Choice, Independence, and Dignity for Older Marylanders



# Annual 2013 Report Budget Presentation Fiscal Year 2015



# A Message from the Secretary

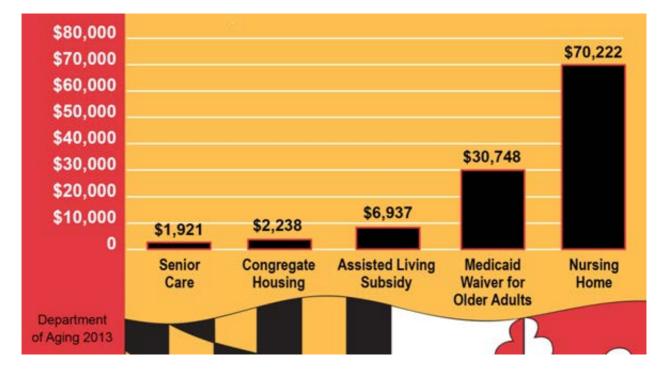
# Gloria Lawlah



We are pleased to present the Annual Report of the Maryland Department of Aging (the Department). This report describes our accomplishments and services during 2013, represents our budget presentation for Fiscal Year 2015, and serves as a resource guide for legislators, service providers, and constituents. Our federal and State programs include: *Information and Empowerment; Community Wellness, Nutrition and Activities; Long Term Services and Supports; and Elder Rights Protection.* 

During the past twelve months the Department and the Department of Health and Mental Hygiene have implemented

programs and services that assist older adults and individuals with disabilities to remain independent and engaged in the community rather than transitioning to institutional care. The Department and the statewide network of 19 Area Agencies on Aging have historically assisted individuals that are at high risk of needing nursing home care and high risk of spending down their resources, which causes them to become Medicaid eligible. We administer State and federally funded programs like Senior Care, Congregate Housing, Senior Assisted Living Group Homes Subsidy, and Medicaid Home and Community-based Waiver Services, all of which are significantly lower in cost than nursing home placement. The following table shows a comparison of the costs for each program against the cost of nursing home care.



Each year, we provide information on long term services and supports, Medicare Insurance, and fraud and protective services to thousands of older adults and individuals with disabilities. **Maryland Access Point or MAP** has been designated as Maryland's single-entry-point for long term care information and assistance. MAP is a central component in Maryland's long term care **rebalancing initiative.** Our State Health Insurance Program (SHIP) reaches thousands of people each year through telethons, local news outlets, and direct counseling. The Living Well program encourages older adults to manage chronic conditions. The Department regulates 37 Continuing Care Retirement Communities (CCRCs) providing housing and services for nearly 16,000 people. The Department funds two Naturally Occurring Retirement Communities (NORCs) and supports the development of Communities for a Lifetime. Our network operates 111 Senior Centers that offer health promotion, educational and social engagement activities. This past year we launched an Internet Literacy Program to prepare older adults to participate in the age of internet communications. Finally, we provide assistance, and Guardianship programs.

I commend my dedicated staff for their expertise, dedication and commitment during the past year.

Sincerely,

Jeon Karbe

Secretary

# **Table of Contents**

### MARYLAND DEPARTMENT OF AGING PROFILE

History
Statutory Authority 3
Organization 4
Vision 4
Mission
Key Goals
Partnerships
Area Agencies on Aging 9
Area Agencies on Aging and Maryland Access Point Locations 10
Commission on Aging
Departmental Organizational Chart 12
Year in Review: Accomplishments for 2013 15

### STATE DEMOGRAPHICS

Emerging Trends: Facts and Figures	18
Maryland's 60+ Population Projections by Jurisdiction, 2010-2040	19
Maryland's 60+ Population Projections by Age and Gender, 2010-2040	. 21
Maryland's 2012 Population, Selected Age Groups	23
Maryland's 2012 60+ Population Projections by Jurisdiction-map	. 25
Maryland's 2012 60+ Population Projection Percentages by Jurisdiction-map	26
Maryland's 2020 60+ Population Projection Percentages by Jurisdiction-map	. 27
Maryland's 2030 60+ Population Projection Percentages by Jurisdiction-map	. 28

### INFORMATION AND EMPOWERMENT

Maryland Access Point Information and Assistance	31
State Health Insurance Assistance Program	32
Maryland Senior Medicare Patrol Project	33
Senior Community Service Employment Program	34

### COMMUNITY WELLNESS, NUTRITION AND ACTIVITIES

Senior Nutrition: Congregate Meals Program	37
Health Promotion and Disease Prevention Programs	38
Senior Centers	39

### LONG TERM SERVICES AND SUPPORTS

Maryland Access Point	43
Senior Nutrition: Home Delivered Meals	44
Medicaid Home and Community-Based Care	45
Money Follows the Person Options Counseling	46
Senior Care Program	47
Congregate Housing Services Program	48
Senior Assisted Living Group Home Subsidy Program	. 49
National Family Caregiver Support Program	. 50
Continuing Care Retirement Communities/Continuing Care at Home	51

ELDER RIGHTS PROTECTIONS	
Long Term Care Ombudsman Program	. 55
Public Guardianship Program	. 56
Senior Legal Assistance Program	. 57

### ADDITIONAL GRANTS

Enhanced Options Counseling	61
Chronic Disease Self-Management Education	61
Maryland Improvements for Patients and Providers Act (MIPPA)	61
Senior Medicare Patrol	61

### APPENDICES

Area Agencies on Aging and Maryland Access Point Listing	65-67
Eligibility Criteria for Selected Federal and State Programs	68-72
Senior Center Listing	73-81
Continuing Care Retirement Communities	82-83

# Maryland Department of Aging Profile

MARYLAND ACCESS POINT YOUR LINK TO HEALTH & SUPPORT SERVICES

www.MarylandAccessPoint.info

# ORGANIZATION

# History

- In 1959, the Maryland Department of Aging (the Department) originated as the *State Coordinating Commission on the Problems of the Aging* (Chapter 1, Acts of 1959).
- It was renamed *Commission on the Aging* in 1971 (Chapter 595, Acts of 1971).
- The Governor established the *Governor's Coordinating Office on Problems of the Aging* in 1974.
- In 1975, the *Commission on the Aging* and the *Governor's Coordinating Office on Problems of the Aging* merged to form the *Office on Aging*, a cabinet-level agency (Chapter 261, Acts of 1975).
- In July 1998, the Office became the *Department of Aging*, a principal executive department (Chapter 573, Acts of 1998).
- In 2013, the Legislature recognized the Department's authority for the State's Aging and Disability Resource Centers, known as Maryland Access Point (MAP) (Chapter 178, Acts of 2013).

# Statutory Authority

Two statutes serve as the primary basis for the Department's operations: Human Services Article, Title 10, Annotated Code of Maryland, and the federal Older Americans Act of 1965, as amended. The major duties assigned to the Department under these statutes are to:

- Administer programs mandated by the federal government;
- Establish priorities, programs, and services that meet the needs of Maryland's older adults;
- Evaluate the effectiveness of programs and services to determine their impact on Maryland's older adults;
- Advocate for older adults at all levels of government;
- Serve, through the 20 MAP sites statewide, as a trusted source of information, planning, and connection to long term services and supports for older adults and all individuals with disabilities; and
- Review and formulate policy recommendations to the Governor for programs that have a positive impact on older adults.

# Organization

The Department receives State general funds as approved by the General Assembly and federal funds through the Older Americans Act and other sources to carry out its mission.

The partnership between the Department and the 19 local Area Agencies on Aging (AAAs) provides programs and services for older adults statewide. AAAs are local government or non-profit organizations designated by the Department under federal statutory authority to provide for a range of services to meet the needs of older Marylanders. Each AAA is required to submit a plan for the delivery of services that meets State and federal statutory and regulatory requirements. State and federal funds are allocated to each AAA based on formulas developed by the Department in cooperation with the AAAs.

AAAs receive additional funds through county and municipal support and other public/private contributions. AAAs provide services to older adults either directly or through contracts with public or private organizations. Through the MAP initiative, AAAs, in partnership with their regional, non-profit Center for Independent Living, also work with all individuals with disabilities.

# Vision

"The Maryland Department of Aging envisions Maryland as a State where all people are able to age with dignity, opportunity, choice, and independence."

# Mission

"The Maryland Department of Aging, partnering with the Area Agencies on Aging and other organizations, provides leadership, advocacy, and access to information and services for Maryland seniors, their families, and caregivers."

# Key Goals

To ensure that older citizens are treated with dignity and respect, the Department, through leadership, advocacy, and community partnerships, has established five goals. Programs and services administered by the Department are the vehicles for achieving these goals. The goals are:

Goal #1	Empower older Marylanders, their families, and other consumers to make informed decisions about their existing health and long term care options with ease.
Goal #2	Enable older Marylanders to remain in their own homes and/or communities with a high quality of life through the provision of home and community-based services.

Goal #3	Empower older Marylanders to stay active and healthy through Older Americans Act services.
Goal #4	Ensure the rights of older Marylanders, including preventing their abuse, neglect, and exploitation.
Goal #5	Serve as a trusted center where older adults, all individuals with disabilities, and caregivers may plan for long term care needs and access the full range of available long term care public and private services and resources.

# **Partnerships**

The Department relies on an ever growing and dynamic host of federal, State and local government departments and agencies, universities and colleges, foundations, advocacy groups, health care systems and more to achieve its goals.

The <u>Departments of Health and Mental Hygiene</u>, <u>Disabilities</u>, and <u>Human Resources</u> and the <u>Governor's Office for Deaf and Hard of Hearing</u> are specifically identified as partners in the 2013 MAP legislation. These agencies work collaboratively with the Department to share information, plan jointly for new programs, and support county agencies to collaborate through MAP. The 19 AAAs are the recipients of State and federal funds administered by the Department.

# Area Agencies on Aging



www.MarylandAccessPoint.info

YOUR LINK TO HEALTH & SUPPORT SERVICES

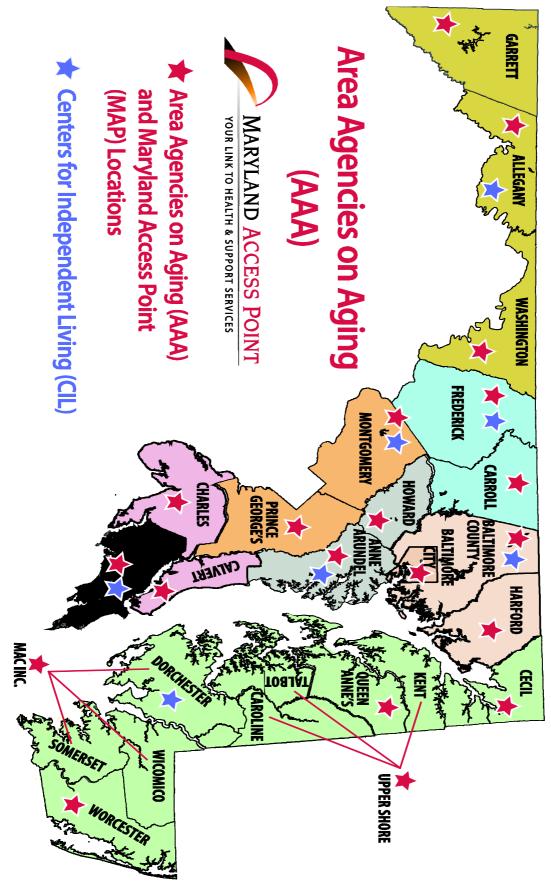
# MARYLAND'S AREA AGENCIES ON AGING AND MARYLAND ACCESS POINT (MAP) NETWORK

**Area Agencies on Aging (AAA)** are local agencies that have been designated by the Department of Aging under the Older Americans Act. The **Area Agencies on Aging (AAAs)** have taken their work to the next level to meet the long term care service challenges facing the state and nation; they have forged new partnerships and new programs to serve the expanding older adult population and younger people with disabilities. AAA services include:

Information and Assistance Application for Benefits Supplemental Housing Services Education and Social Services Elder Protective Services Communities for A Lifetime Health and Wellness Services Long Term Care Services Family Support Services Home Delivered Meals Employment Training and Jobs Medicare Insurance Counseling

- AAAs are a major partner in Maryland's newest health initiatives of Aging and Disability Resource Centers, Money Follows the Person, Balance Incentive Program, and Community First Choice.
- AAAs have **shifted long term care services from institutional to community settings** and assisted Maryland residents to meet their own goals for community engagement and support services.
- AAAs are part of the national **Aging and Disability Resource Center** (**ADRC**) initiative, a nation-wide program that offers individuals a trusted and competent place to obtain long term care information and assistance. The Maryland ADRC is known as **Maryland Access Point** (**MAP**).
- AAAs know their constituents, their families and providers and they know how to locate resources to help people in their counties.
- AAAs have provided case management services for over 15 years serving thousands of frail older adults who are eligible for nursing home care, but are able to remain in their homes with services through **Maryland's Medicaid Home and Community-Based Waivers.**
- AAAs protect the most vulnerable people who are in nursing homes or need guardianship or protection from abuse. AAAs have assisted 1,739 long term nursing home residents to return to the community under **Money Follows the Person.**

A listing of or AAAs and their Directors is provided in the Appendix of this Annual Report.



# **COMMISSION ON AGING**

# History of the Commission on Aging

The origin of the Commission on Aging dates back to 1959, when the General Assembly created the State Coordinating Commission on the Problems of the Aging in response to the rapidly increasing population of older persons. In 1971, the Coordinating Commission was redesignated the Commission on Aging, becoming an independent agency within the State Department of Employment and Social Services. In May 1973, the Commission was transferred to the Executive Department as the State agency responsible for planning, coordination, and evaluation activities under the federal Older Americans Act. Legislation in 1975 merged the Commission on Aging into the Office on Aging to serve in both an advisory and policymaking role. In 1989, legislation clarified the role of the Commission on Aging as the advisory body to the Office on Aging. Today, the Commission on Aging is the advisory body to the Maryland Department of Aging pursuant to Human Services Article §10–208.

# **Mission Statement**

"The Maryland Commission on Aging is a proactive body that provides statewide leadership on diverse senior issues and advocates for practical solutions."

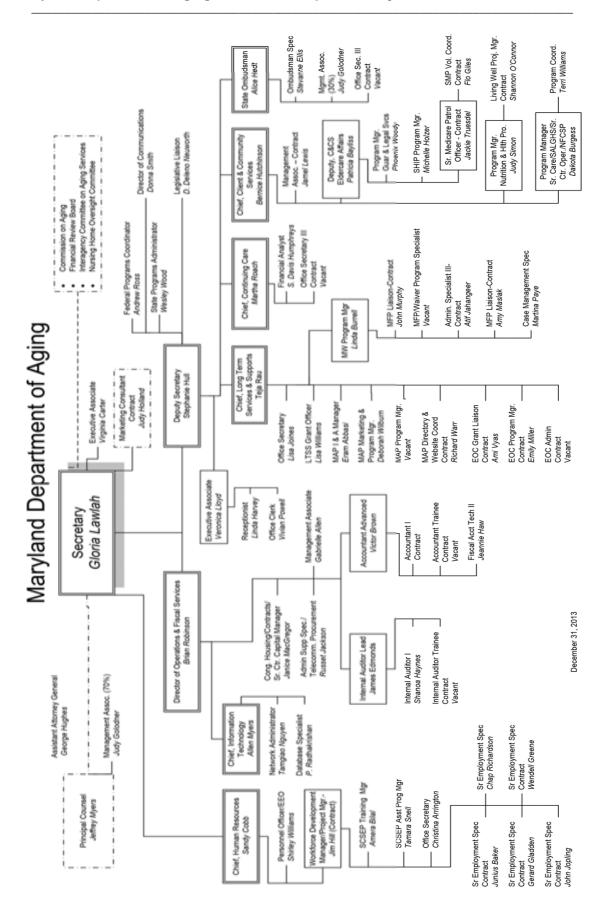
# **Recent Activity**

The Maryland Commission on Aging recently convened a summit for all local commissions on aging to discuss important issues concerning older adults. All 24 Maryland jurisdictions were represented at the meeting in Annapolis.

