



Department of Aging

BUDGET PRESENTATION FISCAL YEAR 2010

Annual Report
January—December 2008

Martin O'Malley
Governor

Gloria Lawlah
Secretary

Anthony G. Brown
Lt. Governor

A Message from the Secretary

We are pleased to present this annual report of the Maryland Department of Aging (MDoA), which describes our accomplishments and services during 2008 and represents our budget presentation for Fiscal Year 2010.

Maryland faces many challenges over the next several years. Not only are the numbers of seniors increasing at an unprecedented rate, but the downturn in the national economy has had repercussions in Maryland that affect the programs and services that our State provides to those seniors. However, even during these tough times, we are making progress and we remain committed to finding innovative ways to ensure that our seniors remain protected.



We have consistently shown that the programs and services that help Maryland's seniors stay healthy, remain in their homes and engaged in community life are not only good for seniors but are also good for Maryland taxpayers. Now, more than ever, we must focus our attention on retooling and enriching the State's long term care infrastructure so that those who want to age in place with the support of community-based services have the ability to do so. The aging of Maryland is also going to require that we look at strategies to keep older Marylanders healthy and manage chronic diseases better. As unprecedented numbers of seniors live into their 80s and beyond, the likelihood that they will develop one or more chronic health conditions also increases. Research has shown that when we give people the incentive, power and tools to take control of their health, it can pay a big dividend in the form of higher quality of life and lower expenditures for health and long term care. The aging of the workforce presents both challenges and opportunities. Although large numbers of Baby Boomers are about to enter their retirement years, rising numbers of seniors are expected to remain in the workforce well beyond traditional retirement age, or seek career changes and other opportunities for continued employment in their "post-retirement" years. An older workforce also calls our attention to the need for workplace accommodations and training for "encore careers." For those who do choose to retire, retirement does not necessarily mean disengaging from community life. In fact, continued activity and civic engagement are increasingly becoming essential ingredients of successful retirement.

The mission of the Maryland Department of Aging is to enable older citizens to age with choice, independence and dignity. MDoA works in partnership with the 19 Area Agencies on Aging to provide leadership and advocacy to Maryland's seniors and their families through information, education, and services. Responding to that mission, this document illustrates how MDoA, the aging network and many of Maryland's executive departments work collaboratively to improve the overall quality of life for our older adults and for all citizens in Maryland.

Sincerely,

A handwritten signature in black ink that reads "Gloria Lawlah". The signature is fluid and cursive, with the first name "Gloria" being more prominent.

Gloria Lawlah
Secretary

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ORGANIZATION

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ORGANIZATION

History

- In 1959, MDoA originated as the ***State Coordinating Commission on the Problems of the Aging*** (Chapter 1, Acts of 1959).
- It was renamed ***Commission on the Aging*** in 1971 (Chapter 595, Acts of 1971).
- The ***Governor's Coordinating Office on Problems of the Aging*** was established by the Governor in 1974.
- In 1975, the ***Commission on the Aging*** and the ***Governor's Coordinating Office on Problems of the Aging*** merged to form the ***Office on Aging***, a cabinet-level agency (Chapter 261, Acts of 1975).
- In July 1998, the Office was restructured as the ***Department of Aging***, a principal executive department (Chapter 573, Acts of 1998).

Statutory Base

Two statutes serve as the primary base for Maryland Department of Aging (MDoA) operations: Human Services Article, Title 10, Annotated Code of Maryland, and the federal Older Americans Act of 1965, as amended. The major duties assigned to MDoA under these statutes are to:

- Administer programs mandated by the federal government;
- Establish priorities for meeting the needs of Maryland's senior citizens;
- Evaluate the service needs of Maryland's senior citizens and determine whether or not programs meet these needs;
- Serve as an advocate for seniors at all levels of government; and
- Review and formulate policy recommendations to the Governor for programs that have an impact on senior citizens.

Organization

MDoA receives State general funds as approved by the General Assembly and federal funds through the Older Americans Act and other sources to carry out its mission.

The partnership between MDoA and the 19 local Area Agencies on Aging (AAAs) provides programs and services for seniors statewide. AAAs are local government or non-profit organizations designated by MDoA under federal statutory authority to provide for a range of services to meet the needs of older Marylanders. Each AAA is required to submit a plan for the delivery of services. Approval from MDoA is based on the AAAs having met State and federal statutory and regulatory requirements. State and federal funds are allocated to AAAs based on formulas developed by MDoA in cooperation with the AAAs.

AAAs receive additional funds through county and municipal support and other public/private contributions. AAAs provide services to seniors either directly or through

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contracts with other public or private organizations. While programs such as information and assistance and nutrition are available to all seniors, the increase in the number of seniors and limited public funds necessitate that services be directed first to those seniors in greatest social and economic need and those who may be at risk of institutionalization.

Vision

The Maryland Department of Aging envisions Maryland as a State where all people are able to age with dignity, opportunity, choice and independence.

Mission

The Maryland Department of Aging, partnering with the Area Agencies on Aging and other organizations, provides leadership, advocacy and access to information and services for Maryland seniors, their families and caregivers.

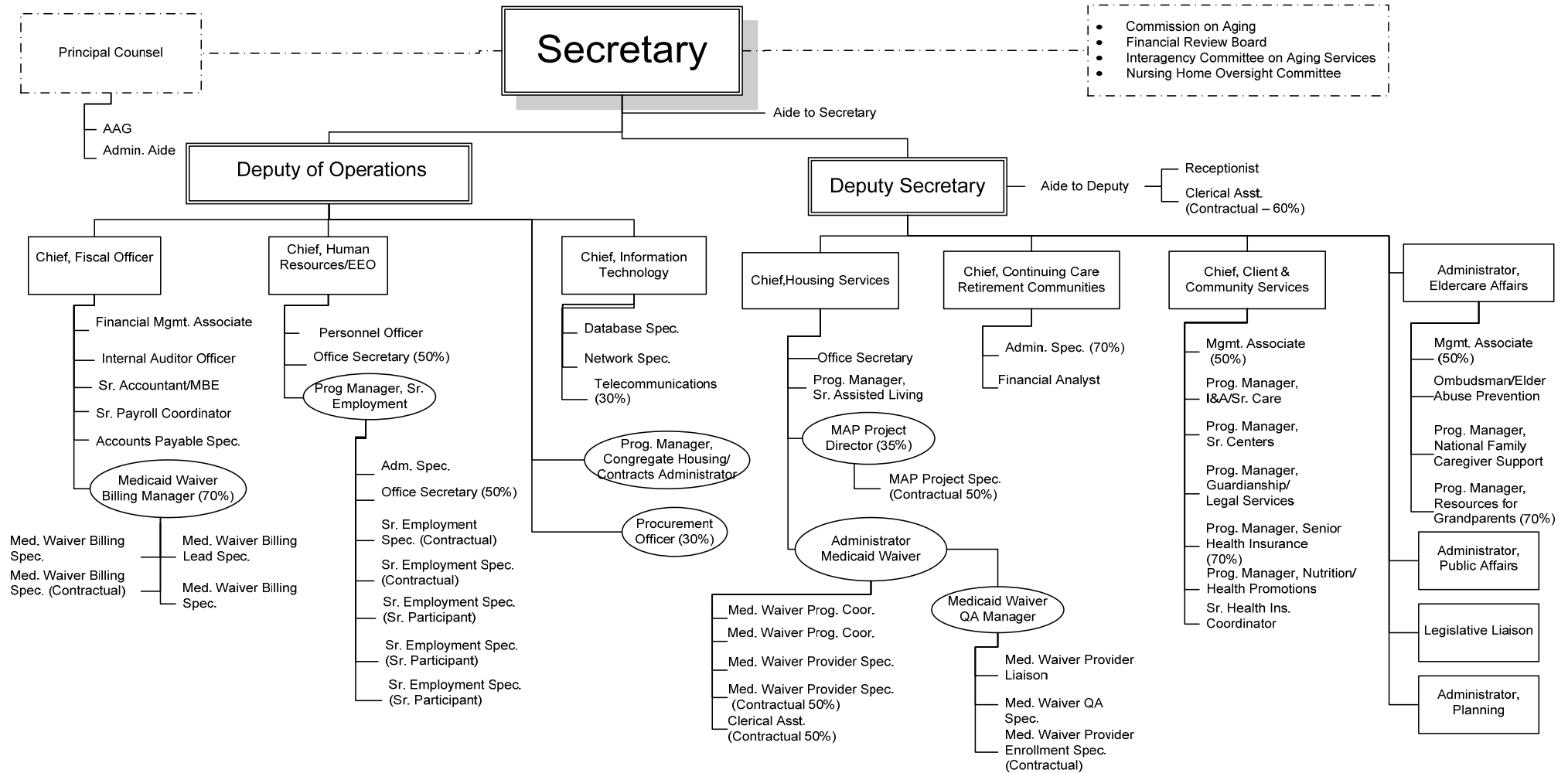
Key Goals

To ensure that older citizens are treated with dignity and respect, MDoA, through leadership, advocacy and community partnerships, has established four goals. Programs and services administered by MDoA are the vehicles for achieving the goals, which allow for flexibility and change in the way programs can be structured for future generations of seniors. The goals are:

- | | |
|---------|---|
| Goal #1 | Empower older Marylanders, their families, and other consumers to make informed decisions about, and to be able to easily access, existing health and long-term care options. |
| Goal #2 | Enable older Marylanders to remain in their own homes with a high quality of life for as long as possible through the provision of home and community-based services, including supports for family caregivers. |
| Goal #3 | Empower older Marylanders to stay active and healthy through Older Americans Act services and the prevention benefits under Medicare. |
| Goal #4 | Ensure the rights of older Marylanders and prevent their abuse, neglect and exploitation. |

ORGANIZATION

Maryland Department of Aging



Revised January 5, 2009



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ACCOMPLISHMENTS

- Accessible Homes for Seniors
- Advance Directives/Five Wishes
- Aging and Disability Resource Center or Maryland Access Point
- Continuing Care Retirement Communities (CCRCs)
- Empowerment Zone
- Evidence Based Health Initiatives
- Homeland Security Initiative/Emergency Preparedness
- Maryland Senior Health Insurance Program and Maryland Senior Prescription Drug Assistance Program
- Medicaid Waiver for Older Adults
- Mental Health Training
- Money Follows the Person
- NGA Policy Academy
- Nursing Home Diversion Initiative
- State Plan on Aging
- Senior Centers
- Senior Information and Assistance (I&A) Program
- Senior Medicare Patrol—Rural and Tribal Initiative
- Special Older Americans Month Events

ACCOMPLISHMENTS

Accessible Homes for Seniors

This initiative, funded by the Maryland Department of Housing and Community Development and jointly sponsored by MDoA, offers zero-interest loans to income eligible households (maximum income of \$45,976 - \$55,440) to be used for home modifications to enable seniors to “age in place”. Installation of grab bars, lever handles on doors, wider doorways and first-floor bathrooms are examples of such modifications.

In 2008, 14 persons made accessibility-related improvements to their homes at a cost of \$349,649, an average of \$24,975 per homeowner. For many seniors, these improvements are critical to allowing them to stay in their home and maintain their independence.

Advance Directives/Five Wishes-

In 2008, Governor O'Malley and MDoA partnered to provide the Five Wishes documents at no cost to Maryland citizens. Five Wishes is a form of advance directive that helps individuals make decisions that address their future medical, personal, emotional and spiritual needs. It is consumer friendly and allows seniors, their caretakers, families and providers to plan prior to a health care crisis. The document is available in various languages and is legal in 40 states including Maryland. In 2008, approximately 6,000 copies of this document were distributed.

Aging and Disability Resource Center or Maryland Access Point

In October 2003, Maryland was one of the first 12 states to be awarded an \$800,000 federal grant to pilot Aging and Disability Resource Centers (ADRC) known as Maryland Access Point or MAP in Maryland. The ADRC program provides states with an opportunity to effectively integrate their long-term support resources for consumers into a single coordinated system. To date, 46 states have been awarded ADRC grants. In addition to the state level MAP operations, Maryland now has six local MAP sites in Baltimore City, and Worcester, Washington, Howard, Anne Arundel and Prince George's counties. The centerpiece of the MAP program will be a new website that will function as the State's first searchable database of long term care support information for seniors, persons with disabilities, and their caregivers. The website is scheduled to be launched in 2009.

Continuing Care Retirement Communities (CCRCs)

In 2008, MDoA issued initial certificates of registration that allowed for expansion of two existing CCRCs, Asbury Methodist Village in Montgomery County and William Hill Manor in Talbot County. In addition, the Department approved a feasibility study for a new CCRC in Howard County called Lutheran Village at Miller's Grant. The Department is evaluating feasibility studies for two proposed continuing care communities, one in Montgomery County and one in Frederick County.

Empowerment Zone

A Senior Empowerment Zones Commission has been appointed by the Secretary to study the feasibility of establishing senior friendly neighborhoods in different areas of the state. At this time, two communities have established programs that enhance and coordinate services for seniors such as transportation, social engagement, personal care, and preventive health services. The purpose of the Senior Empowerment Zone is to identify and stabilize communities where

ACCOMPLISHMENTS

large numbers of older residents live independently. Through support programs and services, these residents can age in place.

Evidence Based Health Initiatives

In an effort to reduce rates of disability, improve mental and cognitive function, and lower health care costs, MDoA is leading an effort to promote healthy behaviors in older adults. Research has shown that older adults who increase physical activity, adopt healthy eating habits, and take steps to minimize the risk of falling, can live longer and healthier lives. Funded by a three-year, \$700,000 grant from the U.S. Administration on Aging, MDoA, in partnership with six AAAs, Baltimore County, Howard County, Montgomery County, Prince George's County, Upper Shore Aging (Kent, Caroline, and Talbot Counties), and Worcester County, service providers, and local health departments is working to implement the Chronic Disease Self Management Program (CDSMP) developed at Stanford University. The program, known in Maryland as "Living Well - Take Charge of Your Health," features a series of six-week classes that train people to manage chronic conditions. The goal of this program is to encourage participants to become more accountable for their own health. Thanks to a \$492,596, three-year grant from the Weinberg Foundation, four new jurisdictions, Baltimore City, Somerset, Queen Anne's and Washington Counties, will also implement this program. To date, over 700 individuals have participated in over 80 workshops to assist them in managing their chronic conditions. Visit <http://www.mdoa.state.md.us/programs.html> for more information on the Living Well program.

Homeland Security Initiative/Emergency Preparedness

MDoA is working in partnership with the Maryland Departments of Health and Mental Hygiene and Disabilities to create specific supports for AAAs to be fully engaged with local Emergency Operations Centers to ensure that the needs of older adults in the community are taken into consideration in emergency planning and preparedness. The Department of Health and Mental Hygiene provides funding to MDoA to support this work. Work this year has involved a statewide training for AAAs, distribution of public information, development of best practices from AAAs and training for Assisted Living and Personal Care providers working with public programs.

In September, MDoA participated in the "Bee Prepared" event hosted by the Department of Health and Mental Hygiene (DHMH). MDoA displayed information about emergency planning for older adults and provided handouts for planning. In November, MDoA hosted a training event for the AAAs on emergency management at the Maryland Emergency Management Agency (MEMA). The training emphasized the importance of AAAs working as a team with local emergency planning staff to ensure the safety of seniors during an emergency. Subsequently, several AAAs worked together to develop best practices that will serve as models for future planning.

Maryland Senior Health Insurance Program and Maryland Senior Prescription Drug Assistance Program

During the 2008 General Assembly Session, legislation proposed by Governor O'Malley was enacted that added \$4 million annually for the Maryland Senior Prescription Drug Assistance Program (SPDAP) to provide assistance to enrollees whose drug expenses place them into the coverage gap or "donut hole." SPDAP is a program administered by the Maryland Health

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Insurance Plan (MHIP) that subsidizes the Medicare Part D premium up to \$25/month for approximately 25,000 enrollees. The additional donut hole benefit helps those on Medicare with limited income and significant drug expenses, by providing up to \$1,200 per person in annual state subsidies to reduce their out of pocket costs in the donut hole (approximately 30% or 7,500 of Maryland SPDAP participants). The SPDAP donut hole assistance will be available starting in January 2009.

The MDoA Senior Health Insurance Assistance Program (SHIP) has been working closely with Maryland SPDAP to ensure that eligible Medicare beneficiaries understand this new benefit, and select and enroll in plans that are appropriate to their needs. Through joint training activities, co-sponsored educational and enrollment events, and targeted publicity, Maryland SHIP staff and volunteers have been able to assist Medicare beneficiaries become aware of and enroll in Medicare Part D plans and the SPDAP or federal “Extra Help” program as appropriate.

Medicaid Waiver for Older Adults

The Waiver for Older Adults (WOA) provides services and other long-term supports to low-income individuals aged 50 and older, who would otherwise reside in nursing homes. In 2008, the waiver served over 3,500 individuals. Accomplishments for the year include:

- Changes to the provider billing procedures to improve timeliness of payments for specific services.
- Procedures to improve the oversight and technical assistance provided to enrolled Waiver providers and Area Agency on Aging case managers such as orientation sessions for personal care agencies and quarterly round table sessions for Waiver AAA Case Managers.
- Improved Older Adults Waiver Tracking System Reports to better enable all parties responsible for making timely program eligibility determinations to monitor and follow-up as needed to address any delays.
- Development of a brochure and reportable event fact sheet for enrollees outlining their program rights and responsibilities.

Mental Health Training

In November, 103 individuals, including 43 representatives from Maryland AAAs, attended a training forum entitled “Building the Partnership: Collaboration between the Maryland Mental Health and Aging Networks”. The purpose of the forum was to lay a foundation for joint planning between these two service systems. This provided an opportunity to increase awareness and understanding of the mental health and aging systems in order to improve services and supports for older adults with mental health needs.

Money Follows the Person

MDoA is working in partnership with the Departments of Health and Mental Hygiene and Disabilities to implement a five year federally funded program to identify individuals in nursing homes who wish to transition back into the community. Eligible individuals transition into one of several Medicaid Home and Community-Based Services Waivers. This initiative requires coordination with the local AAA in the community where the person wishes to reside.

