
| Senior Care Program | | | Case managed, in-home services program for individuals 65 and older. Next expected change: 7/1/08 |
| Individual | \$2,330 | \$11,000 | |
| Couple | \$3,047 | \$14,000 | |
| Senior Assisted Living Group Home Program Subsidy | | | Provides financial assistance for a limited number of eligible Assisted Living Group Home residents age 62 or older. Next expected change: 7/1/08 |
| Individual | \$2,330 | \$11,000 | |
| Couple | \$3,047 | \$14,000 | |
| Congregate Housing Services (CHSP) Subsidy | | | Provides financial assistance for a limited number of Congregate Housing residents in selected sites for individuals 62 and older whose net monthly income is insufficient to pay the full monthly fee for Congregate Housing Services. Next expected change: 7/1/08 |
| Individual | \$2,330 | \$27,375 | |
| Couple | \$3,047 | \$35,587 | |

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

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|--|--|---|--|
| Senior Employment Program (Title V) | | | Federally subsidized employment for persons ages 55 and over. |
| Individual | \$1,063.58 (\$12,763 per yr.) | No test | Next expected change: 2/1/08 |
| Couple | \$1,426.08 (\$17,113 per yr.) | No test | |
| Accessible Homes for Seniors | | | |
| Individual | \$52,920 per yr. (Washington MSA – Calvert, Charles, Frederick, Montgomery, & Prince George’s Counties) | No test | Provides zero-interest loans to modify a home space for senior (age 55 or older) living. Loan payments are deferred for 30 years or until the sale or transfer of ownership of the home. |
| | \$44,296 per yr. (all other jurisdictions) | | If the senior resides in home of a relative, eligibility is based on the owner’s income. |
| Couple | \$60,480 per yr. (Washington MSA) | No test | This pilot program is a joint initiative of the MD Dept. of Housing & Community Development and the MD Dept. of Aging. Application available at www.mdhousing.org or by calling 800-756-0119. |
| | \$50,624 per yr. (all other jurisdictions) | | |
| 2008 State of Maryland Homeowners’ Property Tax Credit Program | Plan is based on relationship between property taxes and income; combined gross household income cannot exceed \$60,000. For application, with further explanation, call 410-767-4433 (Balto. metro area) or 1-800-944-7403 (other areas) or see www.dat.state.md.us . | Net worth is less than \$200,000 (excluding property on which you are seeking credit and cash value of IRAs or qualified retirement savings plans). | Allows a credit against the homeowner’s 2008 property tax bill if property taxes exceed a fixed percentage of the person’s gross income. No age restrictions. Credit applicable only to dwelling which is your permanent residence. Apply no later than 9/1/08. |

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

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|---|--|---|--|
| <p>2008 State of Maryland Renters' Tax Credit Program</p> | <p>Plan is based on relationship between rent and income.</p> <p>For application, with further explanation, call 410-767-4433 (Balto. metro area) or 1-800-944-7403 (other areas) or see www.dat.state.md.us.</p> | <p>Net worth is less than \$200,000</p> | <p>Provides tax credit up to \$750 a year for renters who meet certain requirements on rent paid in calendar year 2007.</p> <p>For persons age 60 and over, persons who are 100% disabled, or persons under age 60 (the latter not in subsidized housing and with dependent(s) under age 18 living with you).</p> <p>Apply no later than 9/1/08.</p> |
|---|--|---|--|

SENIOR CENTERS

Appendix D

Allegany County

Ellen Pitt-Nairn
Cumberland Senior Center
19 Frederick Street
Cumberland, MD 21502
301-724-8626
301-722-0937 (Fax)
epitt-nairn@allconet.org

Alphia Sharpless
Frostburg Senior Center
27 S. Water Street
Frostburg, MD 21532
301-689-5510
301-689-3542 (Fax)
asharpless@allconet.org

Joyce Shade
George's Creek Senior Center
7 Hanekamp Street
Lonaconing, MD 21539
301-463-6215
301-463-3459 (Fax)
joyceshade@allconet.org

Diana Amann
Westernport Community Center
33 Main Street
Westernport, MD 21562
301-359-9930
301-359-3539 (Fax)
damann@allconet.org