A webpage has been developed for the Commission that will include meeting information, annual reports and more: <u>http://aging.maryland.gov/Commission.html</u>

Membership	County of Residence
Ms. Sandra Callis	Prince George's County
Mr. Maurice B. Depoli, Jr.	Charles County
Delegate Barbara Frush	Prince Georges/Anne Arundel Counties
Mr. Lee Hammond	Wicomico County
Mayor Jordon L. Harding	Montgomery County
Ms. Maria V. Jimenez	Montgomery County
Ms. Louise Lynch	Frederick County
Ms. Paul Martin	Prince George's County
Mr. Michael McPherson	Howard County
Mr. Stuart P. Rosenthal	Montgomery County
Ms. Sharon Lee Vogel	Howard County

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# YEAR IN REVIEW: ACCOMPLISHMENTS IN 2013

# Case Management as a Service for Medicaid Waiver for Older Adults.

Area Agencies on Aging provided **case management** and **supports planning** services for individuals participating in the program in every local jurisdiction.

### Chronic Disease Self Management and Prevention (Living Well Program).

The Living Well Program teaches older adults the importance of nutritional balance and exercise, how to talk with doctors, and how to regularly monitor their health status. This program is based on the award winning evidence based model developed by Stanford University. In 2013, the Living Well program served over a thousand Marylanders across the state and aims to reach thousands more by 2015.

### Money Follows the Person and the Balance Incentive Programs.

Money Follows the Person and the Balance Incentive Programs are federally funded programs supporting Maryland's rebalancing initiative. The goal of rebalancing is to shift long term care from institutional to community-based settings. Under Money Follows the Person, 1,739 people returned to community-based settings.

### **Elder Abuse Prevention.**

The Department unveiled a statewide campaign, the Year of Elder Abuse Prevention, which brought forth strategies for thousands to identity theft, financial fraud, and domestic abuse. The Department led a full day seminar for professionals and consumers concerned about elder abuse at the Waxter Center in Baltimore City. More than 150 participants heard from experts about recognizing elder abuse, its devastating impact, and strategies to keep people safe.

### **Evidence Based Care Transitions Pilot and Business Development.**

The Department in collaboration with the Baltimore City Maryland Access Point and Johns Hopkins Community Physicians (JHCP) completed a pilot program that resulted in expansion of MAP sites collaborating with medical systems. The Department is in negotiations with JHCP for further collaboration to develop a funded partnership that would use MAP options counselors to provide patients with supports counseling and information and access to community-based support programs.

### Farmer's Markets.

The Maryland Senior Farmers Market Nutrition Program supports Maryland-based farmers and older Marylanders by providing valuable coupons for the purchase of fresh fruits and vegetables from local farmers markets. More than \$210,000 in coupons was provided to more than 7,000 older adults statewide.

## Governor's Leadership in Aging Awards.

In observance of Older Marylander's Month, the Department sponsors the Governor's Leadership in Aging Awards every May. In 2013, this time-honored tradition was organized by the Department and hosted with strong support and help from our Howard County Area Agency on Aging. More than two hundred professionals, advocates, and older Marylanders from communities large and small throughout the State gathered to honor outstanding individuals and groups in visual and performing arts, health and fitness, leadership, and advocacy.

## **Internet Literacy Program.**

The Department implemented the Internet Literacy Program for seniors and individuals with disabilities in the target counties of Baltimore, Calvert, Caroline, Carroll, Cecil, Garrett, Montgomery, St. Marys, Talbot, Washington, and Wicomico and the City of Baltimore. Bringing together two powerful community partners – the Delta Community Center and the Zeta Center in Baltimore City, the literacy program provided hands-on training for more than 150 people on computer basics, internet use, and safety and strategies to avoid electronic fraud.

# Maryland Commission on Aging Summit.

On September 12, 2013, the Maryland Commission on Aging convened an unprecedented statewide summit that included state and local commissioners, community leaders, Area Agencies on Aging leadership, county councils, and key staff of the Department. Presentations were focused on innovation and new concepts, such as *Communities for a Lifetime*.

# Maryland Health Care Reform Forum.

Over 230 professionals and consumers came together at a forum hosted by the Department to learn about and discuss the implementation of the Affordable Care Act (ACA) and its benefits to Medicare and Medicaid recipients. Presentations and discussions illuminated how the ACA will lead to the expansion of access and more affordable coverage, the control of health care costs, the improved quality of care, and the extension of outreach to diverse populations. Panelists from the Governor's Office of Health Care Reform, Maryland Health Care Benefit Exchange and the Department of Health and Mental Hygiene discussed the essential elements of Maryland's implementation plan for Health Care Reform.

# **Older Adult Oral Health Basic Screening Survey.**

A partnership was created with the Department of Health and Mental Hygiene and the Area Agencies on Aging to promote oral health. The Department provided funding and support to gather information on the oral health needs of older adults to better direct future programs, policies, and funding. At the conclusion of the survey in mid-2014, more than 500 older adults in all regions of the state will have been surveyed and will have received oral health information.

# Senior Center Oral Health Programs.

Through the state Senior Center Operating Fund, many older Marylanders are benefiting from dental education, dental screenings, and low-cost dental care through the 111 senior centers in the State. More than 1,000 older adults received dental education or dental services during 2013 to improve their oral health status.

### Senior Community Service Employment Program (SCSEP).

This program provides training and employment assistance to eligible workers 55 years and older through participating non-profit agencies or government entities (host agencies) that provide a community service. On October 7, 2013, the Baltimore City Council announced a resolution sponsored by City Council President Jack Young to fully support the Senior Community Service Employment Program. The Department has joined forces with the Maryland Department of Veterans Affairs to identify disabled and other disadvantaged senior veterans for job training services via SCSEP and other collaborative initiatives. The SCSEP program is piloting a customized computer training program for participants and forging additional partnerships with private employers in Baltimore City and Talbot, Kent, Queen Anne's, and Caroline counties to recruit and retain older workers.

### **SHIP Phone-A-Thons.**

For the fourth year, the Maryland Department of Aging hosted two live Phone-A-Thons. Trained State Health Insurance Counseling and Assistance health insurance experts spoke with television viewers, offering one-on-one assistance and scheduling appointments for complex health insurance counseling. The primary goal of these Phone-A-Thons was to inform the public about Medicare's Annual Open Enrollment period and how to review options and make changes in coverage if necessary. The Phone-A-Thons included featured targeted messages about the Affordable Care Act, Medicare Fraud, and cost saving programs to help save money for low-income Medicare beneficiaries. The two Phone-A-Thons were in Baltimore and in the D.C. Metro area. Governor Martin O'Malley and Lieutenant Governor Anthony Brown urged viewers to review coverage and get help with questions and applications. The two events captured the attention of close to one million television viewers; more than 2,428 calls were answered for one-on-one counseling and support; more than 1.1 million households were exposed to the messages prior to and after the televised events, and 74,904 internet hits were received in four hours at the DC television studio.

# **STATE DEMOGRAPHICS**

# Facts and Figures

In the State of Maryland, several demographic trends shape the Maryland Department of Aging's goals and priorities for service to older adults.

- Individuals between the ages of 80-84 are the fastest growing segment of the population. This cohort will grow in number, statewide, from 94,892 in 2010 to 219,255 by the year 2040.
- The number of older Marylanders is increasing. Of the nearly 5.7 million people in Maryland in 2010, 18.6% (1,058,253) were over the age of 60. The percentage is expected to increase to 25.8% of Maryland's projected population of 6.7 million by the year 2030.
- The geographic distribution of Maryland's older adult population will change as the overall population distribution changes over the next 30 years. In 2010, 66% of Maryland's seniors resided in Baltimore City and Anne Arundel, Baltimore, Montgomery and Prince George's counties. In 2040, the jurisdictions with the fastest rate of growth for individuals over 60 are Calvert, Cecil, Charles, Frederick and St. Mary's counties. Each are projected to increase their 60+ populations near or over 100%.
- The greatest number of the State's low income minority older adults lives in Baltimore City. In 2010, 40.8% of 60+ low-income minority individuals lived in Baltimore City. The two counties with the next highest percentage of minorities are Prince George's County with 16.6% and Montgomery County with 13.0%. In 2010, 68,421 older Marylanders (6.7% of the total state 60+ population) lived in poverty as defined by the federal poverty guidelines.
- Many low-income older adults also live in rural areas. In 2010, Allegany, Caroline Dorchester, Garrett, Somerset, and Washington counties all had over 8% of their total older adult population residing in poverty.

Sources: U. S. Census, 2000; MD Department of Planning Population Projections, Revised December 2010. Maryland Department of Aging, Updated January 2014

# Maryland's 60+ Population Projections by Jurisdiction, 2010-2040

					% Change
					2010-
Jurisdiction	2010	2020	2030	2040	2040
Allegany Co.	17,725	20,392	21,720	21,774	22.84%
Anne Arundel Co.	92,695	120,290	142,972	139,412	50.40%
Baltimore City	121,232	146,503	152,262	149,843	23.60%
Baltimore Co.	161,345	208,053	230,842	223,222	38.35%
Calvert Co.	14,455	22,970	30,403	28,773	99.05%
Caroline Co.	6,628	9,025	11,166	11,663	75.97%
Carroll Co.	31,032	44,254	56,109	54,649	76.11%
Cecil Co.	17,150	24,898	31,729	34,518	101.27%
Charles Co.	20,480	30,992	44,884	46,018	124.70%
Dorchester Co.	8,512	11,351	13,012	12,582	47.81%
Frederick Co.	37,266	57,624	75,622	75,113	101.56%
Garrett Co.	7,322	9,792	11,321	11,376	55.37%
Harford Co.	44,204	62,117	75,572	74,284	68.05%
Howard Co.	44,750	65,120	82,140	81,599	82.34%
Kent Co.	6,060	8,160	9,739	10,129	67.15%
Montgomery Co.	183,429	258,367	315,888	313,812	71.08%
Prince George's Co.	137,473	192,853	233,444	231,367	68.30%
Queen Anne's Co.	10,339	14,907	18,842	18,519	79.12%
St. Mary's Co.	17,228	27,929	38,956	39,518	129.38%
Somerset Co.	5,415	6,933	7,452	7,382	36.33%
Talbot Co.	11,353	14,775	17,152	16,467	45.05%

Jurisdiction	2010	2020	2030	2040	% Change 2010- 2040
Washington Co.	28,590	38,275	45,719	47,113	64.79%
Wicomico Co.	17,630	23,210	26,255	27,549	56.26%
Worcester Co.	15,940	21,001	24,730	24,732	55.16%
State of Maryland	1,058,253	1,439,791	1,717,931	1,701,414	60.78%

Source: U.S. Census, Maryland Department of Planning, Revised December 2010. Maryland Department of Aging, Updated January 2014.

# Maryland's 60+ Population Projections by Age & Gender, 2010-2040

					% of Total
Year	Age	Male	Female	Total	State Population
	C				
2010	60-64	150,082	172,511	322,593	5.6%
	65-69	108,966	125,729	234,695	4.1%
	70-74	75,466	90,022	165,488	2.9%
	75-79	52,822	70,214	123,036	2.1%
	80-84	37,375	57,517	94,892	1.6%
	85+	39,196	78,353	117,549	2.3%
	Total	463,907	594,346	1,058,253	18.6%
2020	60-64	187,922	215,781	403,703	6.4%
	65-69	152,743	183,330	336,073	5.3%
	70-74	121,301	149,860	271,161	4.3%
	75-79	78,678	100,205	178,883	2.8%
	80-84	45,006	62,240	107,246	1.7%
	85+	52,193	90,532	142,725	2.3%
	Total	637,843	801,948	1,439,791	22.8%

Source: U.S. Census Bureau, State Interim Population Projections by Age & Sex 2004-2030. Maryland Department of Planning, Revised December 2010

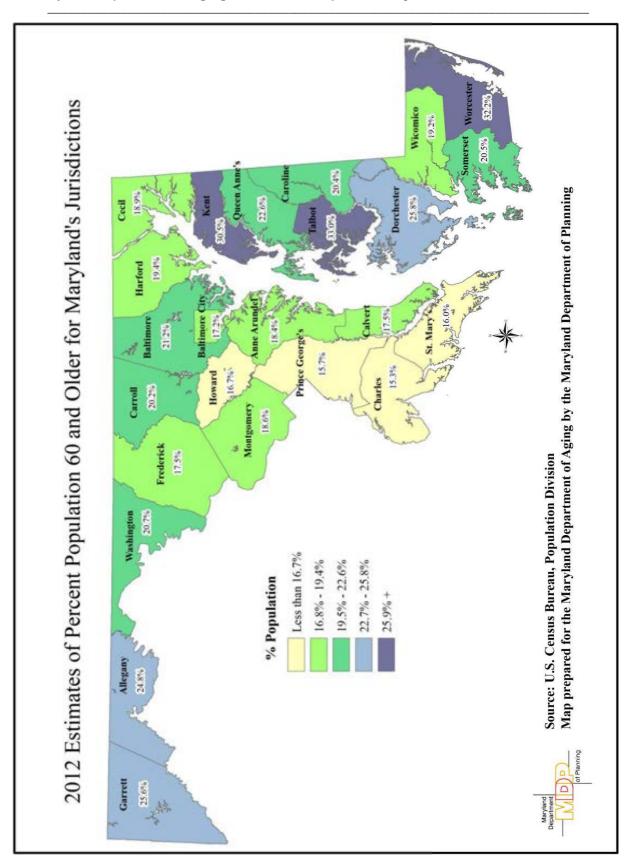
Year	Age	Male	Female	Total	% of Total State Population
2030	60-64	173,189	200,988	374,177	5.6%
	65-69	182,469	212,609	395,078	6.0%
	70-74	152,171	185,634	337,805	5.1%
	75-79	110,514	145,490	256,004	3.8%
	80-84	72,975	103,541	176,516	2.6%
	85+	68,931	109,420	178,351	2.7%
	Total	760,249	957,682	1,717,931	25.8%
2040	60-64	142,441	163,919	306,360	4.4%
	65-69	142,459	169,574	312,033	4.5%
	70-74	140,190	172,718	312,908	4.5%
	75-79	132,015	167,961	299,976	4.3%
	80-84	91,673	127,582	219,255	3.2%
	85+	97,044	153,838	250,882	3.6%
	Total	745,822	955,592	1,701,414	24.5%