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NGA Policy Academy

In July, Maryland was one of six states chosen by the National Governors Association to participate in a Policy Academy on Civic Engagement of Older Adults. This Academy is a year-long initiative to help increase civic engagement among seniors by capitalizing on the leadership of state governors. MDoA is the lead agency for this initiative, with team members from the Governor's Office on Service and Volunteerism, the Governor's Grants Office, AAAs, and from several stakeholder groups. The Maryland team has established three goals:

Goal 1: Greater labor market participation among older Marylanders.

Goal 2: Greater participation by older Marylanders in volunteer activities.

Goal 3: Greater participation by older Marylanders in lifelong learning activities.

Nursing Home Diversion Initiative

In September 2007, Maryland was one of 12 states to receive an 18-month, \$500,000 Nursing Home Diversion Grant Program. The grant is funded by the U.S. Administration on Aging and provides an opportunity for MDoA, in partnership with five AAAs and other long-term care stakeholders, to help individuals who are not yet eligible for Medicaid to avoid nursing home placement. The project has created a protocol to identify high risk individuals and to assist them through a flexible self-directed benefit program which will allow individuals at risk of nursing home placement to remain in the community and to avoid Medicaid spend down.

State Plan on Aging

In July, MDoA submitted the Maryland State Plan on Aging, 2009-2012 to the Administration on Aging to fulfill Older Americans Act requirements. The report serves as a strategic planning document and details the efforts of MDoA and the local AAAs to meet the needs of seniors. The State Plan gives MDoA the opportunity to review and evaluate its past performance and to look to the future to find creative ways to continue to meet the changing needs of seniors.

Senior Centers

Through the Senior Citizens Activities Centers Capital Improvement Grants Program, the State has provided in excess of \$29,326,000 in capital improvement grants to local governments for senior center development since the program's inception in 1979. MDoA awarded \$500,000 in operating funds to 37 senior centers in 11 jurisdictions for innovative program development during FY08. Many of the new programs are evidence based health promotion projects aimed at helping participants reduce health risks and increase their ability to manage chronic conditions.

Senior Information and Assistance (I&A) Program

Annually, the I&A program provides one-on-one assistance to over 45,000 seniors who require aging services, including affordable housing, prescriptions and health care, utility assistance, income management, and more. In 2008, the Senior I&A workers located in the 19 AAAs helped seniors to apply for federal economic stimulus payments. Senior I&A workers are also assisting seniors through the digital television transition process, from helping them obtain coupons through actual installation of converter boxes.

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Senior Medicare Patrol – Rural & Tribal Initiative

Effective October 1, 2008, MDoA received a new SMP grant from the Administration on Aging (AoA) to provide outreach and education in rural Maryland to isolated or hard-to-reach Medicare beneficiaries, including tribal elders. The purpose of the grant is to expand the reach of the SMP program statewide and strategically partner with the Aging and Disability Resource Centers (MAPs) and the Rural Maryland Council to help develop effective marketing materials and messaging to reach and educate older Marylanders about Medicare fraud issues. This new initiative is funded by AoA for two years.

Special Older Americans Month Events

MDoA joined the Maryland Centenarians Committee, Inc. in hosting the 16th Annual Maryland Centenarians Recognition Luncheon on May 8, 2008 at Martin's West in Baltimore County. This Older Americans Month celebration pays tribute to Maryland citizens who have reached or surpassed the landmark age of 100. Over 700 people attended the luncheon in 2008 and 68 centenarians were in attendance. MDoA has co-sponsored this event since 1993. Currently, there are more than 1,500 centenarians in Maryland.

Also in May, MDoA hosted the 1st Annual Governor's Leadership in Aging Awards, which honored individuals and groups for their contributions to help seniors live with choice, independence and dignity and for serving as role models. Award recipients were selected for Outstanding Service Contribution, Visual or Performing Arts, and Health and Vitality.



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- Empowering Older People To Take More Control of their Health
- Evidence Based Health Promotion for Seniors
- Farmers' Market Nutrition Program
- Legal Services Grant
- Nursing Home Diversion Grant
- Senior Community Service Employment Program (SCSEP)
- Senior Health Insurance Assistance Program
- Senior Medicare Patrol (SMP)
- SMP Integration Grant

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Empowering Older People To Take More Control of their Health

MDoA received a three-year Evidence Based Prevention Programs grant from the Administration on Aging. This grant allows MDoA to implement the Chronic Disease Self Management Program (CDSMP), which is known in Maryland as Living Well – Take Charge of Your Health. The CDSMP was developed at Stanford University and is an accountability program that empowers people with chronic disease to take control of their own health.

Six AAA/community provider partnerships are participating, covering eight counties. These include Baltimore, Howard, Caroline, Kent, Talbot, Montgomery, Prince George's, and Worcester Counties. Montgomery County is providing an additional evidence based program called Active for Life, which focuses on helping people age 55 and over to stay active.

Each local partnership includes a community service provider (including two community colleges, a hospital, a commission on aging, and two in-home service providers), the area agency on aging, local health department, and a variety of additional partners including churches, insurance companies, low-income housing providers, and health care providers.

Two local partners (MAC, Inc. and Howard County) have implemented the CDSMP in previous years, and are continuing to expand the project. Howard County staff provides mentoring to all partners. Towson University Center for Progressive Aging is the evaluator for the grant. The National Council on Aging provides additional technical assistance. Maryland is working to expand the program beyond the current participants and the three years of the grant.

Funding Source: Administration on Aging (AoA)

Project Period:

Year 1-September 30, 2006-July 31, 2007

Year 2-August 1, 2007-July 31, 2008

Year 3-August 1, 2008-July 31, 2009

Amount: \$250,000 each year

Evidence Based Health Promotion for Seniors

Evidence based health initiatives are programs adapted from tested models that encourage older individuals to adopt habits that can improve their health and well-being. The goal of this grant is to reduce rates of disability, improve mental and cognitive function, and lower health care costs. Research has shown that older adults who increase physical activity, adopt healthy eating habits, and take steps to minimize the risk of falling, can live longer and healthier lives. Evidence based health promotion programs include classes in falls prevention, exercise programs to increase strength, flexibility and balance, and classes that promote more effective chronic disease management.

This grant will allow four new jurisdictions, Baltimore City, Somerset, Queen Anne's and Washington counties, to implement the chronic disease self-management program that was developed at Stanford University. In Maryland, the program is known as "*Living Well: Take Charge of Your Health*." The philosophy of the Stanford model is that people who are

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actively engaged in managing their chronic conditions can improve their overall health. The potential benefits of this strategy are that individuals can lead healthier, more productive lives as they become more empowered to be involved in their own care.

Funding Source: The Weinberg Foundation

Project Period:

Year 1-October 23, 2008-October 22, 2009

Year 2-October 23, 2009- October 22, 2010

Year 3-October 23, 2010- October 22, 2011

Amount: \$ 492,596 (\$176,612 in 2008, \$176,612 in 2009, and \$139,372 in 2010)

Farmers' Market Nutrition Program

The Senior Farmers' Market Nutrition Program (SFMNP) is a program established by Congress and operated by the United States Department of Agriculture, Food and Nutrition Service. The purposes of the SFMNP are to:

- 1) Provide resources in the form of fresh, nutritious, locally grown fruits, vegetables and herbs from farmers' markets, roadside stands, and community supported agriculture (CSA) programs to low-income seniors. increase the domestic consumption of agricultural communities by expanding or aiding in the expansion of domestic farmers' markets, roadside stands, and CSAs; and
- 2) Develop or aid in the development of new and additional farmers' markets, roadside stands, and CSAs.

Maryland has participated in the program since its inception in 2001, which is administered by the Maryland Department of Agriculture (MDA). The Maryland Department of Agriculture applies for the grant, and handles financial management, market management and the printing of checks, market maps and instructional pamphlets for participants. MDoA recommends check allotment amounts per jurisdiction, provides technical support such as updates, progress, timelines, and other needed information for each AAA Farmers' Market contact, and conducts reviews for compliance with program regulations. AAAs educate and authorize qualified seniors, issue checks and ancillary materials, and provide nutritional education.

To participate in the SFMNP, applicants must provide proof of age (60 or above), Maryland residency, and valid documentation of participation in a means-tested qualifying program. Eligible seniors receive a book of 5-\$3 SFMNP checks (total benefit level is \$15) to purchase locally grown produce from authorized farmers at authorized farmers' markets.

Funding Source: U. S. Department of Agriculture (USDA)

Project Period: Annually, June 1 - October 31

Amount: 2008- \$232,939

Legal Services Grant

The Maryland Department is partnered with the Legal Aid Bureau, Inc. to carry out objectives of a grant received from the Administration on Aging. The overarching goals are to strengthen the coordination among various aging programs, AAAs and legal services providers by increasing their knowledge of each other's services and expertise, as well as to support and

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expand the innovative Senior Legal Helpline operated by the Legal Aid Bureau. This collaboration will result in a better-coordinated legal services system targeting underserved seniors in two critical legal areas – advance directives and assisted living. To date, accomplishments include conducting a Legal Needs survey to Maryland’s senior population and elder law service providers; creating an Online Resource Center for operators of smaller assisted living facilities in Maryland and families of residents (posted on the People’s Law Library website at <http://www.peoples-law.info/Home/PublicWeb>); creating a diagnostic tool for lawyers and advocates that provides important legal information; and an advance directive booklet that will be available in English, Spanish, Korean, and Chinese .

Funding Source: Administration on Aging (AoA)

Project Period: September 30, 2006-May 31, 2009

Amount: \$100,000 annually

Nursing Home Diversion Grant

In September 2007, Maryland was one of 12 states to receive an 18-month, \$500,000 Nursing Home Diversion Grant Program. The grant is funded by the Administration on Aging and provides an opportunity for MDoA, in partnership with five AAAs and other long-term care stakeholders, to help individuals who are not yet eligible for Medicaid to avoid nursing home placement while using a consumer directed model of service delivery. This opportunity is designed specifically to help the Aging Services Network transform the way it uses existing State and federal funds to reflect the latest research and best practices in the field.

The project will create a protocol to identify and target older adults who are at risk of long term nursing home placement and Medicaid spend down and offer those individuals a self-directed spending benefit to purchase services that will assist them to remain in the community.

Funding Source: Administration on Aging (AoA)

Project Period: September 30 2007 – March 31, 2009

Amount: \$500,000

Senior Community Service Employment Program (SCSEP)

SCSEP provides training and employment assistance to eligible older workers through participating 501(c)(3) non-profit agencies or government entities (Host Agencies) that provide a community service to the general or senior populations. While in the Program, qualified older workers update and enhance their skills through opportunities for training provided by their Host Agencies. A federal grant from the U. S. Department of Labor and authorized under Title V of the Older Americans Act pays for participants to work 20 hours per week in positions that provide workers with the experience and skills to find unsubsidized employment. The goal of the program is to enhance employment opportunities for older workers and to promote older workers as a solution for businesses seeking a trained, qualified, and reliable workforce.

Funding Source: U. S. Department of Labor, as authorized under Title V of the Older Americans Act

Project Period: Annually

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Amount: \$1,423,063 for 2008

Senior Health Insurance Assistance Program

MDoA's Senior Health Insurance Assistance Program (SHIP), has been in operation since 1987, and has been designated by the Governor as the agency to receive funds under the Health Insurance Information, Counseling, and Assistance Grants Program (Section 4360 of the Omnibus Reconciliation Act of 1990, P.L.101-508).

The mission of Maryland SHIP is to offer locally-based assistance and counseling for problems Medicare beneficiaries encounter regarding health insurance. In fulfilling the mission, SHIP provides services, using trained volunteer counselors, in five general areas: (1) health insurance claims assistance and problem resolution to Medicare beneficiaries and/or their caregivers regarding Medicare, Medicare Part D Prescription Drug Plans, Medicare supplements, Medicaid programs, managed care plans, and long term care insurance; (2) information and assistance to Medicare beneficiaries and/or their caregivers in selecting appropriate health insurance products; (3) public education activities, printed materials, and media coverage on health insurance issues; (4) referrals and assistance to other appropriate community services and to governmental organizations; and (5) assistance with health insurance claims, reconsiderations, grievances and appeals.

SHIP funds are granted to all 19 AAAs to operate the program at the local level. The Maryland SHIP is a volunteer-based program, using approximately 135 trained volunteers as counselors or in support positions.

Funding Source: Centers for Medicare and Medicaid Services (CMS)
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Project Period: April 1, 2007-March 31, 2008 - Renewed annually

Amount: \$484,120 (State match is \$52,814)

Senior Medicare Patrol (SMP)

In June 1997, MDoA received a federal grant from the Administration on Aging to develop a project to respond to Medicare and Medicaid fraud, waste, abuse, and error. This grant is part of a nationwide initiative called Senior Medicare Patrol (SMP).

The purpose of the SMP project is to reduce the amount of federal and State funds lost due to health insurance fraud by increasing the public's ability to detect and report possible fraud, waste, abuse or error. SMP has been successful in recruiting and training retiree volunteers to act as health insurance educators. One hundred and forty-two volunteers have been involved in SMP activities this past year. Activities included public speaking engagements and instructing Medicare beneficiaries in monitoring health care expenditures and identifying potential discrepancies.

MDoA collaborates with partners at the local AAAs, the Rural Maryland Council, Maryland Insurance Administration, Maryland Attorney General's Office, AARP, and other state and private agencies to identify, recruit and train SMP volunteers who, having a variety of skills, education and experiences, will work together to educate the hard to reach populations of Maryland in fraud prevention, detection and reporting. Currently, there are 13 AAAs operating

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an SMP project, (Anne Arundel, Baltimore, Carroll, Harford, Howard, Montgomery, Prince George's, Upper Shore Aging [Kent, Caroline and Talbot], Frederick, St. Mary's, MAC, Inc. [Dorchester, Somerset, Wicomico, and Worcester], Queen Anne's Counties, and Baltimore City.
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Funding Source: Administration on Aging (AoA)

Project Period: July 1, 2007-June 30, 2008
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Amount: \$180,000 Renewed annually

SMP Integration Grant

Effective October 1, 2008, MDoA received a new SMP grant from the Administration on Aging to provide outreach and education in rural Maryland among isolated or hard-to-reach Medicare beneficiaries, including tribal elders. The purpose of the grant is to expand the reach of the SMP program statewide and strategically partner with the Aging and Disability Resource Centers (MAPs) and the Rural Maryland Council to help develop effective marketing materials and messaging to reach and educate older Marylanders about Medicare fraud issues. This new initiative is funded by AoA for two years.
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Funding Source: Administration on Aging (AoA)

Project Period: October 1, 2008-September 30, 2010
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Amount: \$100,000 (Renewable for one year)
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- Population by Jurisdiction and Age (2000)
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DEMOGRAPHICS

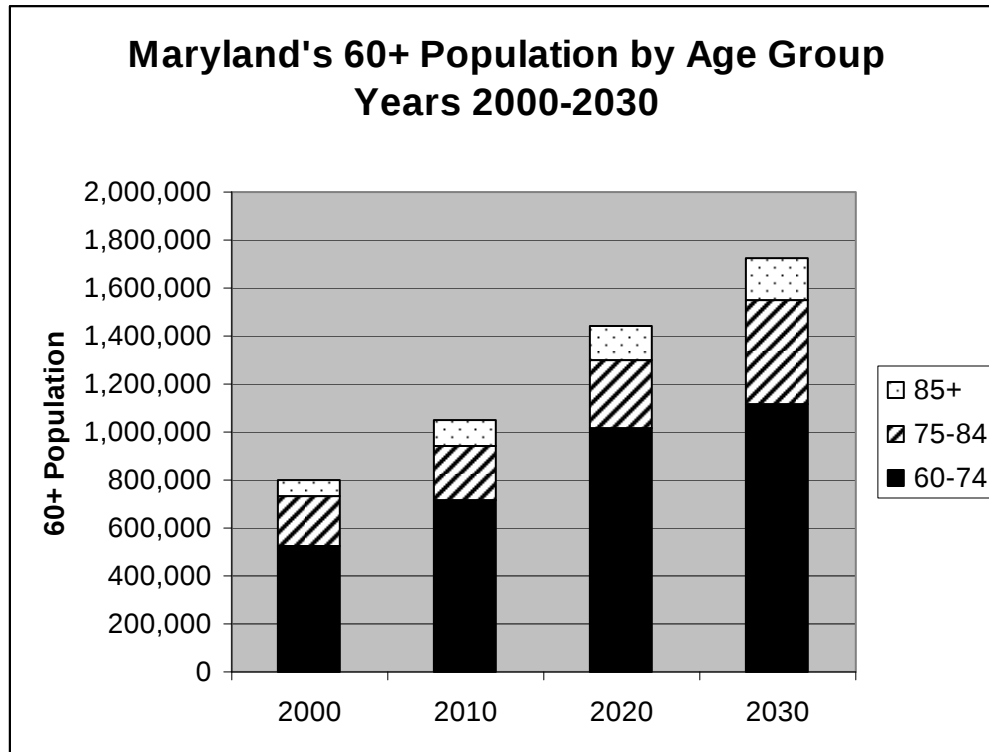
Facts and Figures

In the State of Maryland, several demographic trends shape the Maryland Department of Aging's goals and priorities for service to seniors.