Anne Arundel County

Becky Batta
Annapolis Senior Activity Center
119 South Villa Ave
Annapolis, MD 21401
410-222-1818
410-222-1216 (Fax)
annapoliscenter@aacounty.org

Suzie Nichols
Arnold Senior Center
44 Church Road
Arnold, MD 21012
410-222-1922
410-222-1924 (Fax)
arnoldcenter@aacounty.org

Carolyn Scurry-Boyd
Brooklyn Park Senior Center
202 Hammonds Lane
Brooklyn Park, MD 21225
410-222-6847
410-222-6846 (Fax)
bpcenter@aacounty.org

Cheryl Smith
Pasadena Senior Center
4103 Mountain Road
Pasadena, MD 21122
410-222-0030
410-222-0032 (Fax)
pasadenacenter@aacounty.org

Nancy Allred
Robert A. Pascal Senior Center
125 Dorsey Road
Glen Burnie, MD 21061
410-222-6680
pascalcenter@aacounty.org

Sharon Poet
South County Senior Center
27 Stepneys Lane
Edgewater, MD 21037
410-222-1927/410-798-4802
410-222-1989 (Fax)
southcenter@aacounty.org

Edie Cratty
Catherine L. O'Malley Senior Center
1275 Odenton Road
Odenton, MD 21113
410-222-6227/301-621-9515
410-222-6229 (Fax)
omalleycenter@aacounty.org

Baltimore City

Pat Chalfant
Action In Maturity, Inc. (AIM)
3900 Roland Avenue
Baltimore, MD 21211
410-889-7915
410-685-7921 (Fax)
aim@actioninmaturity.org

Rita Arrington
Allen Senior Center
1404 South Charles Street
Baltimore, MD 21230
410-685-6224
410-685-6225 (Fax)
allencenter@verizon.net

Doris Brightful
Forest Park Senior Center
4801 Liberty Heights Avenue
Baltimore, MD 21207
410-466-2124
410-466-2154 (Fax)
forestparkseniors@yahoo.com

Rosalee Velenovsky
John Booth Senior Center
229 □ S. Eaton Street
Baltimore, MD 21224
410-396-9202
410-675-0383 (Fax)
rosaleev_jba@yahoo.com

Kimo Nam
Greenmount Senior Center
425 E. Federal Street
Baltimore, MD 21202
410-396-3552
410-625-0493 (Fax)
kimonam926@msn.com

Curleen Davis
Harford Senior Center
4920 Harford Road
Baltimore, MD 21214
410-426-4009
410-426-4081 (Fax)
cdavis@voaches.org

Elaine Hall
Hatton Senior Center
2825 Fait Avenue
Baltimore, MD 21224
410-396-9025
410-545-7891 (Fax)
elaine.hall@baltimorecity.gov

James Williams
Senior Network of North Baltimore
5828 York Road
Baltimore, MD 21212
410-323-7131
410-323-4409 (Fax)
snnbjimw@yahoo.com

SENIOR CENTERS

Appendix D

Karen Wheeler
Oliver Senior Center
1700 N. Gay Street
Baltimore, MD 21213
410-396-3861
410-545-6239 (Fax)
karenwheeler@baltimorecity.gov

Susan Patry
Southwest Senior Center
100 South Calhoun Street
Baltimore, MD 21223
410-566-1311
410-566-1313 (Fax)
susan@southwestseniorcenter.org

Robin Rich
Cherry Hill Senior Life Center
606 Cherry Hill Road, Suite 201
Baltimore, MD 21225
410-354-5101
410-354-5103 (Fax)
rrich@cc-md.org

Linda Trope
Edward A. Myerberg Northwest Senior Center
3101 Fallstaff Road
Baltimore, MD 21209
410-358-6856
410-358-1816 (Fax)
ltrope@myerbergseniorcenter.org

Mary Parker-Collins
Sandtown Winchester Senior Center
1601 Baker St.
Baltimore, MD 21217
410-396-7724
410-462-2469 fax
maryparker-collins@baltimorecity.gov

Annette Butler
Waxter Center for Senior Citizens
1000 Cathedral Street
Baltimore, MD 21201
410-396-1324
410-396-1330 (Fax)
Annette.butler@baltimorecity.gov