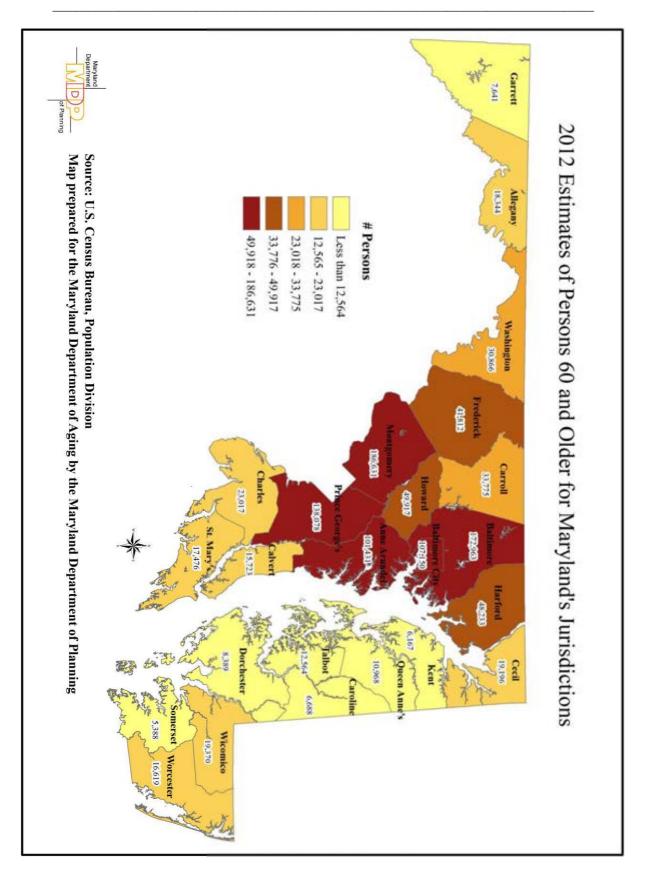
	Total: Persons	60+	65+	75+	85+
Allegany Co.	74,012	18,344	13,708	6,477	2,024
Anne Arundel Co.	550,488	101,431	69,939	27,997	8,195
Baltimore City	621,342	107,150	73,829	33,393	10,536
Baltimore Co.	817,455	172,963	123,544	60,821	21,883
Calvert Co.	89,628	15,723	10,780	4,299	1,322
Caroline Co.	32,718	6,688	4,723	2,024	611
Carroll Co.	167,217	33,775	23,883	10,274	3,295
Cecil Co.	101,696	19,196	13,086	5,207	1,468
Charles Co.	150,592	23,017	15,491	5,817	1,565
Dorchester Co.	32,551	8,389	6,114	2,647	771
Frederick Co.	239,582	41,812	28,744	12,373	4,064
Garrett Co.	29,854	7,641	5,564	2,321	692
Harford Co.	248,622	48,233	33,598	13,774	3,994
Howard Co.	299,430	49,917	33,444	12,877	3,759
Kent Co.	20,191	6,167	4,697	2,116	676
Montgomery Co.	1,004,709	186,631	129,562	59,326	21,180
Prince George's Co.	881,138	138,078	90,532	34,286	9,232
Queen Anne's Co.	48,595	10,968	7,841	3,036	824
St. Mary's Co.	108,987	17,476	11,999	4,832	1,406
Somerset Co.	26,253	5,388	3,787	1,646	480
Talbot Co.	38,098	12,564	9,708	4,364	1,345

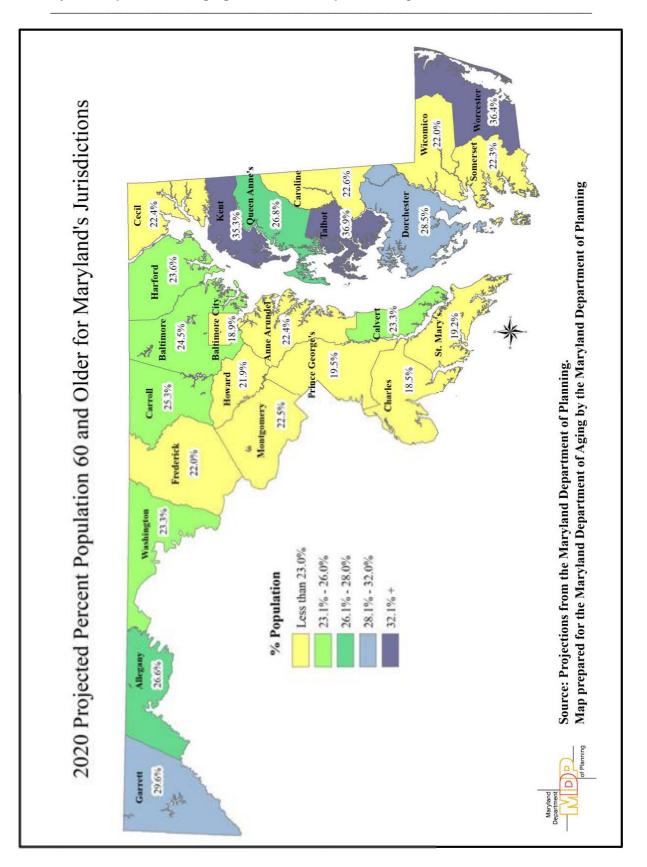
# Maryland's 2012 Population, Selected Age Groups

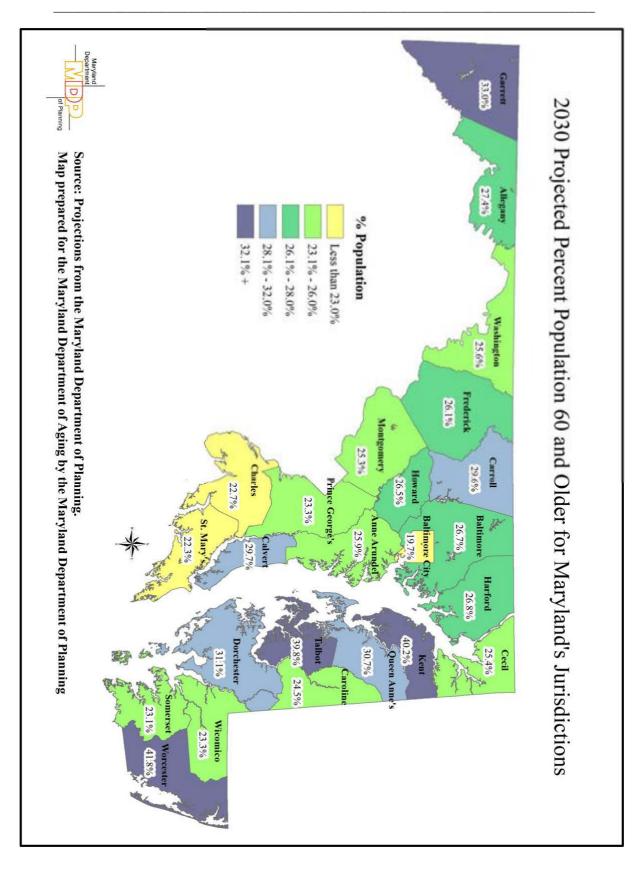
	Total:				
	Persons	60+	65+	75+	85+
Washington Co.	149,180	30,866	22,209	10,313	3,279
Wicomico Co.	100,647	19,370	13,720	6,058	1,875
Worcester Co.	51,578	16,619	12,517	5,380	1,332
Total	5,884,563	1,098,406	763,019	331,658	105,808

Source: U.S. Census 2012; MD Department of Planning. Maryland Department of Aging, Updated January 2014 Rounding may affect totals.









# Information and Empowerment



MARYLAND ACCESS POINT

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# INFORMATION and EMPOWERMENT MARYLAND ACCESS POINT (MAP) INFORMATION AND ASSISTANCE (I&A)

**Program Description:** MAP Information and Assistance (MAP I&A) is part of Maryland's No Wrong Door approach to serving older adults and individuals with disabilities. MAP I&A provides seniors, all individuals with disabilities, caregivers, and families with long term care information and counseling in order that the individual and/or caregiver may make informed choices about services, receive referrals to appropriate agencies, obtain assistance in applying for services and benefits, and receive follow-up. The program promotes awareness of services for older adults and individuals with disabilities through outreach and public education. There are 20 MAP I&A sites located across the State.

Mrs. M. is a 75 year old with Social Security income just over \$1100 per month and no savings. She lives in a senior apartment building and uses a large part of her income for rent. Mrs. M. is diabetic with chronic back pain, incontinence, and has a history of falls. Mrs. M. contacted the MAP I&A Specialist in her county. The MAP I & A Specialist confirmed that Mrs. M. was on the Section VII Rent voucher list. The Specialist submitted applications for Mrs. M. for the Food Supplement Program, the Specified Low-Income Medicare Beneficiary Program, the Maryland Renter's Tax Credit Program and a County Ride program. The Specialist helped Mrs. M. enroll in Senior Care which provides her a subsidy for incontinence supplies and a personal emergency response system. With these benefits in place, Mrs. M. has more available monthly income and can afford her rent and medical expenses.

**Program Eligibility Criteria**: Any person seeking information on services for long term services and supports or assistance for older adults. Persons can access the program through telephone, online website, walk-in service, appointments, written correspondence and home visits.

Eligibility Anyone	Monthly Income Test	Annual Asset Test	<b>Notes:</b> Persons needing more in-depth assistance will be
	None	None	assessed to determine his/her specific need for services, programs and benefits.

Program Data	FY2013 (Actual)	FY2014 (Est.)	FY2015 (Est.)
Information Units of Service	743,199	778,651	785,659
Number of Referrals	102,421	103,830	104,764
Follow-up Units of Service	36,789	39,079	39,430
Number of Assistance Clients	42,132	45,863	46,275
Program Funding	FY2013 (Actual)	FY2014 (Est.)	FY2015 (Est.)
Federal	1,239,159	1,533,423	1,533,423
State	615,029	692,613	692,613
Local Contributions	708,934	1,496,170	1,496,170
Total	2,563,122	3,722,206	3,722,206

CONTACT PERSON: Eram S. Abbasi, Program Manager, 410-767-1076, eram.abbasi@maryland.gov

# INFORMATION and EMPOWERMENT STATE HEALTH INSURANCE ASSISTANCE PROGRAM

**Program Description:** The State Health Insurance Assistance Program (SHIP) provides one on one, confidential, unbiased information, assistance, and decision support for older adults and adults with disabilities on Medicare about health insurance programs including Medicare, Medigap, Medicare Part D Prescription Drug plans, and Medicare Advantage Plans throughout the state. A statewide network of 19 local programs develop cadres of trained counselors to assist with complex health insurance claims problems and appeals, long-term care insurance options, and applications for low-income subsidy programs. Educational sessions cover a variety of health insurance topics, most notably, Medicare orientation, implications of Maryland's Health Reform for Medicare beneficiaries, and Medicare Part D prescription plans. Outreach is conducted to reach diverse audiences, including Medicare beneficiaries.

Assisting older adults and individuals with disabilities navigate a complex health insurance landscape with the implementation of Maryland's Health Care Reform resulted in a highly successful statewide forum. Two live televised Phone-a-Thons were conducted to educate consumers about Annual Medicare Open Enrollment, the Affordable Care Act and Medicare Fraud. Special outreach initiatives focused on reaching people with limited income and resources to assist with Medicare premium and co-pay costs through subsidy programs.

Program Eligibility Criteria: Eligible individuals reside in Maryland, have Medicare, or are soon to be eligible								
for Medicare.								
Eligibility	Eligibility Monthly Income Annual Asset Test Notes							
Older adults, and individuals with	Test	None	There are no age					
disabilities seeking health insurance	None		requirements to receive					
information and assistance.			assistance from SHIP.					

Described and the second se	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Program Data	4/1/12-3/31/13	4/1/13-3/31/14	4/1/14-3/31/15
Number of Contacts for:			
Medicare	14,620	15,351	16,119
Medicaid	10,830	11,371	11,940
Prescription Assistance	33,284	34,948	36,695
Long Term Care	1,603	1,683	1,767
Number of People Served	32,556	34,184	35,893
Number Attending Events	20,146	21,153	22,211
Number of Volunteers	150	155	160
Number of Volunteer Hours	24,493	25,718	27,004

**Waiting List**: Paid and volunteer staff perform a complex balancing act with continuing education, volunteer management and partnership development with community outreach, presentations, with offering one on one counseling in person and by telephone for Medicare beneficiaries of all ages and their caregivers.

Program Funding	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Federal	568,793	536,855	536,855
State	0	0	0
Local Contributions	77,755	249,010	249,010
Total	646,548	785,865	785,865

CONTACT PERSON: Michelle Holzer, Program Manager, 410-767-1109 michelle.holzer@maryland.gov.

# INFORMATION and EMPOWERMENT MARYLAND SENIOR MEDICARE PATROL PROJECT

**Program Description:** The Maryland Senior Medicare Patrol (SMP) Project reduces the amount of federal and state funds lost due to health insurance fraud by increasing the public's ability to detect and report possible fraud, waste, and abuse. Maryland's SMP program has enabled older adults across the State to protect their personal identity, report errors on health care bills and identify deceptive health care practices. SMP creates greater awareness so that older adults are able to discern when healthcare practitioners are providing unnecessary or inappropriate services or adding charges for services that were never provided. SMP's success has been achieved by recruiting and training volunteers who are retired or Medicare beneficiaries to act as health insurance educators. Volunteer activities include group presentations, exhibiting at community events, answering calls to the SMP help lines, and one-on-one counseling..

In Howard County, a beneficiary, dully eligible for Medicare and drug assistance from Medicaid was inappropriately billed by a pharmacy for prescriptions. A Senior Medicare Patrol counselor realized the error and assisted the beneficiary with obtaining a refund of \$112.35 for prescription co-payment made by the beneficiary to the local pharmacy.

Program Data	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Number of People Served			
One-to-one Counseling Sessions with Beneficiaries or	8,642	9,506	10,456
their Caregivers			
Education & Outreach			
Number Beneficiaries that Attended Group Education	6,813	7,491	8,244
Sessions	43,486	47,835	52,618
Number of Media & Community Outreach Events			
Issues & Inquiries			
Number of Issues & Inquiries Resolved	9592	9891	10,199
Volunteers & Volunteerism		201	
Number of Active Volunteers	159	10,203	11,223
Volunteer Hours	9,276	10,205	11,225
		FY 2014	FY 2015
Program Funding	FY 2013(Actual)	(Est.)	( <b>Est.</b> )
Federal			
SMP Project	\$ 153,097	7 \$ 138,823	\$ 138,823
Health Care Fraud Prevention Program	\$ 153,09		
Expansion and SMP Capacity Building	\$ 101,092	\$ 02,910	\$ 02,918
Grant			
State	\$ (	0 \$ 0	\$ 0
Local Contributions/Program Income	\$ 21,44	1 \$ 62,067	\$ 62,067
Total	\$ 276,230	\$ 263,808	\$ 263,808

**CONTACT PERSON:** Jacqueline Truesdel, SMP Program Manager, 410-767-2077, jacqueline.truesdel@maryland.gov

# INFORMATION and EMPOWERMENT SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

**Program Description:** The Senior Community Service Employment Program (SCSEP) provides training and employment assistance to eligible workers 55 years and older through participating non-profit or government agencies known as host agencies. The program enables qualified older workers to update and enhance their skills through training provided by the host agencies. Participants receive a stipend of \$7.25/hr. for 20 hours of training per week. Ultimately, participants are placed in permanent employment at the prevailing wage either with their host agency or with a non-profit, government or private sector employer.

Ms. S. joined the SCSEP program in 2009, looking to strengthen her transferable skills and gain confidence. Through her training assignment at the Maryland Department of General Services (DGS), she improved her customer service, data entry, and organizational skills. While in training, she also pursued additional learning through community colleges. From computer skills to learning Spanish, Ms. S. took full advantage of the SCSEP opportunity and parlayed program support into a host of options for her personal improvement. Her dedication to learning encouraged DGS to offer full employment to Ms. S. in November 2013, fulfilling her personal training goals as well as the SCSEP mission to secure unsubsidized employment for older workers.

**Program Eligibility Criteria**: Eligible participants are those who are unemployed, meet the income test, are 55 years of age or older and in need of employment and training assistance.

<b>Eligibility</b> Individual Couple	<b>Annual Income Test</b> \$13,963 \$18,920		Annual Asset Test		Notes: For families with more than 8 persons, add \$3,740 for each additional person.	
Program Data:		FY2013 (Actual) FY2		FY2014 (Est.)		FY2015 (Est.)
Number of Training	Positions	126			121	115
Number of Participa	Number of Participants Trained		154		182	173
<b>Program Funding:</b>		FY2	013 (Actual)	FY2014 (	Est.)	FY2015(Est.)
Federal			1,223,713		1,170,206	1,164,355
State		249,276			222,893	221.227
Total			1,393,099		1,472,989	1,385,582

CONTACT PERSON: James Hill, Program Manager, 410-767-0712, jamesw.hill@maryland.gov

# **Nutrition and Activitie** elln ommunity

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## COMMUNITY WELLNESS, NUTRITION and ACTIVITIES SENIOR NUTRITION – CONGREGATE MEALS

**Program Description:** The Senior Nutrition Congregate Meals Program offers meals and related nutrition services to groups of older adults in a variety of community gathering places. The program offers opportunities for social engagement and inclusion and in some cases provides a needed nutritionally balanced meal. Many nutrition sites are located within senior and community centers, which also focus on physical fitness, the arts, and a wide variety of educational classes. Menus meet the cultural and dietary needs of a diverse statewide population, including meeting the low salt and low sugar Dietary Guidelines for Americans. There are more than 250 meal sites across the State of Maryland.