- **Individuals over the age of 85 are the fastest growing segment of the population.** This cohort will grow in number, statewide, from 66,902 in 2000 to 173,355 by the year 2030. A graphic representation of this increase is provided on the next page.
- **The number of older Marylanders is increasing.** Of the nearly 5.3 million people in Maryland in 2000, 15% (801,036) were over the age of 60. The percentage is expected to increase to 25.7% of Maryland's projected population of 6.7 million by the year 2030. The tables on pages 16 and 17 provide further information on the growth of the 60+ population.
- **The geographic distribution of Maryland's senior population will change as the overall population distribution changes over the next 30 years.** In 2000, 67.4% of Maryland's seniors resided in Baltimore City and Anne Arundel, Baltimore, Montgomery and Prince George's counties. In 2030, these remain the top jurisdictions for individuals over 60, however, Calvert, Charles and St. Mary's Counties are each projected to increase their 60+ populations by over 230%. In addition, Howard, Frederick, Carroll, Cecil and Queen Anne's Counties' over 60 populations are projected to increase by more than 150%.
- **The greatest number of the State's minority seniors live in Baltimore City.** In 2000, 32.3% of 60+ minority individuals lived in Baltimore City. The two counties with the next highest percentage of minorities are Prince George's County with 24.4% and Montgomery County with 15.7%. Of the population of older minority Marylanders who were 85+, 35% lived in Baltimore City, 19% in Prince George's County and 14% in Montgomery County in 2000. See table on page 19.
- **Low-income older individuals are concentrated in the Baltimore Metropolitan area.** A smaller number of poorer individuals aged 60 and over reside in Western Maryland and on the Eastern Shore. In 2000, 63,978 older Marylanders lived in poverty as defined by the federal poverty guidelines. See table on page 20.
- **In Kent, Talbot and Worcester Counties on the Eastern Shore, individuals over 65 outnumber individuals under 18.**

Sources: U. S. Census, 2000; MD Department of Planning Population Projections, Revised December, 2008.

DEMOGRAPHICS



	2000	2010	2020	2030
60-74	523,014	719,155	1,020,131	1,115,541
75-84	211,120	218,940	282,942	433,532
85+	66,902	112,968	138,405	173,355
Total	801,036	1,051,063	1,441,478	1,722,428

Source: U.S. Census 2000; Maryland Department of Planning, December 2008

DEMOGRAPHICS

Maryland's 60+ Population Projections by Jurisdiction, 2000-2030

Jurisdiction	2000	2005	2010	2020	2030	% Change 2000-2030
Allegany Co.	17,105	17,151	17,901	20,708	22,137	29.4%
Anne Arundel Co.	67,510	78,060	91,803	120,758	144,264	113.7%
Baltimore City	110,961	110,718	118,479	142,503	150,233	35.4%
Baltimore Co.	140,313	145,772	161,442	206,966	228,831	63.1%
Calvert Co.	9,149	11,535	14,427	22,723	30,238	230.5%
Caroline Co.	5,264	5,706	6,632	9,445	11,919	126.4%
Carroll Co.	21,770	25,572	30,953	43,969	55,722	156.0%
Cecil Co.	12,254	14,287	17,089	25,182	32,470	165.0%
Charles Co.	13,547	16,951	20,416	31,355	45,662	237.1%
Dorchester Co.	7,008	7,527	8,489	11,610	13,439	91.8%
Frederick Co.	25,355	30,036	36,983	57,415	75,666	198.4%
Garrett Co.	5,962	6,510	7,320	9,736	11,235	88.4%
Harford Co.	30,352	36,211	43,958	61,958	74,358	145.0%
Howard Co.	26,606	34,139	44,087	65,446	82,093	208.6%
Kent Co.	4,677	5,274	6,012	8,077	9,657	106.5%
Montgomery Co.	130,647	150,796	181,702	262,086	316,495	142.3%
Prince George's Co.	90,558	109,992	136,592	193,434	236,973	161.7%
Queen Anne's Co.	7,105	8,503	10,226	14,790	18,768	164.2%
St. Mary's Co.	10,876	13,712	17,005	27,805	38,728	256.1%
Somerset Co.	4,563	4,863	5,373	7,076	7,751	69.9%
Talbot Co.	8,832	9,985	11,484	14,974	17,396	97.0%
Washington Co.	24,225	85,866	28,689	38,452	46,251	90.9%
Wicomico Co.	14,018	15,498	17,945	23,618	26,799	91.2%
Worcester Co.	12,379	14,204	16,056	21,392	25,343	104.7%
State of Maryland	801,036	898,868	1,051,063	1,441,478	1,722,428	115.0%

Source: U. S. Census, Maryland Department of Planning, December 2008

DEMOGRAPHICS

60+ Population Projections by Age and Gender, 2000-2030

					% of Total State Population
	Age	Male	Female	Total	
2000	60-64	96,399	105,330	201,729	3.8%
	65-69	77,449	90,793	168,242	3.2%
	70-74	66,542	86,501	153,043	2.9%
	75-79	51,439	77,052	128,491	2.4%
	80-84	30,253	52,376	82,629	1.6%
	85+	18,710	48,192	66,902	1.3%
	Total	340,792	460,244	801,036	15.1%
2005	60-64	119,637	133,001	252,638	4.5%
	65-69	86,395	98,791	185,186	3.3%
	70-74	65,776	81,341	147,117	2.6%
	75-79	52,886	74,465	127,351	2.3%
	80-84	36,307	60,627	96,934	1.7%
	85+	28,379	61,263	89,642	1.6%
	Total	389,380	509,488	898,868	16.0%
2010	60-64	150,688	172,567	323,255	5.5%
	65-69	108,113	124,596	232,709	3.9%
	70-74	74,252	88,939	163,191	2.8%
	75-79	52,639	69,901	122,540	2.1%
	80-84	37,651	58,749	96,400	1.6%
	85+	37,926	75,042	112,968	1.9%
	Total	461,269	589,794	1,051,063	17.8%
2020	60-64	190,839	218,344	409,183	6.3%
	65-69	154,903	185,306	340,209	5.2%
	70-74	121,425	149,314	270,739	4.2%
	75-79	77,559	99,128	176,687	2.7%
	80-84	44,219	62,036	106,255	1.6%
	85+	50,721	87,684	138,405	2.1%
	Total	639,666	801,812	1,441,478	22.2%
2030	60-64	174,449	202,434	376,883	5.4%
	65-69	183,606	214,358	397,964	5.7%
	70-74	153,637	187,057	340,694	4.9%
	75-79	111,524	146,310	257,834	3.7%
	80-84	72,885	102,813	175,698	2.5%
	85+	66,761	106,594	173,355	2.5%
	Total	762,862	959,566	1,722,428	24.5%

Source: Maryland Department of Planning, December, 2008
U. S. Census Bureau, State Interim Population Projections by Age & Sex 2004-2030

DEMOGRAPHICS

Maryland's 2000 Population by Jurisdiction and Age

	% of Total				
	60+	60+	65+	75+	85+
Allegany Co.	2.14%	17,105	13,429	6,669	1,667
Anne Arundel Co.	8.43%	67,510	48,820	20,985	4,440
Baltimore City	13.85%	110,961	85,921	41,205	9,956
Baltimore Co.	17.52%	140,313	110,335	54,762	12,757
Calvert Co.	1.14%	9,149	6,627	2,948	664
Caroline Co.	0.66%	5,264	4,031	1,915	492
Carroll Co.	2.72%	21,770	16,267	7,728	2,011
Cecil Co.	1.53%	12,254	8,995	3,859	807
Charles Co.	1.69%	13,547	9,402	3,974	902
Dorchester Co.	0.87%	7,008	5,423	2,551	629
Frederick Co.	3.17%	25,355	18,836	8,752	2,088
Garrett Co.	0.74%	5,962	4,461	2,072	558
Harford Co.	3.79%	30,352	22,160	9,254	1,888
Howard Co.	3.32%	26,606	18,468	8,098	2,143
Kent Co.	0.58%	4,677	3,708	1,804	466
Montgomery Co.	16.31%	130,647	98,157	48,054	12,983
Prince George's Co.	11.31%	90,558	61,951	25,138	5,686
Queen Anne's Co.	0.89%	7,105	5,227	2,232	517
St. Mary's Co.	1.36%	10,876	7,825	3,489	775
Somerset Co.	0.57%	4,563	3,503	1,571	388
Talbot Co.	1.10%	8,832	6,897	3,347	821
Washington Co.	3.02%	24,225	18,690	8,887	2,246
Wicomico Co.	1.75%	14,018	10,823	4,931	1,189
Worcester Co.	1.55%	12,379	9,351	3,797	829
Total	100.00%	801,036	599,307	278,022	66,902

Source: U.S. Census 2000; MD Department of Planning. Rounding may affect totals

DEMOGRAPHICS

Estimates of Maryland's 2000 Minority Population 60+ By Jurisdiction and Age

Jurisdiction	% of Total Minority	60+	65+	75+	85+
	60+	60+	65+	75+	85+
Allegany Co.	0.19%	366	260	125	87
Anne Arundel Co.	4.35%	8,613	5,894	2,280	526
Baltimore City	32.31%	63,922	47,560	20,049	4,465
Baltimore Co.	8.51%	16,836	11,315	4,378	1,109
Calvert Co.	0.73%	1,454	1,037	447	112
Caroline Co.	0.42%	835	639	306	72
Carroll Co.	0.38%	761	510	215	46
Cecil Co.	0.33%	648	457	167	33
Charles Co.	1.54%	3,037	2,044	776	165
Dorchester Co.	0.77%	1,522	1,173	540	128
Frederick Co.	0.87%	1,728	1,175	487	123
Garrett Co.	0.03%	61	46	14	5
Harford Co.	1.33%	2,625	1,837	651	160
Howard Co.	2.68%	5,292	3,432	1,245	301
Kent Co.	0.38%	750	553	243	70
Montgomery Co.	15.67%	31,005	20,685	7,802	1,860
Prince George's Co.	24.37%	48,218	30,045	10,360	2,404
Queen Anne's Co.	0.45%	893	688	318	94
St. Mary's Co.	0.91%	1,809	1,328	568	134
Somerset Co.	0.58%	1,143	858	384	102
Talbot Co.	0.56%	1,111	850	400	127
Washington Co.	0.38%	744	527	217	56
Wicomico Co.	1.44%	2,851	2,122	927	232
Worcester Co.	0.81%	1,603	1,193	544	153
Total	100.00%	197,827	136,228	53,443	12,504

Source: U.S. Census 2000, Summary File #1, prepared by the Maryland Department of Planning, November 2003.

Note: Minority status is determined to be all persons who are Hispanic or some race other than white alone.

Rounding may affect totals.

DEMOGRAPHICS

Maryland's Population in Poverty by Jurisdiction, Total Poor and Minority Poor 2000

Jurisdiction	Total Poor 60+	% Total Poor	Minority Poor 60+	% Minority Poor
Allegany	1,593	2.49%	69	0.24%
Anne Arundel	3,550	5.55%	1,109	3.93%
Baltimore City	20,182	31.55%	13,990	49.60%
Baltimore County	8,535	13.34%	1,572	5.57%
Calvert County	480	0.75%	182	0.65%
Caroline County	634	0.99%	221	0.78%
Carroll County	1,011	1.58%	94	0.33%
Cecil County	838	1.31%	51	0.18%
Charles County	964	1.51%	494	1.75%
Dorchester County	920	1.44%	351	1.24%
Frederick County	1,331	2.08%	134	0.48%
Garrett County	777	1.21%	7	0.02%
Harford County	1,729	2.70%	327	1.16%
Howard County	1,470	2.30%	491	1.74%
Kent County	381	0.60%	139	0.49%
Montgomery County	6,746	10.54%	3,188	11.30%
Prince George's Co.	5,897	9.22%	4,019	14.25%
Queen Anne's County	539	0.84%	175	0.62%
St. Mary's County	794	1.24%	272	0.96%
Somerset County	768	1.20%	397	1.54%
Talbot County	868	1.32%	234	0.83%
Washington County	2,247	3.51%	111	0.39%
Wicomico County	1,192	1.86%	443	1.57%
Worcester County	767	1.20%	273	0.97%
Totals	63,978	100.00%	28,203	100.00%

Source: U. S. Census 2000 Sample Data. Minority Poor 60+ Estimates Prepared by Maryland Department of Planning, Planning Data Services 8/2000

DEMOGRAPHICS

Maryland Total Population – Rural Status – 60+ (2000)

County	Total Rural	% Rural	60+ Rural	% 60+ & Rural
Allegany	19,390	25.9%	4,301	25.1%
Anne Arundel	27,564	5.6%	4,638	6.9%
Baltimore City	0	0.0%	0	0.0%
Baltimore County	46,978	6.2%	8,437	6.0%
Calvert County	34,134	45.8%	4,509	49.3%
Caroline County	23,325	78.3%	3,811	72.4%
Carroll County	64,842	43.0%	9,764	44.9%
Cecil County	45,045	52.4%	6,750	55.1%
Charles County	40,672	33.7%	6,200	45.8%
Dorchester County	18,124	59.1%	4,023	57.4%
Frederick County	55,815	28.6%	8,329	32.8%
Garrett County	24,798	83.1%	4,692	78.7%
Harford County	48,726	22.3%	8,183	27.0%
Howard County	31,291	12.6%	4,336	16.3%
Kent County	14,195	73.9%	3,269	69.9%
Montgomery County	24,589	2.8%	3,931	3.0%
Prince George's County	20,652	2.6%	3,421	3.8%
Queen Anne's County	24,428	60.2%	4,689	66.0%
St. Mary's County	53,614	62.2%	7,887	72.5%
Somerset County	12,778	51.6%	2,995	65.6%
Talbot County	21,308	63.0%	5,959	67.5%
Washington County	41,879	31.7%	6,989	28.9%
Wicomico County	26,658	41.5%	4,420	31.5%
Worcester County	17,012	36.6%	3,633	29.3%
Maryland	737,818	13.9%	125,166	15.6%

Source: U.S. Census 2000, Prepared by Maryland Department of Planning, Planning Data Services 11/20/03



BUDGET PRESENTATION FISCAL YEAR 2010

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COMMUNITY SERVICES

- Health Promotion and Disease Prevention
- Senior Centers
- Senior Community Service Employment Program (SCSEP)
- Senior Nutrition—Congregate Meals

COMMUNITY SERVICES

Health Promotion and Disease Prevention

Program Description: Health Promotion and Disease Prevention programs are aimed at increasing independence for seniors by providing education and essential services to promote overall health, physical fitness and mental acuity. The AAAs provide educational sessions on current health topics as well as fitness activities that include dance and exercise. Medication management programs target the needs of homebound seniors who would otherwise not have access to nurses or pharmacists. This program helps to ensure that medications are being taken and stored properly and safely.

At the Reisterstown Senior Center, a young woman who was a caregiver for her mother was not sure if she wanted to participate in the "Living Well, Take Charge of Your Health" workshop. Living Well is a workshop that assists participants in directing, empowering, and taking charge of their health. The caregiver did participate and was extremely grateful, disclosing that the program saved her mother's life. In addition, the workshop reconnected her family because they were having trouble dealing with their mother's chronic condition.

Program Eligibility Criteria: Eligible individuals are those who are age 60 and over. In accordance with the Older Americans Act, there are no income or asset restrictions but preference is given to serving older individuals with the greatest social and economic need.

Eligibility	Monthly Income Test	Annual Asset Test	Notes: There are many types of classes for people of all abilities, including those with arthritis and other physical and medical problems.
Individual Couple	None	None	

Program Data:	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Health Screening Sessions	60,083	63,087	66,241
Health Education Sessions	27,662	29,045	30,497
Physical Fitness and Exercise Sessions	184,490	193,715	203,401
Number of Participants	48,254	49,219	50,203
Program Funding:			
Federal	\$611,155	\$561,155	\$361,155
State	0	0	0
Local Contributions/Program Income	118,716	243,638	243,638
Total	\$729,871	\$804,793	\$804,793

Contact Person: Joseph Gennusa, Program Manager, 410-767-1090, jvg@ooa.state.md.us

COMMUNITY SERVICES

Senior Centers

Program Description: Senior Centers serve as focal points for education, recreation, socialization, nutrition, physical fitness, and health screening to improve the quality of life for Maryland's senior population. They also are points of contact for seniors and their families to obtain information on services, employment, and volunteer opportunities. Capital improvement funds are available to local governments to supplement the costs of new construction, conversions, renovations, acquisitions, and capital equipment needed to develop senior centers. Limited operating funds are also available to senior centers on a competitive basis to encourage innovative programming.

The City of Cumberland received \$400,000 in FY09 and anticipates an additional \$400,000 in FY10 in State grants from the Senior Citizens Activities Centers Capital Improvement Grants Program for the construction of a new Cumberland Senior Center. The current center must vacate its premises due to the expiration of the current lease. The new facility will provide additional activity space and will become the State's first "green" senior center. The new center will also increase functional programming, improve food service, and increase parking.

Program Eligibility Criteria

Senior Center Capital Improvement Funds:

Title 10, Subtitle 5 of the MD Human Services Article limits each grant to a maximum of \$800,000. State funds must be matched by non-State funds on a dollar-for-dollar basis (in-kind matches are not permitted).

Senior Center Operating Funds:

State grants must be matched 100% by the grant recipient. In-kind matches are permitted. Operating fund grants are provided for innovative programming, and are given for a period not to exceed three years. The senior center grantees must identify alternate funding sources to maintain programming.

Program Data:

	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Capital Improvement Program			
Total Senior Centers	117	118	119
New Construction	2	4	5
Renovation	1	1	1
Operating Fund Program			
Seniors Benefiting from Operating Funds	1850	1868	1868
Capital Funds			
State	\$1,320,000	\$1,845,000	\$1,880,000
Local	7,519,413	22,731,109	23,718,619
Total	8,839,473	24,576,109	25,598,619
Operating Funds			
State	500,000	500,000	500,000
Local	760,739	760,739	760,739
Total	\$1,260,739	\$1,260,739	\$1,260,739

Contact Person: Wiley G. Finch, Jr., Program Manager, 410-767-1115, wgf@ooa.state.md.us

COMMUNITY SERVICES

Senior Community Service Employment Program (SCSEP)

Program Description: SCSEP provides training and employment assistance to eligible older workers through participating 501(c)(3) non-profit agencies or government entities (Host Agencies) that provide a community service to the general or senior populations. While in the Program, qualified older workers update and enhance their skills through opportunities for training provided by their Host Agencies. Participants receive minimum wage (\$6.55/hr.) for 20 hours of work per week that is paid for by a federal grant from the U. S. Department of Labor and authorized under Title V of the Older Americans Act. In return for furnishing supervision, instruction and training to the participants, Host Agencies also reap the benefits of the work they perform. Ultimately, participants are placed in permanent employment at the prevailing wage either with their Host Agencies or with non-profit, government or private sector employers.