Baltimore County

Margie Swift
Ateaze Senior Center
7401 Holabird Avenue
Dundalk, MD 21222
410-887-7233
410-887-7356 (Fax)
mswift@baltimorecountymd.gov

Julie Lynn
Bykota Senior Center
611 Central Avenue
Towson, MD 21204
410-887-3094
410-887-8281 (Fax)
www.ilvnn@baltimorecountymd.gov

Nicole Sheehan
Edgemere Senior Center
6600 North Point Road
Baltimore, MD 21219
410-887-7530
410-887-7549 (Fax)
nsheehan@baltimorecountymd.gov

Kathleen Young
Essex Senior Center
600 Dorsey Avenue
Baltimore, MD 21221
410-887-0267
410-887-0333 (Fax)
kyoung@baltimorecountymd.gov

SENIOR CENTERS

Appendix D

Helen Bronstein
Catonsville Senior Center
501 N. Rolling Road
Baltimore, MD 21228
410-887-0900
410-887-1013 (Fax)
hbronstein@baltimorecountymd.gov

Gloria D. Carney
Cockeysville Senior Center
10535 York Road
Cockeysville, MD 21030
410-887-7694
410-887-7607 (Fax)
gcarney@baltimorecountymd.gov

Barbara Franke
Jacksonville Senior Center
3101 Paper Mill Road
Phoenix, MD 21131
410-887-1841
410-887-1842 (Fax)
bfranke@baltimorecountymd.gov

Suzanne Levin
Landsdowne/Baltimore Highlands
Senior Center
424 Third Avenue
Baltimore MD 21227
410-887-1443
410-887-1466 (Fax)
snlevin@baltimorecountymd.gov

Joyce Rosewag
Liberty Senior Center
3525 Resource Drive
Randallstown, MD 21133
410-887-0780
410-887-0615 (Fax)
jrosewag@baltimorecountymd.gov

Elmira Thornton
Fleming Senior Center
641 Main Street
Baltimore, MD 21222
410-887-7225
410-887-7105 (Fax)
ethornton@baltimorecountymd.gov

James Slone
Pikesville Senior Center
1301 Reisterstown Road
Pikesville, MD 21208
410-887-1245
410-887-1273 (Fax)
jslone@baltimorecountymd.gov

Larry Fowler
Reisterstown Senior Center
12035 Reisterstown Road
Reisterstown, MD 21136
410-887-1143
410-887-1144 (Fax)
lfowler@baltimorecountymd.gov

Robyn Fisher
Rosedale Senior Center
1208 Neighbors Avenue
Baltimore, MD 21237
410-887-0233
410-887-0472 (Fax)
rfisher@baltimorecountymd.gov

Lisa Kennedy
Seven Oaks Senior Center
9210 Seven Courts Dr.
Perry Hall, MD 21236
410-887-5192
410-887-5140 (Fax)
lkennedy@baltimorecountymd.gov

SENIOR CENTERS

Appendix D

Barbara Franke
Mt. Carmel Senior Center
17038 Prettyboy Dam Road
Parkton, MD 21120
410-887-1923
410-887-1951 (Fax)
bfranke@baltimorecountymd.gov

Patti McDonnell
Overlea/Fullerton Senior Center
4314 Fullerton Avenue
Baltimore, MD 21236-4613
410-887-5220
410-887-5361 (Fax)
overleasc@baltimorecountymd.gov

Ashaki Innis
Woodlawn Senior Center
2120 Gwynn Oak Avenue
Baltimore, MD 21207
410-887-6887
410-887-1307 (Fax)
ainnis@baltimorecountymd.gov

Twila Nahama
Victory Villa Senior Center
403 Compass Road
Baltimore, MD 21220
410-887-0235
410-887-0463 (Fax)
tnahama@baltimorecountymd.gov

Sandra Ditto
Parkville Senior Center
8601 Harford Road
Baltimore, MD 21234
410-887-5338
410-887-5227 (Fax)
sditto@baltimorecountymd.gov

Calvert County

Sandra Marquess
Calvert Pines Senior Center
450 W. Dares Beach Road
Prince Frederick, MD 20678
410-535-4606, 301-855-1170
410-535-1903 (Fax)
marquesl@co.cal.md.us