# Senior Center Manager: "Folks often stay at the center all day. Between our lunch program, exercise classes, low cost trips, bingo and our brand new fitness center, there's no reason to leave! I see friendships made every day."

**Program Eligibility Criteria**: Maryland residents age 60 or older. In accordance with the federal Older Americans Act, there are no income or asset restrictions, however, preference is given to serving older individuals with the greatest social and economic need and those at risk of institutional placement. Services may be available to a limited number of individuals under age 60 if they are individuals with disabilities who reside with older individuals, volunteers who provide services during meal hours, individuals with disabilities who reside in housing facilities primarily occupied by older individuals at which congregate nutrition services are provided.

Eligibility	Monthly Income Test	Annual Asset Test	Notes
Individual	None	None	See eligibility, above

Program Data	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Number of Meals	1,088,817	1,088,817	1,088,817
Number of People Receiving Meals	29,894	29,894	29,894
Number of Volunteers	2,162	2,162	2,162

Program Funding	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Federal	5,567,826	7,368,975	7,368,975
State	481,625	1,216,730	1,216,730
Local Contributions	1,927,415	2,094,943	2,094,943
Total	7,976,866	10,680,648	10,680,648

CONTACT PERSON: Judy Simon, Program Manager, 410-767-1090, judy.simon@maryland.gov

# COMMUNITY WELLNESS, NUTRITION and ACTIVITIES HEALTH PROMOTION and DISEASE PREVENTION PROGRAMS

**Program Description:** Health Promotion and Disease Prevention Programs promote preventive health, wellness, and physical fitness. Many of the State's local area agencies on aging offer Chronic Disease Self Management Programs, a Stanford validated method that enables adults to manage their chronic conditions while avoiding hospitalization and reinforcing skills that support independent living in the community.

From a Chronic Pain Self Management Workshop Facilitator: "I received a heartfelt thank you note from a gentleman who came to our class. He walked in as a very angry man. He left with a smile. As he read [the thank you] note at session 6, he had tears in his eyes (mine, too). He said the class has given him his life back. What a rewarding experience!"

From the Chronic Pain Self Management Workshop Participant: "The facilitators' enthusiasm for this program is matched only by their true compassion for the people in the class. Chronic pain is the single most important aspect of my life. This program has been a God's send. This program has given me hope for the future."

**Program Eligibility Criteria**: Marylanders age 60 and older, except for self management programs, which are open to persons 18 and above who live with chronic health conditions. In accordance with the Older Americans Act, there are no income or asset restrictions but preference is given to serving older individuals with the greatest social and economic need.

Fligibility	Monthly Incomo		Note
<b>Eligibility</b> Individual	Monthly Income Test None	Annual Asset Test None	There are many types of classes for people of all abilities, including those with arthritis and other physical or medical problems.

Program Data	FY 2013(Actual)	FY 2014 (Est)	FY 2015 (Est.)
Health Screening Sessions	41,213	41,213	41,213
Health Education Sessions	53,444	53,444	53,444
Physical Fitness & Exercise Sessions	193,349	193,349	193,349
Health Services	22,843	22,843	22,843
Medication Management sessions	804	804	804
Number of Participants	43,171	43,171	43,171

Program Funding	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Federal	289,458	333,848	333,848
State	0	0	0
Local Contributions/Program Income	110,853	316,699	316,699
Total	400,311	650,547	650,547

CONTACT PERSON: Judy Simon, Program Manager 410-767-1090, judy.simon@maryland.gov

### COMMUNITY WELLNESS, NUTRITION and ACTIVITIES SENIOR CENTERS

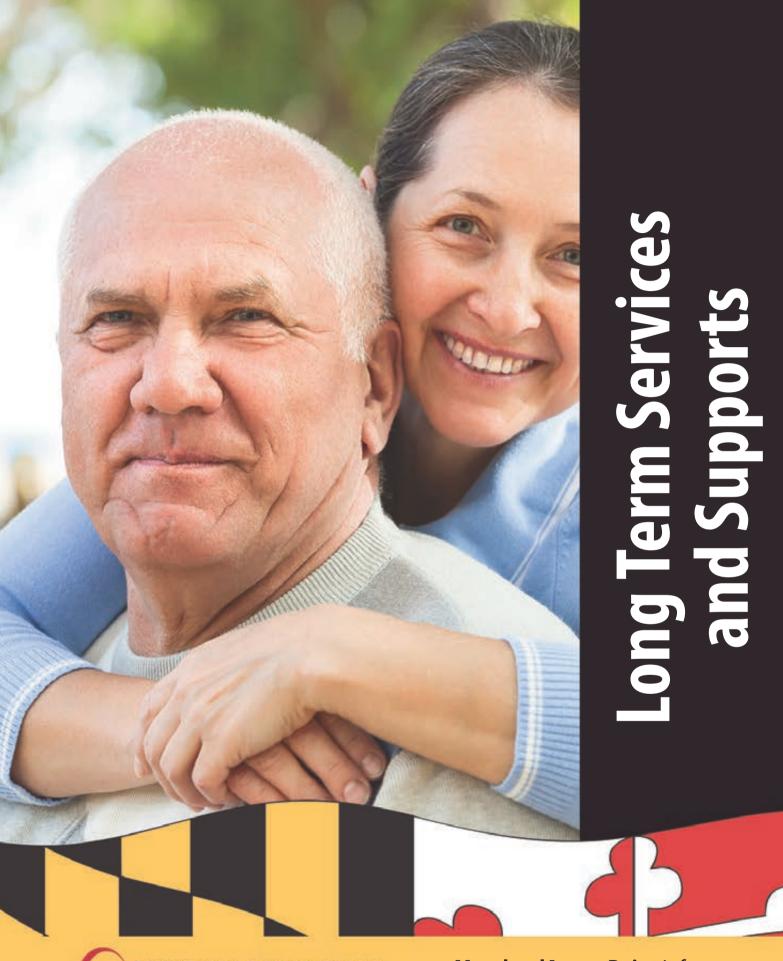
**Program Description:** Senior Centers serve as focal points in the community for older adults interested in education, recreation, socialization, nutrition and health promotion. The centers are also points of contact for older adults and their families to obtain information about services and supports. Capital improvement funds are available to local governments to supplement the costs of new construction, conversions, renovations, acquisitions and capital equipment needed to develop senior centers. Limited operating funds are also available to senior centers on a competitive basis to encourage innovative programming.

Maryland Senior Centers benefit from the Senior Center Operating Fund grant enabling centers to provide new health promotion programs, purchase exercise equipment and develop innovative social programs. Harford County was one of the beneficiaries of the Grant. Throughout Harford County's six Senior Centers, 405 low-income older adults benefitted from the Senior Produce Box Program. Harford County partnered with local farms to provide fresh produce to individuals who would otherwise not be able to visit or purchase from the farmer's market. Participants received fresh produce and participated in live cooking demonstrations to better understand the principles of healthy eating. The program stimulated the local economy and directly improved the lives of Harford County's older adults.

Program Eligibility Criteria							
Senior Center Capital Improvement Funds: Title 10, Subtitle 5 of the MD Human Services Article limits each grant to a maximum of \$800,000. State funds must be matched by non- State funds on a dollar-for-dollar basis (in-kind matches are not permitted).Senior Center Operating Funds: Title 10, S MD Human Services Article enables the Dep \$500,000 to local area agencies on aging to su innovative senior center programming and op least half of the funds must go towards econo distressed jurisdictions.				Department to award o support l operations. At			
Program Data	FY 201	3 (Actual)	FY 2014 (Est.)	FY 2014 (Est.)			
Total Senior Centers		111	111	115			
Capital Improvement Program							
Total Projects		2	0	2			
Senior Center Operating Fund (SCOF) Grant Program							
Seniors Benefiting from SCOF	4,804		6,250	6,000			
Capital Funds	FY 201	3 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)			

Capital Funds	<b>FY 2013 (Actual)</b>	FY 2014 (Est.)	FY 2015 (Est.)
State	950,000	0	780,000
Operating Funds			
State	500,000	500,000	500,000

CONTACT PERSON: Andrew Ross, Program Manager, 410-767-2116, andrew.ross@maryland.gov



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## LONG TERM SERVICES and SUPPORTS AGING AND DISABILITY RESOURCE CENTERS MARYLAND ACCESS POINT

**Program Description:** The Aging and Disability Resource Center (ADRC), known locally as Maryland Access Point (MAP), is a national effort to create trusted "single points of entry" through which individuals may obtain information, planning, and assistance connecting to long term care services and supports. Long term care services include home-delivered meals, assistive technology, home modifications, transportation, and other such basic services that promote independent living in the home or community. ADRCs serve all individuals regardless of age to support them in their home or community and divert them from inappropriate nursing facility placement. At a national level, ADRCs are a joint effort of the federal Administration for Community Living, the Centers for Medicare and Medicaid Services and the Department of Veterans Affairs. The following table describes federal grants that have continued to expand the Maryland ADRC program, known as MAP. MAP also receives substantial funding from the Money Follows the Person Demonstration and the Balancing Incentives Program, which are administered by the Department of Health and Mental Hygiene.

Year	Project Name	Grantor	Award Amount
2003	ADRC Development	AoA	\$800,000
2004	ADRC Development	AoA and CMS	\$ 250,000
2006	ADRC Continuation	AoA	\$ 267,483
2007	Nursing Home Diversion aka Community Living Program	AoA	\$ 400,000
2008	Empowering Individuals to Navigate Their Long Term Service Needs	АоА	\$ 267,483
2009	ADRC Expansion and Person Centered Hospital Discharge	AoA and CMS	\$ 371,801
2010	Evidence Based Care Transitions	AoA	\$ 400,000
2010	Options Counseling	AoA	\$500,000
2012	Enhanced ADRC Options Counseling	ACL	\$2,300,000

MAP is a central component in Maryland's efforts to reduce inappropriate institutionalization of individuals with long term care needs. MAP is the system through which the Money Follows the Person Demonstration Project and the Balancing Incentive Program (BIP) provide individuals with program education, planning and application assistance, and transition case management as an individual moves from a nursing facility back to their home or community. MAP also provides consumers with a statewide, web-based searchable database with information on long term care services <u>www.marylandaccesspoint.info</u>. Since 2007, the MAP program has grown from two sites to twenty sites providing access statewide.

The Department administers MAP in partnership with the Departments of Health and Mental Hygiene, Human Resources, and Disabilities, and the Governor's Office for the Deaf and Hard of Hearing. The local Area Agencies on Aging, local health departments, and Centers for Independent Living work together to provide the assistance and information on long term supports and services.

**CONTACT PERSON:** Teja Rau, Acting Chief of Long Term Supports and Services, 410-767-1107, teja.rau@maryland.gov

## LONG TERM SERVICES and SUPPORTS SENIOR NUTRITION-HOME DELIVERED MEALS

**Program Description:** The Senior Nutrition Home Delivered Meals Program provides meals, nutrition assessment, and coordination of nutrition services for older adults who are confined to their homes. This program supports nutritional balance and independence for older adults in the community. Menus are designed to meet the cultural and dietary needs of a diverse statewide population and standards that require meals meet the low salt and low sugar Dietary Guidelines for Americans. The program relies on thousands of volunteers who deliver the meals and saves many lives by identifying and connecting isolated older adults in potentially dangerous situations to a range of community services and supports.

A few years ago, Mrs. H. lost her husband and son within a month of each other. Now a debilitating back injury makes it difficult for her to get out of the house to shop and prepare meals. Despite these hardships, Mrs. H. stays positive and appreciates the friendly visits and conversations with home delivered meals volunteers. "The service is not just delivering noonday meals, but it also provides safety, security, and someone to check on you. I was greatly elated at that thoughtfulness."

**Program Eligibility Criteria**: Maryland residents who are confined to their homes and at least 60 or older and their spouses. In accordance with the federal Older Americans Act, there are no income or asset restrictions; however, preference is given to older individuals with the greatest social and economic need and those at risk of institutional placement.

F F F								
Monthly Income Test	Annual Asset Test	Notes						
None	None	Spouses and disabled dependents of any age are able to have meals if they reside with an eligible individual.						

Program Data	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Number of Meals	1,112,549	1,112,549	1,112,549
Number of People Receiving Meals	5,785	5,785	5,785
Number of Volunteers	3,881	3,881	3,881

Program Funding	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Federal	2,812,502	3,806,678	3,806,678
State	406,815	875,612	875,612
Local Contributions	1,159,232	1,889,168	1,889,168
Total	4,378,549	6,571,458	6,571,458

**CONTACT PERSON:** Judy Simon, Program Manager, 410-767-1090 judy.simon@maryland.gov

# LONG TERM SERVICES and SUPPORTS MEDICAID HOME AND COMMUNITY BASED CARE

**Program Description:** The Department has administered the Medicaid Waiver for Older Adults since 2001 by overseeing provider enrollment, quality assurance and case management through 19 local Area Agencies on Aging (AAA). The Waiver program enables older adults to remain in a community setting even though their age or disability would warrant placement in a long-term care facility. The waiver allows a person to receive services in the home. The Waiver for Older Adults grew to serve approximately 3,500 in 2013. A case manager works with the individual to develop a plan of service that best meets his or her needs. Services and qualified providers are identified in the plan of service. The plan of service is monitored to ensure that the participant's needs are being adequately addressed. The Department provides support and oversight for all case management/supports counseling provided through Area Agencies on Aging.

*Mr.* S lived and worked as an employee on a small farm for most of his life. Although his own family was no longer around, he was treated like family by the owners of the farm. As Mr. S grew older, he began to suffer from a variety of medical conditions, including end stage renal disease that impeded his ability to take care of himself. For a year, he managed with just a bit of help from the owners. He tried to do his laundry and cook for himself, and took the bus to his dialysis appointments. The farm owner's daughter, whom Mr. S had known since she was a child, became concerned that Mr. S was not safe in his home and needed more help than he would admit to needing. After some persuasion, Mr. S agreed to go to a nursing home, with the understanding that other options would be explored that could provide him more independence. The daughter helped Mr. S apply for the Medicaid Waiver for Older Adults. When he was approved, Mr. S moved to an assisted living facility. Twice a week, on non-dialysis days, he attends a Medical Adult Day Care where he finds companionship as well as a variety of activities, including crafts and musical performances. Through the Medicaid Waiver, Mr. S receives medical oversight while enjoying a high level of independence that he considers pleasant and safe.

**Program Eligibility Criteria:** Eligible individuals are individuals of all ages who meet the financial criteria for Medicaid eligibility and whose medical conditions make them eligible for nursing home care under Medicaid technical requirements.

<b>Financial Eligibility</b> <b>Individual*</b> CFC includes several different eligibility groups.	Children newborn-20 up to 138% of FPL Aged, Blind and Disabled (ABD), Children, Families Long Term Care Eligibility Adults under 65, post TCA or to 138% FPL Home and Community Based Waiver Eligibility SSI Recipients ABD Medically needy					
Program Data:	FY2013 (Act.) Older AdultFY2014 (Est) Older Adult Waiver and CFCFY2015 (Est.) Community First Choice					
Number of participants	4031	40315,0006,000* CFC has no enrollment cap and numbers may be higher estimated up to 12,229.				