Mary S. and Tom B. worked in the SCSEP and were subsequently hired by local governments. Mary S. in Queen Anne's County was hired in August 2008 by the District Court as a Clerk at \$18.73 an hour, 40 hours per week after being in the Program for only two months in a community center in Queen Anne's County. Tom B. was hired by the Talbot County Dept of Health as an Administrative Assistant at \$10.50 an hour in November 2008, after receiving training for two years by the hiring agency.

Eligibility:

Program Eligibility Criteria: Eligible participants are those who are unemployed income eligible persons 55 years of age or older and in need of employment and training assistance.

Family Size	Annual Income Test	Annual Asset Test	Notes: Add \$4,350.00 for each additional family member. Annual Income Test represents 125% of the Federal Poverty Guideline. Next expected change: 3/1/08
1	\$12,763.00	N/A	
2	\$17,113.00		
3	\$21,463.00		

Program Data:	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Number of Training Positions	162	162	162
Number of Participants Trained	180	222	250
Program Funding:			
Federal	\$1,271,262	\$1,423,063	\$1,423,063
State	239,470	271,709	271,709
Total	\$1,510,732	\$1,694,772	\$1,694,772

Contact Person: Carlene Forbes, Program Manager, 410-767-1276, cforbes@ooa.state.md.us

COMMUNITY SERVICES

Senior Nutrition – Congregate Meals

Program Description: The Congregate Meals Program works to improve the quality of life for older persons by providing wholesome meals, nutrition education and counseling, and increased social interaction. Meals are served in a variety of congregate settings, including senior centers and senior housing sites. There are 257 meal sites, 183 in low-income areas. Types of meals include traditional and non-traditional meals such as box lunches, salad bars, soup and sandwiches and culturally diverse meals. A very important benefit of congregate meals is the socialization that it encourages, particularly for seniors who do not have much interaction with family or their communities. There are 1,776 volunteers who assist with this program.

When she entered the Congregate Meal Program in Montgomery County, B.V. was sometimes very disoriented and crying, and she had a hard time walking. After a few months in the Program she is now alert and oriented, and always has a warm smile on her face. She attributes her dramatic change, both physically and mentally, to the camaraderie, food and friendship she experiences every day at the Senior Center.

Program Eligibility Criteria: Eligible individuals are those who are age 60 or older. In accordance with the Older Americans Act, there are no income or asset restrictions, but preference is given to serving older individuals with the greatest social and economic need.

Eligibility	Monthly Income Test	Annual Asset Test	Notes: Spouses and disabled dependents of any age are able to have meals when they accompany an eligible individual.
Individual Couple	None	None	

Program Data:	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Number of Meals	1,468,929	1,439,278	1,410,492
Number of People Receiving Meals	23,266	22,801	22,345
Number Attending Nutrition Education	15,512	15,202	14,898
Waiting List: There are 310 current participants who would benefit from an additional meal.			
Program Funding:			
Federal	\$5,953,107	\$5,629,462	\$5,629,462
State	1,049,610	1,174,344	1,174,344
Local Contributions	2,319,388	2,678,348	2,678,348
Total	\$9,322,105	\$9,482,154	\$9,482,154

Contact Person: Joseph Gennusa, Program Manager, 410-767-1090, jvg@ooa.state.md.us



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HOUSING AND LONG TERM CARE PROGRAMS

- Congregate Housing Services Program (CHSP)
- Continuing Care Retirement Communities (CCRCs)
- Continuing Care at Home (CAAH)
- Medicaid Waiver for Older Adults
- National Family Caregivers Support Program
- Senior Assisted Living Group Home Subsidy Program (SALGHS)
- Senior Care
- Senior Center Plus
- Senior Nutrition-Home-Delivered Meals

HOUSING AND LONG TERM CARE PROGRAMS

Congregate Housing Services Program (CHSP)

Program Description: The Congregate Housing Services Program is a level of housing between independent living and institutionalization, which combines shelter with daily meals, weekly housekeeping and/or laundry, personal assistance as needed and service management. It provides assistance with activities of daily living to frail older persons who require help in performing personal and household functions. The Congregate Housing Services Program is offered in senior citizen apartment buildings, which serve low and moderate-income residents and may be operated by local housing authorities, non-profit organizations or housing management companies.

Mr. R is a 66-year-old resident living at St. Mary's Home for the Elderly in Leonardtown, MD who has cerebral palsy with multiple joint deformities and a cardiac disease. Mr. R's mother is in her 90s and has taken care of her son since birth but is no longer able to do so. In 2002, when Mr. R. applied to the Individualized Congregate Housing Services Program (ICHSP), a nurse from the local health department determined that his activities of daily living (ADL) score was "14 out of 30," meaning he is "severely disabled." When admitted to ICHSP shortly thereafter, Mr. R began receiving two meals daily and assistance with weekly housekeeping and laundry services. In 2007, because Mr. R was at risk for heart attack, stroke, and other serious medical problems, Mr. R's physician prescribed Coumadin, a medicine that helps to prevent blood clots. However, because regulating Coumadin can be difficult, CHSP staff began to administer his medications under the supervision of a registered nurse. Since Mr. R began receiving this higher level ICHSP service package, he has been able to remain living in the community and does not need a higher level of care. Mr. R's family and his physician now anticipate that Mr. R will be able to live at St. Mary's Home for the Elderly for a very long time. Mr. R pays \$109/month and receives a \$436/month subsidy towards the monthly cost of \$545 for services including medication management.

Program Eligibility Criteria: Eligible residents are those who: are at least 62 years of age; physically or mentally impaired; need assistance with one or more of the essential activities of daily living; need one or more congregate housing services available in the facility; and be able to function in the facility if provided with those services. In addition, the spouse of a participant may also receive services, provided the spouse is at least 55 years old and meets program eligibility criteria.

Eligibility	Monthly Income Test	Annual Asset Test	Notes: Provides financial assistance for Congregate Housing residents in selected sites for individuals 62 and older whose net monthly income is insufficient to pay the full monthly fee for Congregate Housing Services. Next expected change: 7/1/09
Individual	\$ 2,444	\$ 27,375	
Couple	\$ 3,197	\$ 35,587	

Unmet Need: 169 seniors are on the waiting list for State subsidies. 28 facilities have notified MDoA in writing that they are interested in starting a CHS program.

Program Data:	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Number of Residents Receiving Services	788	604	604
Number of Buildings Receiving Services	26	27	27
Program Funding:			
Federal	\$784,568	\$1,186,307	\$1,186,307
State estimated	1,512,538	1,527,077	1,527,077
Local Contributions	872,683	561,638	561,638
Total	\$3,169,789	\$3,275,022	\$3,275,022

Contact Person: Janice MacGregor, Contract Administrator, 410-767-1087,
jlm@ooa.state.md.us

HOUSING AND LONG TERM CARE PROGRAMS

Continuing Care Retirement Communities (CCRCs) *Continuing Care at Home (CCAH)*

Program Description: The Continuing Care Contract Act authorizes the Maryland Department of Aging to regulate Continuing Care Retirement Communities (CCRCs) and Continuing Care at Home (CCAH). MDoA also issues certificates of registration based on a review of organizational, financial and contractual documents and provides information to the public.

CCRCs are specific types of retirement housing that offer a combination of housing and services. The services include access to medical and nursing services or other health related benefits to individuals who have paid entrance fees and signed contracts for more than one year and usually for life. Health-related benefits may include full coverage of nursing care in an on-site nursing center at no additional fee, or may be limited to priority admission to a nursing home, with additional fee-for-service charges. The scope of services varies among CCRCs. Fees and service packages are specified in continuing care agreements.

CCAH offers a variety of services to individuals who remain in their own homes. Services include care coordination, home inspections by an occupational therapist, assistance with activities of daily living, skilled nursing services, routine assisted living services, routine comprehensive care services and assistance with home maintenance. These services are offered under a written agreement that requires payment of an entrance fee and monthly fees.

Mr. and Mrs. D. are 82 and 80. Mr. D. recently had some heart problems but neither have cognitive impairments. They were unable to keep up with regular home maintenance, like mowing the grass and shoveling snow. Their children and grandchildren lived close but had busy lives. Mr. and Mrs. D. also needed additional companionship and help with meals. It was also very important for Mr. D. to be close to his doctors. After looking at the many options available in their neighborhood, Mr. and Mrs. D. moved into an apartment at a continuing care retirement community in Baltimore County. They are both very happy with their decision and don't know why they didn't do it sooner.

Program Data:

	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Facilities	34	37	39
Units	15,635	16,453	17,071
Special Funds	\$343,060	\$289,823	\$289,823

Contact Persons: Debra A. Roane, Chief, Continuing Care, 410-767-1267, dar@ooa.state.md.us
Martha C. Roach, Continuing Care Analyst, 410-767-1067, mroach@ooa.state.md.us

HOUSING AND LONG TERM CARE PROGRAMS

Continuing Care Communities Inventory

Operating		Total	ILU*	AL**	Comp***
BayWoods of Annapolis	Anne Arundel County	192	147	39	6
Ginger Cove	Anne Arundel County	349	243	51	55
Roland Park Place	Baltimore City	278	166	41	71
The Wesley, Inc.	Baltimore City	32	0	32	0
Augsburg Lutheran Home	Baltimore County	187	0	64	123
Augsburg Lutheran Village	Baltimore County	138	138	0	0
Blakehurst	Baltimore County	345	277	24	44
Broadmead	Baltimore County	364	269	16	79
Charlestown	Baltimore County	1,978	1,570	164	244
Edenwald	Baltimore County	448	288	88	72
Glen Meadows	Baltimore County	275	210	34	31
Maryland Masonic Homes	Baltimore County	232	34	110	88
Mercy Ridge	Baltimore County	457	408	49	0
North Oaks	Baltimore County	232	182	13	37
Oak Crest Village	Baltimore County	1911	1528	143	240
Pickersgill, Inc.	Baltimore County	177	0	136	41
Presbyterian Home	Baltimore County	100	0	78	22
Asbury~Solomons Island	Calvert County	378	300	30	48
Carroll Lutheran Village	Carroll County	398	398	0	0
Fairhaven	Carroll County	428	314	35	79
Buckingham's Choice	Frederick County	304	217	45	42
Frederick Home	Frederick County	29	0	29	0
Goodwill Retirement Village	Garrett County	56	30	21	5
Vantage House	Howard County	294	224	26	44
Heron Point of Chestertown	Kent County	275	192	45	38
Asbury Methodist Village	Montgomery County	1,264	815	164	285
Bedford Court	Montgomery County	355	219	76	60
Brooke Grove	Montgomery County	50	40	5	5
Maplewood Park Place	Montgomery County	272	207	34	31
National Lutheran Home	Montgomery County	444	144	0	300
Collington	Prince George's County	474	365	65	44
Riderwood Village	Prince George's County	2,358	1,966	174	218
William Hill Manor	Talbot County	255	121	44	90
Fahrney-Keedy	Washington County	113	61	32	20
Homewood at Williamsport	Washington County	193	193	0	0
Total Units		15,635	11,266	1,907	2,462

Expansions

William Hill Manor	Talbot	47	3	44	0
Asbury Methodist Village	Montgomery County	43	43	0	0
Broadmead	Baltimore	9	9	0	0
Goodwill Village	Garrett	43	0	43	0

New Communities Under Development

King Farm	Montgomery County	322	242	35	45
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New Planned Communities

The Lutheran Village at Miller's Grant	Howard County	321	261	60	0
Homewood at Crumland Farms	Frederick County	341	165	56	120
Friends House Retirement Community	Montgomery County	45	33	4	8
Ravenwood /Robinwood	Washington County	304	106	110	88
Total Units		1,475	862	352	261

*ILU=Independent Living Units **AL=Assisted Living Beds ***Comp=Comprehensive Care Beds

HOUSING AND LONG TERM CARE PROGRAMS

Medicaid Waiver for Older Adults

Program Description: The Home and Community-Based Waiver for Older Adults enables older adults to remain in a community setting even though their age or disability would warrant placement in a long-term care facility. The Waiver allows services, which are typically covered by Medicaid only in a nursing facility, to be provided to eligible persons in their own homes or in assisted living facilities. These services include personal care, home-delivered meals, environmental assessments and accessibility adaptations, assistive devices, respite care, behavioral consultation, family and consumer training, dietitian/nutritionist services, personal emergency response systems, adult day care, and Senior Center Plus. Each program participant is assigned to a case manager who works with him or her to develop a plan of care that best meets his or her needs. Services and qualified providers are identified in the plan of care, and then monitored to assure the participant's needs are being adequately and continuously addressed.

Patty is 59 and recently transferred from a nursing home to the Older Adult Waiver (OAW) program. Patty is bedbound, but does have a motorized wheelchair for outings. Patty is not new to the waiver program. She was originally enrolled in January 2002 while living alone at home with maximum allowed personal care assistance. Following a hospitalization, she went into a nursing home in July 2006. Fortunately, during her stay at the nursing home Patty's health improved. She patiently and eagerly worked to locate a live-in assistant to reposition her at night to prevent tissue breakdown. In September 2008, Patty was reenrolled in the waiver program and moved back home. She states that the best thing about being home is spending time with her daughter and her wonderful grandchildren. She experienced feelings of depression constantly at the nursing home. She states she is no longer depressed and looks forward to every new day.

Program Eligibility Criteria: Eligible individuals are those who are age 50 and older, meet Medicaid's long-term care admission criteria (nursing home level of care), and meet financial and technical requirements.

Financial Eligibility Individual	Monthly Income Test \$2,022 as of 1/1/09 (300% of SSI maximum)	Annual Asset Test \$2,000	
Program Data:	FY08 (Act.)	FY09 (Est.)	FY10 (Est.)
Number of Providers	4,669	4,675	4,675
Number of Participants – Unduplicated Count	3,516	3,750	3,750
Waiting List: The Waiver for Older Adults maintains a registry of individuals interested in applying for this program. This registry is required because the program is funded to support a maximum of 3,000 participants at any one point in time			
Program Funding:			
Federal (Administration and Case Management)	\$2,915,403	\$3,100,000	\$3,100,000
State (Administration and Case Management)	1,981,054	2,181,054	2,181,054
Total	\$4,896,457	\$5,281,054	\$5,201,054

Contact Person: F. Warren Sraver - Waiver Manager, (410) 767-1065 fws@ooa.state.md.us

HOUSING AND LONG TERM CARE PROGRAMS

National Family Caregivers Support Program

Program Description: The National Family Caregivers Support Program (NFCSP) provides services to family and other non-paid caregivers in recognition of the work that they do in caring for their loved ones. The NFCSP provides five categories of services: Information about available services; assistance to access these services, including case management; education, training, support services, and individualized counseling; respite care to enable temporary relief from caregiving responsibilities; and supplemental services that may include other services not identified above.

A Carroll County family of five siblings was sharing in the care of their mother. The Carroll County Bureau of Aging used the NFCSP to assist the family with service referrals and a respite stipend to help with the cost of supplemental care. When the mother moved in with one of her children, a stair-glide was installed to give the mother access to the second floor. After the mother passed in 2008, the daughter contacted NFCSP and expressed the family's desire to donate the stair-glide to a family in need. A Case Manager working with the Senior Care Program identified a client who needed a stair-glide, contact information was shared and the two families were connected. The donating family stipulated that when the recipient family no longer needs the stair-glide, it is again to be donated to another needy family. The new client is currently working with a physical therapist to learn how to successfully use the device.

Program Eligibility Criteria: There are two categories of caregivers who benefit from these services: 1) caregivers caring for someone 60 years of age or older, including persons not related by blood or marriage; and 2) grandparents and other relative caregivers over the age of 55 who are caring for a child age 18 or under and grandparent or relative caregivers providing care for adult children with a disability who are between 19 and 59 years of age. The caregivers must be age 55 and older and cannot be the child's natural or adoptive parent. This program is also for caregivers of a person with Alzheimer's disease or a related disorder.

Eligibility	Monthly Income Test	Annual Asset Test	Notes: Respite and supplemental services may be provided to caregivers who are caring for someone with physical and mental disabilities that restrict their ability to perform normal daily tasks.				
Individual Couple	None	None					
Program Data:		FY08 (Actual)		FY09 (Est.)		FY10 (Est.)	
Number of Caregivers Served/Units of Service		People	Units	People	Units	People	Units
Education, Training or Support		7,042	9,562	7,550	10,000	8,250	10,200
Respite		1,706	97,574	2,047	99,575	2,252	102,833
Supplemental Services		1,745	40,523	1,965	45,310	1,485	84,950
Access Assistance		27,987	49,487	29,655	52,500	31,750	56,102
Information*		110,404	38,513	112,400	41,385	44,257	45,727

*Per U. S. Administration on Aging guidelines, number of people served includes group events where people are counted individually but the event is counted as one unit

Waiting List: There were 527 caregivers awaiting respite services, and 855 who were waiting for supplemental services on September 30, 2008.

Program Funding:

Federal	\$2,498,111	\$2,498,111	\$2,498,111
State	74,057	74,057	74,057
Local Contributions	436,827	436,827	436,827
Total	\$3,008,995	\$3,008,995	\$3,008,995

Contact Person: Felicia French, Program Manager, 410-767-0705, fvf@ooa.state.md.us

HOUSING AND LONG TERM CARE PROGRAMS

Senior Assisted Living Group Home Subsidy Program (SALGHS)

Program Description: The Senior Assisted Living Group Home Subsidy (SALGHS) program provides low- and moderate-income seniors with access to assisted living services in 4 to 16 bed group homes licensed by the Department of Health and Mental Hygiene as Assisted Living Programs. The Maryland Department of Aging provides subsidies to eligible residents who might otherwise be in nursing facilities, to cover the difference between the participant's monthly income (less a \$60/month personal allowance) and the approved monthly assisted living fee. The maximum subsidy, paid directly to the provider, is \$650/month. Subsidies are paid from State general funds.

Mr. B is a 102 year-old man who has been an assisted living resident since 2003. He applied for a subsidy at that time, but was placed on a wait list. He began receiving the SALGHS subsidy in November 2005. Prior to his placement at the facility, he lived at home with his wife of 65 years, until her death, then with a granddaughter for 11 years. When his granddaughter needed to return to work, the family placed him in a Howard County assisted living facility. The family, who visit weekly, raves about the care and loving attention he receives at the facility.