Ricca Baker
North Beach Senior Center
9010 Chesapeake Avenue, PO Box 85
North Beach, MD 20714
410-257-2549
410-286-8095 (Fax)
bakerrj@co.cal.md.us

Elizabeth Latham
Southern Pines Senior Center
20 Appeal Lane
Lusby, MD 20657
410-586-2748
410-326-0673 (Fax)
lathamef@co.cal.md.us

SENIOR CENTERS

Appendix D

Caroline County

Carol Anne Donohue
Caroline Senior Center
403 S. 7th Street
Suite 127
Denton, MD 21629
410-479-2535
410-479-1879 (Fax)
bluesenior@dmv.com

Virgie Tilghman
Federalsburg Senior Center
118 N. Main Street
Federalsburg, MD 21632
410-754-9754
410-754-5375 (Fax)
vchic@email.com

Carroll County

Olivia Schrodetzki
Mt. Airy Senior & Community Center
703 Ridge Avenue
Mt Airy, MD 21771
410-795-1017, 301-829-2407
410-549-5429 (Fax)
mtairysc@ccg.carr.org

Renee Deiacio
North Carroll Senior & Community Center
2328 Hanover Pike
Hampstead, MD 21074
410-386-3900
410-374-1395 (Fax)
ncsenior@ccg.carr.org

Karen Larrimore
South Carroll Senior & Community Center
5745 Bartholow Road
Sykesville, MD 21784
410-549-1357
410-795-0888 (Fax)
southcarrollsc@ccg.carr.org

Angie Walz
Taneytown Senior & Community Center
220 Roberts Mill Road
Taneytown, MD 21787
410-386-2700
410-751-0338 (Fax)
taneytownsc@ccg.carr.org

Paul G. Garver
Westminster Senior & Community Center
125 Stoner Avenue
Westminster, MD 21157
410-386-3850
410-840-0436 (Fax)
westminstersc@ccg.carr.org

SENIOR CENTERS

Appendix D

Cecil County

Linda Tull
Elkton Center
200 Chesapeake Blvd., Suite 1700
Elkton, MD 21921
410-996-5295
410-420-9483 (Fax)
ltull@ccgov.org

Linda Tull
Perryville Senior Center
300 Cherry Street
Perryville, MD 21903
410-996-5295

Charles County

Ms. Kathy Cooke
Ms. Kathy Sheldon
Richard R. Clark Senior Center
1210 E. Charles Street
LaPlata, MD 20646
301-934-5423
301-934-5425 (Fax)
cookem@charlescounty.org
sheldonk@charlescounty.org

Ms. Ann Schultz
Indian Head Community Center
100 Cornwallis Square
Indian Head, MD 20640
301-743-2125
301-743-7422 (Fax)
schultza@charlescounty.org

Marjorie Carberry
Wardorf Senior Center
3090 Crain Highway
Waldorf, MD 20604
301-638-4420
301-638-1931 (Fax)
carberm@charlescounty.org

Joan Wright
Nanjemoy Senior Center
Senior Center Programs
4375 Port Tobacco Road
Nanjemoy, MD 20662
301-246-9612
301-246-9031 (Fax)
wrightj@charlescounty.org

Dorchester County

Michael Foster
MAC Senior Center
2450 Cambridge Beltway
Cambridge, MD 21613
410-221-1920
410-221-1917 (Fax)

Mary J. Thorpe
Hurlock Senior Center
6210 Shiloh Church and Hurlock Road
Hurlock, MD 21643
410-943-1106
410-943-3536 (Fax)

Frederick County

Cathy Lee Barnes
Brunswick Senior Center
12 East A Street
Brunswick, MD 21716
301-834-8115
TTY – Dial 711 in MD or 1-800-201-7165
301-834-5093 (Fax)
cbarnes@fredco-md.net

Linda Umbel
Emmitsburg Senior Center
300 South Seton Avenue
Emmitsburg, MD 21727
301-600-6350
TTY – Dial 711 in MD or 1-800-201-7165
301-600-6354 (Fax)
lumbel@fredco-md.net