**CONTACT PERSON:** Linda Burrell – Community First Choice Supports Counseling Manager (410) 767-0709, <u>linda.burrell@maryland.gov</u>

# LONG TERM SERVICES and SUPPORTS MONEY FOLLOWS THE PERSON OPTIONS COUNSELING

**Program Description:** In 2009, the Maryland Medicaid Agency began operations under the federal Money Follows the Person initiative to identify Medicaid eligible individuals in nursing homes who wanted to transition back into the community using home and community-based services offered through Medicaid home and community-based waivers. The Department collaborated with the Medicaid Agency to oversee options counseling and application assistance for individuals in nursing homes. The Department oversees options counseling and application assistance through 19 local Area Agencies on Aging (AAA) in partnership with seven regional Centers for Independence (CILs). The options counselor goes to the nursing home, meets with the individual to discuss options for community living, and assists with applications for home and community-based waiver programs. **1,739 people transitioned from long term nursing home stays (90 days or more) back to the community from 2009 through October of 2013.** 

Mrs. S was an 81 year-old widowed Hispanic woman. Her declining health resulted in an acute hospital episode and a discharge to a nursing home. While in the nursing home, her health declined further and she was determined to be eligible for hospice care. Language barriers made it difficult for Mrs. S. to understand the nursing home assistants and for them to understand her. Her daughter began to spend more time in the nursing home to assist her mother with communications and support and to monitor her care. As a result of the time her daughter needed to be with her mother at the nursing home, she lost her job. The daughter contacted the Department for help and the Department worked with a local Area Agency on Aging to begin the application process for Money Follows the Person and to assist Mrs. S to transition to the community. Mrs. S. was able to go home to live with her daughter, who had become jobless, and who was able to become a paid caregiver for her mother through the program. The MFP program made it possible for Mrs. S. to be with her family and loved ones for four months and to die in her home surrounded by her family. The daughter thanked program staff for one of the greatest gifts possible to her mother and the family.

**Money Follows the Person (MFP) Nursing Home Eligibility Criteria:** Eligible individuals are individuals 18 years and older who are financially eligible for community Medicaid and have been in a nursing home at least 90 days.

Money Follows the Individual (MFI) Eligibility Criteria: Eligible individuals are 18 years and older who have been financially eligible for Medicaid in a nursing home for at least 30 days.

All individuals who are in a nursing home and who have declared a desire to receive options counseling to explore transitioning back to the community.

Contact Person: Linda Burrell – Community First Choice Supports Counseling Manager (410) 767-0709, linda.burrell@maryland.gov

#### LONG TERM SERVICES and SUPPORTS SENIOR CARE PROGRAM

**Program Description:** The Senior Care Program provides coordinated, community-based, in-home services to seniors with disabilities. Senior Care provides funds for services for seniors who may be at risk of nursing home placement. Senior Care clients are provided with case managed access to existing publicly and privately financed services. When needed services are not available through other means, Senior Care will help cover the cost of services that may include personal care, chore service, adult day care, financial assistance for medications, medical supplies, respite care, home delivered meals, emergency response systems, medical transportation, and other services.

*RR* is a 79 year old woman who lives in an apartment with her daughter. She suffers from depression, hypertension, osteoporosis, hyperlipidemia, bladder incontinence, and bone disease. She is non-ambulatory resulting from a contracture deformity in both legs, with left side paralysis, and she no longer speaks. *RR* requires help with medication management, bathing, housekeeping, cooking, shopping, and transportation to medical appointments. She receives a monthly income from Social Security. Senior Care provides funds for nutritional supplements and incontinent supplies. *RR* also receives In Home Aide program services.

**Program Eligibility Criteria**: Eligible individuals are Maryland residents who: are age 65 or older; need assistance with bathing, dressing, chores, etc.; have a medical condition or disability that places him or her at risk of having to enter a nursing home; and have an income not greater than 60% of the State median income.

Eligibility	Monthly Income Test \$2,739	Annual Asset Test \$11,000	<b>Notes</b> : Functional/Medical eligibility is determined as having a moderate or seve		
Individual	\$3,581	\$14,000	rating on the State assessment tool.		
Couple			8		
Program Data		FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)	
Number of Clients	Number of Clients Served with Gap filling		3,759	3,862	
Services		3,759	5,155	5,002	
	Number of Clients Waiting for Services at		2,791	2,682	
end of Fiscal Year		2,791	_,	2,002	
	g List Clients who Enter	232	232	223	
Nursing Facilities					
0	Senior Care waiting list inc		1		
	lt population, especially ir		In FY13, approximatel	y 8% percent of the	
	waiting list were placed in r				
Program Funding		FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)	
Federal		\$ 0	\$ 0	\$ 0	
State		\$ 6,999,101	\$ 7,206,382	\$ 7,206,382	
Local Contribution	S	\$ 29,520	\$ 432,776	\$ 432,776	
Total		\$ 7,028,621	\$ 7,639,158	\$ 7,639,158	

**CONTACT PERSON:** Dakota Burgess, Program Manager, 410-767-1101, dakota.burgess@maryland.gov

# LONG TERM SERVICES and SUPPORTS CONGREGATE HOUSING SERVICES PROGRAM (CHSP)

**Program Description:** The Congregate Housing Services Program provides assistance with activities of daily living, daily meals, weekly housekeeping and/or laundry, personal assistance as needed, and service management to frail older persons in apartments who require help in performing personal and household functions. The Congregate Housing Services Program is offered in senior citizen apartment buildings that serve low and moderate-income residents. The average cost/year is \$2,238 or \$187 per month.

Six months ago, 86-year-old Ms. D applied for services from the Congregate Housing Services Program (CHSP). Ms. D uses a wheelchair. Ms. D's health began to decline, and she needed help with bathing, dressing, and daily meals and medication management. She had uncontrollable blood pressure. Her daughter provided help, but became disabled herself. Ms. D was enrolled in the CHSP program and is receiving medication management, blood pressure checks from a nurse, and two daily meals.

**Program Eligibility Criteria**: Eligible residents are those who are at least 62 years of age; physically or mentally impaired; need assistance with one or more of the essential activities of daily living; need one or more congregate housing services available in the facility; and are able to function in the facility if provided with those services. In addition, the spouse of a participant may also receive services, provided the spouse is at least 55 years old and meets program eligibility criteria.

Eligibility Individual Couple	<b>Monthly Income Test</b> \$ 2,652 \$ 3,505		al Asset Test \$ 27,375 \$ 35,587	<b>Test</b> Notes: Subsidies are provided to eligibl participants who are age 62 and older, a whose net monthly income is insufficie pay the full monthly fee for CHSP serv.		
			g list and 25 facilities interested in starting a CHSP.			
Program Data					FY 2015 (Est.)	
Number of Resid	Number of Residents Receiving Services         662			600	600	
Number of Build	lings Receiving Services			25	27	27
	FY		FY 2013 Actu	al	FY 2014 (Est.)	FY 2015 (Est.)
Program Fundi	ng					
Federal		\$525,4	456	\$967,889	\$967,889	
State	State		\$1,501,9	972	\$1,501,972	\$1,501,972
Local Contributions		\$642,0	)54	\$400,712	\$400,712	
Total			\$2,669,482		\$2,870,573	\$2,870,573

CONTACT PERSON: Janice MacGregor, Contract Administrator, 410-767-1087, janice.macgregor@maryland.gov

### LONG TERM SERVICES and SUPPORTS SENIOR ASSISTED LIVING GROUP HOME SUBSIDY PROGRAM

**Program Description:** The Senior Assisted Living Group Home Subsidy (SALGHS) program provides low and moderate-income seniors with access to assisted living services in 4- to 16-bed group homes licensed by the Department of Health and Mental Hygiene as Assisted Living facilities. The Department provides subsidies to eligible residents who might otherwise be in nursing facilities to cover the difference between the participant's monthly income (less a \$60/month personal allowance) and the approved monthly assisted living fee. The maximum subsidy, paid directly to the provider, is \$650/month. Subsidies are paid from State general funds

*Mr. B, a 75 yr old male, moved to Sunny Acres Assisted Living and became a SALGHS client. His income is \$1054, and the subsidy pays \$305. Prior to moving to Sunny Acres assisted living facility, Mr. B lived in his car at a local truck stop. The manager contacted APS when the weather turned cold. The employees at the truck stop had been looking out for Mr. B - sharing food with him and allowing him to use their facilities for several weeks. When Mr. B moved into Sunny Acres there was some uncertainty if he would stay, however Sunny Acres has become his family and he continues to thrive.* 

Program Data	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Number of Residents Receiving Subsidies	444	444	444

**Waiting List**: There are currently 220 persons on a waiting list for a subsidy. In 2012, a MetLife Mature Market Survey of Long-term Care Costs estimated the national average monthly assisted living was \$3,550.00. The federal Administration on Aging, estimates the number of elderly who are moderately or severely disabled will triple by 2040.

Program Funding	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Federal	0	0	0
State	2,920,457	2,983,441	2,983,441
Local Contributions	33,296	432,339	432,339
Total	2,953,753	3,415,780	3,415,780

#### **CONTACT PERSON:**

Dakota Burgess, Program Manager, 410-767-1101, Dakota.burgess@maryland.gov

# LONG TERM SERVICES and SUPPORTS NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM

**Program Description:** The National Family Caregiver Support Program (NFCSP) provides a broad array of services to families and caregivers who are not receiving compensation for their services. NFCSP services cover five categories and include information about available services; assistance with accessing services including case management; education, training, support services and individualized counseling; respite care to enable temporary relief from care giving responsibilities; and supplemental services.

Ms. W. is an 80-year-old primary caregiver for her husband. He is a 93-year-old veteran with dementia, chronic renal failure, and benign prostate hypertrophy. He needs constant supervision for safety and assistance with daily activities. Aside from assisting her spouse, Mrs. W also has health issues. The couple lives in a rural area with limited supports and resources. Through a combination of supports from the NFCSP and other resources, Ms. W received help applying for veteran's benefits, legal assistance to address her will and power of attorney, and help with Medicare enrollment. She was provided funds to pay for home health care, needed respite care, and was reimbursed for medical supplies. The NFCSP has offered support and made life-supporting connections possible.

**Program Eligibility Criteria**: There are two categories of caregivers who benefit from these services, caregivers of adults 60 years of age or older, including persons not related by blood or marriage and grandparents and other relative caregivers over the age of 55 caring for a child age 18 or under and grandparents or relative caregivers, providing care for adult children with a disability, who are between 19 and 59 years of age. The caregivers must be age 55 and older and cannot be the child's natural or adoptive parent. This program also supports caregivers of individuals with Alzheimer's disease or a related disorder.

individuals with Anzhemier's discuse of a related disorder.							
Eligibility	Monthly Incom	e Annı	Annual Asset Test		Notes:		
Individual	Test		None		Respite and supplemental services may be		
Couple	None				rided to care	givers who ar	e caring for
1							tal disabilities
				unat i		ability to perf	Iorini normai
					d	aily tasks.	
Program Data		FY201	3 (Est.)	(Est.) FY2014 (Est.) FY2015 (Es		15 (Est.)	
Number Served	<b>\*/Units of Service</b>	People	Units	People	Units	People	Units
Education, Tra	ining or						
Support	-	5,768	100,810	6,229	108,874	6,229	108,874
Respite		1,228	1,228 55,208		59,624	1,326	59,624
Supplemental S	Services	1,683	1,683 69,356		74,904	1,817	74,904
Access Assistan	nce	11,602	11,602 20,534		22,176	12,530	22,176
Information		96,412	111,277	104,124	120,179	104,124	120,179

\*Includes both family and grandparent caregivers served.

\*Numbers listed are estimates. Actual numbers will not be available for 201until April 2013.

Program Funding	FY2013 (Actual)	FY2014 (Est.)	FY2015 (Est.)
Federal	2,058,631	2,223,149	2,223,149
State	60,592	53,066	53,066
Local Contributions	394,386	641,147	641,147
Total	2,513,609	2,917,362	2,917,362

CONTACT PERSON: Terri Williams, Program Manager, 410-767-0545, TerriL.Williams@maryland.gov

#### LONG TERM SERVICES and SUPPORTS CONTINUING CARE RETIREMENT COMMUNITIES CONTINUING CARE AT HOME

**Program Description:** The Continuing Care Act authorizes the Department to regulate Continuing Care Retirement Communities (CCRCs) and Continuing Care at Home (CCAH) programs. The Department issues a certificate of registration based on a review of organizational, financial, and contractual documents and provides information to the public.

CCRCs are specific types of retirement housing that offer a combination of housing and services. The services include access to medical and nursing services or other health-related benefits to individuals who have paid entrance fees and signed contracts for more than one year and usually for life. Health-related benefits may include full coverage of assisted living or nursing care in an on-site health care center at no additional fee, or may be limited to priority admission to the health care center, with additional fee-for-service charges. The scope of services varies among CCRCs. These services are offered under a written continuing care agreement that requires payment of an entrance fee and monthly fees.

Mrs. W. lived in a single family home in Prince George's County and her only son lived in Annapolis and worked in Baltimore. Mrs. W. lived alone since her husband had died several years before. The house was becoming quite a problem with maintenance, lawn keeping, etc. and her son wanted her to consider moving to a CCRC. Mrs. W. wanted to continue driving and needed to be in an area where she was comfortable. After visiting several CCRCs with her son she still had many questions. Mrs. W. agreed that she would live in a CCRC; however, both Mrs. W. and her son knew they needed to do more research, specifically on the financial soundness of the CCRC. Mrs. W. called the CCRC division at the Maryland Department of Aging for further information. Neither Mrs. W. nor her son understood the difference between the types of CCRCs and were asked to access the Department's website where they could receive information on continuing care in Maryland. Mrs. W. contacted the different CCRCs, where she was interested, and requested a Disclosure Statement. She then called back to the CCRC division to discuss the financial statements, entrance fees, monthly fees, refund process, etc. Mrs. W. again re-visited several CCRCs and after comparing the prices and amenities, she chose her new home. Mrs. W. was able to continue driving to the mall, to her son's home, and even back to her old neighborhood to visit friends. Her friends were welcome to visit in her new home.

Program Data	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015(Est. )
Special Funds	\$ 377,848	\$ 480,842	\$ 484,331
Number of CCRC facilities	39	40	41
Number of People Served	16,000	16,000	16,500

**Contact Person:** Martha C. Roach, Chief, Continuing Care, (410) 767-1067 <u>martha.roach@maryland.gov</u>



#### PROTECTION OF OLDER ADULTS LONG-TERM CARE OMBUDSMAN PROGRAM

**Program Description:** Long-term care ombudsmen are advocates for 47,000 residents in nursing homes and assisted living facilities in Maryland. Ombudsmen work in every jurisdiction to advocate on behalf of individuals and groups of residents, promote residents' rights and provide information to residents and their families about the long term care system. They regularly visit long term care facilities and promote quality of care and quality of life as well as providing support and a voice for those who are unable or do not know how to speak for themselves.

A family member called the State Ombudsman about a loved one who could not speak English. This was referred to the Local Ombudsman who arranged for a meeting with the resident, family, and nursing home staff to discuss the importance of addressing the language barrier. An interpreter was hired to assure all parties were communicating clearly. The Ombudsman suggested an evaluation that resulted in a communication book and use of a white board. An aide who spoke the resident's language was moved from another unit to reduce isolation. The Ombudsman checks on the resident during regular visits to ensure that the resident can express her needs and wants.

	FFY2012	FFY2013	FFY2014	FFY2015
Program Data	(Actual)	(Actual)	(Estimate)	(Estimate)
Number of Complaints	2392	2332	2400	2425
Number of Abuse Complaints	172	175	179	180
Number of Individual	10,456	10,533	10,600	10,650
Consultations				
Number of Volunteers	122*	142	142	122*
	L	FFY2013	FFY2014	FFY2015
Program Funding		(Actual)	(Estimate)	(Estimate)
Federal		\$ 412,885	\$ 455,618	\$ 455,618
State		\$ 901,448	\$ 1,121,802	\$ 1,121,802
Local Contributions		\$ 257,396	\$ 586,101	\$ 586,101
Total		\$ 1,571,729	\$ 2,163,521	\$ 2,163,521

• One medical school no longer trains students as volunteer ombudsmen.