Program Eligibility Criteria: Eligible residents are low to moderate income persons residing in, or accepted for admission to, an assisted living facility, who are at least 62 years of age, physically or cognitively impaired, require assistance with one or more activities of daily and/or instrumental activities of living, and require 24 hour supervision.

Subsidy Eligibility	Monthly Income Test	Annual Asset Test	Notes: Provides financial assistance for a limited number of eligible Assisted Living Group Home residents 62 and older whose net monthly income is insufficient to pay the full monthly cost of a quality assisted living placement. Next expected change: 7/1/09
Individual	\$2,330	\$11,000	
Couple	\$3,047	\$14,000	

Program Data:	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Number of Residents Receiving Subsidies	608	556	556
Waiting List: There are currently 255 persons on a waiting list for a subsidy. A MetLife Market Survey of Assisted Living Costs in 2007 estimated the national average monthly cost for assisted living was \$2,968, with an average cost of \$3,334 in Baltimore. According to a needs assessment conducted in 2006 by UMBC, there are more than 87,000 individuals aged 60+ in Maryland with disabilities who have less than \$25,000 in annual income and who may be eligible for community-based, long-term support services including assisted living. A significant number of those who would choose assisted living are unable to meet the high cost without financial assistance.			
Program Funding:			
Federal	0	0	0
State	\$3,379,149	\$3,292,428	\$3,292,428
Local Contributions	338,885	399,909	399,909
Total	\$3,718,034	\$3,692,337	\$3,692,337

Contact Person: Denise Adams, Program Manager, (410) 767-1269, dea@ooa.state.md.us

HOUSING AND LONG TERM CARE PROGRAMS

Senior Care

Program Description: The Senior Care Program provides coordinated, community-based, in-home services to seniors with disabilities who may be at risk of nursing home placement. Senior Care clients are provided with case managed access to existing publicly and privately financed services. When needed services are not available through other means, Senior Care will provide Gapfilling services that may include personal care, chore service, adult day care, financial assistance for medications, medical supplies, respite care, home delivered meals, emergency response systems, medical transportation and other services.

JH is an 87-year-old woman who lives alone. Her son and daughter-in-law live next door. She suffers from multiple conditions including Diabetes, Hypertension, and Alzheimer's disease and has occasional hallucinations. She also is hearing impaired and wears hearing aids at night to watch television. Because her gait is unsteady, she requires assistance with a cane or walker, but refuses to use either one. She also needs help with bathing, dressing, eating, chores, and transferring. JH receives monthly income from Social Security. The Senior Care Program provides her with a Personal Emergency Response System, Personal Care, and Chores service. In addition, she receives services from MD Energy Assistance, and receives home-delivered meals.

Program Eligibility Criteria: Eligible individuals are Maryland residents who: are age 65 or older; need assistance with bathing, dressing, chores, etc.; have a medical condition or disability that places him or her at risk of having to enter a nursing home; and have an income not greater than 60% of the State median income.

Eligibility	Monthly Income Test	Annual Asset Test	Notes: Functional/Medical eligibility is determined as having a moderate or severe rating on the State assessment tool.	
Individual	\$2,444	\$11,000		
Couple	\$3,197	\$14,000		
Program Data:		FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Number of Clients Served with Gapfilling Services		3,741	3,681	3,266
Number of Clients Waiting for Services at end of Fiscal Year		2,391	2,358	2,358
Number of Waiting List Clients who Enter Nursing Facilities		184	202	222
Waiting List: The Senior Care waiting list decreased this year partially due to additional funding. In FY08, approximately 8 percent of the individuals on the waiting list were placed in nursing homes.				
Program Funding:				
Federal		\$484,482	\$911,916	\$911,916
State		7,258,384	7,258,384	7,258,384
Local Contributions		863,762	848,517	848,517
Total		\$8,606,628	\$9,018,817	\$9,018,817

Contact Person: Dakota Burgess, Program Manager, 410-767-1101, drb@ooa.state.md.us

HOUSING AND LONG TERM CARE PROGRAMS

Senior Center Plus

Program Description: Senior Center Plus is a supervised social day care program held in a non-residential setting that meets MDoA requirements. The program is designed to promote socialization, improve mental and physical functioning and address the nutritional needs of frail seniors.

Senior Center Plus attempts to address some of the needs of seniors too frail to participate in regular senior center activities, yet not frail enough to need adult day care services. Senior Center Plus provides at least four hours of organized activities, crafts, music and movement, reality orientation and at least one meal containing one-third of the recommended dietary allowances. An important component of Senior Center Plus is to provide respite for family caregivers.

Mr. K's daughter enrolled him in a Senior Center Plus program in Anne Arundel County, but had doubts about whether he would be willing to go because of his limited mobility. In fact, on his first day the driver noted that he could barely walk. The daughter called the office the day after that and reported that not only did he want to go again, he was now practicing with his walker to improve his mobility for future trips.

Program Eligibility Criteria: Eligible individuals are those individuals age 50 and older who are unable to perform two or more instrumental activities of daily living without substantial assistance or supervision.

Eligibility	Monthly Income Test	Annual Asset Test	Notes:
Individual Couple	None None	None None	N/A

Program Data:

	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Persons Enrolled	370	401	401
Number of Sites	47	47	47
Federal	N/A	N/A	N/A
State	N/A	N/A	N/A
Local Contributions	N/A	N/A	N/A

Contact Person: Wiley G. Finch, Jr., Program Manager, 410-767-1115, wgf@ooa.state.md.us

HOUSING AND LONG TERM CARE PROGRAMS

Senior Nutrition – Home-Delivered Meals

Program Description: The mission of the Home-Delivered Meals Program is to provide meals, nutrition assessments, and coordination of nutrition services and referrals for additional services when needed, to homebound elderly with the intent of maintaining them in their communities. The program depends on more than 3,000 volunteers who provide vital services by delivering the meals, and who are responsible for saving lives as they can identify and report on isolated seniors facing potentially dangerous situations. The program could not exist without the services of the volunteers.

Mr. I is 97 years old and has received Meals on Wheels (MOW) for the last 10 years. The program has been instrumental in maintaining him in his home. The MOW staff and volunteers are the only people he sees daily, and they sometimes find themselves spending up to 30 minutes or more listening to the stories of how he built his home by hand or how the area around his home has changed over the last 60 years. When children help deliver the route he lights up with delight, then break out his hidden cookie stash to share. Mr. I is always the gracious host, despite his visitors' protests that they were there to help with his needs, not the opposite. MOW monitors his health when his family is not available, and actually called his family and emergency contacts during his last health crisis. MOW visits bring him more than a meal, they bring him new friends and daily companionship.

Program Eligibility Criteria: Eligible individuals are homebound seniors who are age 60 or older. In accordance with the Older Americans Act, there are no income or asset restrictions but preference is given to serve older individuals with the greatest social and economic need.

Eligibility	Monthly Income Test	Annual Asset Test	Notes: Spouses and disabled dependents of any age are able to have meals if they reside with an eligible individual.
Individual Couple	None	None	

Program Data:

	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Number of Meals	1,318,702	1,306,393	1,293,329
Number of People Receiving Meals	5,522	5,467	5,412
Number of Volunteers	3,090	3,059	3,028

Waiting List: There are an estimated 318 homebound elderly who are on a waiting list to receive meals.

Program Funding:

Federal	\$3,044,491	\$3,048,736	\$3,048,736
State	827,655	685,503	685,503
Local Contributions	1,460,353	1,560,804	1,560,804
Total	\$5,332,499	\$5,295,043	\$5,295,043

Contact Person: Joseph Gennusa, Program Manager, 410-767-1090, jvg@ooa.state.md.us



BUDGET PRESENTATION FISCAL YEAR 2010

Annual Report
January—December 2008

INFORMATION SERVICES

- Aging and Disability Resource Centers/Maryland Access Point (MAP)
- Senior Health Insurance Assistance Program (SHIP)
- Senior Information and Assistance Program (I&A)

INFORMATION SERVICES

Aging and Disability Resource Centers/Maryland Access Point (MAP)

Program Description: In October 2003, Maryland was one of the first 12 states to be awarded an \$800,000 federal grant to pilot Aging and Disability Resource Centers. In 2006, the program received a federal continuation grant of \$400,000. The program provides states with an opportunity to effectively integrate their long-term support resources for consumers into a single coordinated system. To date, 46 states have been awarded ADRC grants.

In Maryland, the ADRC Grant Program is known as Maryland Access Point, or MAP. It is a partnership between the Maryland Department of Aging, and the Departments of Health and Mental Hygiene, Human Resources, and Disabilities, as well as advocates for senior consumers and persons with disabilities. A goal of the program is to provide the public with faster and more efficient access to information and services for seniors, persons with disabilities, their caregivers, and the professionals who manage their care. Pilot sites are operating in Anne Arundel, Howard, Washington, and Worcester Counties. Two new sites are under development in Baltimore City and Prince George's County.

Ms. C called to find assistance for her father who needed a wheelchair. A chair was located and quickly delivered to him. The daughter found the service to be quick and helpful and felt that she and her father had been treated like people, not just numbers. She stated that "It is hard enough just getting old with out having to depend on others and you helped make his life a little more comfortable."

Program Eligibility Criteria: Older adults and persons over the age of eighteen with disabilities are eligible for the program.

Eligibility N/A	Monthly Income Test N/A	Annual Asset Test N/A	Notes: N/A
Program Data: Number of contacts	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Howard County	18,980	20,000	21,000
Worcester County	852	1,000	1,300
Anne Arundel County	2,222	3,500	4,500
Washington County	1,381	1,600	2,000
Baltimore City	n/a	1,000+	15,000+
Prince George's County	n/a	1,000+	15,000+
Program Funding:			
Federal	\$306,889	\$61,433	\$61,433
State	250,000	250,000	250,000
Local Contributions	1,220	1,220	1,220
Total	\$558,109	\$312,653	\$312,653

Contact Person: Stephanie Hull, Director, 410-767-1107 sah@ooa.state.us.md

INFORMATION SERVICES

Senior Health Insurance Assistance Program (SHIP)

Program Description: The Senior Health Insurance Assistance Program provides seniors and adults with disabilities on Medicare, with information and assistance on health insurance issues, including Medicare and Medigap, Medicare Part D Prescription Drug plans, preparing and filing health insurance claims, Medicare Advantage Plans, programs for low-income beneficiaries and long-term care insurance policies. State and local SHIP staff and volunteers provide one-to-one assistance, and conduct educational sessions throughout the State on a variety of health insurance related topics, most notably, the new Medicare prescription plans.

Special attention in the last year has been focused on outreach to Medicare beneficiaries who have limited income and resources, to assist them with enrollment in assistance programs particularly relevant to the Medicare Part D Prescription Drug Program. These assistance programs include the "Extra Help" Program (also called LIS, Low Income Subsidy), the Maryland Senior Prescription Drug Assistance Program (Maryland SPDAP) and Medicare Savings Programs (Qualified Medicare Beneficiary Program, QMB, and Specified Low Income Medicare Beneficiary Program, SLMB).

Program Eligibility Criteria: Eligible individuals are those who reside in Maryland and have Medicare Part A and/ or Part B.

Eligibility	Monthly Income Test	Annual Asset Test	Notes: There are no age requirements to receive assistance from SHIP.
Individual	None	None	
Couple			

Program Data:	FY08 (Actual) April 07-Mar 08	FY09 (Est.)	FY10 (Est.)
Number of Contacts for			
Medicare	5,304	5,834	6,417
Medicaid	5,972	6,569	7,226
Prescription Assistance	26,085	28,694	27,389
Long Term Care	428	471	518
Number of Clients Served	22,093	24,302	23,198
Number Attending Events	15,123	16,635	15,879
Number of Volunteers	145	150	150
Number of Volunteer Hours	11,884	13,072	12,500
Waiting List: There are 150 staff and volunteers available to counsel 623,000 Medicare beneficiaries. The main challenge for the SHIPs is keeping up with training requests, scheduled presentations and enrollment events while still providing health insurance information and assistance to Medicare beneficiaries, and outreach to homebound seniors and persons with disabilities.			
Program Funding:			
Federal	\$431,705	\$504,366	\$504,366
State	59,482	0	0
Local Contributions	328,987	360,768	360,768
Total	\$820,174	\$865,134	\$865,134

Contact Person: Michelle Holzer, Program Manager, 410-767-1109, mph@ooa.state.md.us

INFORMATION SERVICES

Senior Information and Assistance Program (I&A)

Program Description: The Senior Information and Assistance Program provides a single point of entry into the aging network system to obtain information concerning benefits and programs for older Marylanders, their families and caregivers. Through the program, seniors receive information to make informed choices about services, referrals to appropriate agencies, assistance in obtaining services and benefits, and follow-up. The program promotes awareness of services for the elderly through outreach and public education, and provides information about health care, Medicare/health insurance, in-home services, transportation, housing, legal services, senior centers, retirement communities, prescriptions drugs and more. There are approximately 120 Senior I&A sites located across the State.

Ms. D is a frail elderly woman who resides in her own home and lives on a fixed income. Recently, she could not pay her property taxes and lost her home. The I&A worker became aware of this situation during the final stages of the foreclosure process. Immediately the I&A Case Manager contacted the Dept. of Assessments and Taxation, and assisted Ms. D in completing a Homeowner's Property Tax Credit application. She received credit for past due property taxes, which brought her payments up to date, then used the credit to pay lawyer fees, fines, and associated penalties. Ms. D was able to keep her home and she has also been screened for other federal and State programs.

Program Eligibility Criteria: Eligible clients must be 60 years and older. Persons can access the program through telephone and walk-in service, appointments, written correspondence and home visits.

Eligibility	Monthly Income Test	Annual Asset Test	Notes: Persons needing more in depth assistance will be assessed to determine his/her specific need for services, programs and benefits.
Individual Couple	None	None	

Program Data:	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Information Units of Service	583,782	583,782	583,782
Number of Referrals	108,203	108,203	108,203
Follow-up Units of Service	56,127	56,127	56,127
Assistance Units of Service	110,187	110,187	110,187
Number of Assistance Clients	51,099	51,099	51,099
Program Funding:			
Federal	\$822,020	\$1,506,758	\$1,506,758
State	810,071	807,282	807,282
Local Contributions	562,660	1,054,230	1,054,230
Total	\$2,194,751	\$3,368,270	\$3,368,270

Contact Person: Dakota Burgess, Program Manager, 410-767-1101, drb@ooa.state.md.us



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PROTECTION OF OLDER ADULTS

- Long Term Care Ombudsman Program
- Public Guardianship
- Senior Legal Assistance Program
- Senior Medicare Patrol Project (SMP)

PROTECTION OF OLDER ADULTS

Long Term Care Ombudsman Program

Program Description: Long term care ombudsmen are advocates for residents of long term care facilities (nursing homes and assisted living facilities). Paid and volunteer ombudsmen work in every jurisdiction to advocate on behalf of individuals and groups of residents, and provide information to residents and their families about the long term care system. They provide an on-going presence in long term care facilities, monitoring care and conditions and providing a voice for those who are unable to speak for themselves.

An ombudsman visiting assisted living residents met Mr. R, 80, who complained staff did not help him out of bed for meals and activities. When the ombudsman returned, she found Mr. R had been moved to a nursing home. She visited Mr. R, who reported the care was better and he enjoyed daily card games. However, he had another complaint: the AL owner had refused to refund a \$1,000 deposit and return his small television. The ombudsman returned to the AL facility and insisted the owner deliver the check and television to Mr. R, who contacted the ombudsman several days later to thank her for her assistance.

Program Eligibility Criteria: Eligible individuals are residents of any age who reside in long term care facilities.

Eligibility	Monthly Income Test	Annual Asset Test	Notes:
Individual Couple	None	None	

Program Data:	FFY07 (Actual)	FFY08 (Est.)*	FFY09 (Est.)	FFY10 (Est.)
Number of Complaints	4,795	4,795	4,815	4,935
Number of Abuse Cases	635	635	652	645
Number of Volunteers	103	109	116	123
Program Funding:		(Actual)**		
Federal	\$660,356	\$532,502	\$664,574	\$664,574
State	1,616,950	1,440,175	1,440,175	1,440,175
Local Contributions	430,588	140,691	277,738	277,738
Total	\$2,707,894	\$2,113,368	\$2,382,487	\$2,382,487

*Federal Fiscal Year 2008 final data is not available until late January.

**As of September 30, 2008

Contact Person: Debbie Sokolow, State Long Term Care Ombudsman, 410-767-1108, dsokolow@ooa.state.md.us

PROTECTION OF OLDER ADULTS

Public Guardianship

Program Description: The Public Guardianship program serves adults 65 years and older who have been deemed by a court of law to lack the capacity to make or communicate responsible decisions concerning their daily living needs. The law requires that the Secretary of the State Department of Aging or a director of a local Area Agency on Aging (AAA) be appointed by the court as a "guardian of person" when there is no other person or organization willing and appropriate to be named. The program provides protection and advocacy on behalf of the disabled older adult through case management provided by guardianship specialist of the program.

Ms. G, a seventy-two year old nursing home resident, needed a medical procedure. She displayed signs of confusion, causing staff to question her ability to consent to the treatment. Two psychiatrists evaluated Ms. G and concluded her impairment was significant enough that her decision making capacity was not intact. She had no family contacts hence the nursing home petitioned for public guardianship. The director at the local AAA was appointed as her guardian. A case manager at the AAA consulted with physicians regarding the risks and benefits of the procedure and concluded that it was in Ms. G's best interest to undergo the course of action proposed. The guardian obtained court approval and provided consent to treatment. This intervention enabled Ms. G to receive the care she needed and provided assurance that the actions taken were the most appropriate.

Program Eligibility Criteria: The program serves seniors who are 65 years and older who have been deemed by a court of law to lack the capacity to make or communicate responsible decisions concerning their daily living needs.