Susan Hofstra
Urbana Senior Center
9020 Amelung Street
Frederick, MD 21704
301-600-7020
TTY – Dial 711 in MD or 1-800-201-7165
301-600-7021 (Fax)
shofstra@fredco-md.net

Linda McGinnes
Frederick Senior Center
1440 Taney Avenue
Frederick, MD 21702
301-600-3525 (Activities)
TTY – Dial 711 in MD or 1-800-201-7165
301-600-3554 (Fax)
301-600-1048 (Meal Reservations)
lmcginnes@fredco-md.net

Anna Rollins
Thurmont Senior Center
806 East Main St
Thurmont, MD 21788
301-271-7911
TTY – Dial 711 in MD or 1-800-201-7165
301-271-7081 (Fax)
arollins@fredco-md.net

Garrett County

Leona Lavin
Mary Browning Senior Center
104 East Center Street
Oakland, MD 21550
301-334-9431, ext 131
1-888-877-8403 (Toll Free)
301-334-8555 (Fax)
llavin@garrettcac.org

Leona Lavin
Grantsville Senior Center
125 Durst Court
Grantsville, MD 21536
301-895-5818
301-895-4237 (Fax)
llavin@garrettcac.org

SENIOR CENTERS

Appendix D

Ryan Kentrus
Flowery Vale Health & Fitness Center for
Older Adults
204 South Street, P. O. Box 248
Accident, MD 21520
301-746-8050
301-334-8555 (Fax)
rkentrus@verizon.net

Harford County

Margaret Kennedy
Aberdeen Senior Center
7 West Franklin Street
Aberdeen, MD 21001
410-273-5666
410-273-3469 (Fax)

Chuck Burkhardt
Edgewood Senior Center
1000 Gateway Road
Edgewood, MD 21040
410-612-1623
410-671-7855 (Fax)

Anna Schammel
McFaul Activities Center
525 West MacPhail Road
Bel Air, MD 21014
410-638-4040

Thelma Blake
Highland Senior Center
708 Highland Road
Street, MD 21154
410-638-3605
410-452-0525 (Fax)

Andrea Pomilla
Havre de Grace Senior Center
351 Lewis Lane
Havre de Grace, MD 21078
410-939-5121
410-939-5125 (Fax)

Howard County

Arleen Dinneen
Florence Bain Senior Center
5470 Ruth Keeton Way
Columbia, MD 21044
410-313-7213

Jennie Slater
Elkridge Senior Center
6540 Washington Blvd.
Elkridge, MD 21075
410-313-4930

SENIOR CENTERS

Appendix D

Linda Ethridge
East Columbia Senior Center
6600 Cradlerock Way
Columbia, MD 21045
410-313-7680

Carla Buehler
Ellicott City Senior Center
9401 Frederick Road
Ellicott City, MD 21042
410-313-1400

Edith Bennett
Savage Senior Center
9525 Durness Lane
Laurel, MD 20723
410-880-5915

Betty Frey
Glenwood Senior Center
2400 Route 97
Cooksville, MD 21723
410-313-5440

Kent County

Rosemarie Curlett
Amy Lynn Ferris Adult Activity Center
200 Schaubert Road
Chestertown, MD 21620
410-778-2564
410-758-9994 (Fax)
rcurlett@uppershoreaging.org

Montgomery County

Carol Fuentevilla
Holiday Park Senior Center
3950 Ferrara Drive
Wheaton, MD 20906
301-468-4448
carol.fuentevilla@montgomerycountymd.gov

Tony Edghill
Damascus Senior Center
9701 Main Street
Damascus, MD 20872
240-777-6995
anthony.edghill@montgomerycountymd.gov

Silver Spring Senior Source
1400 Fenwick Lane
Silver Spring MD 20910
301-754-3404

Lola Skolnik
Long Branch Senior Center
8700 Piney Branch Road
Silver Spring, MD 20903
301-431-5708
lola.skolik@montgomerycountymd.gov

Jill Hall
Rockville Senior Center
1150 Carnation Drive
Rockville, MD 20850
240-314-8800
jhall@rockvillemd.gov

Grace Whipple
Gaithersburg/Upcounty Senior Center
80-A Bureau Drive
Gaithersburg, MD 20878
301-258-6380