CONTACT PERSON: Alice H. Hedt, State Long-Term Care Ombudsman, 410-767-1108, alice.hedt@maryland.gov

#### PROTECTION OF OLDER ADULTS PUBLIC GUARDIANSHIP PROGRAM

**Program Description:** The Public Guardianship Program serves adults 65 years and older who have been deemed by a court of law to lack the capacity to make or communicate responsible decisions concerning their daily living needs. The law requires that the Maryland Secretary of Aging or a Director of a local Area Agency on Aging (AAA) be appointed by the court as a "guardian of person" when there is no other person or organization willing and appropriate to be named. The program provides protection and advocacy on behalf of the older adults through case management provided by guardianship specialists of the program.

Adult Protective Services (APS) received a referral about the safety of an elderly man. During the APS investigation, the man was confused and unable to communicate effectively. He was taken to the local hospital for an evaluation. While at the hospital, two physicians concluded he lacked the capacity to make informed decisions on his own behalf. Each physician completed a certificate documenting their findings. When the social workers attempted to locate any family members they discovered that the man had recently been widowed and had no children or siblings. The hospital petitioned the court to have a guardian appointed to make decisions on his behalf. Unable to locate any family members or friends, the director at the local Area Agency on Aging (AAA) was appointed as guardian. A case manager was assigned and began working with the man and medical staff to ensure that the man's needs were met.

**Program Eligibility Criteria**: The program serves adults age 65 years and older who have been deemed by a court of law to lack the capacity to make or communicate responsible decisions concerning their daily living needs.

<b>Eligibility</b> Age 65 and older	Monthly Income Test None		Annual Asset None	Test	Notes	
Program Data		FY	2013 (Actual)	<b>FY20</b>	14 (Est.)	FY2015 (Est.)
Total Number of Guard	dianship Wards		821		846	871
Number of New Cases			186		192	198
Group Education Sessi	ons Provided		73		69	66
Individual Consultation	ns (post- guardianship)		23,809		24,523	25,259
Number of Public Gua	rdianships Avoided		337		320	304
Program Funding		FY	2013 (Actual)	<b>FY20</b> 1	14 (Est.)	FY2015 (Est.)
Federal			\$ 30,751		\$ 0	\$ 0
State			\$ 621,577		\$ 642,692	\$ 642,692
Local Contributions			\$ 227,615		\$ 315,321	\$ 315,321
Total			\$ 621,577		\$ 957,513	\$ 957,513

CONTACT PERSON: Phoenix Woody, Program Manager, 410-767-4665, phoenix.woody@maryland.gov

#### PROTECTION OF OLDER ADULTS SENIOR LEGAL ASSISTANCE PROGRAM

**Program Description:** The Senior Legal Assistance Program provides access to legal advice, counseling, and representation for older Marylanders. This program also provides legal support to professionals in the field such as local ombudsmen, health insurance counselors and public guardianship managers. Maryland's network of Area Agencies on Aging contract with local attorneys and law centers to provide direct services. Priority is given to issues involving income maintenance, nutrition, public/disability benefits, health care, protective services, abuse, housing, utilities, consumer protection, employment, age discrimination/civil rights, and advocacy for institutionalized persons.

A seventy-two year old man was facing eviction because of overdue rent payments. He contacted the local Legal Assistance Program and while meeting with the attorney, revealed that he was short on funds as a result of trying to pay his other bills. A paralegal worked with him to identify programs that would assist him. A payment schedule was worked out with the apartment manager to bring him back in good standing. With the assistance of all the programs, the man's housing was preserved and his life was made a little more comfortable through the help of additional benefits which the paralegal helped him obtain.

**Program Eligibility Criteria**: Marylanders 60 years of age and/or their caregiver. There is no cost for legal assistance with priority issues. Preference is given to older persons with the greatest economic or social need.

Eligibility	Annual Income Test	Annual Asset Test	Notes:	
Age 60 and older or caregiver of such a person	None	None	None	
caregiver of such a person				

Program Data	FY 2013 (Actual)	FY 2014 (Est.)	FY 2015 (Est.)
Hours of Service Provided	14,976	14,976	14,976
Number of Persons Served	3,771	3,771	3,771

Program Funding	<b>FY 2013 (Actual)</b>	FY 2014 (Est.)	FY 2015 (Est.)
Federal	\$ 327,140	\$ 373,370	\$ 373,370
State	\$ 0	\$ 0	\$ 0
Local Contributions	\$ 97,472	\$ 320,906	\$ 320,906
	\$ 424,612	\$ 694,276	\$ 694,276
Total			

CONTACT PERSON: Phoenix Woody, Program Manager, 410-767-4665, phoenix.woody@maryland.gov



## **ADDITIONAL FEDERAL GRANTS**

#### **Enhanced ADRC Options Counseling Grant**

This grant will strengthen Aging and Disability Resource Centers (ADRCs), known in Maryland as Maryland Access Point or (MAP) by building their capacity to provide **Options Counseling** for individuals seeking information and assistance on long term supports and services. Objectives of the Grant are to: develop and test statewide standards for Options Counselor certification; create standardized program policies and procedures; and create a method to incorporate these standards in all long term supports and services programs. Partners in the grant include the Maryland Departments of Health and Mental Hygiene and Disabilities.

*Funding Source:* Administration for Community Living (ACL) *Project Period:* October 1, 2012 – September 30, 2015 *Amount:* \$2,300,000

#### Chronic Disease Self Management Education (CDSME)

The CDSME grant funds self management workshops across Maryland called, "Living Well." Living Well workshops provide seniors, caregivers and adults with disabilities access to evidence-based self management programs which have been proven to reduce rates of disability, improve mental and cognitive function, and lower health care costs. A key objective is to provide this service to at least 3,500 persons statewide over a 3 year period. In 2013, over a thousand individuals have participated in these workshops.

*Funding Source:* Administration on Aging/Administration on Community Living *Project Period:* 9/2012-8/2015 *Amount:* \$1.05 million

#### Maryland Improvements for Patients and Providers Act of 2008 (MIPPA)

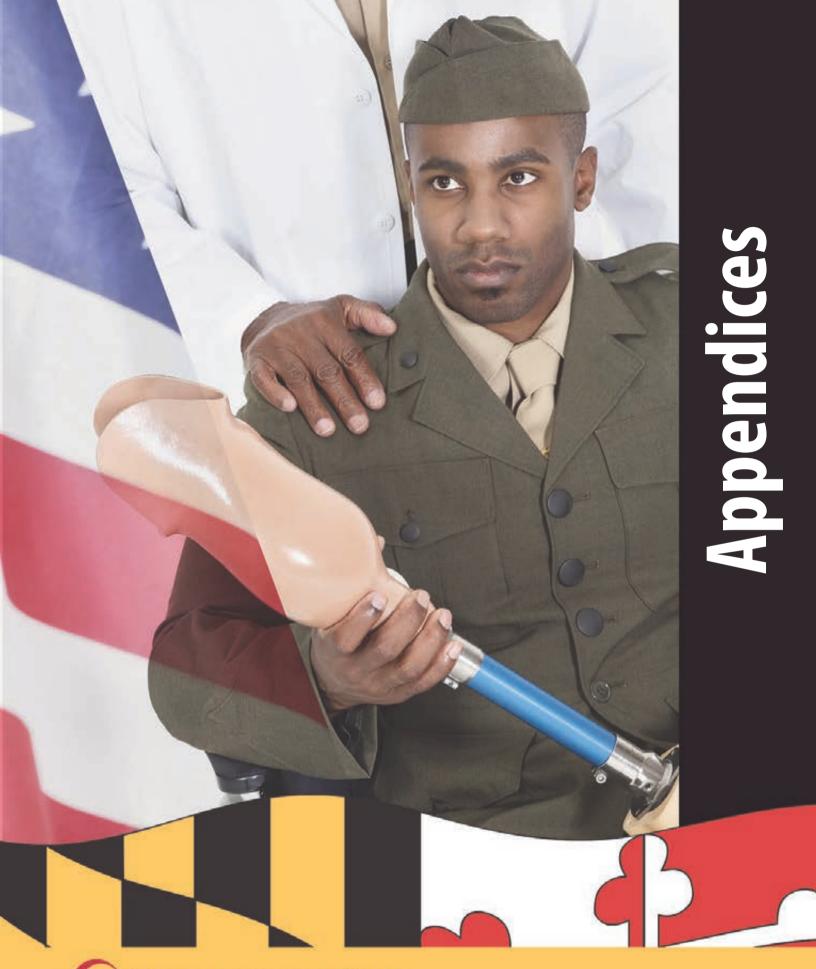
The grant funding assists Medicare beneficiaries to apply for the Medicare Part D <u>Extra Help/Low-Income Subsidy</u> (LIS) and the <u>Medicare Savings Programs</u> (MSPs). Program staff provides Part D counseling to Medicare beneficiaries who live in rural areas.

*Funding Source:* ACL and the Centers for Medicare & Medicaid Services (CMS) *Project Period:* September 30, 2013-September 29, 2014 *Amount:* \$339,621 (CMS-\$117,190; ACL-\$222,431)

# Senior Medicare Patrol (SMP) and Health Care Fraud Prevention Program Expansion and SMP Capacity Building Grant

These grants are address Medicare and Medicaid fraud, waste, abuse and error. The program goals are to reduce the amount of federal and state funds lost due to health insurance fraud and increase the public's awareness of fraudulent activities. Activities include public education forums, one on one counseling sessions and other opportunities to instruct Medicare beneficiaries on how to monitor health care expenditures.

Senior Medicare Patrol Program *Funding Source:* ACL *Project Period:* Annual *Amount:* \$167,955 (annually) Health Care Fraud Prevention Program *Funding Source:* ACL *Project Period:* Annual *Amount:* \$130,000 (annually)



MARYLAND ACCESS POINT

www.MarylandAccessPoint.info

AGING SS POINT an Resources Development ue 21502 mty Department of Aging Suite 400 401 filmore City Health Itimore City Health filmore City Health			Area Agencies on Aging/Maryland Access Point Listing	6
IV     Renec Kniseley     Allegany Co. Human Resources Development       Director     Commission, Inc.       UNDEL     Pam Jordan     Anne Arundel County Department of Aging       UNDEL     Pam Jordan     Anne Arundel County Department of Aging       UNDEL     Pam Jordan     Anne Arundel County Department of Aging       UNDEL     Pam Jordan     Anne Arundel County Department of Aging       UNDEL     Amold Eppel     CARE Services Baltimore City Health       Director     Director     Department       Anne Williams     Baltimore, MD 21202       RE     Joanne Williams     Baltimore, MD 21203       RE     Joanne Williams     Baltimore, MD 21204       Director     Galvert County Office on Aging     Director       Director     Galvert County Office on Aging     Director       Director     Upper Shore Aging. Inc     Director	COUNTY/JURISDICTION		AREA AGENCY ON AGING/ MARYLAND ACCESS POINT	1.000
UNDEL     Pan Jordan     Anne Arundel County Department of Aging       Director     2666 Riva Road - Suite 400       RE CITY     Arnold Eppel     2666 Riva Road - Suite 400       RE CITY     Arnold Eppel     CARE Services Baltimore City Health       Director     Director     Department       Anno Managolis, MD 21204     Department       Baltimore, MD 21204     Department of Aging       Director     Calvert County Department of Aging       Director     Calvert County Office on Aging       Director     Calvert County Office on Aging       Division Chief     450 West Dares Beach Road       F     Gary Gunther     Upper Shore Aging, Inc       E     Gary Gunther     Unper Shore Aging, Inc       Division Chief     100 Schauber Road     21620       Oronny Director     Director     Upper Shore Aging, Inc       Director     Director     Upper Shore Aging, Inc       Director     Director     Upper Shore Aging, Inc       Director     Director     Director       Director     Ditorector Alt     Director       <	ALLEGANY	Rence Kniselcy Director	Allegany Co. Human Resources Development Commission, Inc. 125 Virginia Avenue Cumberland, MID 21502	301-777-5970 301-722-0937 - FAX http://alleganyhrde.org/
RE CITY     Amold Eppel     CARE Services Baltimore City Health       Director     Department       AIT E. Fayette Street     Baltimore, MD 21202       Baltimore, MD 21202     Baltimore County Department of Aging       RE     Joanne Williams     Baltimore County Department of Aging       RE     Joanne Williams     Baltimore County Department of Aging       RE     Joanne Williams     Baltimore County Operatment of Aging       RE     Joanne Williams     Baltimore County Office on Aging       Director     Calvert County Office on Aging       Division Chief     450 West Dures Beach Road       Prince Frederick, MD 20678     Carvert County Blace       Bary Gunther     Upper Shore Aging, Inc       E     Gary Gunther     Upper Shore Aging, Inc       Director     Doschauber Road       Director     Doscha	ANNE ARUNDEL	Pam Jordan Director	Anne Arundel County Department of Aging 2666 Riva Road - Suite 400 Annapolis, MD 21401	410-222-4464 410-222-4383 410-222-4360 - FAX http://www.aacounty.org/Aging
RE     Joanne Williams     Baltimore County Department of Aging 611 Central Avenue       Director     611 Central Avenue       Susan Justice     Calvert County Office on Aging Division Chief     450 West Dares Beach Road Prince Frederick, MD 20678       E     Gary Gunther     Upper Shore Aging Inc       E     Cary Gunther     Upper Shore Aging Inc       E     Cary Gunther     Upper Shore Aging Inc       Director     Uoschauber Road     21620       Madeline Morey,     Carroll County Bureau of Aging & Disabilities       Director     Director     125 Stoner Avenue       Director     David P. Trolio     Senior Services and Community Transit of Cecil       Director     County     County       Director     County     Director       Director     Senior Services and Community Transit of Cecil       Director     County     Director       Director     David Suite 2550       Director     Director       Director     Director	BALTIMORE CITY	Arnold Eppel Director	CARE Services Baltimore City Health Department 417 E. Fayette Street Baltimore, MD 21202	410-396-4932 410-396-5280 - FAX http://www.baltimorehealth.org/care.html
Susan Justice     Calvert County Office on Aging Division Chief     Calvert County Office on Aging 450 West Dares Beach Road Prince Frederick, MD 20678       E     Gary Gunther     Upper Shore Aging. Inc Executive Director       Director     Upper Shore Aging. Inc Executive Director       Madeline Morey,     Carroll County Bureau of Aging & Disabilities Director       Nadeline Morey,     Carroll County Bureau of Aging & Disabilities Director       Director     U25 Stoner Avenue Westminster, MD 21157       David P. Trolio     Senior Services and Community Transit of Cecil Director       David P. Trolio     Senior Services and Community Transit of Cecil Director       Director     County County       Director     County County	BALTIMORE COUNTY	Joanne Williams Director	Baltimore County Department of Aging 611 Central Avenue Towson, MD 21204	410-887-2594 410-887-2159 - FAX http://www.baltimorecountymd.gov/Agencies/ aging/index.html
LINE Gary Gunther Upper Shore Aging. Inc Executive Director 100 Schauber Road DT Madeline Morey, Carroll County Bureau of Aging & Disabilities Director Director U25 Stoner Avenue Westminster, MD 21157 Vestminster, MD 21157 David P. Trolio Senior Services and Community Transit of Cecil Director County Director County Director County Director 200 Chesapeake Blvd, Suite 2550 Elkton, MD 21921	CALVERT	Susan Justice Division Chief	Calvert County Office on Aging 450 West Dares Beach Road Prince Frederick, MD 20678	410-535-4606 301-855-1170 D.C. Line http://www.co.cal.md.us
OLL Madeline Morey, Carroll County Bureau of Aging & Disabilities Director 125 Stoner Avenue Westminster, MD 21157 David P. Trolio Senior Services and Community Transit of Cecil Director County 200 Chesapeake Blvd, Suite 2550 Elkton, MD 21921	CAROLINE KENT TALBOT	Gary Gunther Executive Director	Upper Shore Aging, Inc 100 Schauber Road Chestertown MD 21620	410-778-6000 410-778-3562 – FAX http://www.uppershoreaging.org/
David P. Trolio     Senior Services and Community Transit of Cecil       Director     County       200 Chesapeake Blvd, Suite 2550       Elkton, MD 21921	CARROLL	Madeline Morey, Director	Carroll County Bureau of Aging & Disabilities 125 Stoner Avenue Westminster, MD 21157	410-386-3800 410-876-5255 - FAX http://ccgovernment.carr.org/ccg/aging
	CECIL	David P. Trolio Director	Senior Services and Community Transit of Cecil County 200 Chesapeake Blvd, Suite 2550 Elkton, MD 21921	410 996-5295 410-620-9483 - FAX http://www.ccgov.org/dept_aging/