Eligibility	Monthly Income Test	Annual Asset Test	Notes:
Age 65 and older	None	None	

Program Data:	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Total Number of Guardianship Wards	813	886	965
Number of New Cases	218	218	218
Group Education Sessions Provided	85	85	85
Individual Consultations (post- guardianship)	18,745	18,745	18,745
Number of Public Guardianships Avoided	339	339	339
Program Funding:			
Federal	0	0	0
State	\$642,692	\$642,692	\$642,692
Local Contributions	409,905	352,068	352,068
Total	\$1,052,597	\$994,760	\$994,760

Contact Person: Phoenix Liss, Program Manager, 410-767-4665, pliss@ooa.state.md.us

PROTECTION OF OLDER ADULTS

Senior Legal Assistance Program

Program Description: The Senior Legal Assistance Program provides access to legal advice, counseling and representation to older Marylanders as well as legal support to local Ombudsmen, Health Insurance Counselors and Public Guardianship managers. Area Agencies on Aging contract with local attorneys and law centers to provide services. Priority is given to issues involving income maintenance, nutrition, public/disability benefits, health care, protective services, abuse, housing, utilities, consumer protection, employment, age discrimination/civil rights, and advocacy for institutionalized persons. The Maryland Department of Aging in partnership with the Legal Aid Bureau, Inc. is in the final year of a three-year grant received from the Administration on Aging to provide additional services for people seeking information on advance directives and assisted living. To date, accomplishments include conducting a Legal Needs survey to Maryland's senior population and elder law service providers; creating an Online Resource Center for operators of smaller assisted living facilities in Maryland and families of residents (posted on the People's Law Library website at <http://www.peoples-law.info/Home/PublicWeb>); creating a diagnostic tool for lawyers and advocates that provides important assisted living legal information; and an advance directive booklet that will be available in English, Spanish, Korean, and Chinese .

Mr. B was given notice that he no longer met the criteria to qualify for Medicaid which covered his nursing home expenses. The Legal Aid attorney investigated the nursing home records and discovered that inaccurate information had been provided to Medicaid resulting in denial of coverage. The correct information was then provided to the Medicaid office and he was deemed eligible for the program once again. Mr. B was able to continue to receive the care he needed at the nursing home.

Program Eligibility Criteria: Eligible residents are those who are 60 years of age or a caregiver of such person. There is no cost for legal assistance with priority issues. Preference is given to older persons with the greatest economic or social need.

Eligibility	Annual Income Test	Annual Asset Test	Notes:
	None	None	

Program Data:	FY08(Actual)	FY09 (Est.)	FY10 (Est.)
Hours of Service Provided	11,675	12,726	13,871
Number of Persons Served	3,486	3,800	4,142
Program Funding:			
Federal	\$386,479	\$408,925	\$408,925
State	0	0	0
Local Contributions	231,544	305,503	305,503
Total	\$618,023	\$714,428	\$714,428

Contact Person: Phoenix Liss, Legal Service Developer, 410-767-4665, pliss@ooa.state.md.us

PROTECTION OF OLDER ADULTS

Senior Medicare Patrol Project (SMP)

Program Description: The purpose of the SMP project is to reduce the amount of federal and State funds lost due to health insurance fraud by increasing the public's ability to detect and report possible fraud, waste, and abuse. SMP has been successful in recruiting and training retiree volunteers to act as health insurance educators. Activities include public speaking engagements and instructing Medicare beneficiaries in monitoring health care expenditures, identifying potential discrepancies, and identifying issues having the potential for fraud concerning the selection of Medicare Prescription Drug Plans and Medicare Advantage plans. Thirteen Area Agencies on Aging (AAAs) currently operate the SMP project, including Anne Arundel, Baltimore, Carroll, Frederick, Harford, Howard, Montgomery, Prince George's, Queen Anne's and St. Mary's Counties, Baltimore City, MAC, Inc. (Dorchester, Somerset, Wicomico and Worcester Counties) and Upper Shore Aging (Kent, Caroline, and Talbot Counties).

New Initiative: SMP Integration Grant - The purpose of this project is to expand the reach of the SMP program to educate rural, isolated senior Marylanders and tribal elders who are Medicare beneficiaries using the SMP fraud prevention message, and to strategically partner with AAAs, and Aging and Disability Resource Centers (MAPs) in outreach initiatives. This collaboration will result in the statewide implementation of SMPs as well as targeted outreach and marketing materials expanding Maryland's SMP outreach to each county in Maryland. This new initiative is funded by the Administration on Aging for two years.

Program Data:	FY08 (Actual)	FY09 (Est.)	FY10 (Est.)
Number of People Served			
Number one-to-one counseling sessions with beneficiaries or their care givers	235	255	275
Education & Outreach			
Number beneficiaries attended group education sessions	2,880	2,900	2,975
Number of Media & Community Outreach Events	240	264	288
Issues & Inquiries			
Number of Issues & Inquiries Resolved	638	650	685
Volunteers & Volunteerism			
Number of Active Volunteers	142	150	155

Program Funding:			
Federal	\$144,023	\$139,535	\$139,535
State	0	0	0
Local Contributions/Program Income	15,762	22,909	22,909
Total	\$159,785	\$162,444	\$162,444

Contact Person: A. Cassandra Brown, SMP Coordinator, 410-767-1278, acb@ooaa.state.md.us



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SPECIAL PROJECTS

- National Governors Association Policy Academy
on Civic Engagement

SPECIAL PROJECTS

National Governors Association Policy Academy on Civic Engagement

The Policy Academy on Civic Engagement of Older Adults is a year-long initiative to help increase civic engagement among seniors by capitalizing on the leadership of state governors. Maryland is one of six (6) champion states selected to participate with the goal to improve the health and lives of older Americans by substantially increasing the proportion of seniors who participate in employment, education and training, or meaningful volunteer activities.

Maryland is home to 913,000 seniors and in five years that number is expected to grow to more than one million. By 2030, the number of seniors is projected to increase to about 1.7 million. Many of the 1.7 million seniors will be healthy, independent, and financially secure. As the baby boomers begin transitioning into retirement, an opportunity exists to bridge the gap between the needs of local communities and the knowledge and expertise of mature Maryland residents who are seeking meaningful post-retirement activities. Encouraging more seniors to participate in civic engagement activities can produce important benefits for individuals, communities, and the State including better health, fewer depressive symptoms, lower mortality rates among older adults, and stronger community ties. Additionally, the State enjoys the financial benefits of a strong volunteer force in the form of reduced pressure on the public sector to underwrite the cost of services that can be provided by volunteers.

Maryland's workforce is also aging. Beginning in 2011, the first of Maryland's 1.55 million baby boomers will reach the traditional retirement age of 65 years. A growing number of older workers are choosing to remain in the workforce for personal fulfillment and financial reasons, including the need for employment-based health insurance and the increased age eligibility for Social Security. Many will be looking for flexibility and more meaningful work. Some may require training for a new career.

The Maryland team set the following goals, strategies and activities to address these issues.

Goal 1: To increase labor market participation among older adults, Maryland proposes to:

- o Gather and analyze data on labor market participation of older adults and develop marketing campaign on benefits of labor market participation
- o Explore the feasibility of expanding the Maryland Access Point website to include a database of employment opportunities and promote the use of the website by both organizations interested in posting job opportunities and older adults seeking employment
- o Develop pilot initiatives including Maryland state and local government
- o Improve training for one-stop career center staff
- o Engage employers to improve workforce accommodations, develop training programs and job opportunities

Goal 2: To increase participation by older Marylanders in volunteer activities, Maryland proposes to:

- o Gather and analyze data on volunteer service rates and opportunities and develop a marketing campaign on benefits of volunteerism

SPECIAL PROJECTS

- o Explore the feasibility of expanding the Maryland Access Point website to include a database of volunteer opportunities and promote the use of the website by both organizations interested in posting opportunities and prospective volunteers
- o Explore opportunities for volunteer service in state and local government
- o Expand Experience Corps and other compensated volunteer opportunities

Goal 3: To increase participation by older Marylanders in lifelong learning activities, Maryland proposes to:

- o Gather and analyze data on lifelong learning opportunities for older adults and conduct marketing campaign on benefits of lifelong learning
- o Create a database of lifelong learning activities
- o Develop a market plan to promote lifelong learning



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APPENDICES

- A—Area Agencies on Aging
- B—Commission on Aging
- C—Eligibility Levels for Federal and State Programs
- D—Senior Centers
- E—Senior Information and Assistance Offices

AREA AGENCIES ON AGING

Appendix A

County/Jurisdiction	Contact Person	Address	Telephone/Fax/Email/Web
Allegany	Renee Kniseley Director	Allegany Co. Human Resources Development Commission, Inc. 19 Frederick Street Cumberland, MD 21502	301-777-5970, x120 301-777-1685 - FAX rkniseley@allconet.org http://www.alleganyhrdc.org/index.html
Anne Arundel	Carol R. Baker Director	Anne Arundel County Department of Aging 2666 Riva Road - Suite 400 Annapolis, MD 21401	410-222-4464 410-222-4360 - FAX crbaker@aacounty.org http://www.aacounty.org/Aging/index.cfm
Baltimore City	John P. Stewart Executive Director	Baltimore City Commission on Aging and Retirement Education 10 North Calvert Street, Suite 300 Baltimore, MD 21202	410-396-4932 410-545-1539 - FAX john.stewart@baltimorecity.gov http://www.ci.baltimore.md.us/government/care/
Baltimore	Arnold Eppel Director	Baltimore County Department of Aging 611 Central Avenue Towson, MD 21204	410-887-2109 410-887-2159 - FAX aeppel@baltimorecountymd.gov www.baltimorecountymd.gov/Agencies/aging/index.html
Calvert	Susan Justice Division Chief	Calvert County Office on Aging 450 West Dares Beach Road Prince Frederick, MD 20678	410-535-4606 301-855-1170 D.C. Line 410-535-1903 - FAX justicsa@co.cal.md.us http://www.co.cal.md.us/residents/health/aging/
Caroline Kent Talbot	Carl E. Burke Executive Director	Upper Shore Aging, Inc 100 Schaubert Road Chestertown MD 21620	410-778-6000 410-778-3562 - FAX cburke@uppershoreaging.org http://www.uppershoreaging.org/
Carroll	Richard Steinberg Chief	Carroll County Bureau of Aging 125 Stoner Avenue Westminster, MD 21157	410-386-3800, 410-386-3803 410-244-3453 - FAX rsteinberg@ccg.carr.org http://ccggovernment.carr.org/ccg/aging/default.asp

AREA AGENCIES ON AGING

Appendix A

County/Jurisdiction	Contact Person	Address	Telephone/Fax/Email/Web
Cecil	Susan E. Twigg Director	Senior Services and Community Transit of Cecil County 200 Chesapeake Blvd, Suite 2550 Elkton, MD 21921	410-996-5295 410-620-9483 - FAX stwigg@ccgov.org http://www.ccgov.org/dept_aging/
Charles	Dina Barclay Chief	Charles County Aging and Community Centers Division 8190 Port Tobacco Road Port Tobacco, MD 20677	301-934-0129 301-934-5624 - FAX barclayd@charlescounty.org http://www.charlescounty.org/cs/aging/default.htm
Dorchester Somerset Wicomico Worcester	Margaret Bradford Executive Director	MAC, Inc. 1504 Riverside Drive Salisbury, MD 21801	410-742-0505 410-742-0525 - FAX mab@macinc.org http://www.macinc.org/
Frederick	Carolyn True Director	Frederick County Department of Aging 1440 Taney Avenue Frederick, MD 21702	301-600-1605 301-600-3554 – FAX TTY Dial 711 in MD or 1-800-201-7165 ctrue@fredco-md.net http://www.co.frederick.md.us/index.asp?nid=54
Garrett	Adina Brode Director	Garrett County Area Agency on Aging 104 E. Center Street Oakland, MD 21550-1328	301-334-9431, x143 301-334-8555 - FAX abrode@garrett.cac.org http://www.garrettcac.org/aaa.html
Harford	Karen Winkowski Director	Harford County Office on Aging 145 N. Hickory Avenue Bel Air, MD 21014	410-638-3025 410-879-2000 ext. 3331 410-893-2371 - FAX kawinkowski@harfordcountymd.gov http://www.harfordcountymd.gov/services/aging/

AREA AGENCIES ON AGING

Appendix A

County/Jurisdiction	Contact Person	Address	Telephone/Fax/Email/Web
Howard	Sue Vaeth Administrator	Howard County Office on Aging 6751 Columbia Gateway Dr - 2nd Floor Columbia, MD 21046	410-313-6535 or 6410 410-313-6540 - FAX svaeth@howardcountymd.gov http://www.co.ho.md.us/OA/CS_OfficeAging.htm
Montgomery	Elizabeth Boehner Director	Montgomery County Area Agency on Aging Division of Aging and Disability Services 401 Hungerford Drive, 4 th Fl. Rockville, Maryland 20850	240-777-3000 (General) 240-777-1436 - FAX elizabeth.boehner@montgomerycountymd.gov http://www.montgomerycountymd.gov
Prince George's	Theresa Grant Director	Prince George's County Dept. of Family Services Aging Services Division 6420 Allentown Road Camp Springs, MD 20748	301-265-8450 301-248-5358 - FAX tmgrant@co.pg.md.us http://www.princegeorgescountymd.gov/Government/AgencyIndex/FamilyServices/
Queen Anne's	Catherine Willis Director	Queen Anne's County Department on Aging 104 Powell Street Centreville, MD 21617	410-758-0848, x2700 (Cathy) 410-758-4489 - FAX cwillis@qac.org http://www.qac.org
St. Mary's	Lori Jennings-Harris Director	St. Mary's County Department of Aging 41780 Baldrige Street P.O. Box 653 Leonardtown, MD 20650	301-475-4200. x1070 301-475-4503 - FAX lori.harris@co.saint-marys.md.us http://www.co.saint-marys.md.us/doa/
Washington	Susan MacDonald Executive Director	Washington County Commission on Aging Inc./AAA 140 West Franklin St., 4th Floor Hagerstown, MD 21740	301-790-0275 301-739-4957 – FAX 1-866-802-1212 sjm@wccoaging.org http://www.wccoaging.org/index.aspx

History of the Commission on Aging:

The origin of the Commission on Aging dates back to 1959, when the General Assembly created the State Coordinating Commission on the Problems of the Aging in response to the rapidly increasing population of older persons. In 1971 the Coordinating Commission was re-designated the Commission on Aging, becoming an independent agency within the State Department of Employment and Social Services. In May 1973, the Commission was transferred to the Executive Department and charged as the State agency responsible for carrying out planning, coordination, and evaluation activities under the federal Older Americans Act. Legislation in 1975 merged the Commission on Aging into the Office on Aging to serve in both an advisory and policy making role. In 1989, legislation clarified the role of the Commission on Aging as the advisory body to the Office on Aging. Today, the Commission on Aging is the advisory body to the Maryland Department of Aging.

The Role of the Commission:

The Commission is charged with the responsibility to review and make recommendations to the Secretary of the Maryland Department of Aging with respect to ongoing statewide programs and activities.

Current Membership

The Commission consists of 13 members appointed by the Governor. The mandated membership of the Commission includes: 1 member of the Maryland Senate; 1 member of the Maryland House of Delegates; and 11 members (reflecting geographic representation) who are interested in the problems of older individuals. At least 7 members must be 55 years of age or older.

Membership	Term	County of Residence
Mr. Stuart P. Rosenthal	July 1, 2007 - June 30, 2011*	Montgomery County
Dr. Young Dae Cha	July 1, 2006 – June 30, 2010*	Montgomery County
Mr. Richmond T. P. Davis	July 1, 2006 - June 30, 2010*	Montgomery County
Ms. Queen L. Gladden	July 1, 2007 – June 30, 2011	Charles County
Mr. W. Lee Hammond	July 1, 2005 - June 30, 2009*	Wicomico County
Ms. Maria V. Jimenez	July 1, 2005 – June 30, 2009	Montgomery County
Ms. Louise Lynch	July 1, 2006 – June 30, 2010	Frederick County
Ms. Paula Martin	July 1, 2007 – June 30, 2011	Prince George's County
Ms. Irene B. Reid	July 1, 2007 – June 30, 2011	Baltimore City
Delegate Barbara Frush	July 1, 1995	Prince George's County
Ms. Sharonlee Vogel	July 1, 2005 - June 30, 2009	Howard County

* Reappointed

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

Federal/State Program	Monthly (or Annual) Income Test	Annual Asset Test	Notes
Federal Poverty Guidelines Individual Couple	\$ 867 (\$10,400 per year) \$1167 (\$14,000 per year)		Next expected change: 2/1/09
Qualified Medicare Beneficiary Program (QMB) Individual Couple	(Apply \$20 income disregard – see note at bottom of page) \$ 867 \$1167	\$4000 \$6000	Pays Medicare Part A and B premiums, co-payments, and deductibles. Next expected change: 3/1/09
Special Low-Income Medicare Beneficiary Program (SLMB) I Individual Couple II Individual Couple	(Apply \$20 income disregard – see note at bottom of page) \$868 - \$1040 \$1168 - \$1400 \$1041 - \$1170 \$1401 - \$1575	\$4000 \$6000 \$4000 \$6000	Similar to QMB but pays only the Part B premium. Next expected change: 3/1/09
Primary Adult Care Program (PAC) Individual Couple	(After applying exclusions and disregards) \$1005 \$1167	\$4000 \$6000	Provides MD residents, ages 19 and over, <i>who do not qualify for Medicare or Medical Assistance</i> , with free primary care doctor visits, free mental health visits (psychiatric or counseling), and low-cost or free prescription drugs. <i>Does not cover hospital stays, ER visits, or specialty care.</i> Call 1-800-226-2142 (toll-free) for application & information. Next expected change: 3/1/09

Note: \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the number listed on the chart, then the individual or couple probably qualifies for the benefit.