SENIOR CENTERS

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Betty Timer
Margaret Schweinhaut Senior Center
1000 Forest Glen Road
Silver Spring, MD 20901
301-681-1255
betty.timer@ montgomerycountymd.gov

Prince George's County

Jean McConnell
Berwyn Heights Senior Center
8603 57th Avenue
Berwyn Heights, MD 20740
301-474-0018

Kathy White
Bowie Senior Center
14900 Health Center Drive
Bowie, MD 20716
301-809-2300
301-809-2321 (Fax)
kwhite@cityofbowie.org

Karen Holk
Oasis Senior Center at Macy's
3500 East West Highway
Prince George's Plaza
Hyattsville, MD 20782
301-559-6575
301-559-2437 (Fax)
Kholk@oasisnet.org

Regina Jackson
Cora B. Woods Senior Center
Brentwood Senior Multiservice Center
3601 Taylor Street
Brentwood, MD 20722
301-699-1238
Regina.Jackson@pgparks.com

Karen Haseley
Greenbelt Senior Center
15 Crescent Road
Greenbelt, MD 20770
301-397-2208
khaseley@greenbeltnmd.gov

Brenda Harris
Langley Park Senior Center
1500 Merrimac Drive
Hyattsville, Maryland 20783
301-408-4343
301-445-4501 (Fax)
Brenda.Harris@pgparks.com

Gena Wade
Phelps Senior Center
701 Montgomery Street
Laurel, MD 20707
301-776-6168
301-776-0090 (Fax)
gwade@laurel.md.us

Jareasch Brown
Evelyn Cole Senior Center
5702 Addison Road
Seat Pleasant, MD 20743
301-386-5525

SENIOR CENTERS

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John Lee
Camp Springs Senior Center
6420 Allentown Road
Camp Springs, MD 20746
301-449-0490

Queen Anne's County

Linda Conley
Crumpton Senior Center
2200 Dudley Corner Road
P.O.Box 58
Crumpton, MD 21628
410-778-5444
410-778-5817 (Fax)
lconley@qac.org

Ann Martin
Grasonville Senior Center
4802 Main Street
P.O. Box 147
Grasonville, MD 21638
410-827-6010
410-827-3299 (Fax)
amartin@qac.org

Dawn Cornelius
Centreville Senior Center
104 Powell Street
Centreville, MD 21617
410-758-0848
410-758-4487 (Fax)
dcornelius@qac.org

Trish Beville
Kent Island Senior Center
891 Love Point Road
Stevensville, MD 21666
410-604-3801
410-604-3810 (Fax)
tbeville@qac.org

St. Mary's County

Kathy Mather
Garvey Senior Center
41780 Baldrige Street, P.O. Box 653
Leonardtown, Maryland 20650
301-475-4200, ext. 1063
301-475-4503 (Fax)
katherine.mather@co.saint-marys.md.us

Joyce Raum
Loffler Senior Center
21905 Chancellors Run Road
Great Mills, MD 20634
301-737-5670, ext 1656
301-737-5683 (Fax)
joyce.raum@co.saint-marys.md.us

SENIOR CENTERS

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Marie Noelle Lautieri
Northern Senior Center
29655 Charlotte Hall Rd
Charlotte Hall, MD 20622
301-475-4002 X 1002
301-475-4034 fax
marienoelle.lautieri@co.saint-marys.md.us

Somerset County

Connie Cox
Crisfield MAC Senior Center
P.O. Box 705, 110 Lorrie Quinn Drive
Crisfield, MD 21817
410-968-2065

Jean Harrison
Princess Anne Senior Center
11916 Somerset Avenue
Princess Anne, MD 21853
410-651-3517

Talbot County

Jessie Caldwell
Talbot Senior Center
108 Maryland Avenue, Suite 102
Easton, MD 21601
410-822-2869
410-820-9563 (Fax)

Washington County

Emma Reger
Potomac Towers Senior Center
11 W. Baltimore St.
Hagerstown, MD 21740
301-790-0275 ext. 206

Martha Drennen
Southeastern Senior Center
P. O. Box 116
Keedysville, MD 21756
301-432-5624