COUNTY/JURISDICTION	CONTACT	AREA AGENCY ON AGING/ MARYLAND ACCESS POINT	TELEPHONE and WEBSITE
CHARLES	Dina Barelay Chief	Charles County Aging and Senior Programs 8190 Port Tobacco Road Port Tobacco, MID 20677	301-609-5712 1-855-843-9725 301-934-0126 - FAX http://www.charlescountymd.gov/cs/aging/ aging-and-senior-programs
DORCHESTER SOMERSET WICOMICO WORCESTER	Margaret Bradford Executive Director	MAC, Inc. 909 Progress Circle, Suite 100 Salisbury, MD 21804	410-742-0505 410-742-0525 - FAX http://www.macinc.org
FREDERICK	Carolyn True Director	Frederick County Department of Aging 1440 Taney Avenue Frederick, MD 21702	301-600-1605 301-600-3554 - FAX http://www.co.frederick.md.us
GARREIT	Pam Hageman Director	Garrett County Area Agency on Aging 104 E. Center Street Oakland, MD 21550-1328	301-334-9431 301-334-8555 - FAX http://www.garrettcac.org/
HARFORD	Karen Winkowski Director	Harford County Office on Aging 145 N. Hickory Avenue Bel Air, MD 21014	410-638-3025 410-893-2371 - FAX http://www.harfordcountymd.gov/ services/aging/
HOWARD	Dayna Brown Administrator	Howard County Office on Aging 6751 Columbia Gateway Dr - 2nd Floor Columbia, MD 21046	410-313-6535 410-313-6540 - FAX http://www.howardcountymd.gov
MONTGOMERY	Odile Brunctto Director	Montgomery County Area Agency on Aging Division of Aging and Disability Services 401 Hungerford Drive, 4 <sup>th</sup> Fl. Rockville, Maryland 20850	240-777-3000 240-777-1436 – FAX http://www.montgomerycountymd.gov/HHS
PRINCE GEORGE'S	Theresa Grant Director	Prince George's County Department of Family Services Aging Services Division 6420 Allentown Road Camp Springs, MD 20748	301-265-8450 301-248-5358 - FAX <u>http://www.princegeorgescountymd.gov/sites/</u> Family/Services/OlderAdultServices

COUNTY/JURISDICTION CONTACT	CONTACT	AREA AGENCY ON AGING/ MARYLAND ACCESS POINT	TELEPHONE and WEBSITE
QUEEN ANNE'S	Catherine Willis Director	Queen Anne's County Area Agency on Aging Department of Community Services 104 Powell Street Centreville, MD 21617	410-758-0848 410-758-4489 - FAX http://www.qac.org/
ST. MARYS	Lori Jennings-Harris Director	<ul> <li>St. Mary's County Department of Aging P.O. Box 653</li> <li>41780 Baldridge Street Leonardtown, MD 20650</li> </ul>	301-475-4200 301-475-4503 - FAX http://www.co.saint- marys.md.us/aging/index.asp
WASHINGTON	Steve Reynolds Interim Director	The Washington County Commission on Aging. Inc. 140 West Franklin St., 4th Floor Hagerstown, MD 21740	301-790-0275 301-739-4957 - FAX http://www.wecoaging.org/
WORCESTER <sup>1</sup>	Becky Jones MAP Coordinator	MAP of Worcester County 4767 Snow Hill Road Snow Hill, MD 21863	410-632-1277 410-632-9902 - FAX http://www.worcesterhealth.org/nursing- sidebar/map-sidebar

<sup>&</sup>lt;sup>1</sup> Worcester County has its own Maryland Access Point but is represented by the MAC Inc. Area Agency on Aging Please visit http://aging.maryland.gov for any updates to this list.

### 2014 MEMO - ELIGIBILITY CRITERIA FOR SELECTED FEDERAL AND STATE PROGRAMS

Federal/State	Monthly (or Annual Income Test)	Annual Asset Test	Notes
Federal Poverty Guidelines Individual Couple	\$957.50 (\$11,490 Per year) \$1292.50 (\$15,510 Per year)		Note: The new Guidelines information will not be available until late January 2014. You can call 410-767-1472 to obtain the information.
Accessible Homes for Seniors Individuals Couple	\$57,960 per yr. (Washington MSA- Calvert, Charles, Frederick, Montgomery, & Prince George's Counties) \$66,240 per yr. (Washington MSA)	No test	Provides zero-interest loans to modify a home space for senior (age 55 or older) living. Loan payments are deferred for 30 years or until the sale or transfer of ownership of the home. If the senior resides in the home of a relative, eligibility is based on the owner's income. This program is a joint initiative of the MD Dept. of Housing & Community Development and the MD Department of Ag ing. Application available by calling 800-756-0119 or at www.mdhousing.org.
Congregate Housing Services Program (CHSP) Subsidy Individual Couple	\$2,739 \$3,581	\$32,868 \$42,912	Provides financial assistance for a limited number of Congregate Housing residents in selected sites for individuals 62 and older whose net monthly income is insufficient to pay the full monthly fee for Congregate Housing Services. Next expected change: 7/1/2014
Employed Individuals with Disabilities (EID) Program Individual Couple	(Approximate countable income per month) UP to \$2,873 Up to \$3,878 (represents 300% of poverty level)	Less than \$10,000 in countable resources Note: 401(K), and 403(b) retirement accounts, Pension plans and Keogh plans are not counted towards the \$10,000 asset limit.	The EID Program provides health insurance for qualified employed persons ages 18-64 who are disabled. Persons with private health insurance or Medicare may still qualify for EID. Participants may be required to pay a monthly from \$0-\$55, depending on income. The EID Program is funded by the Maryland Medical Assistance Program (DHMH). Certain income assets that count for o-her Medical Assistance programs do not count toward EID income limits. The Maryland Department of Disabilities (MDOD) partners with DHMH to promote the program. See <u>www.mdod.state.meturs</u> .

Federal/ State	Monthly (or Annual Income Test)	Annual Asset Test	Notes
Maryland Primary Adult Care (PAC) Program	(After applying exclusions and disregards)	No test	Note: This program has been phased out with the implementation of the Marviand Health Exchange.
Individual	\$1,080		Call 1-800-226-2142 (toll-free) for application & information, or http://mmcp.dhmh.maryland.gov/mpac
Couple	\$1,463		
Maryland Energy Assistance Program	(represents 175% of poverty level)	No test	Provides eligible low-income Marylanders assistance with home heating bills. EUSP assists with Electric bills.
(MEAP)			Only one application is required for both MEAP and EUSP. Both programs are administered by the Office of Home Energy Programs (OHEP), DHR.
Individual	\$1,675.62	No test	
Couple	\$2,261.87	No test	
Electric Universal Service Program (EUSP)			
Individual	1,675.62	No test	Next expected change: 7/1/2014
Couple	\$2,261.87	No test	
Medical Assistance (Medicaid)			Requires documentation of disability; individuals can "spend down" to this income level to be eligible.
Individual	\$3.50	\$2,500	Next expected change: 3/1/2014
Couple	\$392	\$3,000	
Medicare Part D	If your income does not	Owned resources	This financial assistance is only for Medicare beneficiaries who have a Medicare Part D prescription drug plan. Benefits vary
(Prescription Drug) Low – Income Subsidy (EXTRA HELP)	exceed:	does not exceed:	depending on income level: assistance may help with cost of premiums, deductibles, co-pays. You will automatically receive EXTRA HELP if you have Medical Assistance, QMB, SLMB, or SSI; no need to apply.
Individual	\$1,436.25 monthly \$17,235 yearly	\$13,300	Apply through Social Security Administration (1-800-772-1213 or <u>ww.ssa.gov</u> ) or Local Department of Social Services.
Couple (100% poverty & below)	\$1,938.75 monthly \$23,265 yearly ("full subsidy")	\$26,580	NOTE: To get a monthly figure for monthly income level, divide by twelve.

Federal/ State	Monthly (or Annual Income Test)	Annual Asset Test	Notes
Medical Assistance (Medicaid) – Spousal Impoverishment	For spouse in the community:	For spouse in the nursing home:	Refers to protection of some of the income and assets of a spouse remaining in the community when the other spouse has entered a nursing home.
Protection Standards	Basic Maintenance and Shelter Allowance \$1,938.75	\$2,500	All non-exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately.
	Maximum Maintenance and Shelter Allowance \$2,931	Minimum Community Spouse's Asset Share \$23,448 Maximum Community Spouse's Asset Share: \$117,240	All non – exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately, are pooled as of date nursing home spouse enters the nursing home. Effective 1/1/2009, the community spouse may keep \$22,512 or 14 the assets, whichever is greater, but not more than \$109,560. The couple's remaining assets are used for nursing homecare or other expenses, until the nursing home spouse's assets reach the Medicaid eligibility level of \$2,500. The community spouse's income will be evaluated to determine how much, if any, of the nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance. Call 410- 767-5800 or 1-800-492-5231 for questions on any aspect of the eligibility determination process. Next Change: 1/1/2015
Qualified Medicare Beneficiary Program (QMB)	(May add a \$20 income disregard)		Pays Medicare Part A and B premiums, co-payments, and deductibles. Assets include a burial allowance: \$1,500/individual and \$3,000/couple.
Individual	\$958	\$8,580	Next expected change: 9/1/2014
Couple	\$1,293	\$13,620	
Senior Assisted living Group Home Subsidy Program			Provides financial assistance for a limited number of eligible Assistant Living Group Home residents age 62 or older.
Individual	\$2,739	\$11,000	
Couple	\$3,581	\$14,000	Next expected change: 7/1/2014
Senior Care Program			Case managed, in-home services program for individuals 65 and older.
Individual	\$2,739	\$11,000	
Couple	\$3,581	\$14,000	Next expected change date: 7/1/2014

Federal/ State	Monthly (or Annual Income Test)	Annual Asset Test	Notes
SNAP Program (Food Stamp Program) Individual Couple	\$958 \$1293 (net income) 100% FPL \$1.916	\$3,000	Household where all members are getting TAFDC, EAEDC, or SSI do not have to pass SNAP Foods Income Test. Households with at least one elderly (60 or older) or disabled person must have a net income no greater than the Monthly Income Standard (100% of the <u>EPL</u> ). Households with elderly or disabled members are allowed special <u>dedactions</u> from income. *200% Gross Income Statement (family limits)
	\$2586 (net income) 200% FPL		"Effective January 26, 2012
Special Low-Income Medicare Beneficiary Program (SLMB)	(May add a \$20 income disregard)		Similar to QMB but pays only the Part B premium. Assets include a burial allowance: \$1,500/individual and \$3,000/couple
Individual	\$1,293	\$8,580	
Couple	\$1,745	\$13,620	Next expected change:7/1/14
State of Maryland Senior Prescription Drug Assistance Program (SPDAP)			For persons enrolled in a Medicare Prescription or Medicare Advantace Prescription Drug plan AND have a household income at or below 300% of federal poverty guidelines. SPDAP pays up to \$35 per month (\$420 annually) toward the cost of the premium for their chosen plan, All plans are participating in the \$35 premium. This does not apply to individuals who are 100% Low Income Subsidy (LLS) or eligible for full federal EXTRA HELP as determined by the Social Security Administration. Proof of 6 months MD residency is required.
Individual	\$34,470/yr. new Gross Income	No test	Drug manufactures will provide a 50% discount of the negotiated price of brand name drugs (excluding fees) for individuals in the coverage gap.
Couple	\$46,530/yr. new Gross Income Effective 1/31/2013	No test	As of 1/1/11, SPDAP started providing a 95% subsidy to member's total drug cost while in the "donut hole or coverage gap" for those who participate in a PDP or MA-PDS that have contracted with SPDAP. This will be a 5% co-insurance obligation. Not all Medicare Prescription or Medicare Advantage Plans are participating in the coverage gap subsidy.
			For further information or applications, call 1-800-551-5995 or go to www.marylanddap.com

Federal/ State	Monthly (or Annual Income	Annual Asset Test	Notes
Supplemental Security income (SSI) Individual Couple	(Apply \$20 income disregard) \$721 (new) \$1,082 (new) 2014 COLA increase	\$2,000 \$3,000	SSA has started a Compassionate Allowance Initiative for individuals with early onset (younger-onset) Alzheimer's disease. This benefit is for early-onset (younger-onset) Alzheimer's disease and related dementias for those generally diagnosed under the age of 65 years old. It does not affect those who are currently receiving full Social Security retirement benefits. This will also affect people with Frontatemporal dementia (FTD), Pick's disease, Creutzfeldt-Jakob disease: and mixed dementia and primary progressive aphasia. When asked by the SSA claims representative what the disabling condition is, the applicant must specify "early onset Alzheimer's disease." It is strongly recommended that applicants apply in person at their local SSA office. You will need to submit an application and other documents at your local office. The Alzheimer's Association has prepared a checklist to assist individuals with the application process. See checklist at: http://www.alz.org/documents/national/ssd_checklist.pdf The applicant should apply for SSDI as well if they are receiving early retirement benefits because they may become eligible for
2014 State of Maryland Homeowner's Property Tax Credit Program	Plan is based on relationship between property taxes and income; combined gross household income cannot exceed \$60,000. For application, with further explanation, call 410-767-4433 (Baltimore Metro area) or 1- 800-944-7403 (other areas) or see www.dat.state.md.us	Net worth is less than \$200,000 (excluding property on which you are seeking credit and a cash value or IRAs or qualified retirement savings plan.	Medicare before they turn 65. Allows a credit against the homeowner's property tax bill if property taxes exceed a fixed percentage of the person's gross income. No age restrictions. Credit applicable only to dwelling which is your permanent residence. Homeowners age 70 and older, who have not applied for the program, may apply for the previous three years. Call 410-767- 4433 or 1-800-944-7403. Should file and qualify by May I <sup>n</sup> and up to September 1 <sup>st</sup> to receive a tax credit certificate or revised tax bill.
2014 State of Maryland Renter's Tax Credit Program	Plan is based on relationship between rent and income. For application, with further explanation, call 410-767-4433 (Baltimore Metro area) or 1- 800-944-7403 (other areas) or see www.dat.state.md.us	Net worth is less than \$200,000	Provides tax credit up to \$750 a year for renters who meet certain requirements on rent paid in calendar year 2014. For persons 60 and over or persons who are 100% disabled or persons under age 60, not in subsidized housing, who has one or more dependents under age18 in their home and must meet poverty income level for their household size. To qualify, total gross household income should not exceed \$30,000. If you qualify, should apply by September 1 <sup>st</sup> , 2014.
Weatherization Assistance Program (WAP)			Operated by the Maryland Department of Housing and Community Development, WAP enables low-income households to reduce home energy consumption and maintenance costs through installation of energy-conserving materials.
Individual	\$2,520	No test	Examples of improvements: health and safety items, hot water system, lighting setrofft, inguistion, furners, cleaning
Couple	\$3,2%	No test	system, lighting retrofit, insulation, furnace cleaning. Priority is given to low-income homeowners who are eldenty, disabled, have families with children, and /or have the highest energy consumption. Eligible renter s may also apply. Apply through your local energy assistance office or through Maryland Energy Assistance Program. Call 1-800-352-1446. You can also apply through your local weatherization agenty, local government, community action agency or local non-profit. Next expected change: 3/1/2014