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

Federal/State Program	Monthly (or Annual) Income Test	Annual Asset Test	Notes
Supplemental Security Income (SSI)	(Apply \$20 income disregard – see note on previous page)		Effective: 1/1/09
Individual	\$674	\$2000	
Couple	\$1011	\$3000	
	(Represents 5.8% increase in Consumer Price Index for 2009)		
Medicare Part D (Prescription Drug) Low-Income Subsidy (also known as EXTRA HELP)		(See note below)	This financial assistance is only for Medicare beneficiaries who have a Medicare D prescription drug plan. Benefits vary depending on income level; assistance may help with cost of premiums, deductibles, co-pays.
Individual	\$867 or less	\$7790	You will automatically receive EXTRA HELP if you have Medical Assistance, QMB, SLMB, or SSI; no need to apply. Apply through Social Security Administration (1-800-772-1213 or www.ssa.gov) or Local Department of Social Services. Next expected change: 2/1/09
Couple	\$1167 or less	\$12,440	
(100% poverty & below)			
Individual	\$868 - \$1170	\$7790	
Couple	\$1168 - \$1575	\$12,440	
(up to 135% poverty)			
Individual	\$1171 - \$1300	<u>\$11,990</u>	
Couple	\$1576 - \$1750	\$23,970	
(up to 150% poverty)			

Note: Annual asset figures, provided by Centers for Medicare and Medicaid, include \$1,500 (for one person) or \$3,000 (for a couple) for funeral/burial, if beneficiary indicates the need to use some of his/her assets for that purpose.

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

Federal/State Program	Monthly (or Annual) Income Test	Annual Asset Test	Notes
State of Maryland Senior Prescription Drug Assistance Program (SPDAP)	The following figures became effective 1/23/08 and will remain in effect until Poverty Level Guidelines are released in late January, 2009:		For persons enrolled in a Medicare Prescription or Medicare Advantage Prescription Drug plan, SPDAP pays up to \$25 per month toward the cost of the premium for their chosen plan <i>except</i> for persons eligible for full federal EXTRA HELP as determined by the Social Security Administration AND have a household income at or below 300% of federal poverty standards.
Individual	\$31,200/yr.	No test	
Couple	\$42,000/yr.	No test	
			Beginning on 1/1/09, SPDAP is offering a new coverage gap or "donut hole" subsidy of up to \$1,200 per year for persons whose drug costs total more than \$2,700/yr. Not all Medicare Prescription or Medicare Advantage Plans are participating in the coverage gap subsidy. For further information or applications, call 1-800-551-5995 or go to www.marylandspdap.com Next expected change: End of 1/09
Maryland Energy Assistance Program (MEAP)			Provides eligible low-income Marylanders assistance with home heating bills; EUSP assists with electric bills.
Individual	\$1516.65	No test	
Couple	\$2041.65	No test	
	(represents 175% of poverty level)		
Electric Universal Service Program (EUSP)			Only one application is required for both MEAP and EUSP. Both programs are administered by the Office of Home Energy Programs (OHEP), DHR.
Individual	\$1516.65	No test	
Couple	\$2041.65	No test	
	(represents 175% of poverty level)		Next expected change: 7/1/09

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

Federal/State Program	Monthly (or Annual) Income Test	Annual Asset Test	Notes
Food Stamp Program Individual Couple	 \$867 \$1167 (net income)	 \$3000 \$3000	A household's first \$144 per month is not counted in determining eligibility; household vehicles are not counted; there are also medical and housing deductions. Persons 60 and over (and their spouses) who are unable to purchase and prepare their own meals due to a disability, and who live and eat with others in a household whose combined income does not exceed 165% of the poverty level, <i>may</i> be considered a separate household. Next expected change: 10/1/09
Medical Assistance (Medicaid) Individual Couple	 \$350 \$392	 \$2500 \$3000	Requires documentation of disability; individuals can "spend down" to this income level to be eligible.
Medicaid Waiver for Older Adults	\$2022 (represents 300% of SSI)	\$2000	Assisted living and in-home services for individuals age 50 and older who meet Medicaid institutional eligibility rules; additional medical, financial, and technical eligibility requirements apply. Effective: 1/1/09
Senior Care Program Individual Couple	 \$2444 \$3197	 \$11,000 \$14,000	Case managed, in-home services program for individuals 65 and older. Next expected change: 7/1/09

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

Federal/State Program	Monthly (or Annual) Income Test	Annual Asset Test	Notes
Senior Assisted Living Group Home Program Subsidy			Provides financial assistance for a limited number of eligible Assisted Living Group Home residents age 62 or older.
Individual	\$2444	\$11,000	
Couple	\$3197	\$14,000	Next expected change: 7/1/09
Congregate Housing Services (CHSP) Subsidy			Provides financial assistance for a limited number of Congregate Housing residents in selected sites for individuals 62 and older whose net monthly income is insufficient to pay the full monthly fee for Congregate Housing Services.
Individual	\$2444	\$27,375	
Couple	\$3197	\$35,587	Next expected change: 7/1/09
Senior Employment Program (Title V)			Federally subsidized employment for persons ages 55 and over.
Individual	\$1084 (\$13,000 per yr.)	No test	
Couple	\$1459 (\$17,500 per yr.)	No test	Next expected change: end of 2/1/09
Accessible Homes for Seniors			Provides zero-interest loans to modify a home space for senior (age 55 or older) living. Loan payments are deferred for 30 years or until the sale or transfer of ownership of the home.
Individual	\$55,440 per yr. (Washington MSA – Calvert, Charles, Frederick, Montgomery, & Prince George’s Counties)	No test	
	\$45,976 per yr. (all other jurisdictions)		If the senior resides in home of a relative, eligibility is based on the owner’s income.
Couple	\$63,360 per yr. (Washington MSA)	No test	This program is a joint initiative of the MD Dept. of Housing & Community Development and the MD Dept. of Aging. Application available by calling 800-756-0119 or at www.mdhousing.org .
	\$52,544 per yr. (all other jurisdictions)		Next expected change: 3/09

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

Federal/State Program	Monthly (or Annual) Income Test	Annual Asset Test	Notes
Employed Individuals with Disabilities (EID) Program	(Approximate countable income per month)	Less than \$10,000 in countable resources	The EID Program provides health insurance for qualified employed persons ages 18-64 who are disabled. Persons with private health insurance or Medicare may still qualify for EID. Participants pay a monthly premium from \$0-\$55, depending on income.
Individual	Up to \$2600		
Couple	Up to \$3500 (represents 300% of poverty level)		The EID Program is funded by the Maryland Medical Assistance Program (DHMH). Certain income and assets that count for other Medical Assistance programs do not count toward EID income limits. The MD Dept. of Disabilities (MDOD) partners with DHMH to promote the program. See www.mdod.state.md.us . Call MDOD at 443-514-5034 or 1-800- 637-4113 for assistance with likelihood of eligibility and completion of application by telephone.
			Next expected change: 2/1/09

ELIGIBILITY LEVELS FOR SELECTED FEDERAL AND STATE PROGRAMS

Appendix C

Federal/State Program	Monthly (or Annual) Income Test	Annual Asset Test	Notes
Medical Assistance (Medicaid) – Spousal Impoverishment Protection Standards	For spouse in the community: Basic Maintenance and Shelter Allowance \$1,750 Maximum Maintenance and Shelter Allowance \$2739	For spouse in the nursing home: \$2,500 Minimum Community Spouse's Asset Share \$21,912 Maximum Community Spouse's Asset Share: \$109,560	Refers to protection of some of the income and assets of a spouse remaining in the community when the other spouse has entered a nursing home. All non-exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately, are pooled as of date nursing home spouse enters the nursing home. Effective 1/1/09, the community spouse may keep \$21,912 or ½ the assets, whichever is greater, but not more than \$109,560. The couple's remaining assets are used to pay for nursing home care or other expenses, until the nursing home spouse's assets reach the Medicaid eligibility level of \$2500. The community spouse's income will be evaluated to determine how much, if any, of the nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance. Call 410-767-5800 or 1-800-492-5231 for questions on any aspect of the eligibility determination process.

SENIOR CENTERS

Appendix D

Allegany County

Darren Wiley
Cumberland Senior Center
19 Frederick Street
Cumberland, MD 21502
301-724-8626
301-722-0937 (Fax)
dwiley@allconet.org

Ellen Pitt-Nairn
Frostburg Senior Center
27 S. Water Street
Frostburg, MD 21532
301-689-5510
301-689-3542 (Fax)
epitt-nairn@allconet.org

Joyce Shade
George's Creek Senior Center
7 Hanekamp Street
Lonaconing, MD 21539
301-463-6215
301-463-3459 (Fax)
joyceshade@allconet.org

Diana Amann
Westernport Senior Center
33 Main Street
Westernport, MD 21562
301-359-9930
301-359-3539 (Fax)
damann@allconet.org

Anne Arundel County

Becky Batta
Annapolis Senior Activity Center
119 South Villa Ave
Annapolis, MD 21401
410-222-1818
410-222-1216 (Fax)
annapoliscenter@aacounty.org

Suzie Nichols
Arnold Senior Center
44 Church Road
Arnold, MD 21012
410-222-1922
410-222-1924 (Fax)
arnoldcenter@aacounty.org

Carolyn Scurry-Boyd
Brooklyn Park Senior Center
202 Hammonds Lane
Brooklyn Park, MD 21225
410-222-6847
410-222-6846 (Fax)
bpcenter@aacounty.org

Cheryl Smith Heinhold
Pasadena Senior Center
4103 Mountain Road
Pasadena, MD 21122
410-222-0030
410-222-0032 (Fax)
pasadenacenter@aacounty.org

Nancy Allred
Robert A. Pascal Senior Center
125 Dorsey Road
Glen Burnie, MD 21061
410-222-6680
pascalcenter@aacounty.org

Sharon Poet
South County Senior Center
27 Stepneys Lane
Edgewater, MD 21037
410-222-1927/410-798-4802
410-222-1989 (Fax)
southcenter@aacounty.org

SENIOR CENTERS

Appendix D

Edie Cratty
Catherine L. O'Malley Senior Center
1275 Odenton Road
Odenton, MD 21113
410-222-6227/301-621-9515
410-222-6229 (Fax)
omalleycenter@aacounty.org

Baltimore City

Pat Chalfant
Action In Maturity, Inc. (AIM)
3900 Roland Avenue
Baltimore, MD 21211
410-889-7915
410-685-7921 (Fax)
aim@actioninmaturity.org

Rita Arrington
Allen Senior Center
1404 South Charles Street
Baltimore, MD 21230
410-685-6224
410-685-6225 (Fax)
allencenter@verizon.net

Doris Brightful
Forest Park Senior Center
4801 Liberty Heights Avenue
Baltimore, MD 21207
410-466-2124
410-466-2154 (Fax)
forestparkseniors@yahoo.com

Rosalee Velenovsky
John Booth Senior Center
229 □ S. Eaton Street
Baltimore, MD 21224
410-396-9202
410-675-0383 (Fax)
rosaleev_jba@yahoo.com

Kimo Nam
Greenmount Senior Center
425 E. Federal Street
Baltimore, MD 21202
410-396-3552
410-625-0493 (Fax)
kimonam926@msn.com

Curleen Davis
Harford Senior Center
4920 Harford Road
Baltimore, MD 21214
410-426-4009
410-426-4081 (Fax)
cdavis@voaches.org

Elaine Hall
Hatton Senior Center
2825 Fait Avenue
Baltimore, MD 21224
410-396-9025
410-545-7891 (Fax)
elaine.hall@baltimorecity.gov

James Williams
Senior Network of North Baltimore
5828 York Road
Baltimore, MD 21212
410-323-7131
410-323-4409 (Fax)
snnbjimw@yahoo.com

SENIOR CENTERS

Appendix D

Karen Wheeler
Oliver Senior Center
1700 N. Gay Street
Baltimore, MD 21213
410-396-3861
410-545-6239 (Fax)
karenwheeler@baltimorecity.gov

Susan Patry
Southwest Senior Center
100 South Calhoun Street
Baltimore, MD 21223
410-566-1311
410-566-1313 (Fax)
susan@southwestseniorcenter.org

Robin Rich
Cherry Hill Senior Life Center
606 Cherry Hill Road, Suite 201
Baltimore, MD 21225
410-354-5101
410-354-5103 (Fax)
rrich@cc-md.org

Linda Trope
Edward A. Myerberg Northwest Senior Center
3101 Fallstaff Road
Baltimore, MD 21209
410-358-6856
410-358-1816 (Fax)
ltrope@myerbergseniorcenter.org

Mary Parker-Collins
Sandtown Winchester Senior Center
1601 Baker St.
Baltimore, MD 21217
410-396-7724
410-462-2469 fax
maryparker-collins@baltimorecity.gov

Karen Cousins
Waxter Center for Senior Citizens
1000 Cathedral Street
Baltimore, MD 21201
410-396-1324
410-396-1330 (Fax)
Leslie.Yancey@Baltimorecity.gov

Baltimore County

Margie Swift
Ateaze Senior Center
7401 Holabird Avenue
Dundalk, MD 21222
410-887-7233
410-887-7356 (Fax)
mswift@baltimorecountymd.gov

Julie Lynn
Bykota Senior Center
611 Central Avenue
Towson, MD 21204
410-887-3094
410-887-8281 (Fax)
www.ilvnn@baltimorecountymd.gov

Amanda Pirillo
Edgemere Senior Center
6600 North Point Road
Baltimore, MD 21219
410-887-7530
410-887-7549 (Fax)
apirillo@baltimorecountymd.gov

Kathleen Young
Essex Senior Center
600 Dorsey Avenue
Baltimore, MD 21221
410-887-0267
410-887-0333 (Fax)
kyoung@baltimorecountymd.gov

SENIOR CENTERS

Appendix D

Nicole Sheehan
Catonsville Senior Center
501 N. Rolling Road
Baltimore, MD 21228
410-887-0900
410-887-1013 (Fax)
nsheehan@baltimorecountymd.gov

Gloria D. Carney
Cockeysville Senior Center
10535 York Road
Cockeysville, MD 21030
410-887-7694
410-887-7607 (Fax)
gcarney@baltimorecountymd.gov

Barbara Franke
Jacksonville Senior Center
3101 Paper Mill Road
Phoenix, MD 21131
410-887-1841
410-887-1842 (Fax)
bfranke@baltimorecountymd.gov

Terry Almon
Landsdowne/Baltimore Highlands
Senior Center
424 Third Avenue
Baltimore MD 21227
410-887-1443
410-887-1466 (Fax)
talmon@baltimorecountymd.gov

Joyce Rosewag
Liberty Senior Center
3525 Resource Drive
Randallstown, MD 21133
410-887-0780
410-887-0615 (Fax)
jrosewag@baltimorecountymd.gov

Elmira Thornton
Fleming Senior Center
641 Main Street
Baltimore, MD 21222
410-887-7225
410-887-7105 (Fax)
ethornton@baltimorecountymd.gov

James Slone
Pikesville Senior Center
1301 Reisterstown Road
Pikesville, MD 21208
410-887-1245
410-887-1273 (Fax)
jslone@baltimorecountymd.gov

Suzanne Levin
Reisterstown Senior Center
12035 Reisterstown Road
Reisterstown, MD 21136
410-887-1143
410-887-1144 (Fax)
snlevin@baltimorecountymd.gov

Linda Workinger
Rosedale Senior Center
1208 Neighbors Avenue
Baltimore, MD 21237
410-887-0233
410-887-0472 (Fax)
lworkinger@baltimorecountymd.gov

Lisa Kennedy
Seven Oaks Senior Center
9210 Seven Courts Dr.
Perry Hall, MD 21236
410-887-5192
410-887-5140 (Fax)
lkennedy@baltimorecountymd.gov

SENIOR CENTERS

Appendix D

Barbara Franke
Mt. Carmel Senior Center
17038 Prettyboy Dam Road
Parkton, MD 21120
410-887-1923
410-887-1951 (Fax)
bfranke@baltimorecountymd.gov

Patti McDonnell
Overlea/Fullerton Senior Center
4314 Fullerton Avenue
Baltimore, MD 21236-4613
410-887-5220
410-887-5361 (Fax)
pmcdonnell@baltimorecountymd.gov

Ashaki Innis
Woodlawn Senior Center
2120 Gwynn Oak Avenue
Baltimore, MD 21207
410-887-6887
410-887-1307 (Fax)
ainnis@baltimorecountymd.gov

Rebecca Berkshire
Victory Villa Senior Center
403 Compass Road
Baltimore, MD 21220
410-887-0235
410-887-0463 (Fax)
rberkshire@baltimorecountymd.gov

Sandra Ditto
Parkville Senior Center
8601 Harford Road
Baltimore, MD 21234
410-887-5338
410-887-5227 (Fax)
sditto@baltimorecountymd.gov

Calvert County

Sandra Marquess
Calvert Pines Senior Center
450 W. Dares Beach Road
Prince Frederick, MD 20678
410-535-4606, 301-855-1170
410-535-1903 (Fax)
marquesl@co.cal.md.us

Ricca Baker
North Beach Senior Center
9010 Chesapeake Avenue, PO Box 85
North Beach, MD 20714
410-257-2549
410-286-8095 (Fax)
bakerrj@co.cal.md.us

Elizabeth Latham
Southern Pines Senior Center
20 Appeal Lane
Lusby, MD 20657
410-586-2748
410-326-0673 (Fax)
lathamef@co.cal.md.us

SENIOR CENTERS

Appendix D

Caroline County

Carol Anne Donohue
Caroline Senior Center
403 S. 7th Street
Suite 127
Denton, MD 21629
410-479-2535
410-479-1879 (Fax)
bluesenior@dmv.com

Virgie Tilghman
Federalsburg Senior Center
118 N. Main Street
Federalsburg, MD 21632
410-754-9754
410-754-5375 (Fax)
vchic@email.com

Carroll County

Olivia Schrodetzki
Mt. Airy Senior & Community Center
703 Ridge Avenue
Mt Airy, MD 21771
410-795-1017, 301-829-2407
410-549-5429 (Fax)
mtairysc@ccg.carr.org

Renee Deiacio
North Carroll Senior & Community Center
2328 Hanover Pike
Hampstead, MD 21074
410-386-3900
410-374-1395 (Fax)
northcarrollsc@ccg.carr.org

Karen Larrimore
South Carroll Senior & Community Center
5745 Bartholow Road
Sykesville, MD 21784
410-549-1357
410-795-0888 (Fax)
southcarrollsc@ccg.carr.org