Gere Shoemaker
Hancock Senior Center
126-128 High Street
Hancock, MD 21750
301-678-7163

SENIOR CENTERS

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Wicomico County

Ivy McKenize
Pine Bluff MAC Multi-Purpose Senior Center
1508 Riverside Drive
Salisbury, MD 21801
410-742-8569

Tracy Melvin
Willards MAC Senior Center
Hearn and Canal Streets
Willards, MD 21874
410-835-3475

Worcester County

Shelby Bacon
Berlin Senior Center
107 Williams Street
Berlin, MD 21811
410-641-0515
410-632-2613 (Fax)

Delia Young
Pocomoke Senior Center
400-B Walnut Street
P. O. Box 434
Pocomoke, MD 21851
410-957-0391
410-632-2613 (Fax)

Carole Sweeney
Ocean City Senior Center
104 41st Street, P.O. Box 504
Ocean City, MD 21842
410-289-0824
410-632-2613 (Fax)

Linda Parks
Snow Hill Senior Center
107 East Market Street
P.O. Box 159
Snow Hill, MD 21863
410-632-1277
410-632-2613 (Fax)

SENIOR INFORMATION & ASSISTANCE OFFICES

Appendix E

| County | Contact | Address | Telephone |
|----------------------------|------------------|--|---|
| Allegany County | Amanda Paul | Human Resources Development Commission, Inc. Area Agency on Aging 19 Frederick Street Cumberland, Maryland 21502 | 301-777-5970 ext.110 FAX: 301-722-0937 apaul@allconet.org |
| Anne Arundel County | Sandy Berkeley | Anne Arundel Co. Department of Aging and Disabilities 2666 Riva Road Annapolis, Maryland 21401 | 410-222-4464 1-800-492-2499 FAX: 410-222-4346 agsabe81@mail.aacounty.org |
| Baltimore City | Thelma Winn | Baltimore City Commission on Aging & Retirement Education 10 North Calvert Street Suite 300 Baltimore, Maryland 21202 | 410-396-2273 FAX: 410-385-0381 thelma.winn@baltimorecity.gov |
| Baltimore County | Betty Evans | Baltimore County Dept. of Aging 611 Central Avenue Towson, Maryland 21204 | 410-887-2594 TTY: 410-887-3787 FAX: 410-887-5789 bevans@baltimorecountymd.gov www.takingcareofmomanddad.net |
| Calvert County | Carolyn Mohler | Calvert Co. Area Agency on Aging 450 West Dares Beach Road Prince Frederick, Maryland 20678 | 410-535-4606 301-855-1170 Metro D.C. FAX: 410-535-1903 ooa@co.cal.md.us |
| Caroline County | Irene Garrettson | Upper Shore Aging, Inc. Caroline Senior Center 403 S. 7 th Street, Suite 127 Denton, Maryland 21629 | 410-479-2093 410-479-2535 FAX: 410-479-1879 igarrettson@uppershoreaging.org |
| Carroll County | Debbie Frame | Carroll County Bureau on Aging 125 Stoner Avenue Westminster, Maryland 21157 | 410-386-3800 TTY: 410-848-9747 FAX: 410-840-0436 dframe@ccg.carr.org |
| Cecil County | Mary Kahoe | Senior Services and Community Transit of Cecil County Elkton Center 200 Chesapeake Blvd., Suite 1700 Elkton, Maryland 21921 | 410-996-5295 FAX: 410-620-9483 mkahoe@ccgov.org |
| Charles County | Theresa Mason | Charles County AAA Department of Community Services 8190 Port Tobacco Road Port Tobacco, Maryland 20677 | 301-609-5712 or 301-870-3388 x5118 FAX: 301-934-5624 masont@charlescounty.org |