## SENIOR CENTER LISTING

### **Allegany County**

**Cumberland Senior Center** 125 Virginia Avenue Cumberland, MD 21502 301-783-1722

### Frostburg Senior Center

27 S. Water Street Frostburg, MD 21532 301-689-5510

**Georges Creek Senior Center** 7 Hanekamp Street Lonaconing, MD 21539 301-463-6215

Westernport Senior Center 33 Main Street Westernport, MD 21562 301-359-9930

#### Anne Arundel County

#### Annapolis Senior Center 119 South Villa Avenue Annapolis, MD 21401 410-222-1818

Arnold Senior Center 44 Church Road Arnold, MD 21012 410-222-1922

#### **Brooklyn Park Senior Center**

202 Hammonds Lane Brooklyn Park, MD 21225 410-222-6847

#### O'Malley Senior Center

1275 Odenton Road Odenton, MD 21113 410-222-6227

Pasadena Senior Center 4103 Mountain Road Pasadena, MD 21122 410-222-0030

Pascal Senior Center 125 Dorsey Road Glen Burnie, MD 21061 410-222-6680

South County Senior Center 27 Stepneys Lane Edgewater, MD 21037 410-222-1927

### **Baltimore City**

#### Action in Maturity

3900 Roland Ave. Baltimore, MD 21211 410-889-7915

#### Allen Center

1404 South Charles Street Baltimore, MD 21230 410-685-6224

73

Forest Park Senior Center 4801 Liberty Heights Ave. Baltimore, MD 21207 410-466-2124

**Greenmount Senior Center** 425 E. Federal Street Baltimore, MD 21202 410-396-3552

Harford Senior Center 4920 Harford Road Baltimore, MD 21214 410-426-4009

Hatton Senior Center 2825 Fait Ave. Baltimore, MD 21224 410-396-9025

John Booth Senior Center 2601-A E. Baltimore Street Baltimore, MD 21224 410-396-8067

Myerberg Center

3101 Fallstaff Road Baltimore, MD 21209 410-358-6856 Oliver Senior Center 1700 N. Gay Street Baltimore, MD 21213 410-396-3861

Sandtown Winchester Senior Center 1601 Baker Street Baltimore, MD 21217 410-396-7224

Senior Network of North Baltimore 5828 York Road Baltimore, MD 21212 410-323-7131

Waxter Center for Senior Citizens 1000 Cathedral Street Baltimore, MD 21201 410-396-1324

Zeta Center for Health & Active Aging 4501 Reisterstown Road Baltimore, MD 21215 410-396-3535

### **Baltimore County**

**Arbutus Senior Center** 855A Sulphur Spring Road Baltimore, MD 21227

Ateaze Senior Center

410-887-1410

7401 Holabird Ave. Dundalk, MD 21222 410-887-7233

#### **Bykota Senior Center**

611 Central Ave. Towson, MD 21204 410-887-3094 **Catonsville Senior Center** 501 N. Rolling Road Baltimore, MD 21228

410-887-0900

#### **Cockeysville Senior Center**

10535 York Road Cockeysville, MD 21030 410-887-7694

#### **Edgemere Senior Center**

600 North Point Road Baltimore, MD 21219 410-887-7530 Essex Senior Center 600 Dorsey Ave. Baltimore, MD 21221 410-887-0267

Fleming Senior Center 641 Main Street Baltimore, MD 21222 410-887-7225

Jacksonville Senior Center 3605A Sweet Air Road Phoenix, MD 21131 410-887-8208

Lansdowne Senior Center 424 Third Ave. Baltimore, MD 21227 410-887-1443

Liberty Senior Center 3525 Resource Drive Randallstown, MD 21133 410-887-0780

Mt. Carmel Senior Center 17038 Prettyboy Dam Road Parkton, MD 21120 410-887-1923

**Overlea Fullerton Senior Center** 4314 Fullerton Ave. Baltimore, MD 21236 410-887-5220 Parkville Senior Center 8601 Harford Road Baltimore, MD 21234 410-887-5388

**Pikesville Senior Center** 1301 Reisterstown Road Pikesville, MD 21208 410-887-1245

Reisterstown Senior Center 12035 Reisterstown Road Reisterstown, MD 21136 410-887-1143

Rosedale Senior Center 1208 Neighbors Ave. Baltimore, MD 21237 410-887-0233

Seven Oaks Senior Center 9210 Seven Court Drive Perry Hall, MD 21236 410-887-5192

Victory Villa Senior Center 403 Compass Road Baltimore, MD 21220 410-887-0235

Woodlawn Senior Center 2120 Gwynn Oak Ave. Baltimore, MD 21207 410-887-6887

### **Calvert County**

#### **Calvert Pines Senior Center**

450 W. Dares Beach Road Prince Frederick, MD 20678 410-535-4606, 301-855-1170 North Beach Senior Center 9010 Chesapeake Avenue North Beach, MD 20714 410-257-2549

#### Southern Pines Senior Center 20 Appeal Lane Lusby, MD 20657 410-586-2748

### **Caroline County**

### Caroline Senior Center

403 S. 7th Street, Suite 127 Denton, MD 21629 410-479-2535 Federalsburg Senior Center 118 N. Main Street Federalsburg, MD 21632 410-754-9754

### **Carroll County**

### Mt. Airy Senior Center 703 Ridge Avenue

Mt Airy, MD 21771 410-795-1017, 301-829-2407

#### **North Carroll Senior Center**

2328 Hanover Pike Hampstead, MD 21074 410-386-3900

South Carroll Senior Center 5928 Mineral Hill Road Eldersburg, MD 21784 410-386-3700

#### Taneytown Senior Center 220 Roberts Mill Road Taneytown, MD 21787 410-386-2700

#### Westminster Senior Center 125 Stoner Avenue Westminster, MD 21157 410-386-3850

### **Cecil County**

#### **Elkton Center**

200 Chesapeake Blvd., Suite 1700 Elkton, MD 21921 410-996-5295

### **Charles County**

#### **Indian Head Senior Center**

100 Cornwallis Square Indian Head, MD 20640 301-743-2125

#### Nanjemoy Community Center- Senior Center Programs 4375 Port Tobacco Road Nanjemoy, MD 20662 301-246-9612 ext 20

Richard R. Clark Senior Center 1210 E. Charles Street La Plata, MD 20646 301-934-5423 Waldorf Senior Center 3092 Crain Highway Waldorf, MD 20601 301-638-4420

### **Dorchester County**

MAC Senior Center 2450 Cambridge Beltway Cambridge, MD 21613 410-221-1920 North Dorchester MAC Senior Center 6210 Shiloh Church and Hurlock Road Hurlock, MD 21643 410-943-1106

### **Frederick County**

#### Brunswick Senior Center 12 East A Street

Brunswick, MD 21716 301-834-8115

#### **Emmitsburg Senior Center**

300 South Seton Avenue Emmitsburg, MD 21727 301-600-6350

### Frederick Senior Center 1440 Taney Avenue

Frederick, MD 21702 301-600-3525 (Activities)

#### **Urbana Senior Center**

9020 Amelung Street Frederick, MD 21704 301-600-7020

### **Garrett County**

#### **Flowery Vale Senior Center**

204 South Street Accident, MD 21520 301-746-8050

#### **Grantsville Senior Center**

125 Durst Court Grantsville, MD 21536 301-895-5818 Mary Browning Senior Center 104 East Center Street Oakland, MD 21550 301-334-9431 ext. 134

### **Harford County**

#### Aberdeen Senior Center

7 West Franklin Street Aberdeen, MD 21001 410-273-5666 Edgewood Senior Center 1000 Gateway Road Edgewood, MD 21040 410-612-1622

#### Havre de Grace Senior Center 351 Lewis Lane Havre de Grace, MD 21078 410-939-5121

Highland Senior Center 708 Highland Road Street, MD 21154 410-638-3605

#### Bel Air/McFaul Activity Center 525 W. McPhail Rd. Bel Air, MD 21014 410-638-4040

Veronica "Roni" Chenowith Fallston Activity Center 1707 Fallston Road Fallston, MD 21047 410-638-3260

### **Howard County**

#### **Bain Center**

5470 Ruth Keeton Way Columbia, MD 21044 410-313-7213

#### East Columbia 50+ Center

6600 Cradlerock Way Columbia, MD 21045 410-313-7680

#### **Elkridge Senior Center**

6540 Washington Blvd. Elkridge, MD 21075 410-313-4930

#### **Ellicott City Senior Center**

9401 Frederick Road Ellicott City, MD 21042 410-313-1400

#### **Glenwood 50+ Center** 2400 Route 97 Cooksville, MD 21723 410-313-5440

#### Longwood Senior Center 6150 Foreland Garth Columbia, MD 21045 410-313-7217

North Laurel 50+ Center

9411 Whiskey Bottom Road Laurel, MD 20723 410-313-0380

### **Kent County**

#### Amy Lynn Ferris Adult Activity Center 200 Schauber Road Chestertown, MD 21620 410-778-2564

### **Montgomery County**

#### **Damascus Senior Center**

9701 Main Street Damascus, MD 20872 240-777-6995

#### Gaithersburg/Upcounty Senior Center 80-A Bureau Drive

Gaithersburg, MD 20878 301-258-6380

### **Holiday Park Senior Center**

3950 Ferrara Drive Wheaton, MD 20906 240-777-4999

#### Long Branch Senior Center

8700 Piney Branch Road Silver Spring, MD 20901 240-777-6975

#### Margaret Schweinhaut Senior Center 1000 Forest Glen Road Silver Spring, MD 20901 240-777-8085

### **Rockville Senior Center**

1150 Carnation Drive Rockville, MD 20850 240-314-8800

#### White Oak Senior Center 1700 April Lane Silver Spring, MD 20904 240-777-6940

### **Prince George's County**

#### **Bowie Senior Center**

14900 Health Center Drive Bowie, MD 20716 301-809-2300

#### **Camp Springs Senior Activity Center**

6420 Allentown Road Camp Springs, MD 20746 301-449-0490

#### **Evelyn Cole Senior Center**

5702 Addison Road Seat Pleasant, MD 20743 301-386-5525

#### **Greenbelt Senior Center**

15 Crescent Road Greenbelt, MD 20770 301-397-2208

#### **Gwendolyn Britt Senior Activity Center** 4009 Wallace Road North Brentwood, MD 20722 301-699-1238

#### John Edgar Howard Senior Center 4400 Shell Street Capitol Heights, MD 20743 301-735-9136

Langley Park Senior Activity Center 1500 Merrimac Drive Hyattsville, MD 20783 301-408-4343

#### Laurel-Beltsville Senior Activity Center 7120 Contee Road Laurel, MD 20707 301-206-3350

### **Queen Anne's County**

#### **Grasonville Senior Center**

4802 Main Street (P.O. Box 147) Grasonville, MD 21638 410-827-6010

### Kent Island Senior Center

891 Love Point Road

Stevensville, MD 21666 410-604-3801

Sudlersville Senior Center 605 Foxxtown Drive Sudlersville, MD 21668 410-438-3159, 410-928-3100

### St. Mary's County

#### **Garvey Senior Activity Center**

41780 Baldridge Street Leonardtown, MD 20650 301-475-4200, ext. 1050 Northern Senior Activity Center 29655 Charlotte Hall Road Charlotte Hall, MD 20622 301-475-4002, ext. 1002

### Loffler Senior Activity Center

21905 Chancellor's Run Road Great Mills, MD 20634 301-737-5670, ext. 1658

### Somerset County

#### Princess Anne MAC Center 11916 N. Somerset Ave Princess Anne, MD 21853 410-651-3400

### **Talbot County**

#### **Talbot Senior Center**

400 Brookletts Avenue Easton, MD 21601 410-822-2869

### Washington County

#### Washington County Senior Center

1500 Pennsylvania Ave, Hagerstown, MD 21742 301-671-2368

### **Wicomico County**

Lucille Tull Dulany Senior Center 909 Progress Circle Salisbury, MD 21804 410-742-0505

### **Worcester County**

#### Northern Worcester County MAC Senior Center

10129 Old Ocean City Blvd. Berlin, MD 21811 410-641-0515

#### Pocomoke Senior Center

400-B Walnut Street Pocomoke, MD 21851 410-957-0391

#### **Ocean City Senior Center** 104 41st St. Ocean City, MD 21842 410-289-0824

**Charles and Martha Fulton Senior Center** 4767 Snow Hill Road

Snow Hill, MD 21863 410-632-1277

### CONTINUING CARE RETIREMENT COMMUNITIES (CCRCs)

Asbury Methodist Village 201 Russell Avenue Gaithersburg, MD 20877

Asbury-Solomons Island 11100 Asbury Circle Solomons, MD 20688

Augsburg Lutheran Home 6811 Campfield Road Baltimore, MD 21207

Augsburg Lutheran Village 6811 Campfield Road Baltimore, MD 21207

BayWoods of Annapolis 7101 Bay Front Drive Annapolis, MD 21403

Bedford Court 3701 International Drive Silver Spring, MD 20906

Blakehurst 1055 W. Joppa Road Towson, MD 21204

Broadmead 13801 York Road Cockeysville, MD 21030

Brooke Grove 18100 Slade School Road Sandy Spring, MD 20860

Buckingham's Choice 3200 Baker Circle Adamstown, MD 21701 Carroll Lutheran Village 300 St. Luke Circle Westminster, MD 21158

Charlestown Retirement Community 715 Maiden Choice Lane Catonsville, MD 21228

Church Home (decertifying) MedStar Health Financial Services 8140 Corporate Drive, Suite 200 Baltimore, MD 21236

Collington Episcopal Life Care Community 10450 Lottsford Road Mitchellville, MD 20721

<u>Diakon – Maryland</u> Ravenwood Campus 1183 Luther Drive Hagerstown, MD 21740

Diakon – Maryland Robinwood Campus 19800 Tranquility Circle Hagerstown, MD 21742

Edenwald 800 Southerly Road Towson, MD 21286

Fahrney-Keedy 8507 Mapleville Road Boonsboro, MD 21713-1818

Fairhaven 7200 Third Avenue Sykesville, MD 21784 Friends House Retirement Community 17340 Quaker Lane Sandy Spring, MD 20860

Ginger Cove Annapolis Life Care 4000 River Crescent Drive Annapolis, MD 21401

Glen Meadows Retirement Community 11630 Glen Arm Road Glen Arm, MD 21057

Goodwill Retirement Village 891 Dorsey Hotel Road Grantsville, MD 21536

Heron Point of Chestertown 501 Campus Avenue Chestertown, MD 21620

Home for the Aged - Frederick 115 Record Street Frederick, MD 21701

Homewood at Williamsport 16505 Virginia Avenue Williamsport, MD 21795

Ingleside at King Farm 701 King Farm Boulevard Rockville, Maryland 20850

Maplewood Park Place 9707 Old Georgetown Road Bethesda, MD 20814

Maryland Masonic Homes 300 International Circle Cockeysville, MD 21030

Mercy Ridge 2525 Pot Spring Road Timonium, MD 21093

National Lutheran Home & Village at Rockville 9701 Veirs Drive Rockville, MD 20850 North Oaks 725 Mount Wilson Lane Pikesville, MD 21208

Oak Crest Village 8800 Walther Boulevard Parkville, MD 21234

Pickersgill (decertifying) 615 Chestnut Avenue Towson, MD 21204

Presbyterian Home of Maryland 400 Georgia Avenue Towson, MD 21204

Riderwood Village 3150 Gracefield Road Silver Spring, MD 20904

Roland Park Place 830 W. 40th Street Baltimore, MD 21211

Vantage House 5400 Vantage Point Road Columbia, MD 21044

The Wesley (decertifying) 502 Washington Avenue, Suite 700 Towson, MD 21204

The William Hill Manor 501 Dutchman's Lane Easton, MD 21601 **Choice, Independence, and Dignity for Older Marylanders** 



Martin O'Malley, Governor Anthony G. Brown, Lt. Governor Gloria G. Lawlah, Secretary

Maryland Department of Aging 301 West Preston Street | Suite 1007 | Baltimore, Md 21201 410.767.1100 | 1.800.243.3425 www.**aging.maryland**.gov



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