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*"Recognizing outstanding achievement by women as demonstrated through professional accomplishment, community leadership and mentoring."*

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# Events

## Sr. Helen Amos, RSM

### Mercy Health Services

Executive Chair, Board of Trustees

Mercy Health Services, Mercy Medical Center

301 St. Paul Place

Baltimore, Md. 21202

(410) 332-9202

Education:

Honorary Doctor of Humane Letters, College of Notre Dame of Maryland, 1999 and College Misericordia, 1987

Master of Science, University of Notre Dame, 1968

Bachelor of Arts, Mount Saint Agnes College, 1962

Career History:

1999-Present: Mercy Health Services Board of Trustees, Executive Chair

1992-1999: Mercy Medical Center, President and CEO

Sisters of Mercy of the Union, President

Sisters of Mercy Province of Baltimore, Provincial Administrator

Corporate Board Seats Held:

Mercy Ridge

St. Joseph Health System, Atlanta, Ga.

Downtown Management District Authority of Baltimore City

The Greater Baltimore Committee

Reception S

KAISER  
PERMANENTE.

Celebration :

GBA  
HEALTHC.

United Way of Central Maryland

The Maryland Hospital Association

The Loyola College in Maryland

The St. Mary's Seminary, Baltimore

The Archdiocesan Board of Financial Administration, Baltimore

Q & A:

To whom do you look as your personal hero? How has this person profoundly shaped who you are?

1.) Catherine McAuley, the first Sister of Mercy. When she started the Sisters of Mercy in 1831, she made it clear that her sisters would be active, visible members of the community they served. That commitment to stepping out into the community, taking on personal responsibility for "making a difference" has always been part of my calling. I feel so fortunate to have been given lots of opportunities to serve the communities in which I've lived, both through institutions like Mercy Medical Center and through volunteer activities.

2.) Walter Sondheim Jr., who has been a board member at Mercy Medical Center (and now Mercy Health Services) for many years. I admire him for his high principles, his "young" mind that is always so keen and wise, and his thoughtful approach to assuring that business strategy is always faithful to the organization's mission. And besides all that, he has a great sense of humor! Knowing him and benefiting from his presence on our board has taught me a lot about what it takes to "add value" through board service and how to take that responsibility seriously.

What are you doing to pass along to other businesswomen the lessons learned from this hero?

To the extent that I'm able to be a role model for women within the Mercy Health Services organization, I get a fair number of opportunities to share the wisdom and commitment of Catherine McAuley. We have a special day each year at the end of April that we celebrate her and tell her story. This past November, our board of trustees placed a bronze sculpture of Catherine McAuley in the front drive of the hospital, so now she's part of the St. Paul Street landscape! And I was really gratified to read in the results of a recent employee satisfaction survey that Mercy employees gave very high marks in response to questions about the mission and values of the hospital and their personal commitment to support them.

The things I've learned from Mr. Sondheim I try to bring along with me to my own board involvements and to my individual mentoring opportunities.

If there ever were to be a foundation bearing your name, what would the goal of this organization be? What do you want the legacy of your life's work to be?

I hope I will have inspired people to believe in and honor the dignity of each person, beginning with themselves, and to be willing to spend themselves in causes that promote making a life of dignity available to everyone.

How will you celebrate being named to the Maryland Top 100 Women's Circle of Excellence?

I will celebrate at the reception March 20, accompanied by others from Mercy Health Services. I can't think of any better way to celebrate than in the company of many of Maryland's outstanding women.

Significant Accomplishment:

Mercy Medical Center continues unprecedented growth in an era when many of the nation's hospitals are shrinking. Mercy's growth is punctuated by extraordinary gains in patient volumes and facility expansion to meet those increased demands. Unparalleled expertise in women's health continues to be the hallmark of The Center for Women's Health & Medicine at Mercy. We are also proud of the transformation of the Stella Maris campus into a comprehensive senior caring community offering traditional long-term care and hospice services and a fully appointed retirement community, Mercy Ridge, which will open next summer. These achievements were accomplished while still showing a positive bottom line and providing \$15 million in

uncompensated care to the poor and underserved of our community.

Example of Mentoring:

In ceremonies rededicating Preston Gardens, a refurbished oasis of green directly across from the hospital's main entrance, Mayor Martin J. O'Malley credited Mercy Medical Center with developing a model for private and public-service initiatives to improve the beauty and enhance the corporate partnerships within the city. I spearheaded the effort to remind corporate neighbors and city agencies of the power of partnership. Together, the Gardens were cleaned and replanted. Picnics in the Park, a series of lunchtime events for employees in the business district, were enjoyed by thousands, and a whimsical holiday lights display brightened the atmosphere for visitors and downtown workers.

Awards/Honors:

Pro Ecclesia et Pontifice honor from Pope John Paul II; Woman of the Year, Towsontowne Professional Business Woman's Association; Top 50 Women in Baltimore Magazine's Most Powerful Women Issue; Maryland Public Television's Women of Triumph; Baltimore City Commission of Women Hall of Fame; Sarah's Circle Award, Women's Institute, College of Notre Dame; Maryland's Top 100 Women, The Daily Record

Personal Accomplishment:

The year has been an unqualified success for Mercy Medical Center, and what has made it exceptionally rewarding is the warmth and affection that embraced The Sisters of Mercy as they celebrated 125 years of their healing health care ministry to our city. It is a point of particular pride that friends, staff, physicians, donors, civic and corporate leaders recognized — personally, philanthropically and publicly — the unselfish works of The Sisters. As executive chair of the board of trustees of Mercy Medical Center, it is both my responsibility and privilege to install the values, ideals and vision of this remarkable group of women. I believe this is why Mercy thrives.

Birth Date/Place: Mobile, Ala.

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Please note that the biographical information about the winners is accurate to the time of that year's event publication. If you are a past winner and wish to update your information please [click here](#).

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