SENIOR INFORMATION & ASSISTANCE OFFICES

Appendix E

| County | Contact | Address | Telephone |
|-------------------------------|------------------|---|---|
| Dorchester County | Mary Handley | Senior Information & Assistance Delmarva Community Services, Inc. P. O. Box 637 Cambridge, Maryland 21613 | 410-221-1930 FAX: 410-221-1917 maryh@dcsdct.org |
| Frederick County | Elly Jenkins | Senior Information & Assistance Frederick Co. Department of Aging 1440 Taney Avenue Frederick, Maryland 21702 | 301-600-1604 TTY – Dial 711 in MD or 1-800- 201-7165 FAX: 301-600-3554 ejenkins@fredco-md.net |
| Garrett County | Lynda Weeks | Senior Information & Assistance Garrett County Area Agency on Aging 104 E. Centre Street Oakland, Maryland 21550 | 301-334-9431 Ext. 140 FAX: 301-334-8555 lweeks@garrettcac.org |
| Harford County | Kathy Bond | Senior Information & Assistance Harford Co. Area Agency on Aging 145 N. Hickory Avenue Bel Air, Maryland 21014 | 410-638-3025 - Harford 410-879-2000 ext: 3331 or ext. 3380 - Baltimore FAX: 410-893-2371 kmbond@harfordcountymd.gov |
| Howard County | Pam Bilal | Senior Information & Assistance Howard Co. Area Agency on Aging 6751 Columbia Gateway Drive, 2 nd Floor Columbia, Maryland 21046 | 410-313-5980 or 1-800-506-5806 FAX: 410-313-7465 pbilal@co.ho.md.us |
| Kent County | Kim Porter | Senior Information & Assistance Ferris Adult Activity Center 200 Schaubert Road Chestertown, Maryland 21620 | 410-778-2564 FAX: 410-758-9994 kporter@uppershoreaging.org |
| Montgomery County | Jennifer Long | Senior Information & Assistance Montgomery County Aging and Disability Services 401 Hungerford Drive, 3 rd Floor Rockville, Maryland 20850 | 240-777-3000 TTY: 240-777-4575 FAX: 240-777-1495 jennifer.long@ montgomerycountymd.gov |
| Prince George's County | Floyd A. Johnson | Senior Information & Assistance Prince George's County Area Agency on Aging Harriet Hunter Center 6420 Allentown Road Hyattsville, Maryland 20781 | 301-265-8450 TTY: 301-277-0076 FAX: 301-248-5358 fajohnson@co.pg.md.us |

SENIOR INFORMATION & ASSISTANCE OFFICES

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| County | Contact | Address | Telephone |
|----------------------------|----------------|---|---|
| Queen Anne's County | Bonnie English | Senior Information & Assistance Queen Anne's County Department of Aging 104 Powell Street Centreville, Maryland 21617 | 410-758-0848 FAX: 410-758-4489 benglish@qac.org |
| St. Mary's County | Debbie Barker | Senior Information & Assistance St. Mary's County Department of Aging Garvey Senior Center P. O. Box 653 Leonardtown, Maryland 20650 | 301-475-4200 Ext. 1064 FAX: 301-475-4503 debbie.barker@co.saint-marys.md.us |
| Somerset County | Jean Harrison | Senior Information & Assistance Commission on Aging-MAC, Inc. 11916 North Somerset Avenue Princess Anne, Maryland 21853 | 410-651-0020 FAX: 410-651-3350 |
| Talbot County | Peggy Vance | Senior Information & Assistance Talbot County Senior Center 400 Brooklets Avenue Easton, Maryland 21601 | 410-822-2869 FAX: 410-820-9563 mvance@upppershoreaging.org |
| Washington County | Liz Church | Senior Information & Assistance Washington County Commission on Aging, Inc./AAA 140 W. Franklin St., 4 th Floor Hagerstown, Maryland 21740 | 301-790-0275 FAX: 301-739-4957 lchurch@wccoaging.org |
| Wicomico County | Teri Davidson | Senior Information & Assistance Pine Bluff – MAC, Inc. 1504 Riverside Drive Salisbury, Maryland 21801 | 410-543-0388 FAX: 410-742-0525 tld@macinc.org |
| Worcester County | Debbie Ritter | Senior Information & Assistance Worcester County Commission on Aging MAC, Inc.- Snow Hill Senior Ctr. 107 East Market St., P. O. Box 159 Snow Hill, Maryland 21863 | 410-632-1289 FAX: 410-632-2613 |

MARYLAND DEPARTMENT OF AGING

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Local: 410-767-1100
Toll Free: 1-800-243-3425
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TTY users call via Maryland Relay
www.mdoa.state.md.us