Angie Walz
Taneytown Senior & Community Center
220 Roberts Mill Road
Taneytown, MD 21787
410-386-2700
410-751-0338 (Fax)
taneytownsc@ccg.carr.org

Paul G. Garver
Westminster Senior & Community Center
125 Stoner Avenue
Westminster, MD 21157
410-386-3850
410-386-3841 (Fax)
westminstersc@ccg.carr.org

SENIOR CENTERS

Appendix D

Cecil County

Linda Tull
Elkton Center
200 Chesapeake Blvd., Suite 1700
Elkton, MD 21921
410-996-5295
410-420-9483 (Fax)
ltull@ccgov.org

Linda Tull
Perryville Senior Center
710 Broad Street
Perryville, MD 21903
410-996-5295

Charles County

Kathy Cooke
Kathy Sheldon
Richard R. Clark Senior Center
1210 E. Charles Street
LaPlata, MD 20646
301-934-5423
301-934-5425 (Fax)
cookem@charlescounty.org
sheldonk@charlescounty.org

Ann Schultz
Waldorf Senior Center
3090 Crain Highway
Waldorf, MD 20604
301-638-4420
301-638-1931 (Fax)
schultza@charlescounty.org

Joan Boggs
Indian Head Community Center
100 Cornwallis Square
Indian Head, MD 20640
301-743-2125
301-743-7422 (Fax)
boggs@charlescounty.org

Sarah Hope
Nanjemoy Senior Center
Senior Center Programs
4375 Port Tobacco Road
Nanjemoy, MD 20662
301-246-9612
301-246-9031 (Fax)
blacksj@charlescounty.org

Dorchester County

Michael Foster
MAC Senior Center
2450 Cambridge Beltway
Cambridge, MD 21613
410-221-1920
410-221-1917 (Fax)

Mary J. Thorpe
Hurlock Senior Center
6210 Shiloh Church and Hurlock Road
Hurlock, MD 21643
410-943-1106
410-943-3536 (Fax)

SENIOR CENTERS

Appendix D

Frederick County

Cathy Lee Barnes
Brunswick Senior Center
12 East A Street
Brunswick, MD 21716
301-834-8115
TTY – Dial 711 in MD or 1-800-201-7165
301-834-5093 (Fax)
cbarnes@fredco-md.net

Linda Umbel
Emmitsburg Senior Center
300 South Seton Avenue
Emmitsburg, MD 21727
301-600-6350
TTY – Dial 711 in MD or 1-800-201-7165
301-600-6354 (Fax)
lumbel@fredco-md.net

Susan Hofstra
Urbana Senior Center
9020 Amelung Street
Frederick, MD 21704
301-600-7020
TTY – Dial 711 in MD or 1-800-201-7165
301-600-7021 (Fax)
shofstra@fredco-md.net

Linda McGinnes
Frederick Senior Center
1440 Taney Avenue
Frederick, MD 21702
301-600-3525 (Activities)
TTY – Dial 711 in MD or 1-800-201-7165
301-600-3554 (Fax)
301-600-1048 (Meal Reservations)
lmcginnes@fredco-md.net

Anna Rollins
Thurmont Senior Center
806 East Main St
Thurmont, MD 21788
301-271-7911
TTY – Dial 711 in MD or 1-800-201-7165
301-271-7081 (Fax)
arollins@fredco-md.net

Garrett County

Carrie Clow
Mary Browning Senior Center
104 East Center Street
Oakland, MD 21550
301-334-9431, ext 131
1-888-877-8403 (Toll Free)
301-334-8555 (Fax)
cclow@garrettcac.org

Carrie Clow
Grantsville Senior Center
125 Durst Court
Grantsville, MD 21536
301-895-5818
301-895-4237 (Fax)
cclow@garrettcac.org

SENIOR CENTERS

Appendix D

Ryan Kentrus
Flowery Vale Health & Fitness Center for
Older Adults
204 South Street, P. O. Box 248
Accident, MD 21520
301-746-8050
301-334-8555 (Fax)
rkentrus@verizon.net

Harford County

Margaret Kennedy
Aberdeen Senior Center
7 West Franklin Street
Aberdeen, MD 21001
410-273-5666
410-273-3469 (Fax)

Chuck Burkhardt
Edgewood Senior Center
1000 Gateway Road
Edgewood, MD 21040
410-612-1623
410-671-7855 (Fax)

Anna Schammel
McFaul Activities Center
525 West MacPhail Road
Bel Air, MD 21014
410-638-4040

Thelma Blake
Highland Senior Center
708 Highland Road
Street, MD 21154
410-638-3605
410-452-0525 (Fax)

Andrea Pomilla
Havre de Grace Senior Center
351 Lewis Lane
Havre de Grace, MD 21078
410-939-5121
410-939-5125 (Fax)

Howard County

Arleen Dinneen
Florence Bain Senior Center
5470 Ruth Keeton Way
Columbia, MD 21044
410-313-7213

Jeanne Slater
Elkridge Senior Center
6540 Washington Blvd.
Elkridge, MD 21075
410-313-4930

SENIOR CENTERS

Appendix D

Linda Ethridge
East Columbia Senior Center
6600 Cradlerock Way
Columbia, MD 21045
410-313-7680

Carla Buehler
Ellicott City Senior Center
9401 Frederick Road
Ellicott City, MD 21042
410-313-1400

Edith Bennett
Savage Senior Center
9525 Durness Lane
Laurel, MD 20723
410-880-5915

Betty Frey
Glenwood Senior Center
2400 Route 97
Cooksville, MD 21723
410-313-5440

Kent County

Rosemarie Curlett
Amy Lynn Ferris Adult Activity Center
200 Schaubert Road
Chestertown, MD 21620
410-778-2564
410-758-9994 (Fax)
rcurlett@uppershoreaging.org

Montgomery County

Carol Fuentevilla
Holiday Park Senior Center
3950 Ferrara Drive
Wheaton, MD 20906
240-777-4999
carol.fuentevilla@montgomerycountymd.gov

Tony Edghill
Damascus Senior Center
9701 Main Street
Damascus, MD 20872
270-777-6995
anthony.edghill@montgomerycountymd.gov

Silver Spring Senior Source
1400 Fenwick Lane
Silver Spring MD 20910
301-754-3404

Lola Skolnik
Long Branch Senior Center
8700 Piney Branch Road
Silver Spring, MD 20903
301-431-5708
lola.skolik@montgomerycountymd.gov

Jill Hall
Rockville Senior Center
1150 Carnation Drive
Rockville, MD 20850
240-314-8800
jhall@rockvillemd.gov

Grace Whipple
Gaithersburg/Upcounty Senior Center
80-A Bureau Drive
Gaithersburg, MD 20878
301-258-6380

SENIOR CENTERS

Appendix D

Betty Timer
Margaret Schweinhaut Senior Center
1000 Forest Glen Road
Silver Spring, MD 20901
301-681-1255
betty.timer@ montgomerycountymd.gov

Prince George's County

Jean McConnell
Berwyn Heights Senior Center
8603 57th Avenue
Berwyn Heights, MD 20740
301-474-0018

Kathy White
Bowie Senior Center
14900 Health Center Drive
Bowie, MD 20716
301-809-2300
301-809-2321 (Fax)
kwhite@cityofbowie.org

Karen Holk
Oasis Senior Center at Macy's
3500 East West Highway
Prince George's Plaza
Hyattsville, MD 20782
301-559-6575
301-559-2437 (Fax)
Kholk@oasisnet.org

Regina Jackson
Cora B. Woods Senior Center
Brentwood Senior Multiservice Center
3601 Taylor Street
Brentwood, MD 20722
301-699-1238
Regina.Jackson@pgparks.com

Karen Haseley
Greenbelt Senior Center
15 Crescent Road
Greenbelt, MD 20770
301-397-2208
khaseley@greenbeltnmd.gov

Brenda Harris
Langley Park Senior Center
1500 Merrimac Drive
Hyattsville, Maryland 20783
301-408-4343
301-445-4501 (Fax)
Brenda.Harris@pgparks.com

Gena Wade
Phelps Senior Center
701 Montgomery Street
Laurel, MD 20707
301-776-6168
301-776-0090 (Fax)
gwade@laurel.md.us

Jareasch Brown
Evelyn Cole Senior Center
5702 Addison Road
Seat Pleasant, MD 20743
301-386-5525

SENIOR CENTERS

Appendix D

John Lee
Camp Springs Senior Center
6420 Allentown Road
Camp Springs, MD 20746
301-449-0490

Queen Anne's County

Linda Conley
Sudlersville Senior Center
605 Foxxtown Drive
Sudlersville, MD 21668
410-438-3159
410-778-5444
410-438-3016 (Fax)
lconley@qac.org

Ann Martin
Grasonville Senior Center
4802 Main Street
P.O. Box 147
Grasonville, MD 21638
410-827-6010
410-827-3299 (Fax)
amartin@qac.org

Dawn Cornelius
Centreville Senior Center
104 Powell Street
Centreville, MD 21617
410-758-0848
410-758-4487 (Fax)
dcornelius@qac.org

Trish Beville
Kent Island Senior Center
891 Love Point Road
Stevensville, MD 21666
410-604-3801
410-604-3810 (Fax)
tbeville@qac.org

St. Mary's County

Kathy Mather
Garvey Senior Activity Center
41780 Baldrige Street, P.O. Box 653
Leonardtown, Maryland 20650
301-475-4200, ext. 1063
301-475-4503 (Fax)
katherine.mather@co.saint-marys.md.us

Marie Noelle Lautieri
Northern Senior Activity Center
29655 Charlotte Hall Rd
Charlotte Hall, MD 20622
301-475-4002 X 1002
301-475-4034 fax
marienoelle.lautieri@co.saint-marys.md.us

Joyce Raum
Loffler Senior Activity Center
21905 Chancellors Run Road
Great Mills, MD 20634
301-737-5670, ext 1656
301-737-5683 (Fax)
joyce.raum@co.saint-marys.md.us

SENIOR CENTERS

Appendix D

Somerset County

Connie Cox
Crisfield MAC Senior Center
P.O. Box 705, 110 Lorrie Quinn Drive
Crisfield, MD 21817
410-968-2065

Jean Harrison
Princess Anne Senior Center
11916 Somerset Avenue
Princess Anne, MD 21853
410-651-3517

Talbot County

Jessie Caldwell
Talbot Senior Center
108 Maryland Avenue, Suite 102
Easton, MD 21601
410-822-2869
410-820-9563 (Fax)

Washington County

Kathy Fisher
The Senior Center at Girls Inc.
626 Washington Ave.
Hagerstown, MD 21740
301 671-2368

Wicomico County

Ivy McKenize
Pine Bluff MAC Multi-Purpose Senior Center
1508 Riverside Drive
Salisbury, MD 21801
410-742-8569

Tracy Melvin
Willards MAC Senior Center
Hearn and Canal Streets
Willards, MD 21874
410-835-3475

SENIOR CENTERS

Appendix D

Worcester County

Carole Sweeny
Sylvia Dixon
Berlin Senior Center
107 Williams Street
Berlin, MD 21811
410-641-0515
410-632-2613 (Snow Hill Fax)

Linda Parks
Nancy Kudla
Pocomoke Senior Center
400-B Walnut Street
P. O. Box 434
Pocomoke, MD 21851
410-957-0391
410-632-2613 (Snow Hill Fax)

Carole Sweeney
Ocean City Senior Center
104 41st Street, P.O. Box 504
Ocean City, MD 21842
410-289-0824
410-632-2613 (Snow Hill Fax)

Linda Parks
Snow Hill Senior Center
107 East Market Street
P.O. Box 159
Snow Hill, MD 21863
410-632-1277
410-632-2613 (Fax)

Senior Information and Assistance Offices

Appendix E

County	Contact	Address	Telephone
Allegany County	Leona Lavin	Human Resources Development Commission, Inc. Area Agency on Aging 19 Frederick Street Cumberland, Maryland 21502	301-777-5970 ext.110 FAX: 301-722-0937 leonnalavin@allconet.org
Anne Arundel County	Sandy Berkeley	Anne Arundel Co. Department of Aging and Disabilities 2666 Riva Road Annapolis, Maryland 21401	410-222-4464 1-800-492-2499 FAX: 410-222-4346 agsabe81@mail.aacounty.org
Baltimore City	Thelma Winn	Baltimore City Commission on Aging & Retirement Education 10 North Calvert Street Suite 300 Baltimore, Maryland 21202	410-396-2273 FAX: 410-727-6654 thelma.winn@baltimorecity.gov
Baltimore County	Betty Evans	Baltimore County Dept. of Aging 611 Central Avenue Towson, Maryland 21204	410-887-2594 TTY: 410-887-3787 FAX: 410-887-5789 bevans@baltimorecountymd.gov www.takingcareofmomanddad.net
Calvert County	Tunya Taylor	Calvert Co. Area Agency on Aging 450 West Dares Beach Road Prince Frederick, Maryland 20678	410-535-4606 301-855-1170 Metro D.C. FAX: 410-535-1903 ooa@co.cal.md.us
Caroline County	Irene Garrettson	Upper Shore Aging, Inc. Caroline Senior Center 403 S. 7 th Street, Suite 127 Denton, Maryland 21629	410-479-2093 410-479-2535 FAX: 410-479-1879 igarrettson@uppershoreaging.org
Carroll County	Debbie Frame	Carroll County Bureau on Aging 125 Stoner Avenue Westminster, Maryland 21157	410-386-3800 TTY: 410-848-9747 FAX: 410-840-0436 dframe@ccg.carr.org
Cecil County	Mary Kahoe	Senior Services and Community Transit of Cecil County Elkton Center 200 Chesapeake Blvd., Suite 1700 Elkton, Maryland 21921	410-996-5295 FAX: 410-620-9483 mkahoe@ccgov.org
Charles County	Theresa Mason	Charles County AAA Department of Community Services 8190 Port Tobacco Road Port Tobacco, Maryland 20677	301-609-5712 or 301-870-3388 x5118 FAX: 301-934-5624 masont@charlescounty.org

Senior Information and Assistance Offices

Appendix E

County	Contact	Address	Telephone
Dorchester County	Mary Handley	Senior Information & Assistance Delmarva Community Services, Inc. P. O. Box 637 Cambridge, Maryland 21613	410-221-1930 FAX: 410-221-1917 maryh@dcsdct.org
Frederick County	Elly Jenkins	Senior Information & Assistance Frederick Co. Department of Aging 1440 Taney Avenue Frederick, Maryland 21702	301-600-1604 TTY – Dial 711 in MD or 1-800- 201-7165 FAX: 301-600-3554 ejenkins@fredco-md.net
Garrett County	Lynda Weeks	Senior Information & Assistance Garrett County Area Agency on Aging 104 E. Centre Street Oakland, Maryland 21550	301-334-9431 Ext. 140 FAX: 301-334-8555 lweeks@garrettcac.org
Harford County	Kathy Bond	Senior Information & Assistance Harford Co. Area Agency on Aging 145 N. Hickory Avenue Bel Air, Maryland 21014	410-638-3025 - Harford 410-879-2000 ext: 3331 or ext. 3380 - Baltimore FAX: 410-893-2371 kmbond@harfordcountymd.gov
Howard County	Pam Bilal	Senior Information & Assistance Howard Co. Area Agency on Aging Maryland Access Point 6751 Columbia Gateway Drive, 2 nd Floor Columbia, Maryland 21046	410-313-5980 or 1-800-506-5806 FAX: 410-313-5970 pbilal@co.ho.md.us
Kent County	Dianne. Turpin	Senior Information & Assistance Ferris Adult Activity Center 200 Schaubert Road Chestertown, Maryland 21620	410-778-2564 FAX: 410-758-9994 dturpin@uppershoreaging.org
Montgomery County	Jennifer Long	Senior Information & Assistance Montgomery County Aging and Disability Services 401 Hungerford Drive, 3 rd Floor Rockville, Maryland 20850	240-777-3000 TTY: 240-777-4575 FAX: 240-777-1495 jennifer.long@ montgomerycountymd.gov
Prince George's County	Floyd A. Johnson	Senior Information & Assistance Prince George's County Area Agency on Aging Harriet Hunter Center 6420 Allentown Road Hyattsville, Maryland 20781	301-265-8450 TTY: 301-277-0076 FAX: 301-248-5358 fajohnson@co.pg.md.us

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County	Contact	Address	Telephone
Queen Anne's County	Jane Anthony	Senior Information & Assistance Queen Anne's County Department of Aging 104 Powell Street Centreville, Maryland 21617	410-758-0848 FAX: 410-758-4489 janthony@qac.org
St. Mary's County	Debbie Barker	Senior Information & Assistance St. Mary's County Department of Aging Garvey Senior Activity Center P. O. Box 653 Leonardtown, Maryland 20650	301-475-4200 Ext. 1064 FAX: 301-475-4503 debbie.barker@co.saint-marys.md.us
Somerset County	Jean Harrison	Senior Information & Assistance Commission on Aging-MAC, Inc. 11916 North Somerset Avenue Princess Anne, Maryland 21853	410-651-0020 FAX: 410-651-3350
Talbot County	Peggy Vance	Senior Information & Assistance Talbot County Senior Center 400 Brooklets Avenue Easton, Maryland 21601	410-822-2869 FAX: 410-820-9563 mvance@upppershoreaging.org
Washington County	Liz Church	Senior Information & Assistance Washington County Commission on Aging, Inc./AAA 140 W. Franklin St., 4 th Floor Hagerstown, Maryland 21740	301-790-0275 FAX: 301-739-4957 lchurch@wccoaging.org
Wicomico County	Teri Davidson	Senior Information & Assistance Pine Bluff – MAC, Inc. 1504 Riverside Drive Salisbury, Maryland 21801	410-543-0388 FAX: 410-742-0525 tld@macinc.org
Worcester County	Debbie Ritter	Senior Information & Assistance Worcester County Commission on Aging MAC, Inc. - Snow Hill Senior Ctr. 107 East Market St., P. O. Box 159 Snow Hill, Maryland 21863	410-632-1289 FAX: 410-632-2613



BUDGET PRESENTATION FISCAL YEAR 2010

Annual Report
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